

bshs

Bishop Shanahan High School
People of God; People for Others



Summer Information Packet

2022 - 2023 School Year



Bishop Shanahan High School
People of God; People for Others

Table of Contents

Greetings from the Principal	3
Greetings from the Assistant Principal for Academic Affairs	4
Greetings from the Assistant Principal for Student Services	5
Greetings from the Assistant Principal for Student Affairs	6
Important Summer Dates	7
Important 2022-2023 Dates to Remember	8
Fine Arts Department - Band, Choir and Musical Information	9
Athletics Department - Tryouts, Teams and Clubs	10
English Department - Summer Reading Information	11, 12
Advancement Department - Special Events and Volunteer Opportunities	13, 14
FlynnO'Hara Uniforms Information	15
Flocco's Shoes Information	16
Tuition	17
Fees	18
Speed-Strength and Performance Traing	19
Dr. Richard Fuller SAT/PSAT Training Info	20, 21



Greetings from BSHS Principal

Dear Parents and Guardians:

It's SUMMER TIME! While you and your family are enjoying much-needed quality time, mornings with no alarm clocks, and maybe even some time on vacation, we at Bishop Shanahan are gearing up for the 2022–2023 school year. The information in this packet will provide useful and necessary details as you, too, plan for the new school year.

While summer can be the best time of the year to spend with family and friends and forget about school for a while, I ask you to encourage your student to complete the summer reading and other assignments required for their courses. In this packet, you will find the reading list and the dates for the corresponding assessments. Reading is one of the best ways for our students to keep their brains active.

With each new school year comes new opportunities for growth and participation. Please make note of the many possibilities listed in these pages for students to be involved in the life of the Bishop Shanahan community. I strongly encourage all students to participate in our school community by becoming involved in a variety of activities such as clubs, sports, band, or chorus. Important dates and details relative to these activities are contained in this packet.

I am honored to have been appointed the third President of Bishop Shanahan High School Downingtown and I am excited about the upcoming school year! Like you, I want our students to thrive in all aspects of their lives, and I am committed to helping them succeed. The search for a new principal is currently underway, and I will communicate with you as the process unfolds.

If I can be of assistance to you, please feel free to reach out via telephone or [email](#). My prayer is that this summer will provide your family with safe travels and an abundance of joy, laughter, and love.

Sincerely,

Rev. John E. Donia

Reverend John E. Donia
Principal





Bishop Shanahan High School
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Greetings from the Assistant Principal for Academic Affairs

Dear Families,

I hope you spend time this summer relaxing and enjoying the company of friends and family; all of us are in much need of in-person quality time with our loved ones. So, before you and your students start thinking about summer reading and summer AP assignments, please make sure to take a deep breath, relax, and have some summer fun. Doctor's orders!

That said, learning never stops - even during the summer months. I encourage you and your student(s) to read our selection for "One Book, One School" this year, *The Sun Does Shine*, and to discuss and explore the many relevant issues it challenges us to confront. The book will provide the foundation for meaningful learning experiences across the curriculum, so it is imperative that your student returns to school prepared to actively engage with its content and themes in multiple subject areas. Additionally, each class level has other required summer reading to complete; please refer to the relevant pages in this packet for more information.

The work of rostering students for classes for the 2022–2023 academic year continues. The master schedule is built and finalized during the months of June and July. Students and families will receive rosters via email in early to mid-August; at that time, instructions for rectifying roster conflicts will also be shared.

If you have any questions over the Summer about your student's academic plan, please do not hesitate to reach out to me via email at rmoran@shanahan.org.

You and your family will be in my prayers throughout the summer. Please be well, and I look forward to seeing you and your student(s) in September!

Sincerely,

Dr. Robert Moran, Ed.D.
Assistant Principal for Academic Affairs





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Greetings from the Assistant Principal for Student Services

Dear Parents,

I hope you are all having a great and deserving summer. Thank you for all of your help as we navigated through many changes during the year of 2021–22. This letter is to pass along some reminders regarding the dress code, attendance policy, and immunizations.

The dress code is, and has always been, an integral part of Catholic education and will continue to be strictly enforced; this will include random uniform inspections. The greatest number of infractions to the dress code result from untucked shirts, missing belts and IDs, sock and skort length, and incorrect shoes. Last year we added a new optional sweater to the Bishop Shanahan winter uniforms. Please review these items with your child and refer to the [BSHS Handbook](#) for details.

