January 2022

Lakewood High School

14100 Franklin Blvd

Lakewood, OH

44107

Lakewood High School

Twitter @Lkwd_LHS

Many groups and organizations also have Twitter and Facebook pages



RANGER ROUND UP

From the Principal's Desk

"A Goal Without a Plan is Just a Wish"
-Antoine de Saint-Exupéry (French poet, writer, journalist)

Now that the holiday season is over, we often turn to New Year's resolutions to better ourselves as we start fresh with a new year. However, we all know that most of us give up on our resolutions within a month of starting them. One plausible explanation is that we set the goal but never identify how we are going to get there, monitor our progress, or revisit our plan frequently enough to keep us focused on our end goal.

As we start the second semester, we will be challenging our students to set goals to help them be more successful **academically, behaviorally/socially, and healthier/happier.**

- The first step in this process is to reflect on ways we are successful as a reminder to keep up those positive actions.
- We also need to reflect and set goals in areas where we need to improve and *list specific actions* to make those goals a reality.
- Finally, we need to continually monitor our progress to keep us focused and adjust our actions if needed.

So, as parents how can we support our students in this endeavor? The first step is simply to ask them what goals they have selected and have a conversation about why and what are the actions they are going to do to achieve these goals. Another great way to support and encourage your student is to set your own goals, list actions steps, and monitor progress along with them. It is well documented that those with a workout partner are more motivated, more consistent, and get better results when they each have a buddy to encourage one another.

One of my mantras that I frequently preach is that *we will never be perfect, but if we can just get a little better each day, then ultimately, we will achieve great things*. Well, it's time for me to get to work on setting my goals and determining what actions I need to get there. If you see me out and about, I'd love to chat with you about our goals, how we are progressing, and to encourage each other to keep up the good work.

Happy New Year to all of the LHS community!

Mr. Walter

Bulletin Board

LHS Main Office
(216) 529-4028

House 1: 529-4045
House 2: 529-4128
House 3: 529-4144

Book Room: 529-4047
West Shore: 529-4163

Attendance
(216) 227-5991

Lakewood City Schools

lakewoodcityschools.org

Twitter @lkwdschools

Facebook @LakewoodCitySchools

NO SCHOOL – Mon, Jan 17th

in honor of Martin Luther King Jr. Day

Listen and Learn – Jan 19th

Join Superintendent Maggie Niedzwiecki for her next Listen & Learn session at 9 am on Wednesday, Jan. 19th at Propaganda Coffee, 17806 Detroit Ave.



"Say My Name" Concert

Sat, Jan 22nd at 7:30p in the Civic.
Tickets $5 in advance, $8 door.

Call 529-4047 for tickets or visit www.payschoolevents.com.

Night at the Races is Back!

The Lakewood Athletic Boosters Night at the Races will be held on March 5, 2022,
tickets and horses are on sale now!
All adult supporters of athletes in grades 7-12 are invited to attend. Single tickets and tables will be sold. In addition to the races there will be many chances to win cash and prizes!
We hope to see everyone there!
Click here to purchase your table, sponsor a horse, or make a donation!

Is your student interested in learning more about West Shore Career-Tech?

WEST SHORE CAREER-TECHNICAL DISTRICT

BAY VILLAGE LAKEWOOD ROCKY RIVER WESTLAKE

Auto Technology
Business Management
Construction Trades
Culinary Arts
Early Childhood Education
Electronic Engineering Technology
Engineering - Project Lead the Way
Health Careers
Media Art & Design
Medical Office Management
Networking
Sports & Exercise Science
Theatre Arts

DREAM. PLAN. BEGIN.

WEST SHORE CAREER-TECHNICAL DISTRICT
BAY VILLAGE LAKEWOOD ROCKY RIVER WESTLAKE

LEARN MORE!

https://tinyurl.com/WestShoreCT

WEST SHORE CAREER-TECHNICAL DISTRICT
BAY VILLAGE LAKEWOOD ROCKY RIVER WESTLAKE

APPLICATION WINDOW OPENS JANUARY 1.

Lakewood High School School Counseling Department

CONNECT WITH US!

Facebook: LHS School Counseling Department
Twitter: @LHSCounselorOH
Website: www.lakewoodcityschools.org/schoolcounseling

LHS School Counseling Department

Upcoming LHS School Counseling Events

1/4 -11/ 2022 We will be administering End of Course Exams make-up exams for any senior who needs to earn points for graduation and for any 9th, 10th, or 11th grader who has not yet scored competently on the Algebra 1, ELA 2 exams.

1/19/2022 @ 7:00 PM in the LHS Cafeteria: LHS Advanced Options Evening (AP, West Shore Career - Tech & CCP)

1/20/2022 @ 6:00 PM in the Lakewood Civic Auditorium: Rising Freshmen Parent Scheduling Meeting.

