



# Healthy Youth Survey Fact Sheet

## Bullying and Harassment for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

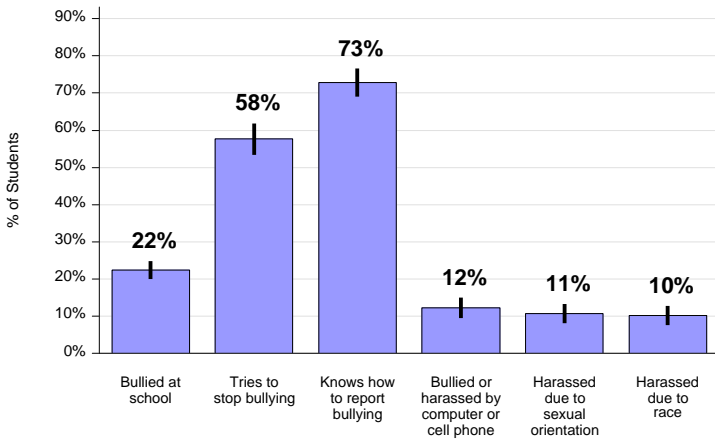
### Background:

- All Washington schools are required, at a minimum, to implement state model policy and procedures which prohibit harassment, intimidation and bullying.
- Bullying is intentional, repeated, negative behavior on the part of an aggressor or aggressors toward a target or targets. It also involves a perceived power imbalance of some kind.
- Students who report being bullied or harassed also report getting lower grades in school.
- Researchers have identified evidence-based programs which reduce bullying and harassment and help build positive school climates.

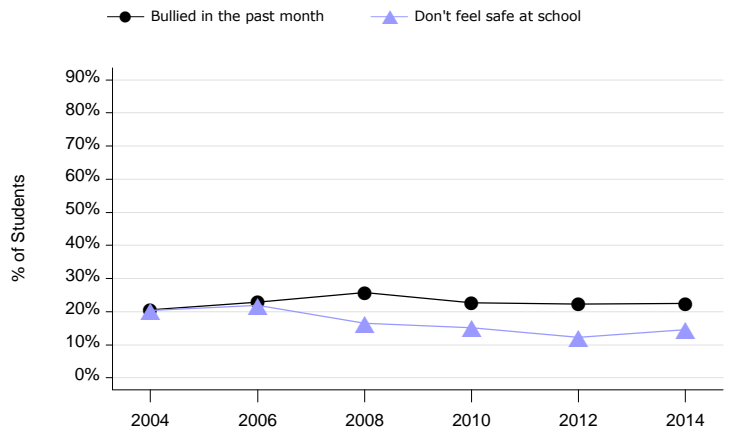
### For More Information:

- School Safety Center, sponsored by the Office of Superintendent of Public Instruction at: [www.k12.wa.us/safetycenter](http://www.k12.wa.us/safetycenter).

**Bullying and Harassment Grade 10, 2014**

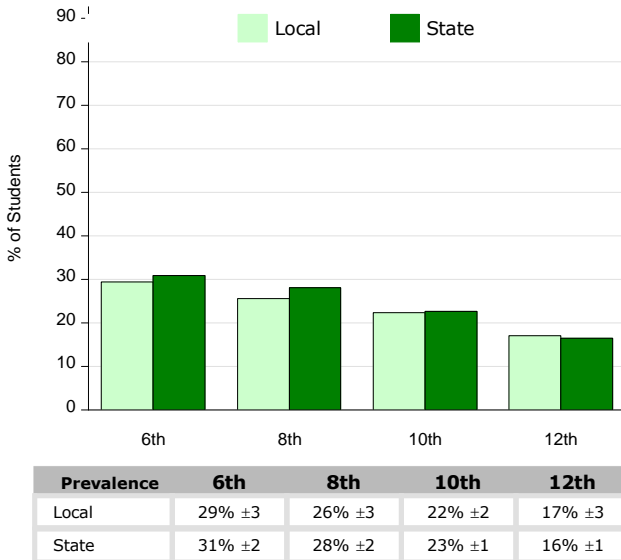


**Bullying and Harassment Trends, Grade 10**



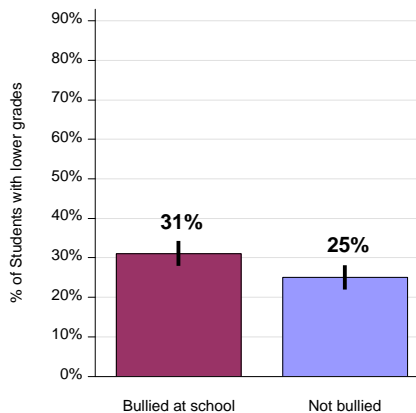
Prevalence	2004	2006	2008	2010	2012	2014
Bullied at school	20% ±3	23% ±3	26% ±3	23% ±2	22% ±2	22% ±2
Don't feel safe at school	20% ±2	22% ±3	16% ±2*	15% ±2	12% ±2*	15% ±2

**Bullied in Past Month Compared to the State/All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	29% ±3	26% ±3	22% ±2	17% ±3
State	31% ±2	28% ±2	23% ±1	16% ±1

**Statewide Relationship between Lower Grades and Bullying Grade 10, 2014**



Statewide, more 10th graders who are bullied at school report lower grades in school (C's, D's or F's) compared to those who aren't bullied.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Bullying and Harassment for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

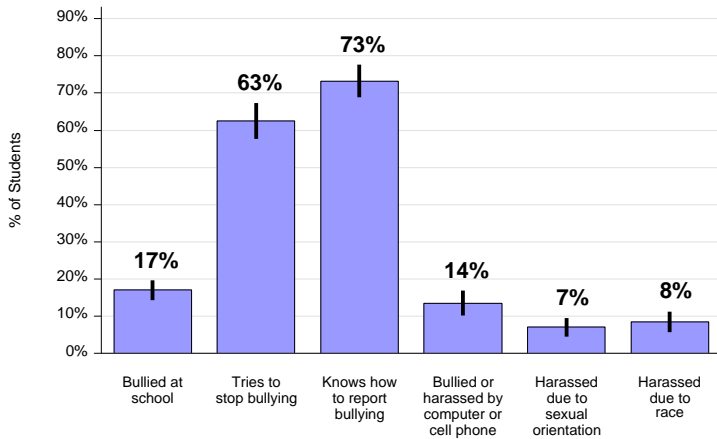
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- Bullying is intentional, repeated, negative behavior on the part of an aggressor or aggressors toward a target or targets. It also involves a perceived power imbalance of some kind.
- Students who report being bullied or harassed also report getting lower grades in school.
- Researchers have identified evidence-based programs which reduce bullying and harassment and help build positive school climates.

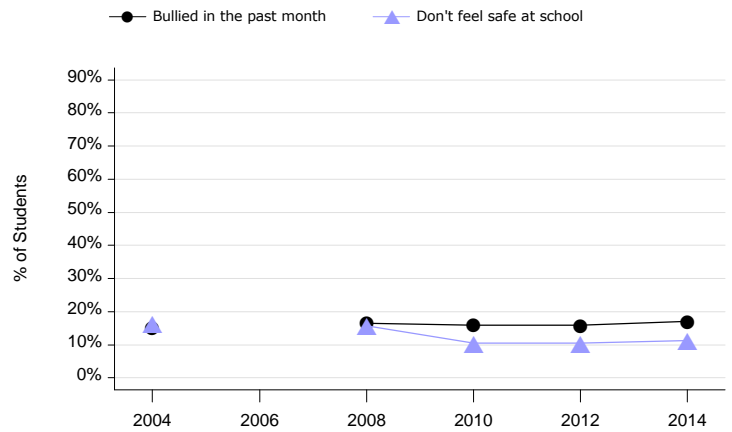
### For More Information:

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**Bullying and Harassment Grade 12, 2014**

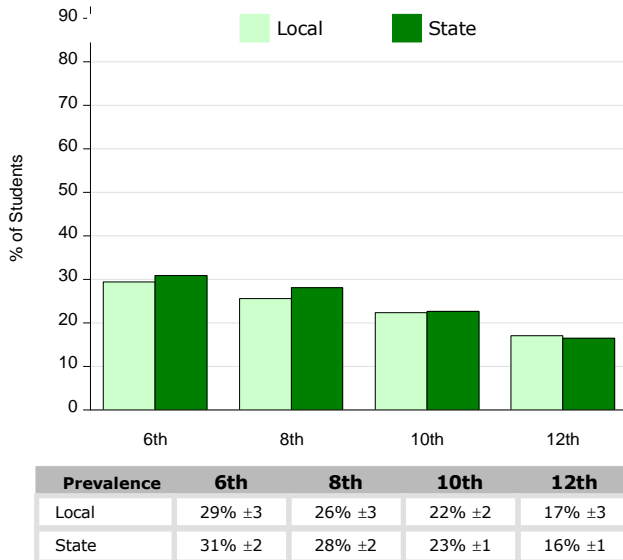


**Bullying and Harassment Trends, Grade 12**



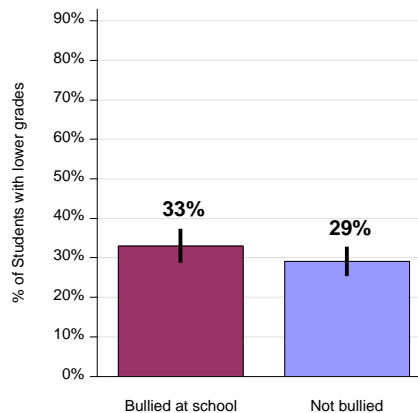
Prevalence	2004	2006	2008	2010	2012	2014
Bullied at school	15% ±3	S	16% ±3	16% ±2	16% ±2	17% ±3
Don't feel safe at school	17% ±3	S	16% ±2	10% ±2*	11% ±2	11% ±2

**Bullied in Past Month Compared to the State/All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	29% ±3	26% ±3	22% ±2	17% ±3
State	31% ±2	28% ±2	23% ±1	16% ±1

**Statewide Relationship between Lower Grades and Bullying Grade 12, 2014**



Statewide, more 12th graders who are bullied at school report lower grades in school (C's, D's or F's) compared to those who aren't bullied.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Unintentional Injury for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

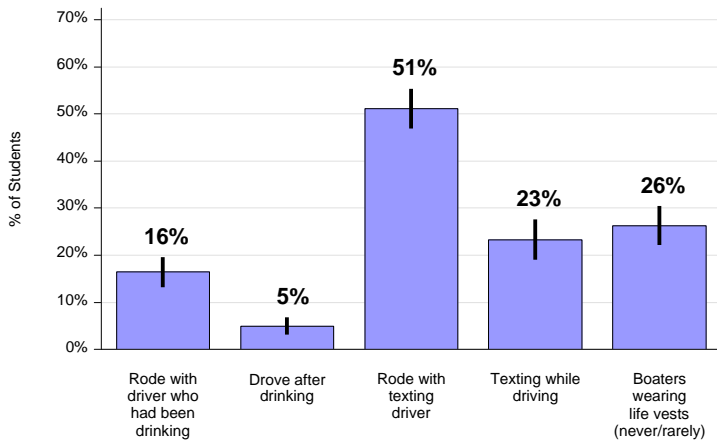
### Background:

- Unintentional injury is the leading cause of death among youth. Motor vehicle crashes are the most common cause.
- Unintentional injuries are caused by behaviors such as drinking and driving, riding with a drinking driver, riding a bike or motorcycle without a helmet, or not wearing a life jacket.
- Most unintentional injuries can be prevented. Alcohol and other substances impair one's judgment and may contribute to injuries and even death.

### For More Information:

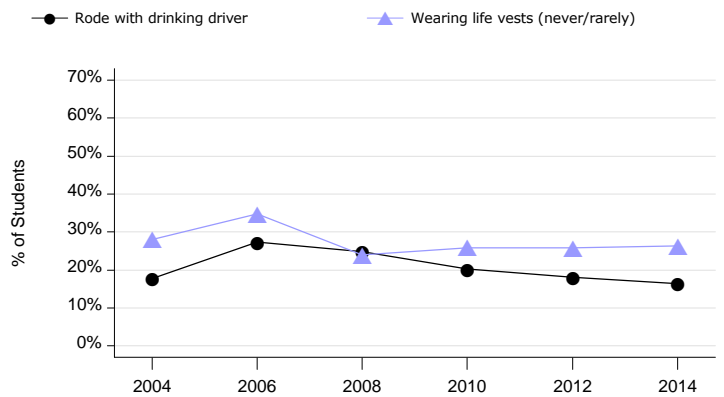
- Visit the Washington State Injury and Violence Prevention Website at: [www.doh.wa.gov/DataandStatisticalReports/InjuryViolenceandPoisoning](http://www.doh.wa.gov/DataandStatisticalReports/InjuryViolenceandPoisoning).

