

Glacial Drumlin Athletics / Activities Code Book

The purpose of this athletics / activities code book is to assist the student / athlete, the parents / guardians, and the coaches / advisors in their efforts to provide a meaningful experience in the overall school program at Glacial Drumlin School.

Extra-curricular Activities at Glacial Drumlin (Monona Grove) are an integral and valuable part of the student's school experience and are intended to provide opportunities to students that emphasize participation, social and mental growth. The extra-curricular program allows individuals to participate and compete in a variety of activities.

Positive participation is the goal of middle school athletics and activities. We strive for positive participation in preparation, learned skills, sportsmanship, and the effort of our student/athletes.

Participation in extracurricular activities is a privilege. The opportunity to present oneself to the public and to represent one's family and school should not be taken lightly. The privilege is extended to all student/athletes who meet team/school requirements and are willing to assume the following responsibilities. Any decision about participation is up to the discretion of the administration, athletic director, coaches, and advisors.

1. Be a credit to yourself, your parents, your school, and your community.
2. Display high standards of social behavior in the classroom and on the field/court.
3. Demonstrate respect for and acceptance of the rules of competition.
4. Demonstrate respect for those in authority, which includes coaches, teachers, advisors, & officials.
5. Display a strong spirit of cooperation and observe good sportsmanship and good citizenship.
6. Use language that is socially acceptable.
7. All members of co-curricular groups are expected to display high standards of social behavior, (IE: Lawful Behavior), outstanding sportsmanship and proper respect for those in authority in school and within the community as a participant or spectator.
8. Student athletes have a responsibility to be role models to other students and younger Children.

Coaches/Advisors Goals of Extra-Curricular Programs

Mere participation in extra-curricular programs does not guarantee the following goals will be achieved. Students must participate in a manner so as to make the activity a beneficial influence in their lives. What the participant realizes from the activity depends on the positive effort he/she puts into it. Our coaches/advisors will try to achieve the following goals throughout each year at Glacial Drumlin.

The goal of middle school athletics with the Badger Conference are for competition between teams of equal abilities and equal playing time for all involved.

1. To teach attitudes of responsibility and cooperation and to help students realize that participation in extra-curricular activities is a privilege with accompanying responsibilities.
2. To provide activities for learning self-discipline, loyalty, team play, personal pride, pride in the organization, respect for the rights of others, and the will to be successful.
3. To provide the opportunity and to encourage all students to participate in order to meet the healthy need for competition.
4. To encourage all students who participate in extra-curricular activities to reach new potential(s).
5. To provide a "whole school" interest and activity for all students to rally around thereby developing school spirit and commitment.
6. To place the unit, team, squad, class, and school above personal desires.
7. To teach new skills and offer opportunities to improve those already learned
8. To provide opportunities for lasting friendships, both with teammates and opponents

Extra-Curricular Offerings at Glacial Drumlin

Athletics

Fall Season

Girls Volleyball
Boy's and Girl's Cross Country

Winter Season

Boys' Basketball
Girls' Basketball

Spring Season

Boys and Girl's Track and Field

Activities

Jazz Band

Student Council

Sizzling Strings

Show Choir

Additional Extra-Curricular offerings may be in place

Extra-Curricular Eligibility

All Students at Glacial Drumlin School who wish to take part in extra-curricular activities must:

1. Adhere to all school regulations regarding academic and athletic eligibility
2. Athletic Forms specific to athletics should be turned into the following
 - a. Athletic Fee (\$65) = Turned into main office to Ms. Seifert
 - b. Physical Form = Turned into athletic director or coach
 - c. Athletic Information Form = Turned into athletic director or coach
 - d. Uniform Fee = Turned into Coach
3. GDS Athletic Fee or seek a waiver for financial need
 - a. Athletic fee is **\$65** for each sport; payable to: Glacial Drumlin School
 - b. Those seeking a waiver should contact the GDS office, athletic fee waived
 - c. Activities Fee may vary, Athletic Forms specific to athletics

4. Athletic Participation Forms required to participate

Current WIAA physical form

A student may not participate in interscholastic athletics (practice or competition) until the school has a W.I.A.A. Examination or Alternate Year Permit Card that attests to the student's physical fitness (as determined by a licensed physician). If a W.I.A.A. physical card is on file from their previous year, the W.I.A.A. Parent Permission Card needs to be filled out and signed by a parent or guardian.

