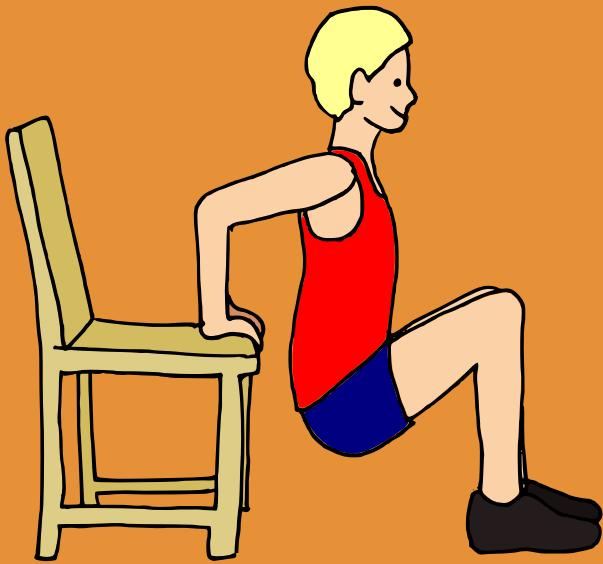
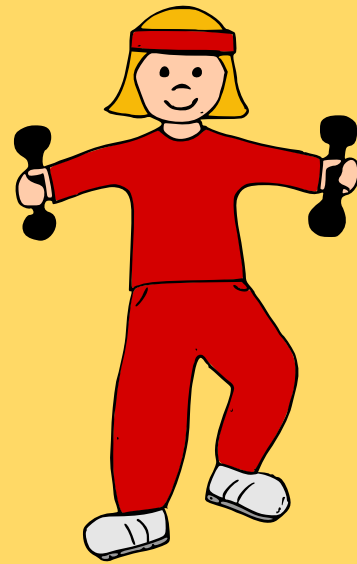


Brain Break Cards



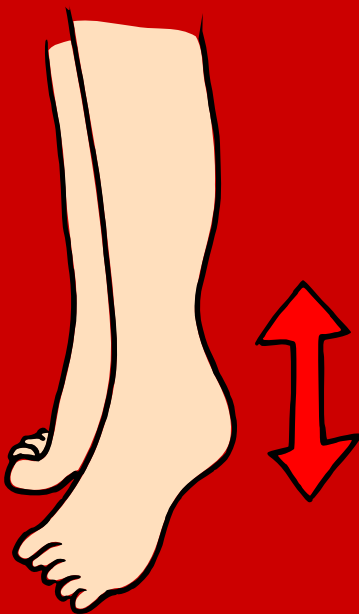
Chair Push-Ups

Brain Break Cards



Exercise

Brain Break Cards



Heel Raises

Brain Break Cards



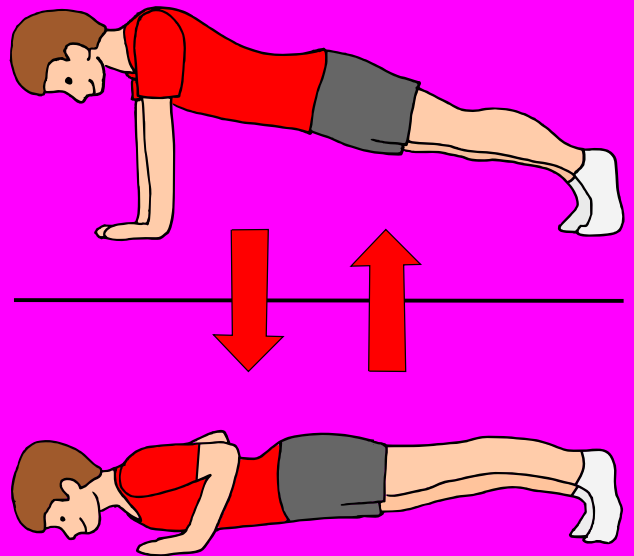
Jumping Jack

Brain Break Cards



Meditate

Brain Break Cards



Push-up

Brain Break Cards



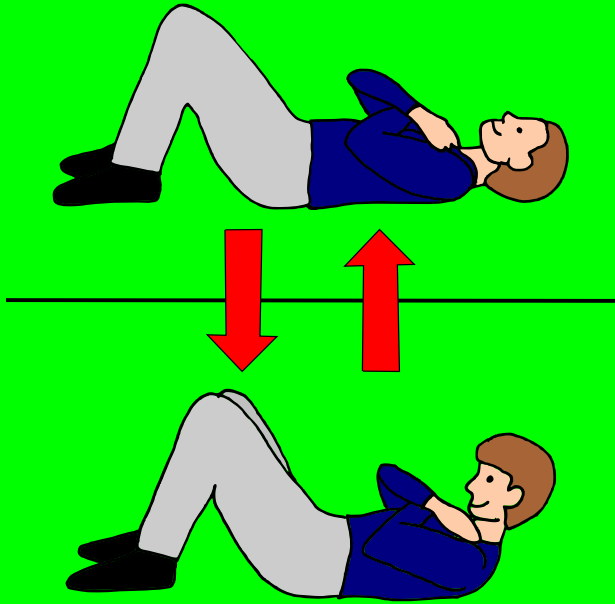
Relax

Brain Break Cards



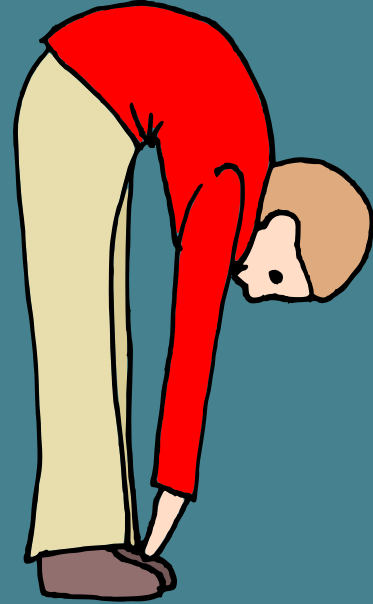
Run

Brain Break Cards



Sit-up

Brain Break Cards



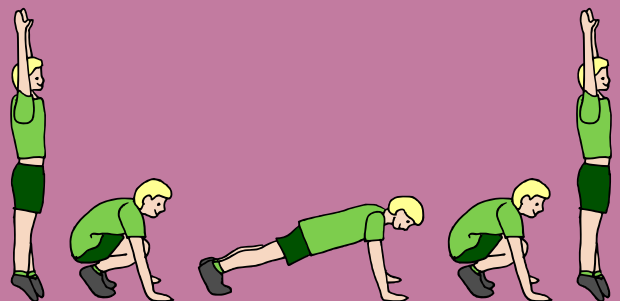
Touch Toes

Brain Break Cards



Stretch

Brain Break Cards



Burpees