

INSIDE

Alex

A JUNIOR SCHOOL PUBLICATION

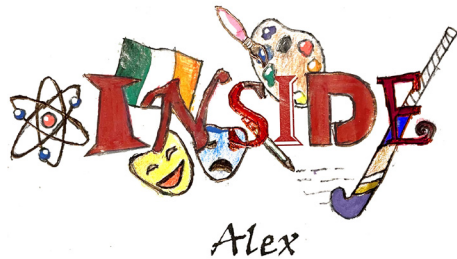
ISSUE 9 JUNE 2022

Special
Summer
edition



ALEXANDRA COLLEGE
DUBLIN

Cover Design & Masthead: Evie Daunt Brennan



J6W

Sophie Butcher
Clara Galvin
Claudia Kelly
Maryam Khan
Holly Kinsella
Aoife Mitchell
Olivia Wilson

J6R

Carina Bradley
Evie Daunt Brennan
Eva Duffy
Genevieve Graham
Sophie Mahon
Sofia Sambataro

Cover Design, Masthead and Icons: Evie Daunt Brennan

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THE NEWS COMMITTEE



Welcome to the summer edition of *Inside Alex*! We hope you enjoyed reading all of the editions and got to see what we do in Alexandra College Junior School. This edition is our very special summer issue where we feature our regular stories, interviews, book and film reviews, cooking along with some summer stories, giving you our readers a taste of life inside Alex.

This is our last edition as part of the News Committee in the Junior School. We would like to thank everyone who contributed to every issue. We had so much fun putting this

together each time and learnt so much as a team. A special thank you to Mrs. Lamplugh for her support, to Ms. Gorry for kindly taking the time to edit each edition, to our class teacher Ms. Byrnes for her assistance and especially to Ms. Smith for guiding us and putting this newsletter together.

We really hope you enjoy reading it as much as we did putting it together.

We wish the incoming News Committee the best of luck, we will be keeping an eye on it! Happy summer!

From the News Committee



IN A WORLD WHERE YOU CAN BE ANYTHING

#Choose Kind



ALEXANDRA COLLEGE
DUBLIN



A Message from Mrs. Lamplugh

Happy summer, everyone! It is just great that the 21/22 school year has had no interruptions, bar a few stormy days just before Christmas. We have had an action packed, fun and very productive year together. This was thanks to all the fantastic work put in by your teachers and all the staff in the Junior School. Well done, everyone.

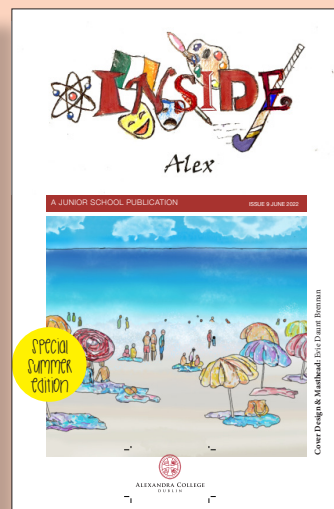
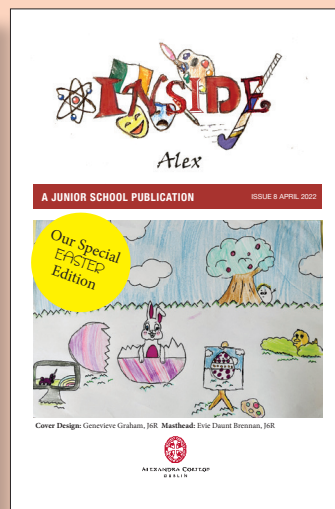
This is another super, informative and colourful edition of INSIDE ALEX. We are very grateful to all the J6 girls on the Alex News Committee and to Ms. Smith for all

the work she does to bring the whole publication together. I enjoyed reading every page and I know you will too.

We wish our J6 Class of 2022 all the very best as they move on to the Senior School. They have been an amazing group of girls and excellent role-models for all the other girls in the Junior School.