Please remember that parking is a privilege. Students are expected to follow the appropriate traffic laws and have their Shanahan parking decal displayed on their vehicle. Any student who violates traffic laws, does not have a BSBS parking decal displayed, or who parks in an unauthorized space, faces disciplinary action.

The Office for Student Services also oversees the students' health services, including the Nurse's Office and Guidance Office. All students who are entering 11th grade or are new students in Pennsylvania in any grade must have a copy of a physical on file in the Health Room. If your child has had a PIAA physical, please make a copy of it for the Health Room; the nurses do not have access to the Athletic Department records. Those students who did not turn in a copy of their physical prior to their Junior year must do so before their Senior year.

The Emergency Medical Card will be mailed home with the student rosters. Please have the completed card returned to school on their first day. The Nurse's Office is unable to treat students for whom we do not have a card on file.

This will be the sixth year of the immunization laws for all Pennsylvania schools. Students who do not have all the state mandated immunizations will not be permitted to attend school. This is a state law which impacts all public and private schools and must be adhered to by all Archdiocesan schools. Please note, the Archdiocese of Philadelphia does not accept religious exemptions from immunizations. Please refer to shanahan.org for details.

If you have any questions, please do not hesitate to contact me at jkeller@shanahan.org.

Best Regards,

Mr. Justin Keller
Assistant Principal for Student Services





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Greetings from BSHS Assistant Principal for Student Affairs

Dear Parents,

I hope this letter finds you well and enjoying the summer! Remember that there are many things that can be accomplished over the summer - I think of the three R's: relax, read, and recharge! I would like to take a moment to thank you for all of the support and cooperation during the 2021–2022 school year. Now we are looking to the future and have begun planning for the 2022–2023 school year. I have included some important information in this letter and a reminder that most information is communicated, updated, and published on our school website, shanahan.org.

The Calendar can be found in both the “About” and the “Parents” sections on the website and will be the most up-to-date resource to find information on what is happening in 2022–2023. Stay tuned over the summer for all the latest Shanahan news [here](#) and the school calendar [here](#). Enclosed in this packet is a summary of important dates for planning purposes. We do not print the calendar but there is a printable [PDF](#) version posted to the website.

The Student Life tab will bring you to the Student Affairs and Student Services links, as well as information on clubs and activities.

I encourage all of our students to relax this summer, get their summer reading done, take up a hobby, and maybe consider doing something new this fall. We have many interesting clubs and activities available for all students. Most clubs will have their first meetings within the first month of school; club meetings will be announced through the morning announcements which can also be found on the website.

The Fine Arts Department has announced that the show for this fall will be *Adams Family!* Tickets will be available online from the school website.

We hope the Class of 2026 will join us for a Freshman Welcome Night on August 30th. The first day of school for Freshmen is September 7th, for Sophomores and Juniors is September 8th, and for Seniors is September 9th. All grades will report on September 12th. Homeroom begins promptly at 8:10 AM. Yearbook pictures will also be taken during this first week of school. Yearbook sales will be through Jostens, and the link will be posted to the parents' webpage once it is live in the fall.

I hope you have noticed our increased communication through social media, Parent Newsletter and website updates. The Parent Newsletter will keep you informed of what is happening and also the great successes of the students. If you have any good Shanahan news that you would like to share with the community, please feel free to email social@shanahan.org.

If you have any questions feel free to contact me through e-mail at tdellicompagni@shanahan.org.

Thank you and have a blessed summer,

Teresa Dellicompagni

Mrs. Teresa Dellicompagni
Assistant Principal for Student Affairs





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Important Summer Dates

Flynn & O'Hara Shopping:	June 22nd from 5:00 PM to 9:00 PM
Band Form	Due July 3rd
Band Camp	July 6, 13, 20, 27, and August 17, and 24
Choir Form	Due July 11th
Music Parent Meeting	July 13th and August 10th
Musical Pre-Audition Meeting	July 27th at 7:00 PM
PIAA Physical Form:	July 27th
Flocco's Shoes Shopping Event:	July 28th
Summer Reading Tests	July 28th, August 11th and August 25th
Band Week	August 8th to 12th
Fall Sports First Day:	August 15th (Golf and Football August 8th)
Musical Auditions	August 16th and 23rd at 6:30 PM
Freshman Welcome Night:	August 30th
Musical Call Backs	September 6th and 8th at 6:00 PM



Important 2022-2023 School Year Dates

The BSHS 2022-2023 School Calendar will be published to shanahan.org by July 1st.