**Unintentional Injury  
Grade 10, 2014**



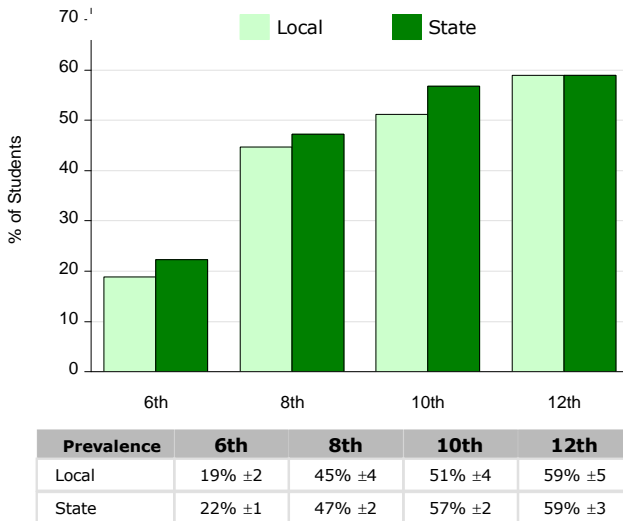
*In 2014, 51% of 10th graders in our school district rode with a driver who was either texting or emailing while driving.*

**Unintentional Injury Trends  
Grade 10**

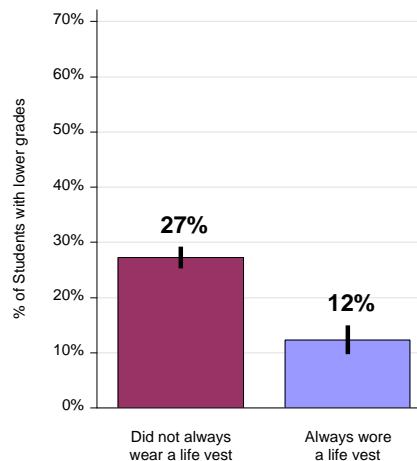


Prevalence	2004	2006	2008	2010	2012	2014
Rode with driver who had been drinking	18% ± 3	27% ± 4*	25% ± 3	20% ± 2*	18% ± 2	16% ± 3
Wearing life vests (never/rarely)	28% ± 4	35% ± 5*	24% ± 4*	26% ± 4	26% ± 4	26% ± 4

**Rode with Texting Driver  
Compared to the State, All Grades, 2014**



**Statewide Relationship between  
Boaters not Wearing Life Vest and  
Current (30-day) Alcohol Use  
Grade 10, 2014**



*Statewide, more 10th graders who did not always report using alcohol in the past 30 days compared to boaters who always wore a life vest.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Unintentional Injury for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

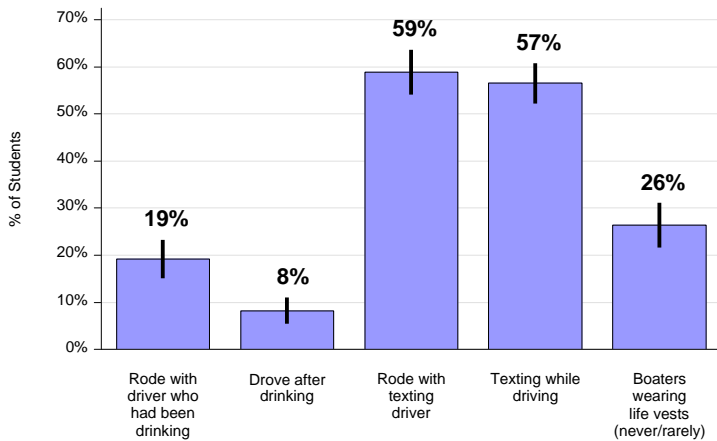
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- Unintentional injury is the leading cause of death among youth. Motor vehicle crashes are the most common cause.
- Unintentional injuries are caused by behaviors such as drinking and driving, riding with a drinking driver, riding a bike or motorcycle without a helmet, or not wearing a life jacket.
- Most unintentional injuries can be prevented. Alcohol and other substances impair one's judgment and may contribute to injuries and even death.

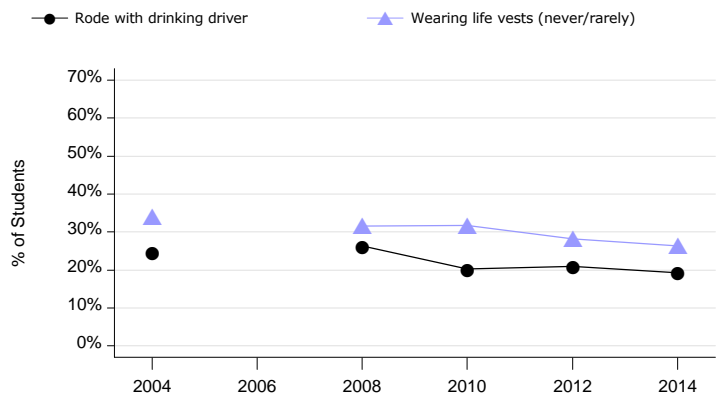
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**Unintentional Injury  
Grade 12, 2014**



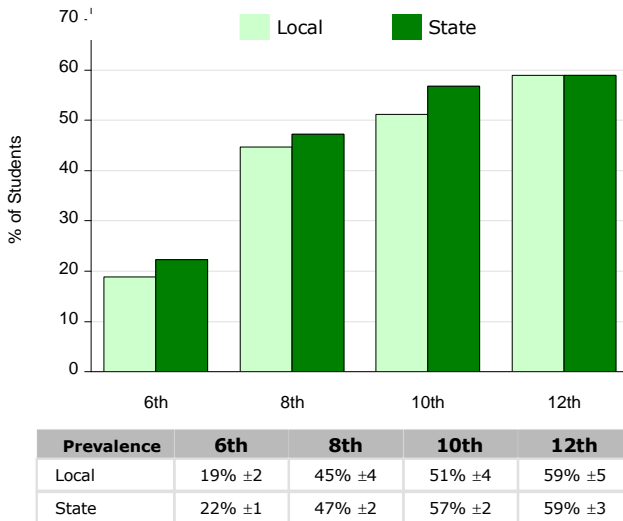
**Unintentional Injury Trends  
Grade 12**



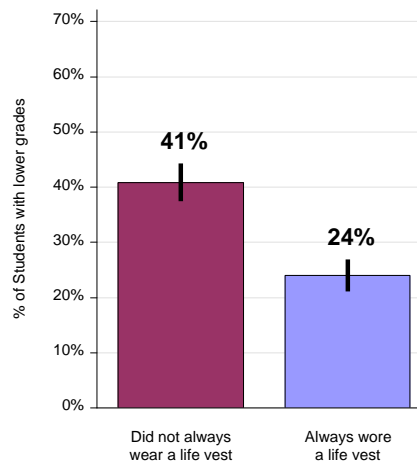
In 2014, 59% of 12th graders in our school district rode with a driver who was either texting or emailing while driving.

Prevalence	2004	2006	2008	2010	2012	2014
Rode with driver who had been drinking	25% ±5	S	26% ±4	20% ±2*	21% ±3	19% ±4
Wearing life vests (never/rarely)	34% ±6	S	32% ±5	32% ±5	28% ±5	26% ±5

**Rode with Texting Driver  
Compared to the State, All Grades, 2014**



**Statewide Relationship between  
Boaters not Wearing Life Vest and  
Current (30-day) Alcohol Use  
Grade 12, 2014**



Statewide, more 12th graders who did not always wear a life vest report using alcohol in the past 30 days compared to boaters who always wore a life vest.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
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# Healthy Youth Survey Fact Sheet

## Violent Behaviors and School Safety for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

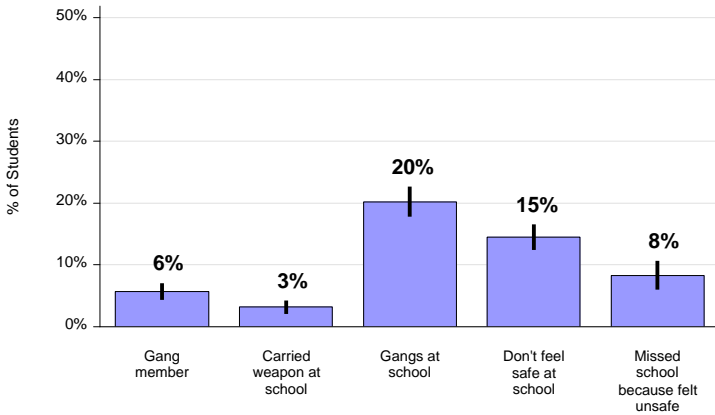
### Background:

- Creating a supportive learning environment is critical for student academic achievement.
- Researchers have identified best practice programs that can address negative student behaviors and build positive school culture.
- School safety requires the commitment of staff, students, parents and the community. Washington schools are required to have a comprehensive school safety plan that includes: prevention, intervention, all-hazards/crisis response, and post crisis recovery (RCW 28A.320.125).
- Schools referral systems that encourage students to report threats will help prevent violent incidents.

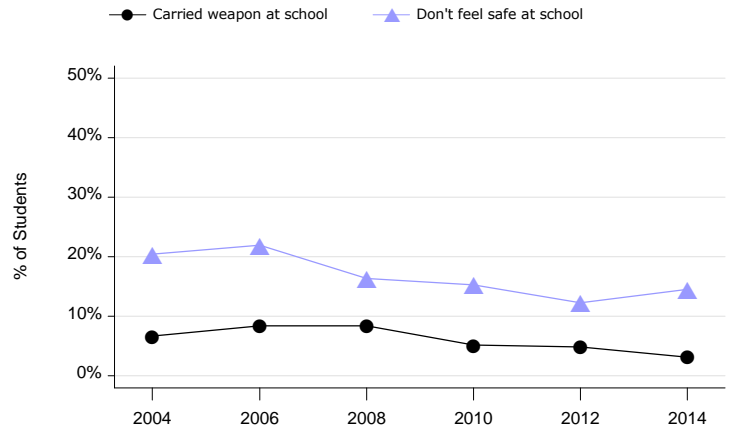
### For More Information:

- School Safety Center, the Office of Superintendent of Public Instruction: [www.k12.wa.us/safetycenter](http://www.k12.wa.us/safetycenter).
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**Violent Behavior and School Safety  
Grade 10, 2014**

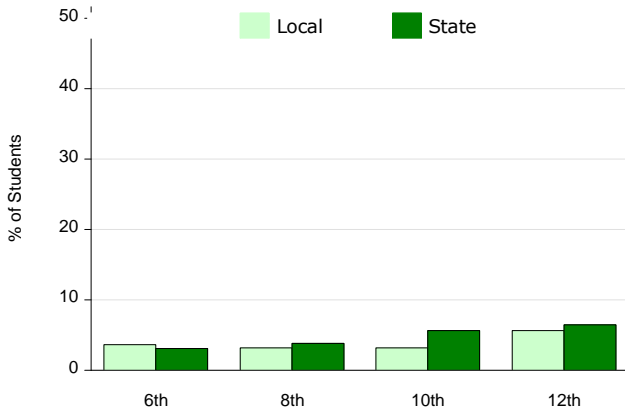


**Violent Behavior and School Safety Trends, Grade 10**



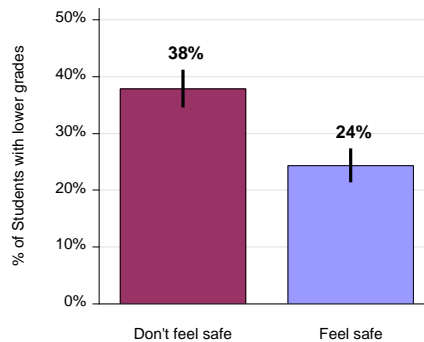
Prevalence	2004	2006	2008	2010	2012	2014
Carried weapon at school	7% ±2	8% ±2	8% ±2	5% ±1*	5% ±1	3% ±1*
Don't feel safe at school	20% ±2	22% ±3	16% ±2*	15% ±2	12% ±2*	15% ±2

**Carried a Weapon at School  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	4% ±1	3% ±1	3% ±1*	6% ±2
State	3% ±0	4% ±1	6% ±1	6% ±1

**Statewide Relationship between  
Lower Grades and  
Not Feeling Safe at School  
Grade 10, 2014**



*Statewide, more 10th graders who don't feel safe at school report lower grades in school (C's, D's or F's) compared to those who feel safe.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Violent Behaviors and School Safety for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

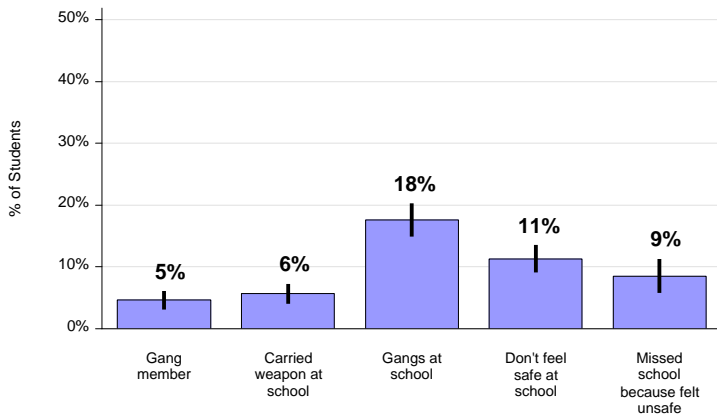
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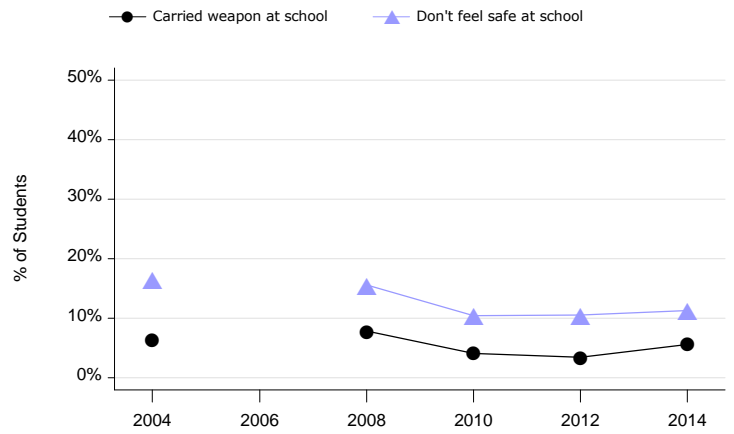
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**Violent Behavior and School Safety  
Grade 12, 2014**