A physical examination taken April 1 and thereafter is valid for the following two school years; a physical examination taken before April 1 is only valid for the remainder of that school year and the following school year.

1. The student may get a W.I.A.A. Physical Examination Permit card from the Glacial Drumlin main office, a coach, athletic director's office, or the Glacial Drumlin Athletic Website
2. Complete the physical exam and return the card to the Main Office at Glacial Drumlin with all of the information properly filled in and signed by your parent or guardian.

GDS Athletic Parent Student Agreement Form

1. Each student / athlete must have their parent(s) fill out and sign the agreement form.
2. The emergency form must be turned into the main office prior to the first practice or meeting.
3. The form includes

a. Concussion

1. The student /athlete may get a Concussion Information from the main office, or online on the Glacial Drumlin website.

2. The law requires all youth athletic organizations to educate coaches, athletes and parents on the risks of concussions and head injuries and prohibits participation in a youth activity until the athlete and parent or guardian has returned a signed agreement sheet indicating they have reviewed the concussion and head injury informational materials. The law requires immediate removal of an individual from a youth athletic activity if symptoms indicate a possible concussion has been sustained. A person, who has been removed from a youth athletic activity because of a determined or suspected concussion or head injury, may not participate again until he or she is evaluated by a health care provider and receives written clearance from the health care provider to return to the activity.

3. At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall review the concussion and head injury information sheet to student.

b. Authorization for Emergency Treatment and Transportation

c. Extra-Curricular Code Consent Form

The co-curricular handbook and consent for treatment forms MUST be reviewed and turned in (once per school year) for anyone participating in athletics and activities. You may return them directly to the Glacial Drumlin Main Office.

4. Uniform Fee

- a. Each Student/athlete must purchase a uniform top for the games
- b. Uniform fee will not be waived for Students
- c. Each Sport has a uniform fee ranging from \$15-\$40
- d. Please make checks to: Glacial Drumlin School

5. No Athlete may participate in any sport until all forms and fees are signed and turned into the main office. No exceptions!!

Activities Requirements

a. Fee

Fees associated with the school activity should be turned into the activity advisor

b. Emergency Contact Information

1. Each student must have his/her parent's fill out and sign the emergency information card.
2. The emergency card must be turned into the advisor prior to the first practice/meeting.

c. Activities Code Consent

The co-curricular handbook and consent for treatment forms MUST be reviewed and turned in (once per school year) for anyone participating in athletics and activities. You may return them directly to the Glacial Drumlin Main Office.

Academic Eligibility

All students who are scholastically eligible have the opportunity to participate in the extra curricular program, providing they meet all the necessary requirements.

1. Students receiving a grade of "F" in the Knowledge & Skills Category in one (1) course at Progress Report or End of Quarter

- a. Student will be considered academically ineligible for participation in any extracurricular match/ game/ competition until grades are improved.
- b. The student can continue to practice/participate during the period of academic ineligibility with the consent of the advisor/director/coach and parent/guardian.
- c. Student would not attend an away match/ game/ competition during the ineligible time period.
- d. Student needs to complete the Academic Reinstatement form before returning to games/ competition.

2. Academic Reinstatement

- a. After the time period is up, the student athlete must prove he/she is passing by completing the Academic Reinstatement form.
- b. Student will be responsible for taking an eligibility reinstatement form to ALL assigned teachers when the period of academic ineligibility is up.
- c. The student gives this form to the advisor/coach/director when completed.
- d. Student is expected to maintain passing grades in all classes to return to eligibility status.
- e. If student is not passing all classes at that time, he/she will be ineligible until grades are deemed passing.

