

Providing Exceptional Behavioral
Healthcare for Over 50 Years

Transforming Lives
Through Hope and Healing



24/7 Access Center | 800-539-4228
smahealthcare.org

SMA Healthcare is an equal opportunity, tobacco and drug free workplace and prohibits discrimination in all programming and activities on the basis of race, color, sex, age, religion, national origin, marital status, disability, veteran's status, or legally protected status.

If you are a person with a disability who needs any accommodation, contact the office of our ADA Coordinator

150 Magnolia Ave. Box 78, Daytona Beach, FL 32114
Email: ADA.Coordinator@smahealthcare.org
Phone: (386) 236-1667 | Fax: (386) 236-1819



What is RAP

The Residential Adolescent Program (RAP) is a five to six month voluntary or involuntary residential program for alcohol or other drug-addicted youth (ages 13-17). RAP provides the youth with substance abuse education and Evidenced Based therapies to address their addiction. It encourages prosocial behavior, which means being polite, showing respect for clients and staff, cooperating with and following the clearly defined rules and schedule of the program.

Our Treatment Staff assists in realistically assessing individual strengths, needs, abilities and preferences and develop a plan that, if followed with effort and commitment, will result in finding success!

SMA Healthcare is CARF accredited and SMA programs are sponsored by SMA, LSF Health Systems, LLC, and the State of Florida Department of Children and Families.



THERE IS A **SMART** CHOICE!



RAP

Residential Adolescent Program

Residential Substance Abuse Program
for Adolescents

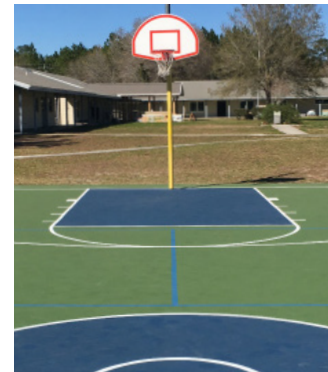
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Criteria-Based Program

While every client's plan and circumstances are unique, successful graduates should demonstrate certain skills and/or conditions.

- At least 120 days sobriety/abstinence
- Knowledge of substance abuse and its risks
- Realistic plan for drug-free living
- Family factors addressed, being resolved
- Prosocial attitudes and behaviors
- Adequate coping and adaptive skills
- Emotional stability
- Healthy self-concept/self-esteem
- School and/or occupational skills
- Insight into relapse
- Review of social support system
- Availability of safety and stability in home/school/community
- Age-appropriate level of self-care
- Developed or expanded at least two recreational/leisure activities that are drug and alcohol free



Phases of Treatment

- **YELLOW PHASE** Settling in, settling down, planning your treatment
- **GREEN PHASE** Getting down to the work of changing
- **BLUE PHASE** Getting serious about change
- **BLACK PHASE** Transitioning back into the community
- **GRAD PHASE** Maintaining Recovery

Referrals

Referral sources include outpatient programs, the Department of Children & Families, Department of Juvenile Justice, and other community agencies.

Location & Hours

- 3875 Tiger Bay Road
- 24/7 - 365 days a year

Fees

Fees are assessed on a sliding scale and are based on income.



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