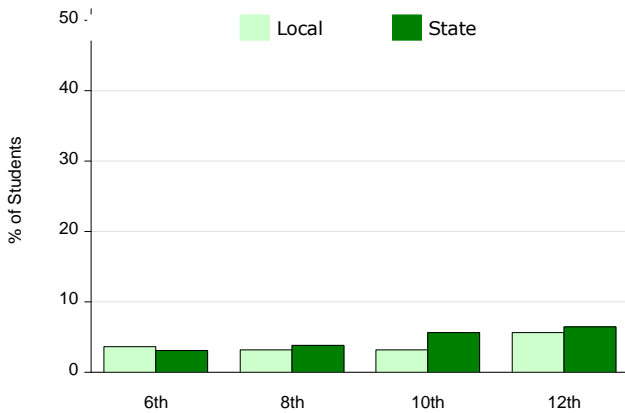


**Violent Behavior and School Safety Trends, Grade 12**



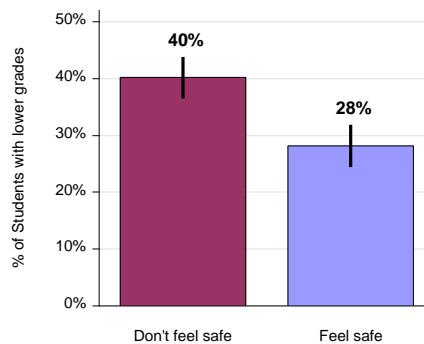
Prevalence	2004	2006	2008	2010	2012	2014
Carried weapon at school	6% ± 2	S	8% ± 2	4% ± 1*	3% ± 1	6% ± 2*
Don't feel safe at school	17% ± 3	S	16% ± 2	10% ± 2*	11% ± 2	11% ± 2

**Carried a Weapon at School  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	4% ± 1	3% ± 1	3% ± 1*	6% ± 2
State	3% ± 0	4% ± 1	6% ± 1	6% ± 1

**Statewide Relationship between  
Lower Grades and  
Not Feeling Safe at School  
Grade 12, 2014**



*Statewide, more 12th graders who don't feel safe at school report lower grades in school (C's, D's or F's) compared to those who feel safe.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Community Protective Factors for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

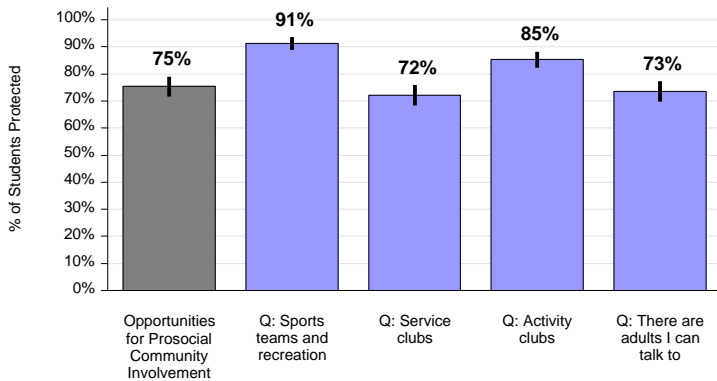
### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance abuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students protected,” which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- *Protective factors in the community environment are those that offer the youth opportunities and rewards for participating in positive and healthy activities.*

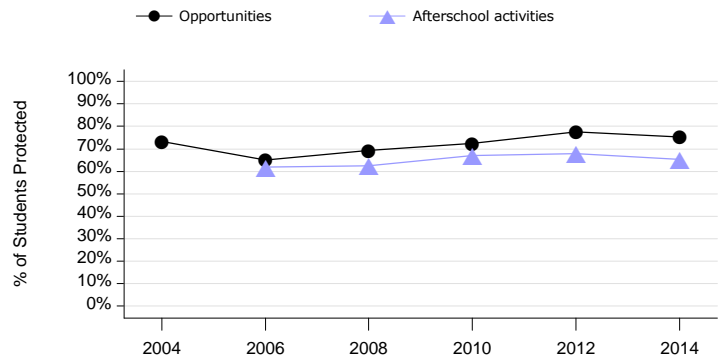
### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more about prevention coalitions in your area and how to get involved, go to the Start Talking Now website: [www.StartTalkingNow.org](http://www.StartTalkingNow.org)
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [www.ADAIClearingHouse.org](http://www.ADAIClearingHouse.org) or call (206) 221-8325.
- For prevention tips and other online resources visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org) and [www.DrugFree.org](http://www.DrugFree.org).
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

**Protective Factor: Opportunities for Prosocial Community Involvement with Component Questions (Q)**  
Grade 10, 2014

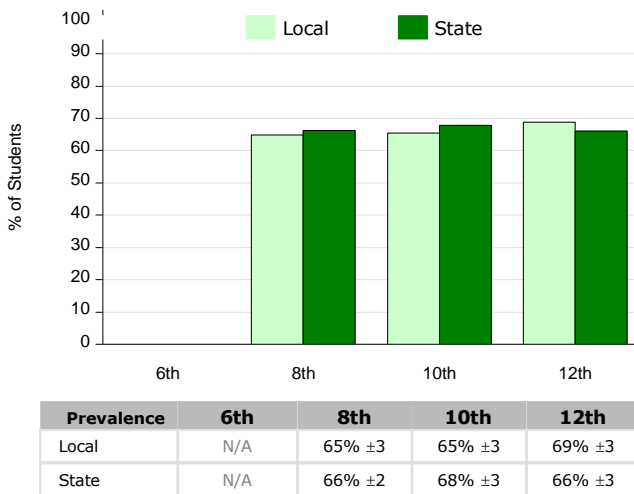


**Community Protective Factor and Afterschool Activity Trends**  
Grade 10, 2014

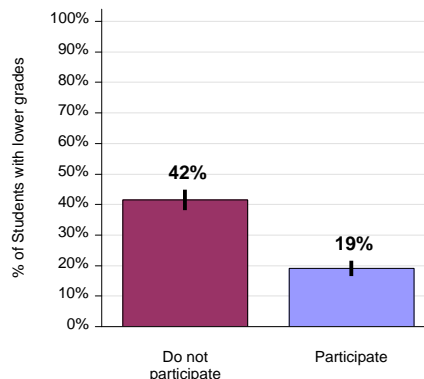


Prevalence	2004	2006	2008	2010	2012	2014
Opportunities	73% ±4	65% ±4*	69% ±4	72% ±4	77% ±4	75% ±4
Participation in afterschool activities	N/S	62% ±3	63% ±3	67% ±3*	68% ±3	65% ±3

**Participate in Afterschool Activities**  
All Grades, 2014



**Statewide Relationship between Lower Grades and Participation in Afterschool Activities**  
Grade 10, 2014



*Statewide, more 10th graders who do not participate in after-school activities report lower grades in school (C's, D's or F's) compared to those who do participate.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
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# Healthy Youth Survey Fact Sheet

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Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

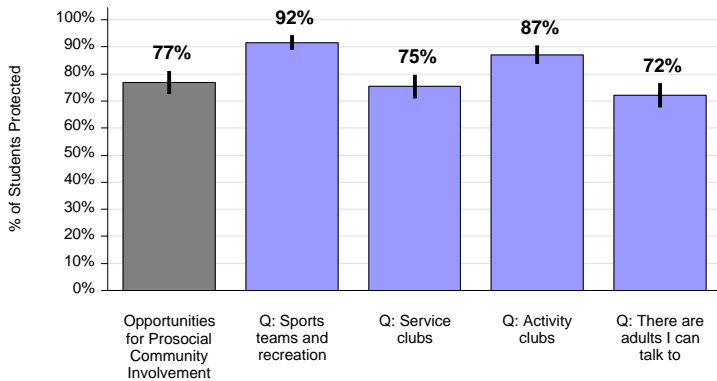
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- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students protected,” which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- *Protective factors in the community environment are those that offer the youth opportunities and rewards for participating in positive and healthy activities.*

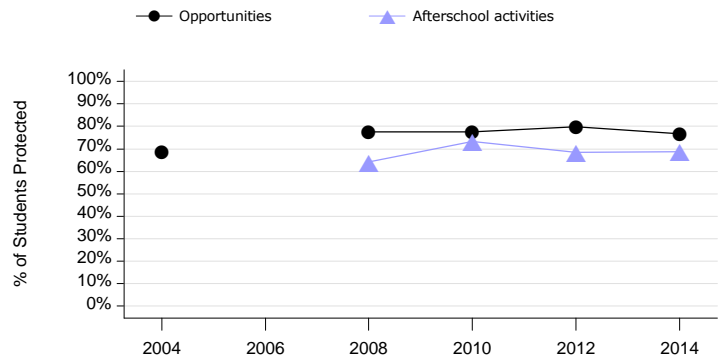
### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more about prevention coalitions in your area and how to get involved, go to the Start Talking Now website: [www.StartTalkingNow.org](http://www.StartTalkingNow.org)
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**Protective Factor: Opportunities for Prosocial Community Involvement with Component Questions (Q)**  
Grade 12, 2014

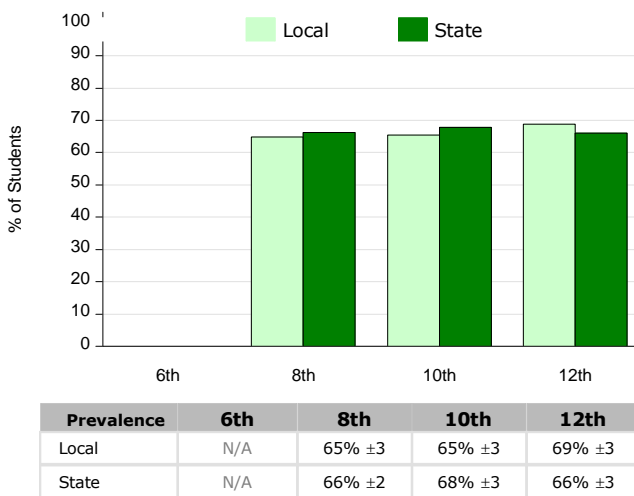


**Community Protective Factor and Afterschool Activity Trends**  
Grade 12, 2014

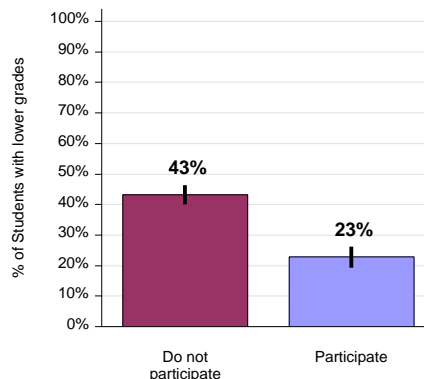


Prevalence	2004	2006	2008	2010	2012	2014
Opportunities	69% ±5	S	77% ±4*	77% ±3	80% ±4	77% ±4
Participation in afterschool activities	N/S	S	64% ±3	73% ±3*	68% ±3*	69% ±3

**Participate in Afterschool Activities**  
All Grades, 2014



**Statewide Relationship between Lower Grades and Participation in Afterschool Activities**  
Grade 12, 2014



*Statewide, more 12th graders who do not participate in after-school activities report lower grades in school (C's, D's or F's) compared to those who do participate.*

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\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05





# Healthy Youth Survey Fact Sheet

## Community Risk Factors for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

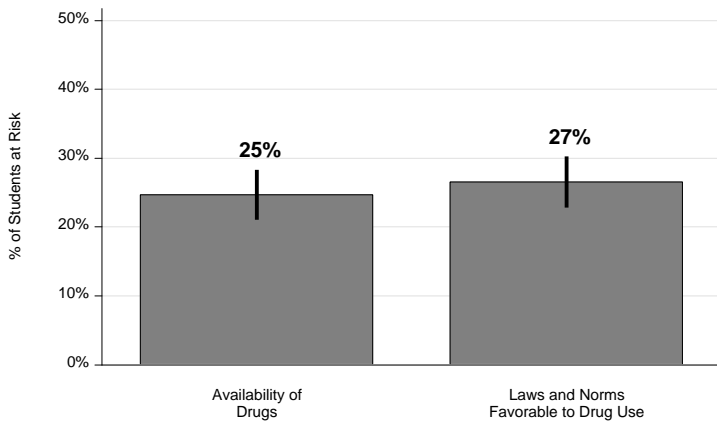
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- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students at risk," which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- Risk factors in the **community environment** point to youth perceptions of local attitudes, beliefs, and standards: if youth *perceive* people in the community look the other way when kids are using substances, the youth have a higher likelihood of being substance users – that is, they are "at risk."