3. Grade Checks

a. Fall Season

(Girls Volleyball & Boys & Girls Cross Country)
1st quarter progress grade

b. Winter Season

(Boys Basketball)
• End of quarter #1 grade

(Girls Basketball)
• End of quarter #2 grade

c. Spring Season

(Boys & Girls Track & Field)
• 8th grade : 3rd quarter
• 7th grade: **Follows the end of 4th mini**

d. Year Round Activities

Grade Checks Following each Quarter

e. Short-Term Activities

Grade Checks will occur at either progress time or end of quarter depending on time frame of activity

Behavior Expectations

Be Respectful, Be Responsible, Be Safe, Be Kind

The following types of conduct are in violation of the Code of Conduct and in accordance with the Glacial Drumlin Student Handbook

1. Serious misconduct, as defined in the School Code of Conduct will be dealt with a possible school consequence
2. Disrespect of other's rights and property. Stealing or Thefts will not be tolerated
3. Conduct displayed in any manner, on the Internet or social media sites, which violate School District Policies.
4. Violation of state statutes or any criminal act.
5. Use, buying, selling, "under the influence," distribution, or possession of tobacco, drugs, paraphernalia associated with controlled substances, alcohol, or look-alikes(e-cigarettes)
6. Other violations of School District Policies including bullying and harassment which are not listed above.
7. Any student dropped from a squad/activity for disciplinary reasons is ineligible for any sport/activity during that season and may be ineligible for the entire school year

Glacial Drumlin Behavior Matrix

Offense	Unexcused Absence From School	Unexcused Absence From Practice	Behavior Detrimental To Team Or Activity	Bullying Or Harassment Within the team	I.S.S.	Bus Behavior	Major Referral or OSS	Attendance at School
1st	Not Allowed to Practice that Day Fill Out Attendance Sheet Daily for 1 Week	Miss Next Game	Miss Next Game Apology To Team	Miss Practice That day Conference with Parent Suspended up to 5 days	Student v /Athlete has ISS, He/she can NOT practice or Play on That Night	Miss the Next Away Game Written Apology to Bus Driver/Company	Miss Practice That day Miss Next (2) Two Games Phone Call / Conference with Parent	All Student Athletes must be in school the entire day to practice or play If any class time is missed due to illness, you will not be allowed to practice or play a game Dr. Appt., Funerals; and Administrative approval are all acceptable to practice or play a game
2nd	Miss Next Game Fill Out Attendance Sheet for 2 Weeks	Miss Two Games	Dismissal From Team	Dismissal From Team	Miss the next Game	Will Not be allowed to travel with Team	Dismissal from Team	
3rd	Dismissal From Team	Dismissal From Team			Dismissal from Team			

All Absences Must Be Cleared by Either the Office or a Parent Depending on Circumstance

Attendance Expectations

1. Day of Activity/Contest:
 - a. Student/Athlete must be in school for entire day of event/contest to participate
 - b. Exceptions are medical excuse, funeral, or school related field work
2. Habitual Truancy
 - a. Prior to reinstatement need to meet with school team (including coach/advisor) to correct habitual truancy
3. Excessive Tardies
 - a. Definition: 3 or more tardies to 1 class or 5 tardies across multiple class; per quarter may result in loss of playing time in an event / match / game.

Transportation

Transportation will be provided for all student / athletes to and from away games / contests and all student / athletes will ride the bus to and from an event unless he/she has parent / guardian permission to travel home following a game / contest

1. Student Athlete Parent Transportation Form
 - If a student athlete decides to travel home with a parent / guardian, the parent and student athlete must sign the Parent Transportation Form and give to his / her coach before leaving the facility.
 - Students are not allowed to ride home with another family
2. Bus Behavior
 - All student athletes are required to adhere to all rules on the contest bus and the late bus. Failure to do so will result in loss of privilege to ride the bus and compete in events
3. Practice / Late Bus
 - Practice Bus will take 7th grade athlete's to their practice site at 3:35 pm
 - A late bus will be provided to those students that need transportation from Cottage Grove to Monona. .
 - 7th Grade Girl's Volleyball and Boy's and Girl's Basketball will be picked up at 5:25 pm at either Taylor Prairie or Cottage Grove Elementary Schools
 - Late bus will pick up student / athletes at Glacial Drumlin and return to MGHS by 6:00 pm
 - There will not be any supervision at the MGHS when the students arrive.