For planning purposes, here are some important dates for the year ahead!

Summer Reading Test Available (Grade 9- 8:30-10:30AM; Grades 10-12 - 11:30AM - 1:30PM)	July 28
Summer Reading Test Available (Grade 9- 8:30-10:30AM; Grades 10-12 - 11:30AM - 1:30PM)	August 11
Summer Reading Test Available (Grade 9- 8:30-10:30AM; Grades 10-12- 11:30AM - 1:30PM)	August 25
Roster changes via Zoom for Grade 12	August 25
Roster changes via Zoom for Grades 10 and 11	August 26
Roster changes via Zoom for Grade 9	August 29
Freshman Welcome Night, 4 - 7:30 PM	August 30
First Day of School: Grade 9 only (Grade 9 pictures taken)	September 7
First Day of School: Grade 10 and 11 only (Grade 10, 11 pictures taken)	September 8
First Day of School: Grade 12 only	September 9
All Grades report for school	September 12
Back to School Night (Parents Only): 7 - 9:30 PM	September 15
Homecoming Week: Game on Friday night & Dance on Saturday Night	September 19–24
Universal Professional Development Day (no school for students)	September 29
PSATs Grades 9 - 11, Senior Retreat (mandatory for Grade 12), Early Dismissal 12:45PM	October 12
Solemnity of All Saints (School closed)	November 1
Thanksgiving Holiday (School closed)	November 23–27
Solemnity of the Immaculate Conception (School closed)	December 8
Christmas Holiday (no classes for students)	Dec. 23 - Jan. 2
Dr. Martin Luther King Jr. Day (School closed)	January 16
President's Day (School closed)	February 20
Sophomore Retreat (mandatory—no classes Grade 9, 11, 12)	March 6
Universal In-Service Day (no school for students)	March 7
7th Grade Universal Visitation Day (no classes for students)	March 23
Easter Holiday (School closed)	April 5–10
Junior Week: Thursday Junior Ring Mass & Friday Junior Ring Dance	April 17–21
Solemnity of the Ascension of the Lord (School closed)	May 18
Freshman Retreat (mandatory—no classes Grades 10, 11, 12)	May 19
Senior Prom	May 19
Memorial Day (School closed)	May 29
Last Day for Seniors	June 5
Senior Graduation Practices (mandatory)	June 6–8
Class of 2022 Graduation	June 9
Grades 9 - 11, End of Year Assessments (11:30 dismissal each day)	June 12–13
Last Day for Grades 9 - 11 (11:30 dismissal)	June 14



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The Fine Arts Department Summer Fine Arts Information

Dear Students:

I sincerely hope your summer vacation is going well! The busy school year and its many demands should be rewarded with some freedom from schedules and serious responsibilities. However, now is the time to make the necessary plans and design schedules that will allow next year the continued success to which we have become so accustomed.

Band Camp Information

Camp Dates: July 6th, 13th, 20th, 27th, August 17th, and August 24th: 5:00 to 9:00 PM

Band Week: August 8th-12th: 3:00 to 9:00 PM

MUSIC PARENTS MEETING : July 13th and August 10th at 7:00 PM

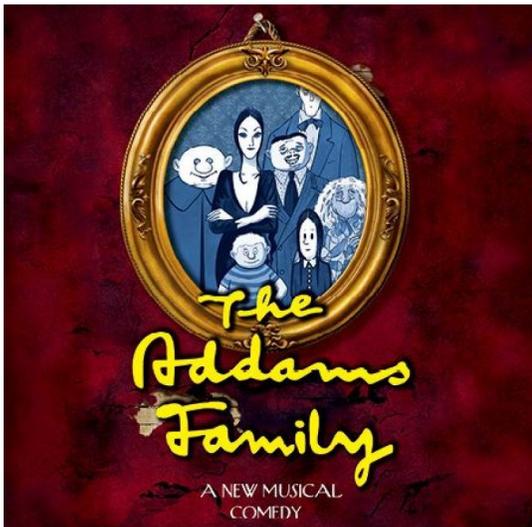
This summer, the band will be rehearsing Wednesday evenings in July and August from 5:00 - 9:00 PM starting July 6th. We will also rehearse the week of August 8th-12th from 3:00 - 9:00 PM, Monday - Friday. **All students need to bring sneakers, snacks, dinner, and plenty of water.** We will be rehearsing marching and playing during these rehearsals. Students with no prior experience are welcome. You need only to fill out the form by [clicking here](#), to be completed by July 3, 2022. This will allow for the staff to make the necessary arrangements.

