

Skills for Success

Sports & Exercise Science

Our 2021 seniors will be the first graduating class from our new Sports & Exercise Science program. Here's what they're saying:

I feel more prepared because of the hands-on work we do. We not only know how to do the activity, but we are taught how to deal with patients that have different attitudes towards what we tell them. This program helped me a lot because I made a plan for college before my senior year... It also helped me be more specific when choosing a college because I want to go to a school with a physical therapy program or a school with a pre-physical therapy program and then transfer.

Alexander Blinky



"My study habits increased a lot during this [class] and it also gave me a foot-in-the-door of the material...Knowing terms like distal and proximal are extremely important terms to know for this industry and can provide you with a better way of explaining exact points on the human body."

Aidan Erway

I feel prepared because not many people have this program and also I know what to expect as I walk in the first day.

Dunya Silmi

I definitely feel more comfortable and prepared because I feel like I'm ahead of the game...[This class] helped me with public speaking, which is very crucial in an individual's life. This class is also at a college level, for example the speed of the course, and the amount of information we have to intake.

Muzafar Ali



"I feel more prepared for the industry and life because of [this class]...You have to take the opportunity to take this class it's fun and enjoyable and you learn a lot while getting ahead of competition."

Blake Manalo