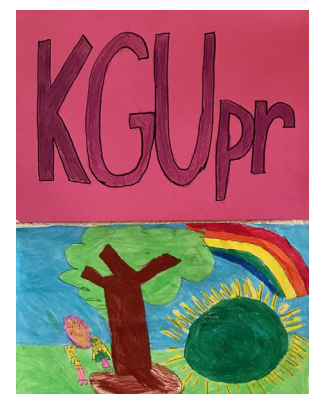
I hope you all have a wonderful summer break with your families and friends. I am so proud of each and every one of you.

Stay safe and well and remember to always CHOOSE KIND!



**THANK YOU
FOR ALL YOUR
AMAZING
CONTRIBUTIONS**

News Committee 2021/22



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ALEXANDRA COLLEGE
DUBLIN

Summer Ideas

By Carina Bradley, J6R

Summer holidays are a fun and busy time with no school. You can relax all day by yourself or with friends, but sometimes things get repetitive and you run out of ideas for what to do. So here are 50 fun things you can do this summer with friends or by yourself.

- | | |
|--------------------------------------|--|
| Paint rocks | Go bowling |
| Paint tote bags | Make cards |
| Paint canvases | Write a short story |
| Paint pottery | Put on a fashion show |
| Paint birdhouses | Three legged race |
| Paint pots | Make postcards for friends |
| Paint a self-portrait | Make pet rocks |
| Try new recipes | Visit a museum |
| Plant flowers | Visit the park |
| Plant vegetables | Make milkshakes |
| Build a fairy garden | Decorate flip flops |
| Go to the beach and make sandcastles | Make homemade ice cream |
| Scavenger hunts | Make diy popsicles |
| Picnics | Make a kite |
| Go on hikes or walks | Monopoly game night |
| Watch new movies | Go geocaching |
| Makes a summer scrapbook | Try to learn some magic tricks and do a magic show |
| Water fights | Collect wild flowers |
| Go on bike rides | Collect sea shells |
| Put on a pupper show | Go mini golfing |
| Visit the Zoo | Go surfing |
| Write a poem | Go stargazing |
| Read a book | Make a time capsule and open in 2023 |
| Make a pop up book | Send letters to friends |
| Make a play with friends | |



Summer Destinations

By Sophie Mahon, J6R



Destinations in Ireland

CentreParcs, Longford

CentreParcs is an amazing choice for a family holiday. With a variety of activities to choose from for all ages. You can rent a cabin or apartment for a week or weekend. While there, you can participate in activities such as aerial adventure (which is like Squirrel's Scramble), archery, swimming and much more. I would definitely recommend going here as it is a fabulous experience.



Dingle, Kerry

Dingle is well known for its beautiful wild scenery and its sandy beaches. You can visit destinations such as the Dingle Oceanworld Aquarium which has a variety of sharks, penguins and otters. If you would like to venture off land you can take a boat tour around Dingle bay to spot dolphins and whales. I think a trip to Dingle would be an amazing holiday.



Destinations Abroad

Barcelona, Spain

Barcelona is a city on the Mediterranean coast in the northeast of Spain. It is a city famous for its beautiful architecture, culture, beaches and warm weather. Families can tour Camp Nou which is the largest stadium in Europe or go on a cable car ride up the hill of Montjuic overlooking Barcelona. You could also visit the Tibidabo Amusement Park where you can enjoy a thrilling ride on the ferris wheel. There's so much to do in Barcelona which is why it would be a good option for a summer holiday.

London, UK

London is an extremely popular tourist destination and it is clear why. It's one of the most well known cities in the world and has something for all ages. One of the most popular tourist attractions is Big Ben. Big Ben is a 316m tall clock tower that is beside where the Queen of England lives. You can also see the London Eye - a massive ferris wheel you can go on to see all of London. I could go on to name many more things to do and see, like the Tower of Lon-



don or a high-speed boat trip down the River Thames. There's so much to do in London and if you want to go there, you definitely won't run out of things to do.

Disney World, Florida, USA

Disney world is a great place to go for all ages. It is a magical experience. There are hundreds of rides you can go on and you can also see many of Disney's famous characters such as Mickey Mouse, Elsa and many more! I would highly recommend going to Disney World as it is an enjoyable and unforgettable experience.