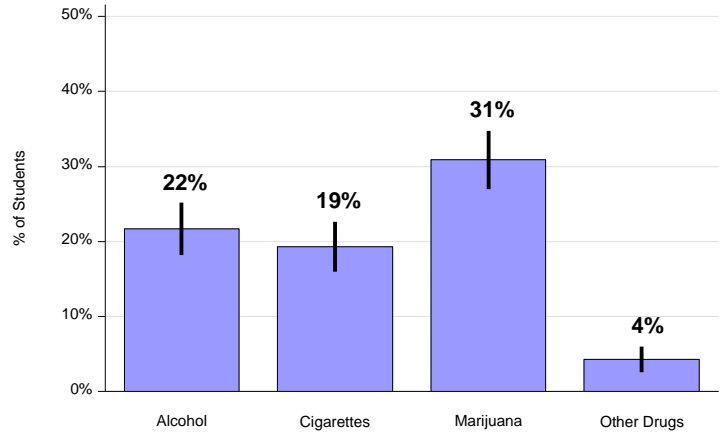
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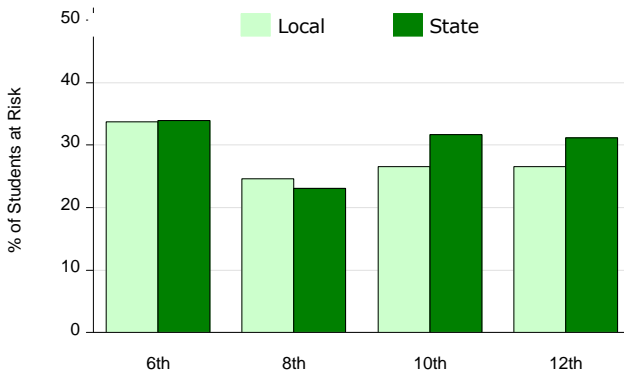
**Risk Factors: Availability of Drugs and Laws and Norms Favorable to Drug Use**  
Grade 10, 2014



**Substances Perceived as "Very Easy" to Get**  
Grade 10, 2014

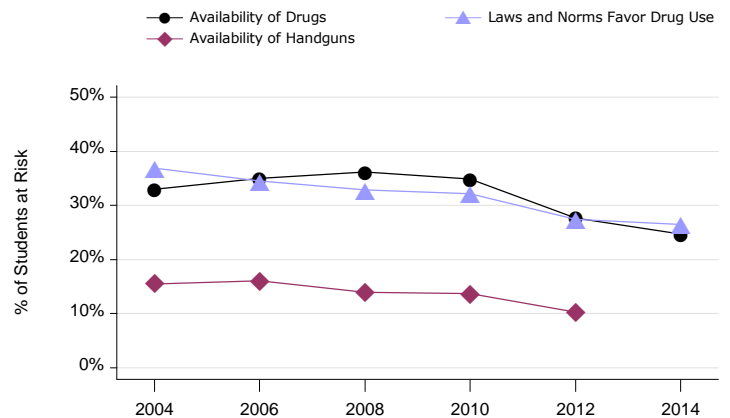


**Risk Factor: Laws and Norms Favorable to Drug Use**  
All Grades, 2014



Prevalence	6th	8th	10th	12th
Local	34% ±3	25% ±4	27% ±4*	27% ±4
State	34% ±2	23% ±2	32% ±3	31% ±2

**Community Risk Factor Trends, Grade 10**



Prevalence	2004	2006	2008	2010	2012	2014
Availability of Drugs	33% ±4	35% ±4	36% ±4	35% ±4	28% ±4*	25% ±4
Laws and Norms Favor Drug Use	37% ±4	34% ±4	33% ±4	32% ±4	27% ±4	27% ±4
Availability of Handguns	15% ±3	16% ±3	14% ±3	14% ±3	10% ±3	N/S

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Community Risk Factors for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

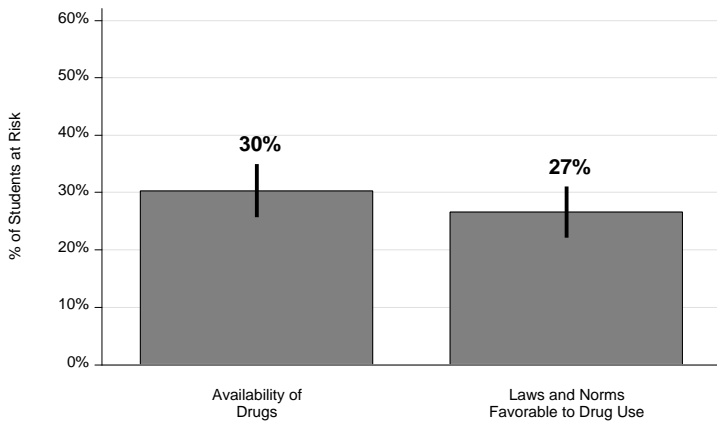
### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance abuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each "factor" in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the "percent of students at risk," which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- Risk factors in the **community environment** point to youth perceptions of local attitudes, beliefs, and standards: if youth *perceive* people in the community look the other way when kids are using substances, the youth have a higher likelihood of being substance users – that is, they are "at risk."

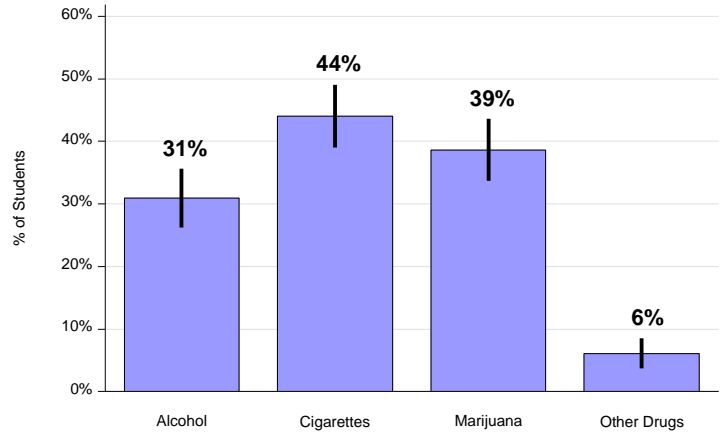
### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more about prevention coalitions in your area and how to get involved, go to the Start Talking Now website: [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
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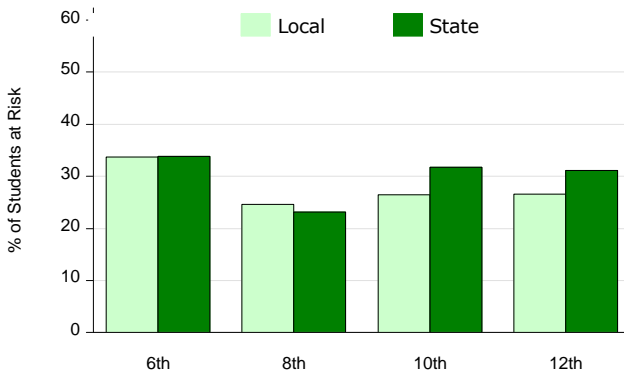
**Risk Factors: Availability of Drugs and Laws and Norms Favorable to Drug Use**  
Grade 12, 2014



**Substances Perceived as "Very Easy" to Get**  
Grade 12, 2014

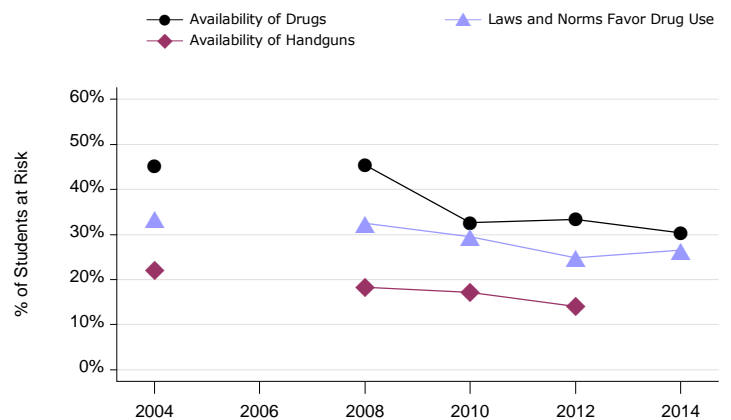


**Risk Factor: Laws and Norms Favorable to Drug Use**  
All Grades, 2014



Prevalence	6th	8th	10th	12th
Local	34% ±3	25% ±4	27% ±4*	27% ±4
State	34% ±2	23% ±2	32% ±3	31% ±2

**Community Risk Factor Trends, Grade 12**



Prevalence	2004	2006	2008	2010	2012	2014
Availability of Drugs	45% ±5	S	45% ±5	33% ±4*	33% ±4	30% ±5
Laws and Norms Favor Drug Use	33% ±5	S	32% ±5	30% ±4	25% ±4	27% ±4
Availability of Handguns	22% ±4	S	18% ±4	17% ±3	14% ±3	N/S

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
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# Healthy Youth Survey Fact Sheet

## School Risk Factors for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

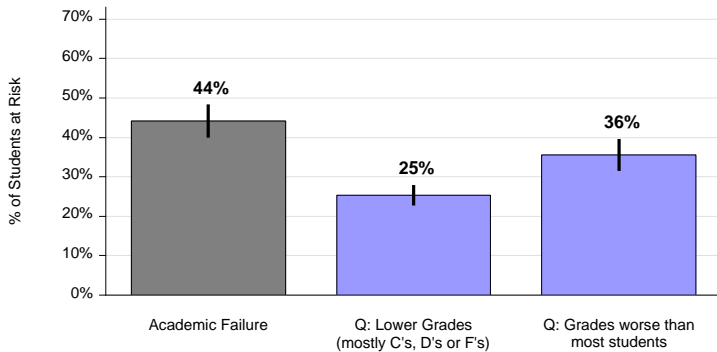
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- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students at risk,” which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- *Risk factors in the school environment are those perceptions related to connection and commitment to school. Kids who are not doing well academically, or who don't believe that school is important, are likely to feel less connected and less committed to school and likely to be those same kids who are experimenting with drugs, or having trouble with depression.*
- Researchers have identified best practice programs that can decrease risk factors and build supportive school culture.

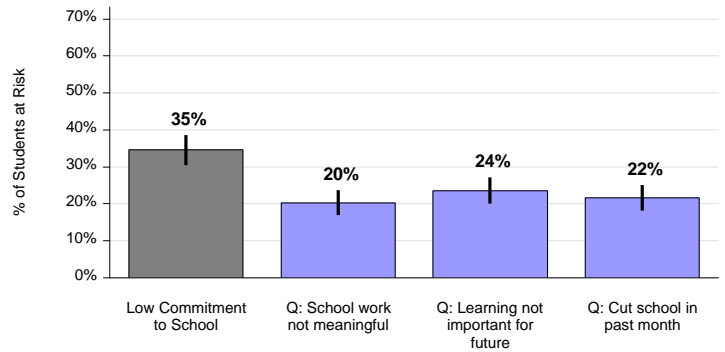
### For More Information:

- Information about supportive learning environments, sponsored by the Office of Superintendent of Public Instruction visit [www.k12.wa.us/LearningTeachingSupport](http://www.k12.wa.us/LearningTeachingSupport).
- For information about the associations between Risk and Protective Factors and problem behaviors visit [www.oasas.ny.gov/prevention/documents/RiskProtFactors2011.pdf](http://www.oasas.ny.gov/prevention/documents/RiskProtFactors2011.pdf).
- Parents can find definitions for Risk and Protective Factors at [www.oasas.ny.gov/prevention/documents/RPFactorDictionary07.pdf](http://www.oasas.ny.gov/prevention/documents/RPFactorDictionary07.pdf).
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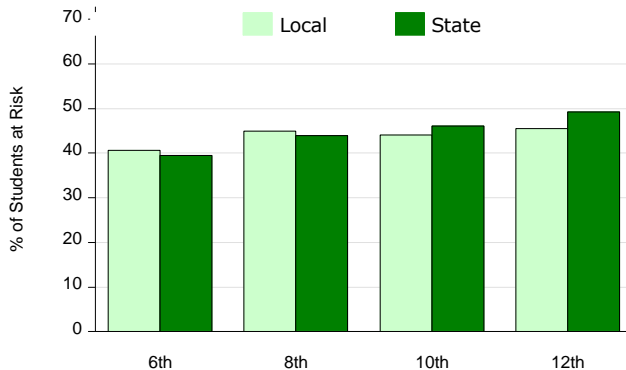
**Risk Factor: Academic Failure with Component Questions (Q:) Grade 10, 2014**



**Risk Factor: Low Commitment to School with Component Questions (Q:) Grade 10, 2014**

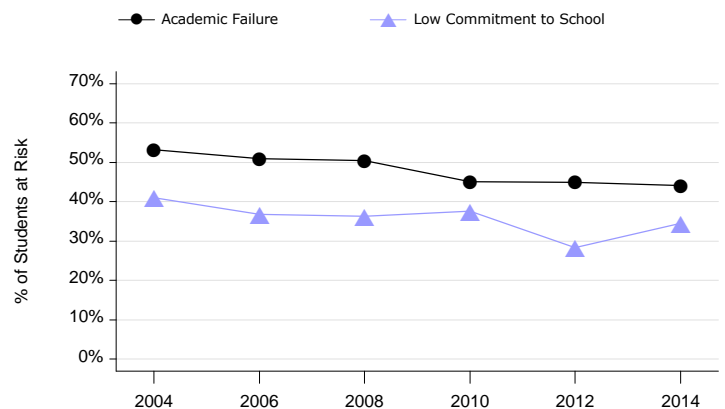


**Academic Failure (RF) All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	41% ±3	45% ±4	44% ±4	46% ±5
State	40% ±2	44% ±2	46% ±3	49% ±3

**School Risk Factor Trends, Grade 10**



Prevalence	2004	2006	2008	2010	2012	2014
Academic Failure	53% ±4	51% ±4	50% ±4	45% ±4	45% ±4	44% ±4
Low Commitment to School	41% ±4	37% ±4	36% ±4	38% ±4	28% ±4*	35% ±4*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## School Risk Factors for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

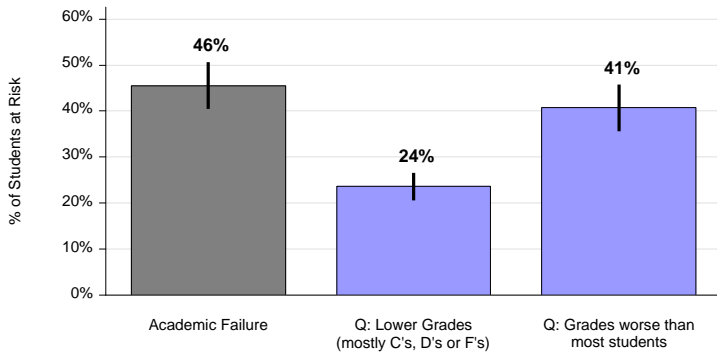
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- Researchers have identified best practice programs that can decrease risk factors and build supportive school culture.