The weeks of 1/24/2022 and 1/31/2022, the School Counseling team will be meeting with freshmen, sophomores and juniors to schedule course requests for the 2022 - 23 school year. The course guide will be made available on our LHS School Counseling and Lakewood City School District website.

3/2/2022 LHS will be administering the SAT to all Juniors for free.

FAFSA

Seniors, please remember to complete your FAFSA if you plan on attending College next year! 85% of students who complete the FAFSA receive some kind of financial aid. What do you have to lose? Remember to complete your FAFSA and know that Mrs. Sandoval, our College Now advisor, can help!

LHS School Counseling Department

Seniors Applying to College and Transcript Requests

Seniors! This is an exciting, yet busy time of the year for you. We are looking forward to assisting you in the college and career process. Please begin adding colleges to Naviance that you have applied to or plan on applying to, along with requesting transcripts and letters of recommendation in your account. As a reminder, we also ask that you give your teachers and counselor at least a 2 week notice when requesting to write a letter of recommendation.Please also remember to share your resume.

College Visits

As a reminder to all LHS students, please listen to morning announcements & check Naviance to find upcoming College Visits! The College Admissions Officers are scheduled in the LHS Cafeteria.

To All Parents and Guardians

Just a reminder that students can have individual counseling or check-in sessions with their assigned School Counselor in person. It can often be helpful for students to have someone at the school that they can talk to

when feeling overwhelmed or dealing with personal struggles. If your student would like a meeting, please email or call your school counselor to schedule a time to meet during his/ her study hall or lunch.

College Now Updates

Please be sure to review the College Now flyers included in this month's Ranger Roundup outlining upcoming key events.

Join our Google Classroom!

Our department has created grade level google classrooms to help communicate important information to students and families. Please join our classrooms:

10th: f3wvdcm
11th: rp6d25f
12th: 6fjqy2j

Join Mrs. Sandoval College Now Google Classroom
https://classroom.google.com/c/Mzg1NDQxNDcwNDcy?cjc=rhblm7e

Happy New Year 2022 LHS!

We are eagerly looking for volunteers to serve on the Nominating Committee this year.

Please email ***lakewoodhighschoolpta@gmail.com*** if you are available to help.

Our 3rd PTA meeting will be held on *Tuesday, January 25*, at *7:00* in the Ranger Cafe or on Zoom. Please join us and see what will be happening for the rest of the year.

We are thrilled to have **50** entries for PTA Reflections Program this year. Great Job, Rangers!

Please join us on **February 8, at 6:30 p.m**., at the Civic to see the creative, inspiring, and talented work of the students. *Congratulations!*

Thank you.

Join Zoom Meeting
https://ohconnect.zoom.us/j/99139855188

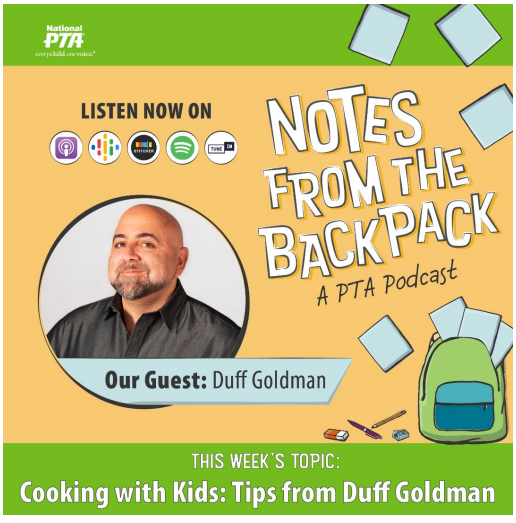
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One tap mobile
+13017158592,,99139855188# US (Washington DC)
+13126266799,,99139855188# US (Chicago)

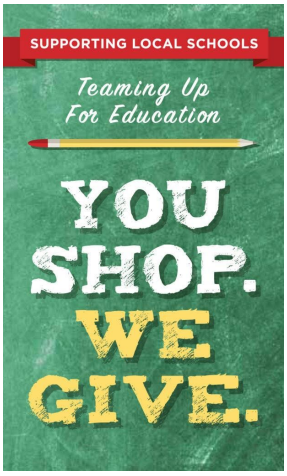
COOKING WITH KIDS: TIPS FROM DUFF GOLDMAN

Duff Goldman

Celebrity chef, Duff Goldman, joins the show to help you and your family have a blast in the kitchen. Duff shares tips for teaching your kids science while cooking and helping them develop independence and confidence using tools and appliances. The hosts also discuss his parenting style and cooking journey!

Listen Now





You Shop. Heinen's Gives.