Review of our year in J6

By Holly Kinsella & Aoife Mitchell, J6R

Carlingford

At the beginning of the year, J6 went to Carlingford. Here we made special memories and had lots of fun.

Confirmation

This year we made our Confirmation on the 31st of March. The people who did not make their Confirmation came down to the church to support us. Fr. Peter was very nice and made practice masses and the Confirmation day really fun and enjoyable. Ms. Costigan was very kind and helpful with all our religion classes and masses. The Confirmation was really lovely and the church was nicely decorated.

Graduation

This year we have worked very hard on our graduation assembly. Ms. Lyons has creatively choreographed our dance. Ms. Fitzgerald and Mr. O'Connor helped us with the songs. It has been really fun working on the show this year.

Bake Sale

The Easter Bake Sale is hosted by the J6s every year. Anyone can bake something to bring in. There is also a baking competition, and the theme this year theme was 'Bees'. There was an Easter raffle and an auction.

Tayto Park

This year for our end of year trip we went to Tayto Park. It was a fun way to end the year and our last school trip in the Junior School.

Responsibilities

Along with amazing trips, J6 welcomes a lot of responsibilities and jobs. The responsibilities include hosting the Toy and Book Fair and the Bake Sale. It also includes being a captain like sports, art, music, STEAM, or being on the News Committee. We have enjoyed being part of the News Committee team.



CARLINGFORD



COOKERY CORNER

FLAVOUR OF THE MONTH

By Eva Duffy, J6R

White chocolate chip M&M cookies



Ingredients

150g salted butter, softened
200g plain chocolate chips or chunks
80g light brown sugar
225g gluten-free flour
80g granulated sugar
100g white chocolate
2 tsp vanilla extract
Pack of M&Ms
1 large egg

Method

STEP 1

Heat the oven to 190C/fan170C/gas 5 and line two baking sheets with non-stick baking paper.

STEP 2

Put 150g softened salted butter, 80g light brown muscovado sugar and 80g granulated sugar into a bowl and beat until creamy.

STEP 3

Beat in 2 tsp vanilla extract and 1 large egg.

STEP 4

Sift 225g gluten-free flour into the bowl and mix it in with a wooden spoon. Add 200g plain chocolate chips (or chunks), white chocolate and M&Ms stir well.

STEP 6

Use a teaspoon or tablespoon to roll the mixture into balls, spacing them well apart on the baking trays. This mixture should make about 18 cookies.

STEP 7

Bake for 10 mins until they are light brown on the edges and still crumbly and slightly soft in the centre.

STEP 8

Leave to cool, then enjoy!

INSIDE Preschool Lower

Preschool Lower have been learning about minibeasts this week. We read a lovely story called 'Mad' about minibeasts by Giles Andreae. We painted bees, ladybirds and butterflies and we went on a nature walk to look for minibeasts. We visited the minibeast house in the school grounds and there was great excitement when Nora found a snail and Genevieve found a worm. We found lots of ants and a bee which had landed on a beautiful yellow flower. When we came back to the classroom we drew pictures of what we had seen outside. We love minibeasts in Preschool Lower and are looking forward to finding more insects over the next few weeks.

Ms. Brandon & Ms. Malseed

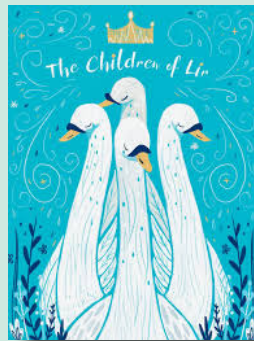


The Children of Lir

Preschool Upper enjoyed Irish folklore tales. To celebrate Irish week, the girls listened to the story of one of Ireland's most celebrated tales and Irish mythology; 'The Children of Lir'. The girls were intrigued by the transformation of the four children into four beautiful swans and enjoyed painting pictures depicting the four graceful swans swimming on Lough Derravaragh.

Well down girls for your beautiful painting work.