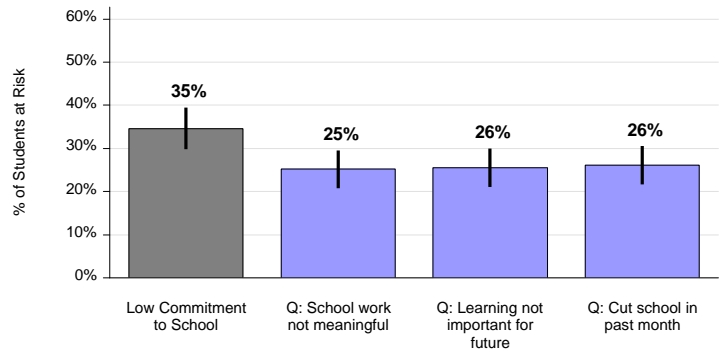
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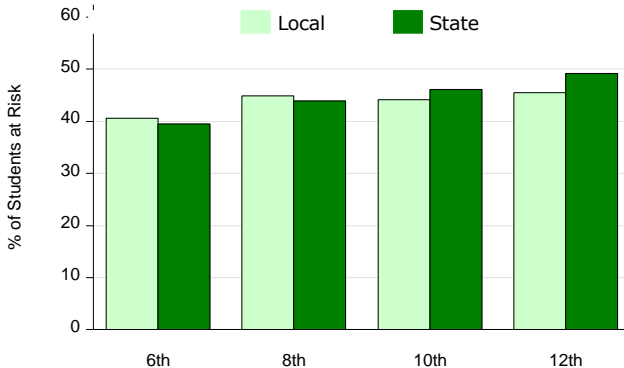
**Risk Factor: Academic Failure with Component Questions (Q:) Grade 12, 2014**



**Risk Factor: Low Commitment to School with Component Questions (Q:) Grade 12, 2014**

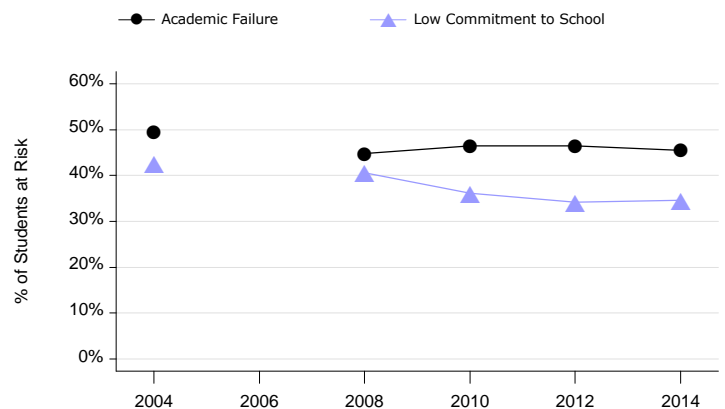


**Academic Failure (RF) All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	41% ±3	45% ±4	44% ±4	46% ±5
State	40% ±2	44% ±2	46% ±3	49% ±3

**School Risk Factor Trends, Grade 12**



Prevalence	2004	2006	2008	2010	2012	2014
Academic Failure	49% ±5	S	45% ±5	46% ±4	46% ±5	46% ±5
Low Commitment to School	43% ±5	S	41% ±5	36% ±4	34% ±4	35% ±5

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Peer-Individual Risk Factors

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

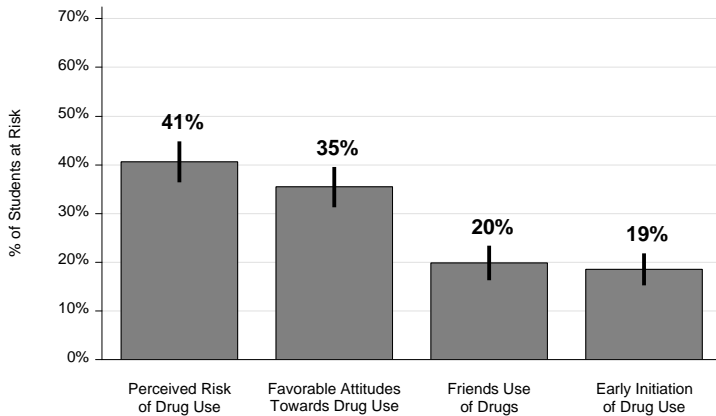
### Background:

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- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students at risk,” which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- *Risk factors in the peer and individual domain include attitudes youth have about substance use as well as the behaviors of their friends.*

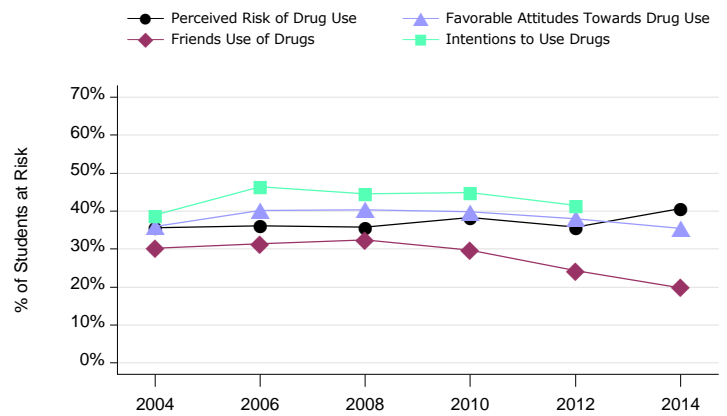
### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more about prevention coalitions in your area and how to get involved, go to the Start Talking Now website: [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [www.adaiclearinghouse.org](http://www.adaiclearinghouse.org) or call (206) 221-8325.
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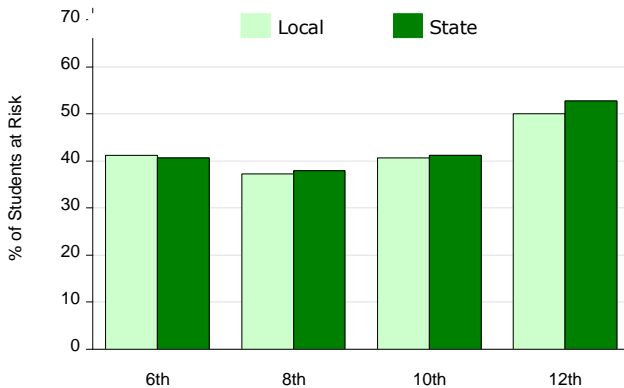
**Peer-Individual Risk Factors  
Grade 10, 2014**



**Peer-Individual Risk Factor Trends  
Grade 10**



**Risk Factor: Perceived Risk of Drug Use  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	41% ±3	37% ±4	41% ±4	50% ±5
State	41% ±2	38% ±4	41% ±3	53% ±2

Prevalence	2004	2006	2008	2010	2012	2014
Perceived Risk of Drug Use	36% ±4	36% ±4	36% ±4	38% ±4	36% ±4	41% ±4
Favorable Attitudes Towards Drug Use	36% ±4	40% ±4	40% ±4	40% ±4	38% ±4	35% ±4
Friends Use of Drugs	30% ±4	31% ±4	32% ±4	30% ±4	24% ±4*	20% ±3
Intentions to Use Drugs	39% ±5	46% ±5*	44% ±4	45% ±4	41% ±4	N/S

*In 2014, 35% of 10th graders in our school district were at risk for favorable attitudes towards drugs.*

*From 2012 to 2014, there has been no change in the perceived risk of drug use among 10th graders in our school district.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Peer-Individual Risk Factors

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

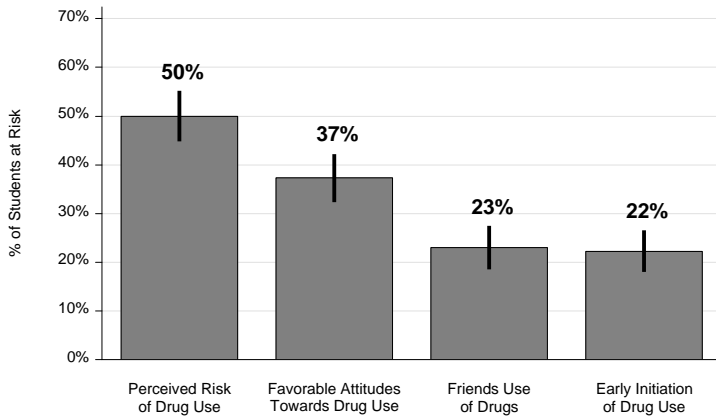
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- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students at risk,” which is defined as the percent of students whose scores were above a risk cutpoint determined by UW researchers. We also report some of the individual questions.
- *Risk factors in the peer and individual domain include attitudes youth have about substance use as well as the behaviors of their friends.*

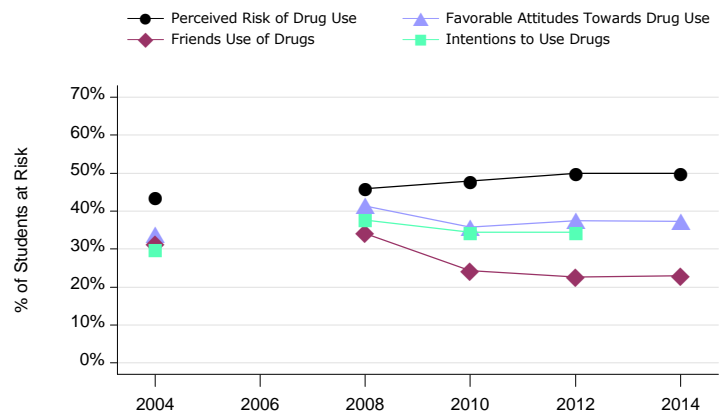
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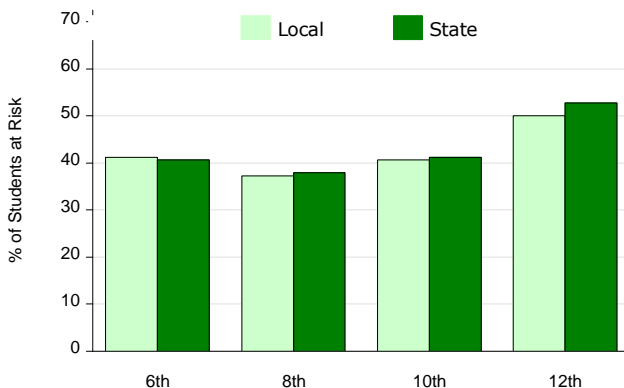
**Peer-Individual Risk Factors  
Grade 12, 2014**



**Peer-Individual Risk Factor Trends  
Grade 12**



**Risk Factor: Perceived Risk of Drug Use  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	41% ±3	37% ±4	41% ±4	50% ±5
State	41% ±2	38% ±4	41% ±3	53% ±2

Prevalence	2004	2006	2008	2010	2012	2014
Perceived Risk of Drug Use	44% ±5	S	46% ±5*	48% ±4	50% ±5	50% ±5
Favorable Attitudes Towards Drug Use	34% ±5	S	41% ±5	36% ±4	37% ±5	37% ±5
Friends Use of Drugs	31% ±5	S	34% ±5	24% ±4*	23% ±4	23% ±4
Intentions to Use Drugs	30% ±5	S	38% ±5*	34% ±4	34% ±5	N/S

*In 2014, 37% of 12th graders in our school district were at risk for favorable attitudes towards drugs.*

*From 2012 to 2014, there has been no change in the perceived risk of drug use among 12th graders in our school district.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Peer-Individual Protective Factors for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

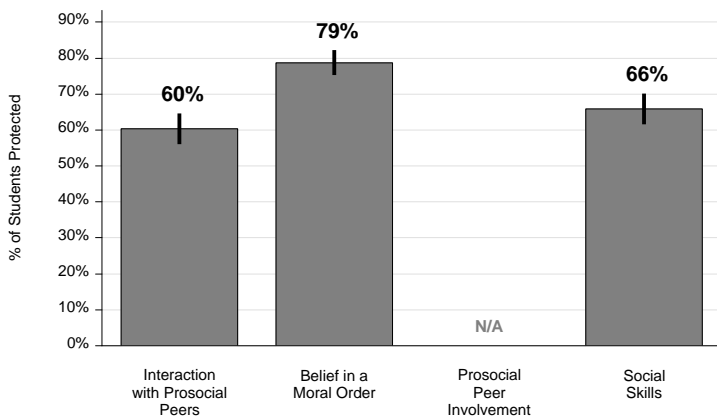
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- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students protected,” which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- *Protective factors in the peer and individual domain point to the choices youth make about their friends and the skills they have at getting along in a positive social world.*