Choir Information

MUSIC PARENTS MEETING : July 13th and August 10th at 7:00 PM

Choir Clinic: August 16 - 18 from 10am-1pm

There will not be Choir practices during the summer. Students should bring a small packed lunch with them each day to the clinic Please complete the Choir Clinic form by [clicking here](#), to be completed by July 11.



Musical Information

The Show this year is *Addams Family!* Show dates are 11/17, 11/18, 11/19 at 7:30 PM and 11/19 and 11/20 at 2:00 PM. July 27th is the Pre-Audition meeting at 7:00 PM. Looking forward to seeing you on July 27!

Auditions: August 16th and 23rd at 6:30 PM

Call Backs: September 6th and 8th at 6:00 PM

Show Audition Form: [Click Here to Complete](#)



Bishop Shanahan High School
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Athletic Department | Ron Reidinger, Athletic Director

Overview of Teams & Important Notes

- **EFFECTIVE JUNE 1, 2022 THERE WILL NO LONGER BE SUBMISSION OF PAPER PIAA FORMS.**

Register with FormReleaf.com to submit your PIAA information and register for our programs.

Please follow this link to register: [PIAA Online Form Registration](#)

- For the 2022 - 2023 Fall Season:
 - Golf will begin August 8th at Downingtown Country Club.
 - Football will have **mandatory** non-contact workouts and Heat Acclimation starting August 8th.
 - For all remaining sports, the first day of tryouts / practice is August 15th.
- **PLAN ACCORDINGLY FOR PHYSICALS AND VACATIONS.**
- **FALL PIAA ATHLETIC FORMS ARE DUE BY JULY 27TH. ONLINE ONLY!**
- Please contact the coach listed below for any specific team information.

FALL SPORTS

Cheerleading
Nancy Riccardo
nriccardo@shanahan.org

Cross Country (Girls)
Mark Schmidt
mschmidt@shanahan.org

Cross Country (Boys)
Peter Uhlman
puhlman@shanahan.org

Field Hockey
Jeff Riccardo
jriccardo@shanahan.org

Football
Paul Meyers
pmeyers@shanahan.org

Golf
Peter Lovenguth
plovanguth@shanahan.org

Rugby (7's)(Boys)
Mark Shaeffer
mshaeffer@shanahan.org

Soccer (Boys)
Michael Melesky
mmelesky@shanahan.org

Soccer (Girls)
Ken Schmidt
kschmidt@shanahan.org

Tennis (Girls)
Jamie Breen
jbreem@shanahan.org

Volleyball
Greg Ashman
gashman@shanahan.org

WINTER SPORTS

Basketball (Boys)
John Dougherty
jdougherty@shanahan.org

Basketball (Girls)
Jim Powers
jpowers@shanahan.org

Ice Hockey (Boys)
Michael Venezia
mikev@johnrock.com

Ice Hockey (Girls)
Mark Jermyn
markjermyn@verizon.net

Swim & Dive
Athletic Department
rreidinger@shanahan.org

Indoor Track (Boys)
Peter Uhlman
puhlman@shanahan.org

Indoor Track (Girls)
Mark Schmidt
mschmidt@shanahan.org

SPRING SPORTS

Baseball
Brian Boyko
bboyko@shanahan.org

Lacrosse (Boys)
Jon Heisman
jheisman@shanahan.org

Lacrosse (Girls)
Kacy Small
ksmall@shanahan.org

Rugby (15's)(Boys)
Mark Shaeffer
mschaeffer@shanahan.org

Softball
Ed Delio
edelio@shanahan.org

Tennis (Boys)
Michael Owens
mowens@shanahan.org

Track & Field (Boys)
Pete Uhlman
puhlman@shanahan.org

Track & Field (Girls)
Mark Schmidt
mschmidt@shanahan.org





Bishop Shanahan High School
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Greetings from BSHS English Department