Ms Murphy & Ms Moran



INSIDE J5W

This term, J5W have been researching important Irish heritage sites. We looked at what heritage is and what sites we believe to be important around Ireland. We imagined that the OPW unfortunately needed to sell some well-known heritage sites and we got our campaigning hats on! Each group researched a site they believed to be crucial to Irish culture and history and created a Google slideshow explaining why each site needed to be saved. We also designed posters to front our campaign. As you can see from the photos we really got into the campaigning spirit!

Ms Byrnes & Ms Mc Garry



Kg Upper

Spread Friendship

FRIENDSHIP

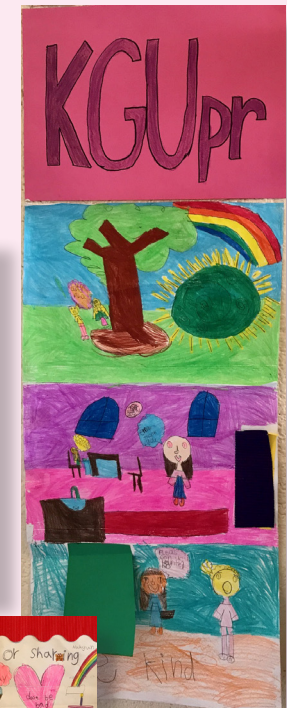
F is for faithful; they're loyal to the end.
 R is for reliable; they're true and don't pretend.
 I is for the interest in sharing thoughts with you.
 E is for enjoyment whatever you might do.
 N is for neighbourly; they're kind in every way.
 D is for dependable on every single day.
 S is for that special friend you know is always there,
 The one who makes you happy and you know will always care.

We really enjoyed our friendship theme and discussing the many qualities that make a good friend. We created colourful individual posters showing 'Random Acts of Kindness' - which we carried out in our classroom and around the school. As a class, we presented great teamwork and ideas when we worked together on our group posters. We all agreed that friendliness and kindness are very important qualities to share - with everyone!

In assembly, we showed a creative musical video called 'Thankful' by The Juicebox before our lively choice of 'Friday's Dance' - 'We are Family' by Sister Sledge. It was great fun to see everyone dancing and singing along! While we reflected on our busy school year together, these songs made us appreciate and feel 'thankful' and 'grateful' for our happy 'Alex Family'!

We wish everyone a very happy and safe summer and an exciting and rewarding new school year ahead!

Best wishes,
 Ms Boyd and Kg Upper



J1 Trip to the Zoo



J1 have been waiting so long to go on their school tour. They were counting down the days since the start of the month and the day finally came. We were unsure about the weather at the beginning of the day but it cleared up and became a really beautiful and excellent day to visit Dublin Zoo. As a teacher I have been there a few times and I have to say the J1 girls couldn't have been luckier. The sun shone, we had lots of fun and we saw nearly

every single animal.

The girls learned lots of interesting facts and they also learned about the conservation efforts Dublin Zoo is making to stop a lot of these animals from going extinct.

The girls were excellent from start to finish. Well done J1!

Ms Martin

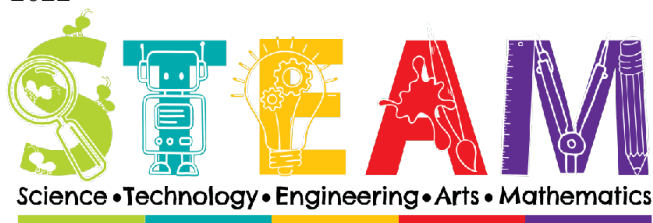
Highlights of Our Year in J2

The J2s had a very busy summer term filled with learning and fun activities. We visited Airfeld Estate on the 3rd May and attended a STEAM talk with Darina Hynes (a Junior School parent) on the 6th May. We also participated in the Big Dig which is an archaeological activity on the 19th May. We were digging for Viking artefacts and we were delighted with the items we found. Some

of the J2s made their First Holy Communion on the 21st May. We enjoyed the Talent Show, Sports Day and our dance performance. We hope that every J2 girl has a happy summer and every good wish for J3.

