

# Don't Let a Tick Make You Sick!

# HOW TO IDENTIFY A TICK AND REMOVE IT

## WHAT IS A TICK?

A tick is an arthropod, like a spider. It has 8 legs and is very small.



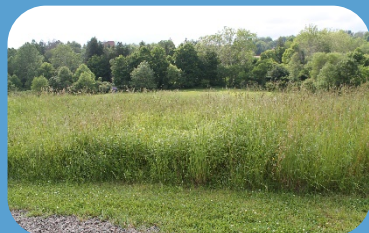
## WHAT DOES A TICK DO?

A tick can become attached to a person or animal and suck blood. When they suck blood, they can also transmit bacteria, like the bacteria that causes **Lyme Disease**.



## WHERE DO TICKS COME FROM?

Ticks can be found outdoors in areas with long grasses and weeds, leaf piles, the woods, even your own backyard!



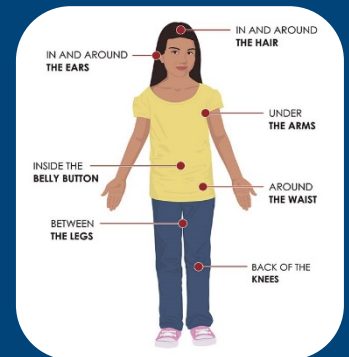
## CAN TICKS FLY?

No! Ticks crawl up from the ground or the ends of bushes and weeds.



## HOW DO I STOP TICKS?

Spray insect repellent on your body before you go outside. Spray permethrin on shoes, clothes and gear. Do tick checks frequently when you're outdoors and when you come in.



## WHAT IF I FIND A TICK?

Remove it immediately. Use tweezers to pull the tick straight up.