Summer Reading Program Information

- All Shanahan students are required to participate in the Summer Reading Program.
- This year we continue our *One Book, One School* initiative. The book selected, *The Sun Does Shine* by Anthony Ray Hinton and Lara Love Hardin, “is a powerful examination of both our flawed justice system and of one man’s personal resilience and faith.” Please note the author’s prose is reflective and honest and the words used reflect the circumstances he faced.
>>**Paperback copy is preferred. Do not purchase the Young Readers Edition.**<<
- The entire school is required to read the universal book. The required book will be analyzed and discussed in their classes throughout the year. AP English students are provided a separate reading list by their AP English teacher.
- Each grade also has a selection of books from which a student must choose two. Students must then read the books, and be prepared to take a Reading Counts test on them during the summer on the days listed below, or in the fall with their English class. **The average of the two tests and an assessment of the *One Book, One School* will count as a major test grade for the first quarter.**
- The tests will be administered three times during the summer for those students who choose to take them before school resumes in September. The dates will be: *July 28th, August 11th, and August 25th.*
- All testing is conducted on campus. Freshmen may report for testing between 8:30 AM and 10:30 AM. Sophomores, Juniors and Seniors may report between 11:30 AM and 1:30 PM.
Drivers are encouraged to wait since each test should take only 15 minutes.
- It is highly recommended that students take notes while they are reading each of the three books. Suggestions for note-taking include:
 - ◇ Note the time, setting, action, plots, turning points, and themes of each book.
 - ◇ Write down each character’s name as he or she is introduced and describe each one. As you read, indicate the importance of each character.
 - ◇ Summarize what happens in the book. What are the important conflicts?
 - ◇ Put down a few statements or ideas from each book that are especially noteworthy or meaningful. Include page numbers.
 - ◇ Is the ending satisfactory? What are the implications of the ending and its effect on the main character? How much do you relate to him or her?
 - ◇ To what extent do you think that the book is worthwhile? Did it help you to gain some insight or to come to a greater understanding of yourself in anyway?



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Greetings from BSHS English Department *Summer Reading Program Information*

9th Grade

One Book, One School

- The Sun Does Shine by Anthony Ray Hinton and Lara Love Hardin

Pick 2 of the following:

- The Old Man and the Sea - Ernest Hemingway
- A Night Divided - Jennifer A. Nielsen
- The Looking Glass Wars - Frank Beddor
- Chew On This - Eric Schlosser & Charles Wilson
- Animal Farm - George Orwell

11th Grade

One Book, One School

- The Sun Does Shine by Anthony Ray Hinton and Lara Love Hardin

Pick 2 of the following:

- Ethan Frome - Edith Wharton
- Little Women - Louisa May Alcott
- The Killer Angels - Michael Shaara
- Up From Slavery - Booker T. Washington
- The Crucible - Arthur Miller

10th Grade

One Book, One School

- The Sun Does Shine by Anthony Ray Hinton and Lara Love Hardin

Pick 2 of the following:

- Chinese Cinderella - Adeline Yen Mah
- Lord of the Flies - William Golding
- The Hobbit - J.R.R. Tolkien
- The Strange Case of Dr. Jekyll and Mr. Hyde - Robert Louis Stevenson
- Night - Elie Wiesel

12th Grade

One Book, One School

- The Sun Does Shine by Anthony Ray Hinton and Lara Love Hardin

Pick 2 of the following:

- The Kite Runner - Khaled Hosseini
- The Alchemist - Paulo Coelho
- Secret Life of Bees - Sue Monk Kidd
- Raisin in the Sun - Lorraine Hansberry
- Hidden Figures - Margot Lee Shetterly
- The Radium Girls - Kate Moore



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Greetings from Advancement Department
Giving and Getting Involved at BSHS

Much of what is accomplished each day at Bishop Shanahan is the direct result of gifts made by caring members of the Shanahan community. A successful fundraising year elevates what is possible for current students and ensures BSHS continues to offer the best high school experience in the area. Exciting things are happening and it is all possible through the generosity of the Shanahan Eagle community!

Bishop Shanahan is a non-profit and is completely funded through tuition dollars and donations. Every gift is used to support the Shanahan student experience. Giving goes beyond financial contributions.

Resources of time and talent are vital to Shanahan's success.

The 2022-2023 school year will be packed with opportunities to celebrate and support the Shanahan spirit!

Check out the list of ways to be active during the 2022-2023 school year!

Which ones inspire you to GET INVOLVED?!