Ms.Gorry and Ms.Murray



INSIDE

STEAMtalks@Alex



Darina Hynes conducts an experiment with a number of Alex students

This was a new initiative this year and has been a great success. Parents, guardians and extended family members were invited to come into Alex JS to give the girls a talk on a STEAM subject. We are very fortunate to have a wide range of areas of expertise amongst the families of the Alex students. The speaker gives a short talk, which is complimented by a slide show and a variety of interactive elements such as experiments and/or quizzes. The talks aim to open the students' eyes to the diverse STEAM related fields and to stimulate an interest in them. These talks have proved a huge success with the students; they have attended talks on radiology, aeronautical engineering, working with DNA, psychology and within the coming weeks, will also attend a talk on Google/ how the internet functions and get an insight into the work that a vet undertakes! We look forward to developing this initiative further over the academic 2022/2023 year.

Ms Mc Garry



Holly McGuinness (J1) and Rosie McAuliffe (J2) take great care whilst preparing their experiment.



Dr. Susannah Harte begins her talk on working in medicine, in particular radiology, with the J5 and J6 students.



Rose O'Leary broadens the students minds even further as they learn about aeronautical engineering and how planes work.



Dr. Sharon Fernando finished off her presentation on clinical psychology with an positive and uplifting message for the students - hard work and success can take you anywhere!



Shane Nolan takes time out after his Google talk with the J4, J5 and J6 students to have a chat with the Alex JS STEAM Captains!



Two J4 students, India Frawley and Serena Killoren, get dressed in 'scrubs' and imagine what it would be like to work as a large-animal vet!



The J4 and J5 students had lots of questions for our visiting vets, Katriona Kinsella and Hazell Mullins, from the Highfield Veterinary Group.

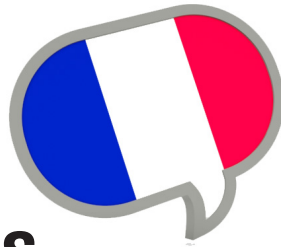
INSIDE J5R



In Irish, J5R has been learning about éadaí. We worked hard to learn the vocabulary, then we got to have fun preparing for our class fashion show. There was a lot of excitement, working together to design outfits, write scripts, and practise our presentation skills. Then it was time to strut on the catwalk. We used all our new words and phrases to comment on both the fashionable and more unusual ensembles that we created, including paper sandals and paper hair ornaments.

Ms. Richardson

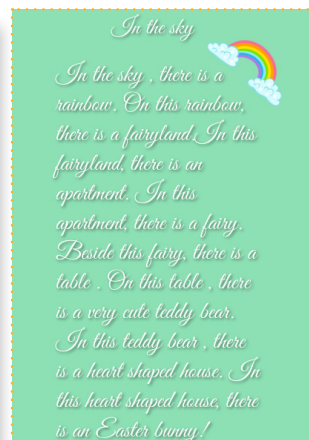




INSIDE Les Nouvelles

For a few weeks now, the girls in J4 and J6 worked on the creation of a story. Unfortunately we cannot edit all the stories for this edition of Inside Alex. Here is one of the fabulous stories from Claire Jialan J4W that she kindly translated into English too.

Ms. Conan



BEACH LIFE

By Sophie Butcher and Clara Galvin, J6W

J6W went to Sandycove on a Seashore Safari to learn about the beach. We were split into groups and found all sorts of creatures like shells, shrimp and different types of fish. We looked into the rock pools for all the different fish, shells and lots of different types of sea creatures. We then used buckets to scoop up the sea animals. Once we had finished examining them we would put them back in the sea so that they could live a long and happy life. We found so many different types of sea creatures. It was a really good experience and we think we all learned a lot. We would like to thank our guide Muriel for our Seashore Safari.

Fun fact:
we fished up
a shrimp
giving birth



INSIDE ART

CREATIVITY FROM KG LOWER TO J6

Over the last term, the girls learnt new skills with the focus on collage, portraiture, drawing, watercolour, colour theory exploring all media from soft and oil pastels, weaving, painting techniques, and much more. We loved our drawing classes outside in the sunshine.

It has been a busy term and we look forward to a new school year full of creativity.

Have a lovely summer.

Ms. Smith

