

Prevention of Staph Infections (Skin Boils/Sores)

Please follow these steps to prevent yourself from becoming infected:

- **WASH HANDS WITH SOAP AND WATER AS OFTEN AS POSSIBLE.**
- **DO NOT SHARE PERSONAL HYGIENE ITEMS** (razors, combs, deodorants, etc.).
- **DO NOT SHARE TOWELS, SPORTS EQUIPMENT, CLOTHING OR LINENS.**
- **SHOWER DAILY.**

If you develop a skin boil:

- **DO NOT TOUCH IT.** If the boil is draining (wet) don't touch the wet area. Cover with a gauze bandage and inform the clinic staff.
- **DO NOT POP OR DRAIN ANY BOILS.**
- **WASH ALL CLOTHES IN HOT SOAPY WATER WITH AN APPROPRIATE SANITIZER AND DRY THEM IN A HOT DRYER.**