Fostering Excellence
Nest FESF
Shanahan Spring Auction
to Strengthen Tomorrow

Sponsorship & Player Info
at shanahan.org/golf

**Bishop Shanahan High School
Endowment Fund
Golf Outing**

**4th Annual
EAGLE CLASSIC GOLF OUTING**

Your Gift + Their Match = **SHANAHAN STRONG**

Give Back Thursday

**Christmas
CRAFT SHOW**



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When	What	Where	Volunteer Opportunities
September 13	Endowment Fund Golf Outing	French Creek Golf Club	Day of event
September 22	Give Back Thursday	Digital Day of Giving	Share social media posts
September 30	Designer Bag Bingo	BSHS Cafeteria	Day of event
October	NestFEST Spring Auction Planning Begins!	BSHS	Join the Committee!
October 5	Eagle Classic Golf Outing	Downingtown Country Club	Day of event
October 20	Leadership Giving Event (for donors of \$1,000+)	TBD	N/A
November 9	Scholarship Benefactor Breakfast	BSHS Media Center	N/A
Nov. 17- Nov. 20	VIP Play Rooms (for \$1,000+donors)	Intermission in the Commons	Greeters
December 3	Christmas Craft Show	BSHS	Day of event & bake sale
January	NestFEST Auction Planning	BSHS	Committee Members
February 2	ShanaFUN(d) Day	Online	Share social media posts
February 4	Athletics Beef & Beer	BSHS Cafeteria	Committee Members
February 21	President's Society Reception (for donors of \$1,000+)	BSHS	N/A
April 16	Alumni Family Mass	BSHS Auditorium	Day of event
May 13	NestFEST Spring Auction	TBD	Committee Members
May/June	Class of '23 Gifts of Gratitude	Online & Graduation Program	Share social media posts

Ready to Get Involved?

Contact the Advancement Team to make your impact on the fundraising efforts that elevate the Shanahan experience! We can't wait to meet you!



Trish Kyle
 Director of Advancement
tkyle@shanahan.org

Save the Date!

For A Uniform Measuring Event

DATE: Wednesday, June 22, 2022

5:00 PM - 8:00 PM

**LOCATION: FlynnO'Hara Uniforms - Festival Shopping
Center 404 W. Lincoln Highway Exton, PA 19341**

FlynnO'Hara invites Bishop Shanahan High School to please join us for our Measuring Event. Our staff will be available to measure students, answer questions about the uniform, and help you shop for the upcoming school year.

Make An Appointment

Click the link below to sign-up for an appointment!

SIGN UP HERE

Appointment times vary by date. Appointments are required for this event.

PLEASE NOTE: If you're unable to attend this event, we recommend families get their uniform shopping done at least **ONE MONTH** before the first day of school to ensure your students have everything they need!

QUESTIONS? Contact Tamara Fernandez: tfernandez@flynnohara.com

 **FlynnO'Hara**
UNIFORMS

Flocco's Shoes & Clothes

Professionally Fitted Since 1926

PHONE (610) 828-5544 www.Floccos.com 110 -114 FAYETTE ST. CONSHOHOCKEN

BISHOP SHANAHAN

FLOCCO'S WILL MAKE A DONATION FOR EACH PAIR OF SHOES SOLD TO YOUR SCHOOL

Prices could be subject to change

SHOE STYLES		SIZES	PRICE
Sperry Topsider A/O Billfish	Mens 	7 to 16	89.00
Buc School Issue/ Academy	Children 	10 - 6	59.00
Buc School Issue/ Academy	Men Women 	6 1/2 - 15	69.00
Sperry Blue Fish	Women 	5 to 12	75.00
Sperry Bill Fish	Men	7 to 15	89.00
Sperry Fish kids	Children	10 to 6	From 55.00

PLEASE CHECK OUR WEBSITE

www.FLOCCOS.COM

Due to Covid-19 we are offering Free Shipping

"Your safety and our safety is our top priority. We disinfect and take every precaution to keep everyone safe."