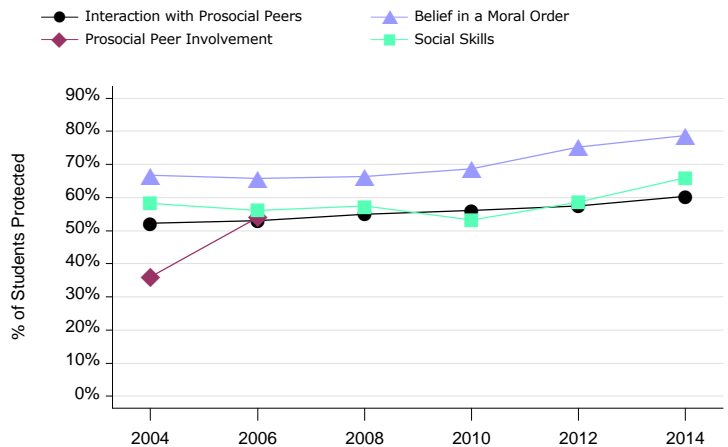
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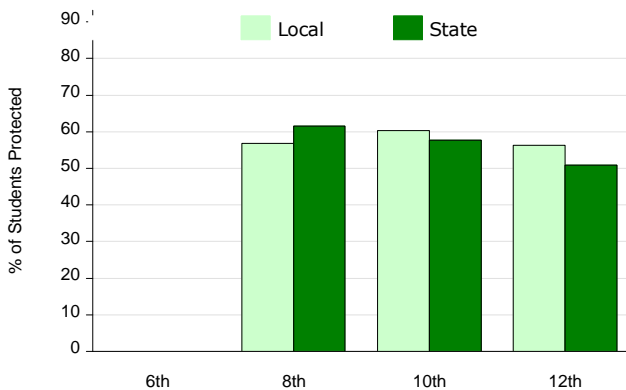
Peer-Individual Protective Factors Grade 10, 2014



Peer-Individual Protective Factor Trends, Grade 10



Protective Factor: Interaction with Prosocial Peers All Grades, 2014



Prevalence	6th	8th	10th	12th
Local	N/A	57% ± 5	60% ± 4	56% ± 5
State	N/A	62% ± 3	58% ± 3	51% ± 3

Prevalence	2004	2006	2008	2010	2012	2014
Interaction with Prosocial Peers	52% ± 5	53% ± 5	55% ± 4	56% ± 4	57% ± 4	60% ± 4
Belief in a Moral Order	67% ± 4	66% ± 4	66% ± 4	69% ± 4	75% ± 4*	79% ± 3
Prosocial Peer Involvement	36% ± 4	54% ± 4*	N/A	N/A	N/A	N/A
Social Skills	58% ± 4	56% ± 4	57% ± 4	53% ± 4	59% ± 4	66% ± 4*

In 2014, 60% of 10th graders in our school district were protected by interactions with prosocial peers.

From 2012 to 2014, there has been no change in protection by interactions with prosocial peers among 10th graders in our school district.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05





# Healthy Youth Survey Fact Sheet

## Peer-Individual Protective Factors for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

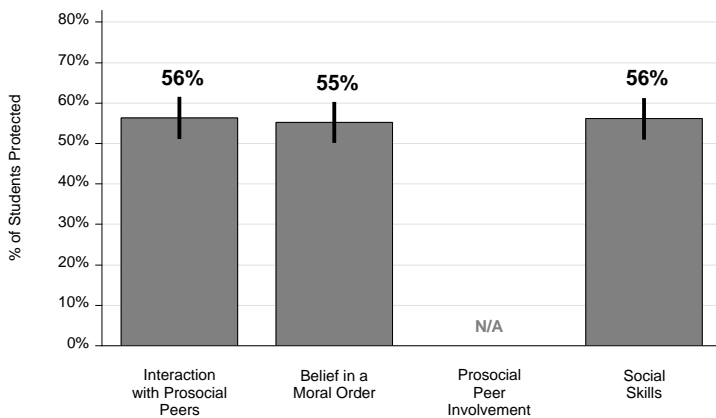
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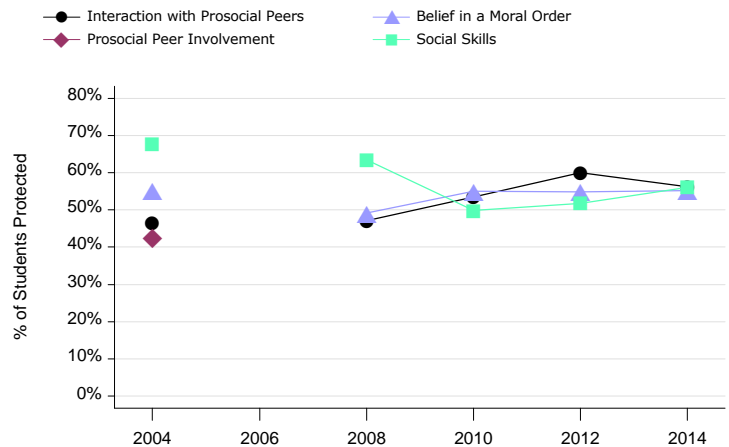
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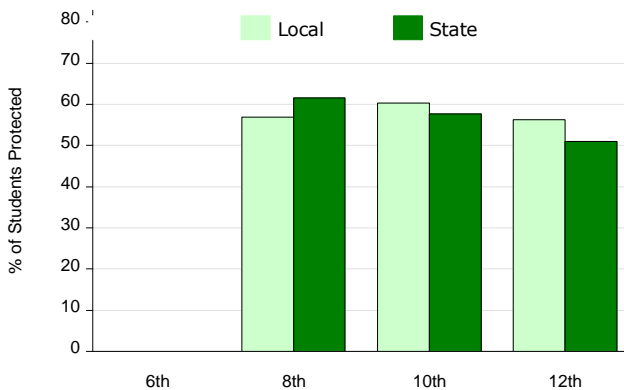
Peer-Individual Protective Factors  
Grade 12, 2014



Peer-Individual Protective Factor Trends, Grade 12



Protective Factor: Interaction with Prosocial Peers  
All Grades, 2014



Prevalence	6th	8th	10th	12th
Local	N/A	57% ±5	60% ±4	56% ±5
State	N/A	62% ±3	58% ±3	51% ±3

Prevalence	2004	2006	2008	2010	2012	2014
Interaction with Prosocial Peers	46% ±6	S	47% ±5	54% ±4	60% ±5*	56% ±5
Belief in a Moral Order	55% ±5	S	49% ±5*	55% ±4	55% ±5	55% ±5
Prosocial Peer Involvement	42% ±5	S	N/A	N/A	N/A	N/A
Social Skills	68% ±5	S	63% ±5	50% ±4*	52% ±5	56% ±5

*In 2014, 56% of 12th graders in our school district were protected by interactions with prosocial peers.*

*From 2012 to 2014, there has been no change in protection by interactions with prosocial peers among 12th graders in our school district.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05





# Healthy Youth Survey Fact Sheet

## School Protective Factors for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

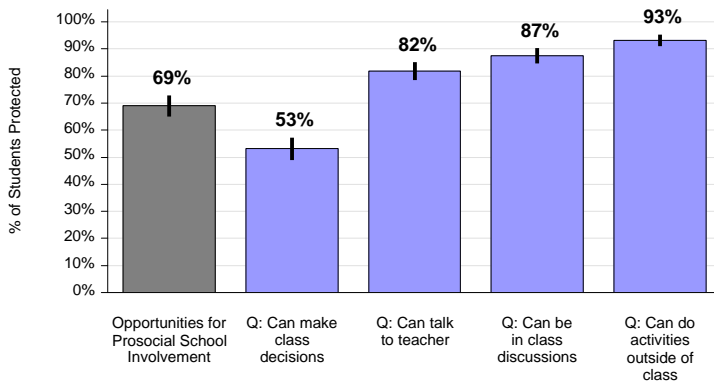
### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance abuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students protected,” which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- *Protective factors in the school environment are those that provide youth the opportunities to participate in meaningful ways, and to experience the rewards of doing so.*

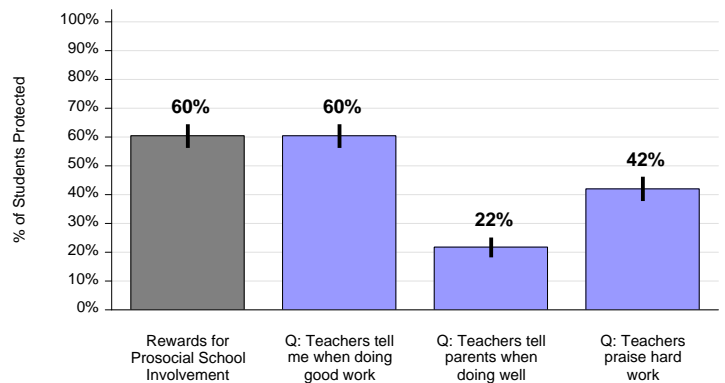
### For More Information:

- Information about supportive learning environments, sponsored by the Office of Superintendent of Public Instruction visit [www.k12.wa.us/LearningTeachingSupport](http://www.k12.wa.us/LearningTeachingSupport).
- For information about the associations between Risk and Protective Factors and problem behaviors visit [www.oasas.ny.gov/prevention/documents/RiskProtFactors2011.pdf](http://www.oasas.ny.gov/prevention/documents/RiskProtFactors2011.pdf).
- Parents can find definitions for Risk and Protective Factors at [www.oasas.ny.gov/prevention/documents/RPFactorDictionary07.pdf](http://www.oasas.ny.gov/prevention/documents/RPFactorDictionary07.pdf).
- For local Risk Factor profiles go to [www.dshs.wa.gov/rda/research/Risk.shtm](http://www.dshs.wa.gov/rda/research/Risk.shtm).

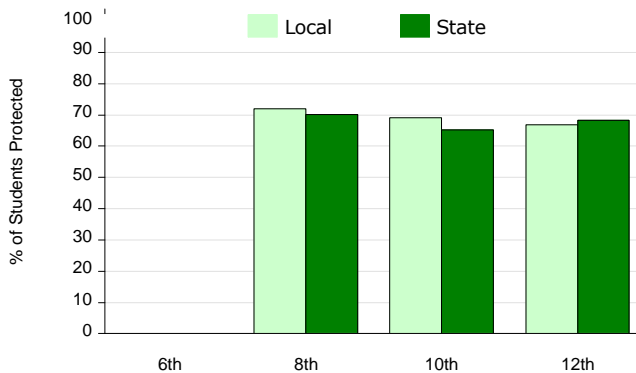
**Protective Factor: Opportunities for Prosocial School Involvement with Component Questions (Q:) Grade 10, 2014**



**Protective Factor: Rewards for Prosocial School Involvement with Component Questions (Q:) Grade 10, 2014**

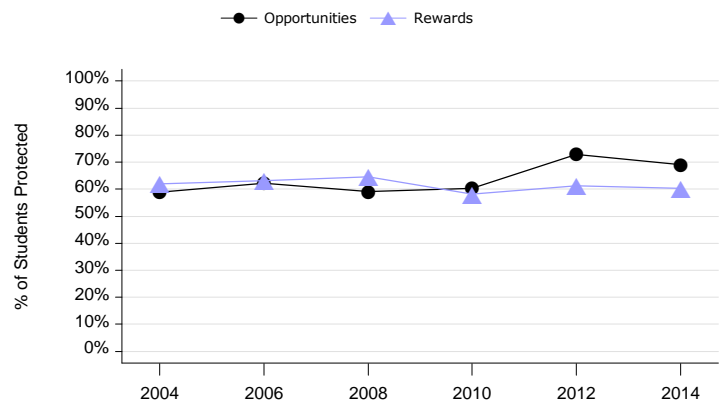


**Protective Factor: Opportunities for Prosocial Involvement Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	N/A	72% ±4	69% ±4	67% ±5
State	N/A	70% ±2	65% ±3	68% ±3

**School Protective Factor Trends, Grade 10**



Prevalence	2004	2006	2008	2010	2012	2014
Opportunities	59% ±4	62% ±4	59% ±4	60% ±4	73% ±4*	69% ±4
Rewards	62% ±4	63% ±4	64% ±4	58% ±4*	61% ±4	60% ±4

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## School Protective Factors for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

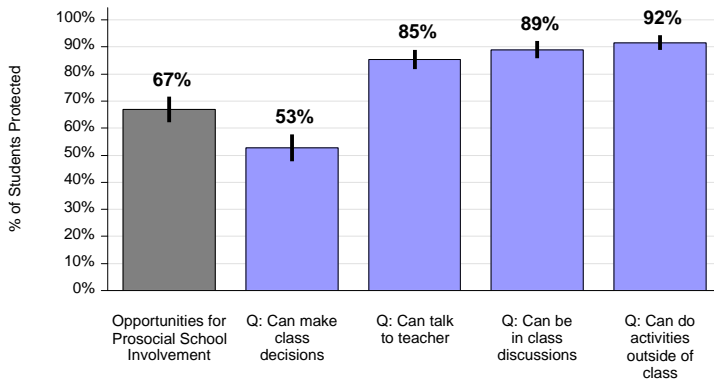
### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance abuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students protected,” which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- *Protective factors in the school environment are those that provide youth the opportunities to participate in meaningful ways, and to experience the rewards of doing so.*

