

Because YOU MATTER



Talking Can Help...Know the Numbers

<u>Phone</u>	<u>Resources</u>	<u>Text / Website</u>
1-800-273-8255	Suicide Prevention Hotline	HELLO to 741741
1-800-366-8288	Self-Harm Hotline	CONNECT to 741741
1-800-539-4228	SMA Healthcare Access	smahealthcare.org
1-800-962-2873	Florida Abuse Hotline	reportabuse.dcf.state.fl.us
1-866-488-7386	LGBTQ Crisis Line	START to 678678
1-888-373-7888	Human Trafficking Hotline	233733
1-800-931-2237	Eating Disorder Hotline	NEDA to 741741
211	211 Local Resources & Support	211live.org