Sportsmanship

The Monona Grove School District believes emphasizing good sportsmanship is one of the most important missions of education for both students and adults. The school district realizes that many people have not had good sportsmanship explained to them. Hopefully the following guidelines will help everyone better understand their responsibilities at any school contest.

1. The necessity to be well informed is essential. Know the rules and stay apprised of rule changes. If you are uninformed, refrain from expressing your opinions to or about coaches and officials.
2. Recognize and appreciate skilled performances regardless of officiating. This not only represents good sportsmanship, but, reflects a true awareness of the game by recognizing and acknowledging quality.
3. Opponents are guests and should be treated cordially, provided with the best accommodations possible and with accorded tolerance at all times.
4. The officials of any contest are impartial arbitrators who are trained and perform to the best of their abilities. They should be shown respect at all times. Mistakes by all those involved in the contest are a part of that contest. We should not rationalize our own poor or unsuccessful performance or behavior by placing responsibility on an official. The rule of Good Sportsmanship is to accept and abide by the decision made. This value is critical for students to learn for later application in life.
5. The prerequisite to Good Sportsmanship requires one to understand his/her own prejudices that may become a factor in his/her behavior. The true value of interscholastic competition relies upon everyone exhibiting behavior, which is representative of a sound value base. A proper perspective must be maintained if the educational values are to be realized. Your behavior influences others whether you are aware of it or not.
6. Never allow your ego to interfere with good judgment and your responsibility as an adult or a school representative. Regardless of whether you are an adult, student, player, coach, or official, this value is paramount since it suggests that you care about yourself and how others perceive you.

PARENT/COACH/ADVISOR RELATIONSHIP

1. Communications You Should Expect from Your Child's Coach/Advisor
 - a. Philosophy of the coach/advisor.
 - b. Expectations the coach/advisor has for your child as well as all the players/participants on the team.
 - c. Location and times of all practices and contests.
 - d. Team requirements, i.e. fees, special equipment, off-season conditioning.
 - e. Procedure should your child be injured during participation.
 - f. Discipline that may result in the denial of your child's participation.

2. Communication Coaches/Advisors Expect from Parents
 - a. Concerns expressed directly to the coach/advisors.
 - b. Notification of any schedule conflicts well in advance.
 - c. Specific concern in regard to a coach's/advisor's expectations.

3. Appropriate Concerns to Discuss With Coaches/Advisors
 - a. The treatment of your child mentally and physically.
 - b. Ways to help your child improve.
 - c. Concerns about your child's behavior.
 - d. Fair & equal playing time or participation.

4. Issues Not Appropriate To Discuss with Coaches/Advisors
 - a. Team Strategy.
 - b. Play Calling.
 - c. Other students involved in the program.

While many situations may be resolved via a phone call or email, there may be situations that require a conference between the coach/advisor and the parent. These conferences are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When conferences are necessary, the following procedures should be followed to help promote a resolution to the issue of concern.

1. If you have Concern to Discuss with a Coach/Advisor, Follow the Procedures Listed Below:
 - a. Call Glacial Drumlin (839-8437) to set up an appointment with the coach/advisor. You may also email the coach/advisor.
 - b. If the coach/advisor cannot be reached, call the Athletic Director or Associate Principal. They will set up the meeting for you.
 - c. Please do not attempt to confront a coach/advisor before or after a contest or performance. These can be emotional times for both the parent and the coach/advisor. Meetings of this nature usually do not promote appropriate resolution.

2. THE NEXT STEP what can a parent do if the meeting with the coach/advisor did not provide a satisfactory resolution?
 - a. Contact and set up an appointment with the Athletic Director or Associate Principal to discuss the situation.
 - b. At this meeting the appropriate next step can be determined.

c. Who attends meeting? – Associate Principal, Athletic Director, Coach(s)/Advisor, Parent(s) involved, and the student