When you use your Heinen's Tasteful Rewards Card throughout the school year, Heinen's will donate up to 1% of your purchase to LHS.

The LHS PTA needs your support!

The LHS PTA relies on $12 membership fees and Painless Project donations to help fund a variety of activities and programs for the LHS community. By joining today, you will be directly supporting:

- Staff Appreciation Events
- After Prom
- Senior Reception
- Reflections
- Educator of the Year
- Teacher Grants

To become a member of the PTA, please use our online form at tinyurl.com/lhsptamember.
If you have any questions or concerns, please contact Lisa Horton, Membership Chair, at lhsptamembership@gmail.com



2021/2022 LHS PTA Members as of December 31, 2021:

Alanen, Cassandra
Alten, Karen
Arth, Laura
Aulger, Lisa, Terry and Jack
Badat, Yakoob
Barley, Patricia and Isaac
Bees, Melinda, Jonah and Owen
Beno, Jenny and Joe
Bookman, Allen and Claire
Brookholt, Chris
Brooks, Rayna
Broughton, Doris
Bunevich, Laura, Bob and Lexa
Burgess, John
Butterfield, Laura
Byrne, Beth
Cammock, Alex
Chahda-Gonzalez, Rita
Cisco, Ana
Clawson, Regan; Peter and Cicely Campen
Coleman, Michelle and Mike
Collins, Karson
Condosta, Melanie and Mia
Cook, Karen
Cooper, Gray
Cosgriff, Laura
Csongei, Sarah
Cudnik, Anne: Christopher King
Daso, Amy and Michael
David, Jess
DeChant, Nina
Dejesus, Miguelita and Carolina
DeLine, Stephanie; Birch Browning
Dent, Patricia and Sofie
DePauw, Emily
Detmar, Jennifer, Mike and William
DiMascio, William
Dineen, Bridgette
Dreger, Jeff, Amy and Eliza
Dunn, Shannon
Dunne, Mary and Martin
Eardley, Mollie
Favre, Edward
Favre Krogman, Leslie
Filice, Bonnie
Firstenberger, Bridget
Flynn, Lauren
Forster, Colleen and Riley
Gabriel, Kathy
Garcia, Valerie, John and Delaney
Gardner, Jeff and Kristen
Goldstein, Deborah
Guajardo, Alice
Hildebrandt, Codi
Hille, David
Holland, Jessie, Rob, Jamie, and Cal
Holmok, Ed
Horton, Lisa
Hubbard, Alice
Humphreys, Kristen
Hutchinson, Emmie and Jonas Evans
Jablonowski, Kelly and David
Kapsalis, Leah
Katzenberger, Kim, Nora and Shannon
Kavc, Laurie and Jeremy
Kirk, RaeLynn
Kopko, Keith
Kress, Melissa
Lenzer, Lori
Lewis, Jennifer
Lillibridge, Lara and Lewis Fetting
Majeski, Lisa; Matthew Auck
Manning, Jen
Markling, Katie, Matt, Declan and Nevan
Martin, Delores
Marvin, Emily
Maurer, Amy
Miller, Shannon, Michael and Evan
Morrissey, Carey Ann
Munaretto, Kelly
Najarian, Sandy
Nochta, Shelly
O'Boyle, Stacey
O'Brien, Elizabeth
Pasquali, Federica
Patton, Lynn
Payne, Kelly and Charlie
Pechnik, Michelle and Zoe Hunter
Pesta, Ann
Potoczak, Katie and Kevin
Putre, Laura
Revy, Jennifer
Rinehart, Tim
Roberts, Sabrina
Ross, Stacie
Rumsey, Rebecca and Jim
Ryan, Catherine
Sabin, Autumn
Saksa, Jason
Salem Moore, Mary Beth
Sandor, Corrine
Schuldt, Sharon, Steve, Luke and Elizabeth
Severino, Stephanie
Shaffer-Gill, Lisa
Silo, Sandy and Craig Dorn
Simons, Adrienne
Sislowski, Erin
Snare, Shannon
Sorge, Dana
Steinbrunner, Clinton
Stephenson, Emily
Stois, Elise, John and Sullivan
Stone, Amy
Szittai, Michael
Thompson, Kristen
Toms, Missy and Darren
Toole, Stephanie, Kevin and James
Tucker, Amber and Katelyn
Tuskes, Zane
Walter, Mark
Westlake, Regina and David
Wilhelmy, Amy and Albert
Winters, Sarah, Matt, Meg and Max
Wojtkun, Meredith
Wright, Judy, Walter, Lila and Iris; Rodshi Rahman
Yeung, Ahmie, Garvin, William and Delano



Happy New Year, Lakewood High School Friends and Families!