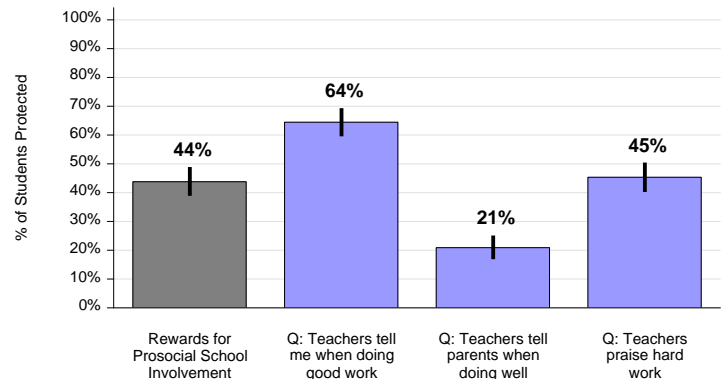
### For More Information:

- Information about supportive learning environments, sponsored by the Office of Superintendent of Public Instruction visit [www.k12.wa.us/LearningTeachingSupport](http://www.k12.wa.us/LearningTeachingSupport).
- For information about the associations between Risk and Protective Factors and problem behaviors visit [www.oasas.ny.gov/prevention/documents/RiskProtFactors2011.pdf](http://www.oasas.ny.gov/prevention/documents/RiskProtFactors2011.pdf).
- Parents can find definitions for Risk and Protective Factors at [www.oasas.ny.gov/prevention/documents/RPFactorDictionary07.pdf](http://www.oasas.ny.gov/prevention/documents/RPFactorDictionary07.pdf).
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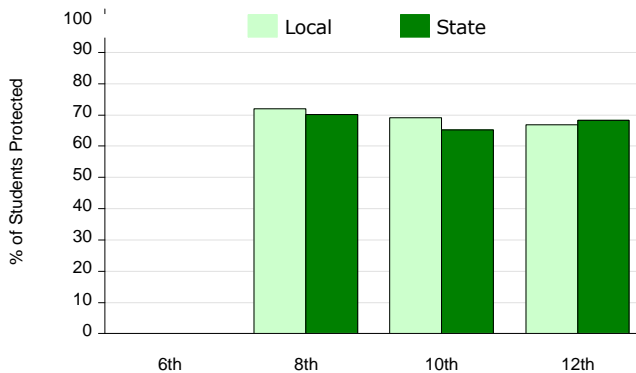
**Protective Factor: Opportunities for Prosocial School Involvement with Component Questions (Q:) Grade 12, 2014**



**Protective Factor: Rewards for Prosocial School Involvement with Component Questions (Q:) Grade 12, 2014**

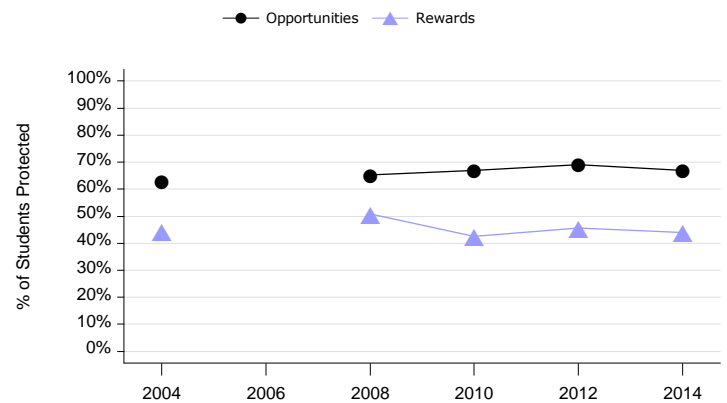


**Protective Factor: Opportunities for Prosocial Involvement Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	N/A	72% ±4	69% ±4	67% ±5
State	N/A	70% ±2	65% ±3	68% ±3

**School Protective Factor Trends, Grade 12**



Prevalence	2004	2006	2008	2010	2012	2014
Opportunities	63% ±5	S	65% ±5	67% ±4	69% ±4	67% ±5
Rewards	44% ±5	S	51% ±5	43% ±4*	46% ±5	44% ±5

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Dietary Behaviors for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

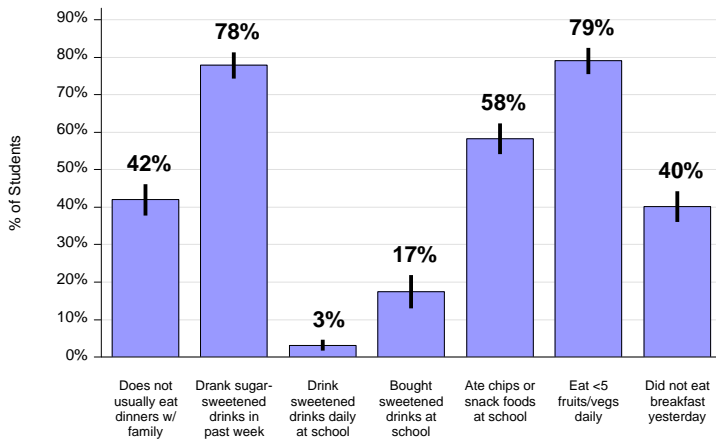
### Background:

- A nutritious diet can reduce major risk factors for chronic disease such as obesity, high blood pressure, diabetes, and high blood cholesterol.
- Poor nutrition has the potential to affect the growth, development, health status and academic achievement of children and adolescents.
- Individual food choices are made within the context of the family and the community.
- In order to be able to choose a nutritious diet, an affordable supply of health-promoting foods must be available.

### For More Information:

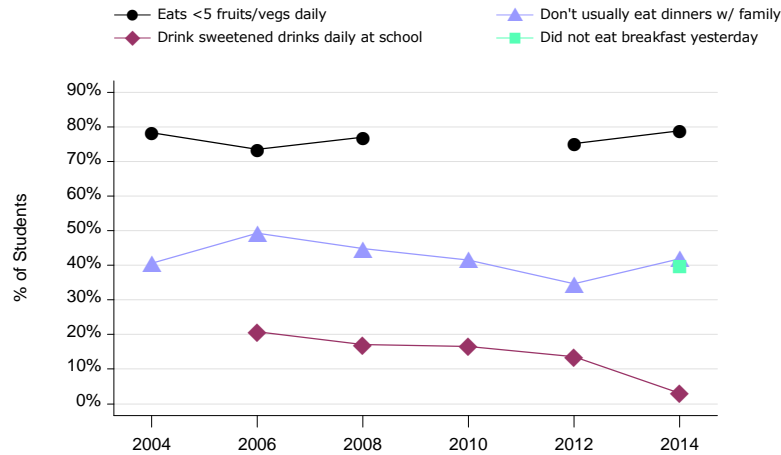
- Visit the Washington State Healthy Eating Active Living Program website: [www.doh.wa.gov](http://www.doh.wa.gov).

**Dietary Behaviors  
Grade 10, 2014**



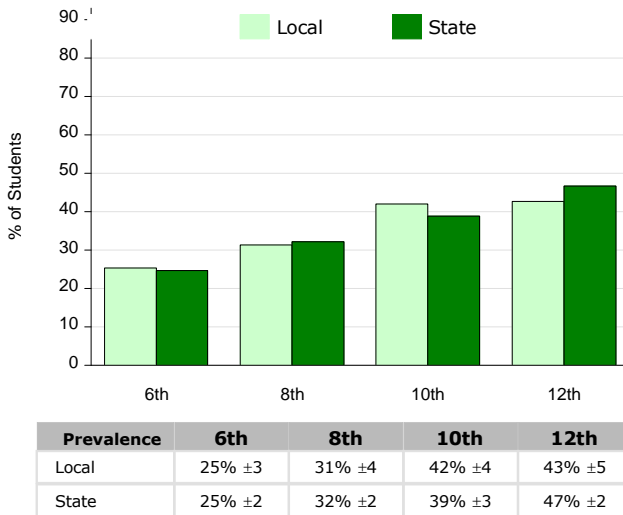
*In 2014, 42% of 10th graders in our school district don't usually eat dinner with their family.*

**Dietary Behavior Trends, Grade 10**

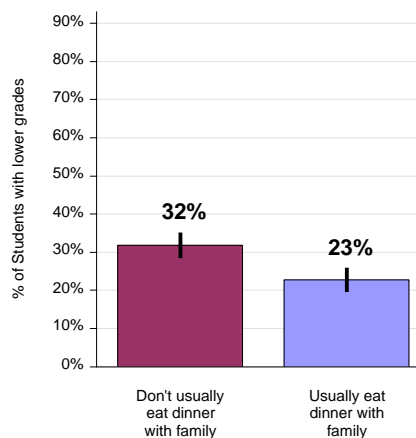


Prevalence	2004	2006	2008	2010	2012	2014
Eats <5 fruits/vegs daily	78% ±4	74% ±4	77% ±4	N/S	75% ±4	79% ±3
Does not usually eat dinners w/ family	41% ±4	49% ±5*	45% ±4	42% ±4	35% ±4*	42% ±4*
Drink sweetened drinks daily at school	N/S	21% ±4	17% ±3	17% ±3	14% ±3	3% ±1*
Did not eat breakfast yesterday	N/S	N/S	N/S	N/S	N/S	40% ±4

**Does Not Usually Eat Dinners with Family  
Compared to the State, All Grades, 2014**



**Statewide Relationship between  
Lower Grades and Usually Eating Dinner with Family  
Grade 10, 2014**



*Statewide, more 10th graders who do not usually eat dinner with their families report lower grades in school (C's, D's or F's) compared to youth who do.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Dietary Behaviors for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

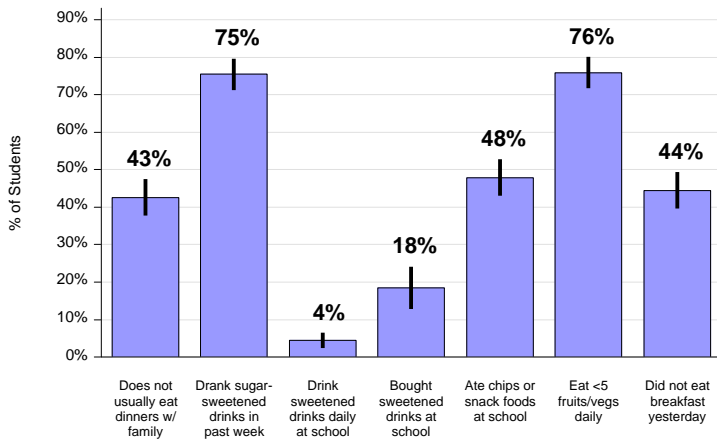
### Background:

- A nutritious diet can reduce major risk factors for chronic disease such as obesity, high blood pressure, diabetes, and high blood cholesterol.
- Poor nutrition has the potential to affect the growth, development, health status and academic achievement of children and adolescents.
- Individual food choices are made within the context of the family and the community.
- In order to be able to choose a nutritious diet, an affordable supply of health-promoting foods must be available.

### For More Information:

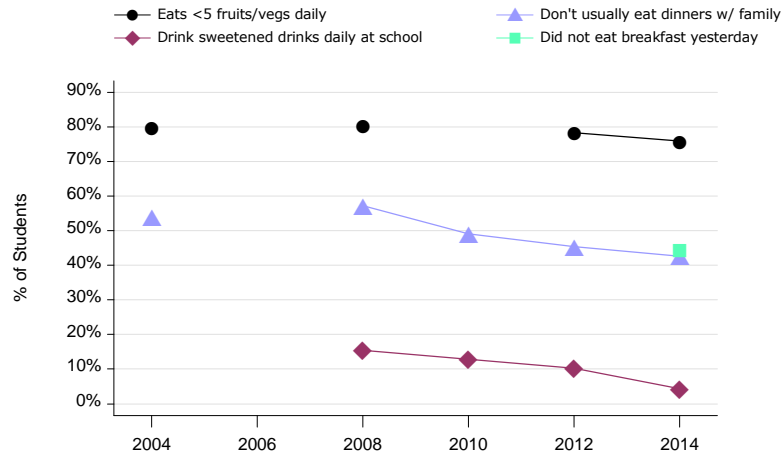
- Visit the Washington State Healthy Eating Active Living Program website: [www.doh.wa.gov](http://www.doh.wa.gov).

