

Referral Resource List

Websites:

- The Youth Suicide Prevention Program www.yspp.org
- Crisis Chat (online chat for suicide prevention) <http://www.crisischat.org/chat>
- Parent Help: www.parenthelp123.org (English & Spanish)
- The Trevor Project (LGBTQ youth): www.thetrevorproject.org
- Needham Suicide Prevention Coalition: www.needhamacts.org

Crisis:

- King County Crisis Clinic: 1-866-427-4747
- Snohomish County Crisis Line: 1-800-584-3578
- Teen Link (talk to a peer, 6-10pm) 1-866-833-6546
- Care Crisis Line: 425-258-4357 or 1-800-584-3578
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Trevor Project (LGBTQ youth): 1-866-488-7386

Social Services:

- Volunteers of America: 211 or 1-800-223-8145
- Family Help Line: 800-932-HOPE (4673)
- Family Health Hotline: 1-800-322-2588 (All languages)

Counseling:

- Compass Health: 425-212-3900. Web: www.compasshealth.org
- Sunrise Services: 425-347-3149. Web: sunrisecommunityliving.com
- Catholic Community Services: 425-257-2111. Web: www.ccsww.org
- Center for Counseling and Health Resources: 547 Dayton St Edmonds, WA 98020 (206) 870-5191 www.aplaceofhope.com
- Christena Greenlee, MSW, LICSW: 8000 - 212th Street SW, Suite B, Edmonds, WA 98026. (425) 870-6975. Email: christenarg@hotmail.com Web: greenleecounseling.com
- Dialectical Behavior Therapy Center of Seattle: 1200 5th Avenue #800, Seattle, WA 98101. Phone: 206-374-0109
- National Mental Health Association: 800-969-NMHA (6642)
- American Academy for Child and Adolescent Psychiatry: 800-333-7636. Web: www.aacap.org

Alcohol/Drug Abuse:

- National Alcohol and Drug Abuse Hot Line: 1-800-252-6465
- Sea MAR Counseling Services: 425-347-5415
- Pacific Treatment Alternative: 425-259-7142
- Substance Abuse and Mental Health Services Administration: 800-729-6686