December's concert season brought many opportunities to see and hear some wonderful performances! Many thanks to all our volunteers who manned tickets, the scanners, concessions, and Rangergrams! Your time and energy were greatly appreciated!

- Lakewood Music Boosters

Lakewood Project Concert – Say My Name

January 22 @ 7:30 pm - 9:30 pm

Join The Lakewood Project for its "Say My Name" concert at 7:30 pm on Saturday, Jan. 22 in the Lakewood Civic Auditorium.

The rock orchestra will play songs that use a name in them like "Uma Thurman," "Gloria," "Billie Jean," etc.
The group will hit a wide variety of time periods and have something for everyone to enjoy
Tickets will be **$5 in advance** and $8 at the door.
Call 529-4047 for tickets or visit www.payschoolevents.com.

Keep up on concerts and events at lakewoodmusicboosters.com
Follow us on Facebook and Instagram!



Join Music Boosters

Support our 70+ Music Groups

Choose your membership level, fill out your contact information, enclose with your check made out to Lakewood Music Boosters and mail to:

Lakewood Music Boosters
PO Box 770782
Lakewood, OH 44107

Or visit www.lakewoodmusicboosters.com to join via PayPal or Venmo

Member's Name: _____

Name to Appear in the Concert Programs:_____

Address:_____

Phone 1:_____ Email 1:_____

Phone 2:_____ Email 2:_____

By supplying your email address, you give consent for the Lakewood Music Boosters to contact you Via email to provide information on news, events, fundraisers, or membership.

Your Student(s): Grade/School

_____ _____

_____ _____

_____ _____

$500 Corporate Level *$100 Gold Level* *$40 Ensemble Level*

$200 Fortissimo Level *$60 Purple Level* *$20 Solo Level*

Date of Membership: _____ Choose your membership level: $ _____

Ask your employer if they offer a Matching Donor Program.

*** (501(c)(3) Employer Identification No. 23-7163428)**

Become a SCHOLARSHIP BENEFACTOR

Gilmore Fund (Summer Lessons/camps) $_____

Additional Donation $_____

***Total donation of membership level and scholarship:** $ _____*

***Please indicate how the membership was paid: Cash/Check/Paypal/Venmo*

Membership Runs 7/1/21-6/30/22

Children of active members (need to volunteer) in good standing **by 1/31/22** are eligible for the Gilmore Scholarship

LAKEWOOD ATHLETIC BOOSTERS

Night at the Races

2022

SATURDAY, MARCH 5 6:00 PM - 11:30 PM *POST TIME: 7:30 PM*

JOIN US @ ST. MARY'S HALL, 3256 WARREN ROAD, CLEVELAND, OH 44111
FOR OUR ANNUAL FUNDRAISER TO BENEFIT LAKEWOOD'S ATHLETIC PROGRAMS GRADES 7-12

SINGLE TICKETS $40
A TABLE OF 8 IS $280
A TABLE OF 10 IS $350

FOOD AND ADULT BEVERAGES ARE INCLUDED.
YOU ARE WELCOME TO BRING YOUR OWN
FOOD & BEVERAGES AS WELL..

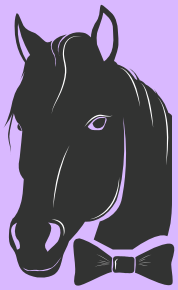


PURCHASE INDIVIDUAL TICKETS FOR $40.

TICKETS IN GROUPS OF 8 OR MORE AT A DISCOUNTED RATE OF $35.
NO TICKETS WILL BE SOLD AT THE DOOR.

TO PURCHASE TICKETS VISIT:

www.lakewoodathleticboosters.com/night-at-the-races



HORSES CAN BE PURCHASED & NAMED FOR RACES 1-9 FOR $25 PRIOR TO FEBRUARY 14TH. WINNERS WILL RECEIVE $50.00 AND A TROPHY!

HORSES IN RACE 10 WILL BE AUCTIONED DURING THE EVENT
AND THE WINNING OWNER(S) RECEIVE HALF THE AUCTION PROCEEDS!





IN ADDITION TO THE RACES, WE WILL HAVE
GAMES, A WINE WALK, RAFFLE BASKETS, & SIDEBOARDS



THIS RACE IS LIMITED TO 400 TICKETS DON'T GET LEFT AT THE STARTING GATE!

LAKEWOOD Athletic BOOSTERS

THE LAKEWOOD ATHLETIC BOOSTERS RAISE AND DONATE OVER $70,000 EACH YEAR TO SUPPORT OUR STUDENTS. THIS IS OUR LARGEST FUNDRAISER OF THE YEAR. WE WOULD LOVE TO HAVE YOU COME AND HELP US SUPPORT OUR ATHLETES AND HAVE AN ABSOLUTE BLAST DOING IT!

www.GoLakewood.org