



Greetings Early Childhood Community,

GOECD has developed new resources and made additions to the COVID-19 pages on our website that we would like to share with you.

- The responsibility of parents and caregivers are many, and these responsibilities can be even more overwhelming during this COVID-19 pandemic. The Illinois Pyramid Model State Leadership Team, in collaboration with the Governor's Office of Early Childhood Development (GOECD), has developed an [Emotional Well-being Toolkit: Resources for Children, Families, & Caregivers](#) to help manage stressors and promote wellness during these challenging times.
- In addition to the Emotional Well-being Toolkit, GOECD has launched a [COVID- 19 Resources for Families with Young Children](#) webpage that features links to important resources to support families during the pandemic.
- We have also launched a [Resources to Support Providers During the Pandemic](#) webpage that contains important guidance and FAQs, as well as health, business, child development, mental health, and other resources to support providers during this COVID-19 State of Emergency.

As a friendly reminder:

- GOECD's [COVID-19 for Early Childhood](#) webpage contains links to the most up-to-date COVID-19 information, guidelines from state agencies, and major early childhood events cancelled or postponed due to COVID-19.
- GOECD's [COVID-19: Emergency Child Care for Providers & Communities](#) webpage features emergency child care resources for providers, essential workers seeking child care, and volunteers who want to offer support.
- Erikson Institute is offering virtual mental health services in English and Spanish for parents and caregivers of young children regardless of their ability to pay. Most major insurances are accepted, and services can also be provided on a sliding scale or pro-bono basis. Parents and caregivers can reach out to set up an appointment through the intake line at 312-709-0508 (English) or 312- 934-6446 (Spanish), or by visiting [www.Erikson.edu/ccf](http://www.Erikson.edu/ccf).