Flocco's will be at Bishop Shanahan

Thursday, July 28th

9:00 AM—11:00 AM

2022 - 2023 Tuition

	TUITION	SUPPLEMENTAL TUITION	SCHOOL FEE	TOTAL
1 Student (1-2 Students)	\$9,700	-	\$1,600	\$11,300
Vo-Tech Student (70% Tuition Rate)	\$6,790	-	\$1,600	\$8,390
1 Student (3 Students)	\$6,466.67 (Per Student)	-	\$1,600 (Per Student)	\$8,066.67 (Per Student)
1 Student (4 Students)	\$4,850 (Per Student)	-	\$1,600 (Per Student)	\$6,450 (Per Student)

- The applicable tuition charges and the school fee will be billed over 11 months from June through April with grants or scholarships applied to those charges.
- Payments will be directly to FACTS Tuition Management.
- There is a \$42 per family charge due in June 2022 if you would like a monthly plan; \$15 for a semi-annual plan, and no charge if you pay in full with the first billing.
- Families that sign up for ACH payment (automatic electronic payment debited by FACTS) will receive a \$120 credit at the end of the school year.
- The monthly late fee, if tuition is not paid on time, will be \$30.
- In FACTS Tuition you have the option to have your payment due the 1st or the 15th of each month.
- During the year, additional fees may appear on your monthly statement for registration, athletics and other school charges, as applicable.
- Tuition policies may be found in the school handbook.
- This tuition rate schedule applies to U.S. students only. There is a separate rate schedule for International students.



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2022 - 2023 Fees

FEE	AMOUNT	DATE BILLED
School Fee (All Students)	\$1,600	Over 11 Months, With Tuition
Drama Fee	\$135	September 15
Art Fee (10th, 11th, 12th)	\$140	October 15
Choral Fee	\$130	October 15
Band / Orchestra Fee	\$130	October 15
DECA Fee	\$135	November 15
Forensics Fee	\$145	November 15
Music Fee (Private Lessons)	\$655	November 15
Graduation Fee (12th)	\$250	January 15
Football Fee	\$525	October 15
Basketball Fee	\$375	December 15
Swimming Fee	\$390	December 15
Athletic Fee (All Other Sports)	\$280	When Season Begins
Registration Fee (10th, 11th, 12th)	\$235	February 15
Parking	\$190	With Application



Bishop Shanahan

HIGH SCHOOL

SUMMER 2022

SPEED-STRENGTH & PERFORMANCE TRAINING

AVAILABLE TO ALL BSHS STUDENTS & SPORTS TEAMS



Where & When

Bishop Shanahan High School
Summer Session - June 13th - August 10th

Schedule

Every Monday & Thursday Evening

- **4:30 PM** - Boys Track/XC
- **5:30 PM** - Boys Sports
- **6:30 PM** - Football

Every Tuesday & Friday Morning

- **8:30 AM** - Girls Sports
- **9:30 AM** - Football

Cost

\$150, Includes entire summer program

Registration

Download "Titus Sports-Delaware" from App Store (Log in or Register)

Select "**Team**" tab and "**Titus Wilmington**"

Select the training package "**Bishop Shanahan**" and your training group



TITUS STAFF

Are highly trained and certified. Credentials include certifications from the American Council on Exercise, Collegiate Strength and Conditioning Coaches Association, International Sports Science Association, National Association of Speed and Explosion, Functional Movement Screening, National Strength and Conditioning Association, USA Weightlifting and USA Track and Field.



(302) 543-7226



Delaware@TitusSports.com



401 Garasches Lane
Wilmington DE 19801



SAT/PSAT Training

Dr. Richard Fuller's Coaching Service, Ltd.

Only \$575

Content:

- * A full-length pre-test that will provide a diagnosis of the students strengths & weaknesses.
- * Specific training in the verbal & mathematical concepts needed for the SAT/PSAT.
- * Coverage of content area & test-taking strategies relevant to scoring well on the SAT/PSAT.
- * Effective strategies for "guessing".
- * Strategies about what questions to concentrate on.
- * A full-length post-test analysis to determine the effectiveness of the training & to identify the student's strengths & weaknesses for comparison with the pre-test.
- * A personalized, diagnostic printout of each student's pre & post test results.

Session Dates:

FALL:
 Sept.: 7, 9, 13, 14, 15, 20, 22, 23, 27, 28, and 29

Winter:
 Jan.: 27, 31, Feb 2, 7, 8, 9, 15, 16, 17, 22 and 23

35 Hours of Training

Materials:

- * Verbal packet containing strategies, exercises, test-taking hints, & a word list with synonyms, antonyms, & grammar usage found in the SAT/PSAT.
- * Mathematics packet containing strategies, exercises, test-taking hints, & a list of formulas found in the SAT/PSAT.
- * Two full-length SAT/PSAT tests.
- * SAT/PSAT book with numerous examples & exercises.
- * Writing strategies & exercises specific for the SAT/PSAT

Dr. Richard Fuller's Coaching Service, Ltd.
 126 Inverness Drive
 Blue Bell, PA 19422
 Phone: 610-247-5933P
 E-mail: usmcrraf3@aol.com

Test Center: Bishop Shanahan High School

Student's Name _____ Parent's Name _____
 Address _____ Home Phone _____
 City/State/Zip _____ Present School _____
 Course Preference: SAT ____ PSAT ____ Present Grade _____
 Session Preference: Fall (Sept.-Oct.) ____ Winter (Jan.-Feb.) ____

If only taking tests (not full course), check which apply:
 Fall: Sept. 7 ____ Sept 29 ____ Winter: Jan. 27 ____ Feb 23 ____
 ~Check (\$575 for complete course), payable to Dr. Richard Fuller, is required with application~
 Practice tests only, are available for a cost of \$40 per test

In home tutoring for most subjects call 610-247-5933

Dr. Richard Fuller's Coaching Service, Ltd.

610-247-5933 | Dr. Richard Fuller | Senior Professor of Mathematics and Reading

Dear Parent/Guardian:

Dr. Richard Fuller's Coaching Service, in cooperation with Bishop Shanahan High School, announces an SAT/PSAT Preparation Course, which not only will help prepare all students for SAT/PSAT Examinations, but will also cover general test-taking strategies relevant to standardized examinations.

This course has been designed to meet the needs of all students preparing to take the SAT/PSAT in the coming year. Moreover, freshmen and sophomores will also benefit by becoming aware of areas that require additional attention when preparing for the SAT/PSAT's. Course content will deal with particular strategies for the mathematical and verbal portions of the SAT/PSAT. Students will have the opportunity to take both a full-length pre and post SAT/PSAT test that will diagnose the areas of need for each student. Then the student will receive three hours of training for each of the nine sessions (27 hours total), divided evenly between mathematical and verbal concepts. Both verbal and mathematical homework will be assigned for each successive daily session. After the training, all students will take a post-test to determine the effectiveness of the training and to determine what additional concerns should be addressed in the future. There is a MAXIMUM student:teacher ratio of 12:1 in mathematics so that each student receives a more personalized training regiment.

Included in the cost of the full course are pre and a post MOCK SAT/PSAT EXAMINATIONS. For the Fall session, the tests will be administered Tuesday, September 7 at 5:30 PM, and Wednesday, September 29 at 4:00 PM, at Bishop Shanahan High School. Winter testing dates will be Thursday, January 12, at 5:30 PM and Tuesday, February 23 at 4:00 PM. All tests will come with a full analysis of both the verbal and mathematical sections of the test. All classes and tests will be held at Bishop Shanahan High School.

To Register: Interested students should complete the registration form on the other side of this paper. The total cost of the course including all handouts and textbook is \$575.00. Both the completed registration form and a check are requested to enroll in this course. If you want the student to take only the practice test, then the cost is \$40.00 per test. ** If you have already taken this course and have paid the FULL PRICE, then you can retake the entire course at a later date for \$300.00. If a student retakes the full course, then they will experience different problems that will address more advanced concepts. All checks should be made payable to Dr. Richard Fuller and mailed to this address:

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Blue Bell, PA 19422

In order to allow for appropriate logistical planning for both the students and the staff, the deadline for registration is September 7th for the Fall Session, or you may confirm by telephone with Dr. Fuller. Unless you are contacted by phone, the course will commence as scheduled.

Any questions or further clarification regarding this program should be directed to Dr. Richard Fuller at 610-247-5933 (office) or usmcraf3@aol.com, or you may contact Bishop Shanahan High School at: 610-518-1300.

Fall Session Class Dates: Sept. 7 (pre-test), 9, 13, 14, 15, 20, 22, 23, 27, 28, and 29 (post-test)

Winter Session Class Dates: Jan. 27 (pre-test), 31, Feb 2, 7, 8, 9, 15, 16, 17, 22, and 23 (post-test).

ALL WEEKDAY CLASSES START AT 5:30 PM AND END AT 8:30 PM. SATURDAY SESSIONS BEGIN AT 9:00 AM AND END AT 12:00 NOON. IN HOME TUTORING IN MOST SUBJECTS CALL 610-247-5933 FOR DETAILS.