**Dietary Behaviors  
Grade 12, 2014**



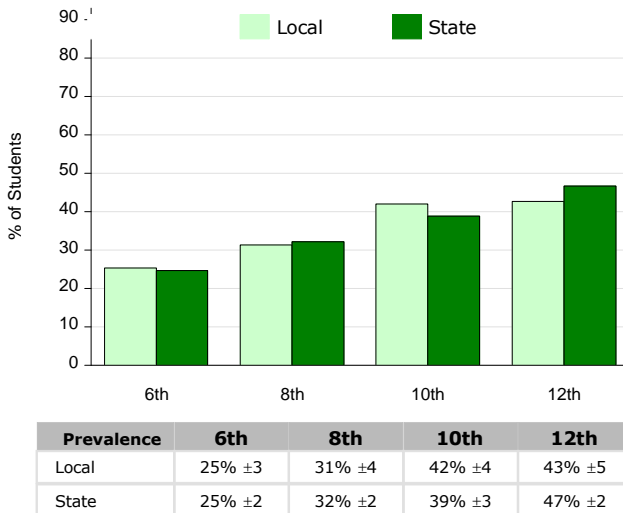
*In 2014, 43% of 12th graders in our school district don't usually eat dinner with their family.*

**Dietary Behavior Trends, Grade 12**

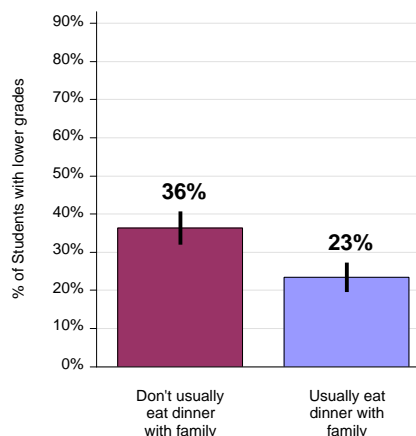


Prevalence	2004	2006	2008	2010	2012	2014
Eats <5 fruits/vegs daily	80% ± 4	S	80% ± 4	N/S	78% ± 4	76% ± 4
Does not usually eat dinners w/ family	54% ± 5	S	57% ± 5	49% ± 4*	45% ± 5	43% ± 5
Drink sweetened drinks daily at school	N/S	S	16% ± 4	13% ± 3	10% ± 3	4% ± 2*
Did not eat breakfast yesterday	N/S	N/S	N/S	N/S	N/S	44% ± 5

**Does Not Usually Eat Dinners with Family  
Compared to the State, All Grades, 2014**



**Statewide Relationship between  
Lower Grades and Usually Eating Dinner with Family  
Grade 12, 2014**



*Statewide, more 12th graders who do not usually eat dinner with their families report lower grades in school (C's, D's or F's) compared to youth who do.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Family Protective Influences for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

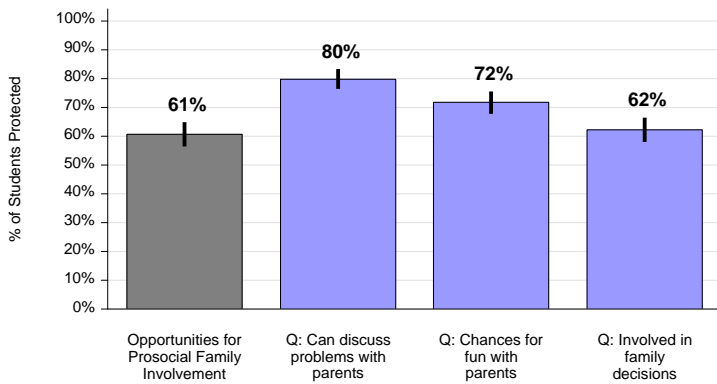
### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance abuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students protected,” which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- *Protective factors in the family environment are those that encourage positive participation in the family setting, and reward youth for that involvement.*

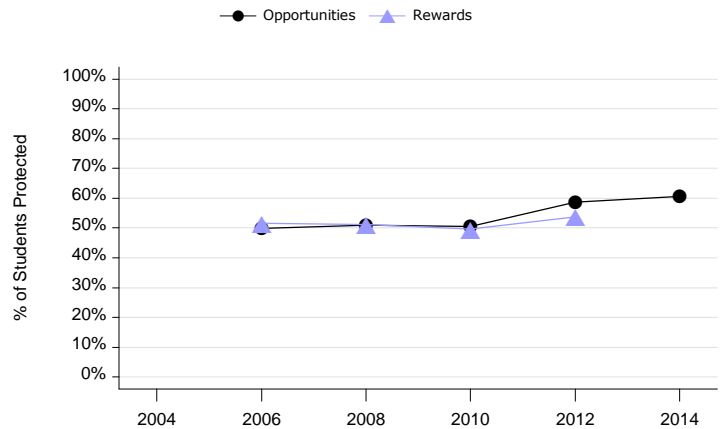
### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more about prevention coalitions in your area and how to get involved, go to the Start Talking Now website: [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse at [www.adaiclearinghouse.org](http://www.adaiclearinghouse.org) or call (206) 221-8325.
- For prevention tips and other online resources visit [www.StartTalkingNow](http://www.StartTalkingNow) and [www.drugfree.org](http://www.drugfree.org).
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

### Protective Factor: Opportunities for Prosocial Family Involvement with Component Questions (Q:) Grade 10, 2014

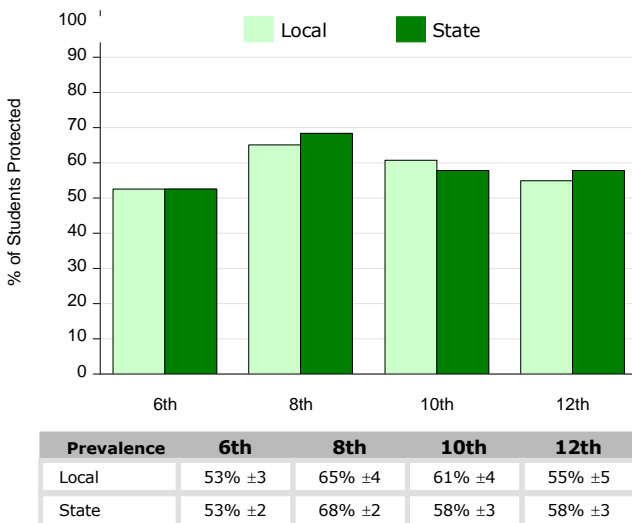


### Family Protective Factor Trends, Grade 10



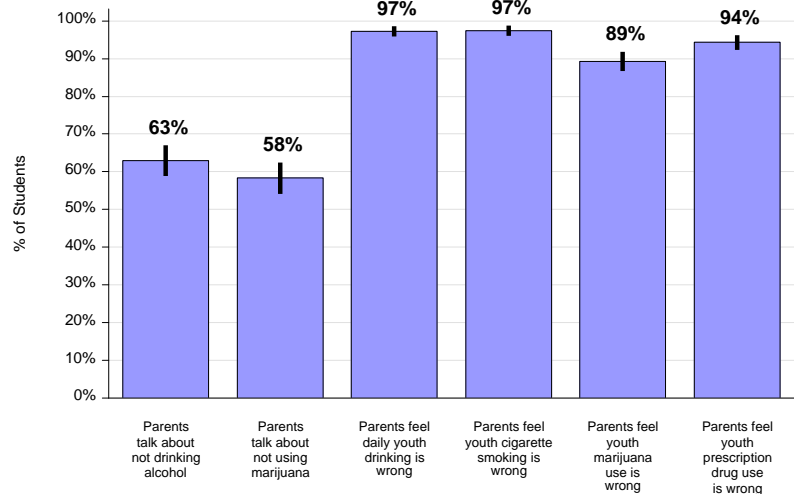
Prevalence	2004	2006	2008	2010	2012	2014
Opportunities	N/A	50% ±5	51% ±4	51% ±5	59% ±4*	61% ±4
Rewards	N/A	52% ±5	51% ±4	50% ±5	54% ±5	N/A

### Protective Factor: Opportunities for Prosocial Family Involvement All Grades, 2014



Prevalence	6th	8th	10th	12th
Local	53% ±3	65% ±4	61% ±4	55% ±5
State	53% ±2	68% ±2	58% ±3	58% ±3

### Parental Protective Influences, Grade 10, 2014



Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Family Protective Influences for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

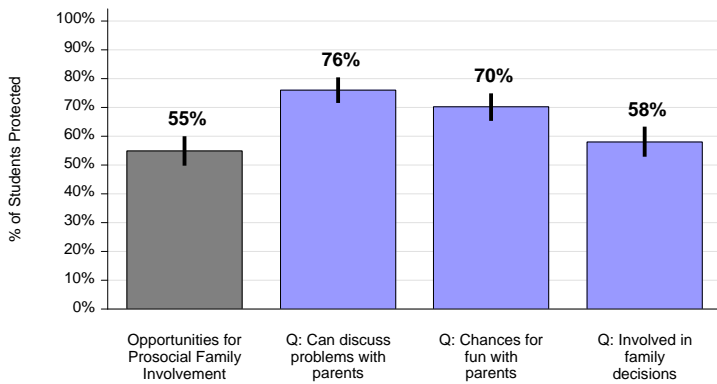
### Background:

- Researchers at the University of Washington (UW) developed a public health model for the prevention of youth substance abuse. They identified risk factors that predict youth substance use, and protective factors that can protect youth from the effects of those risks. Prevention strategies are designed to lower risk and increase protection.
- Each “factor” in the HYS is measured with two or more questions to include multiple dimensions of the risk or protective factor. The charts and tables below refer to the “percent of students protected,” which is defined as the percent of students whose scores were above a protection cutpoint determined by UW researchers. We also report some of the individual questions.
- *Protective factors in the family environment are those that encourage positive participation in the family setting, and reward youth for that involvement.*

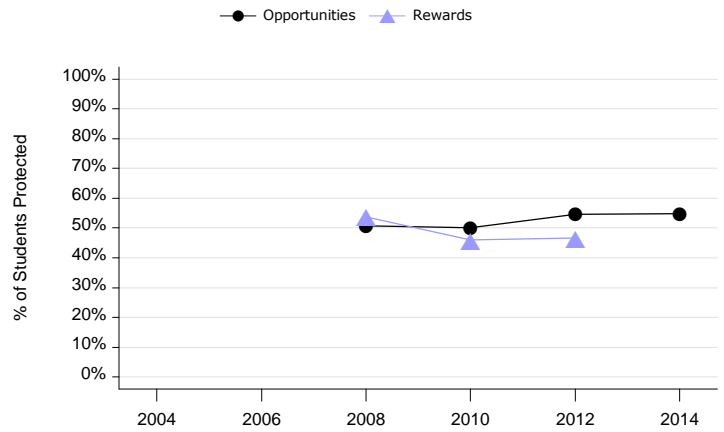
### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. To learn more about prevention coalitions in your area and how to get involved, go to the Start Talking Now website: [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse at [www.adaiclearinghouse.org](http://www.adaiclearinghouse.org) or call (206) 221-8325.
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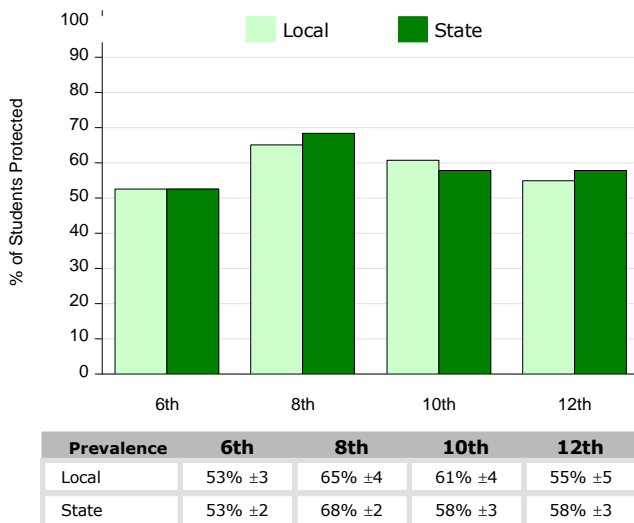
### Protective Factor: Opportunities for Prosocial Family Involvement with Component Questions (Q:) Grade 12, 2014



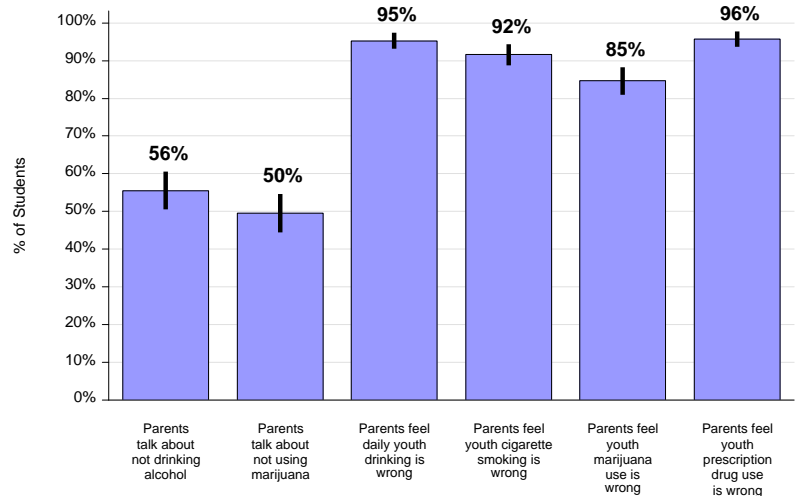
### Family Protective Factor Trends, Grade 12



### Protective Factor: Opportunities for Prosocial Family Involvement All Grades, 2014



### Parental Protective Influences, Grade 12, 2014



Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Weight and Obesity for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

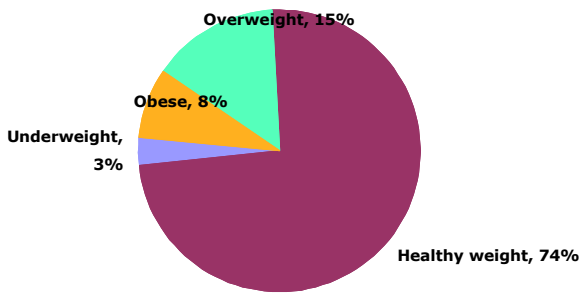
### Background:

- Poor diet and physical inactivity are risk factors for obesity and overweight among youth.
- Youth who have fewer opportunities for physical activity and increased time spent in sedentary activities such as watching television and using computers are more likely to be overweight.
- Factors that contribute to poor diet among youth include eating fewer meals at home, increased availability and affordability of unhealthy food, and increased food portion sizes.
- To be successful in increasing healthy weight among youth; governments, communities and people need to work together to create environments that support healthy diets and opportunities for physical activity.

### For More Information:

- Visit the Washington State Healthy Eating Active Living Program website: [www.doh.wa.gov](http://www.doh.wa.gov).

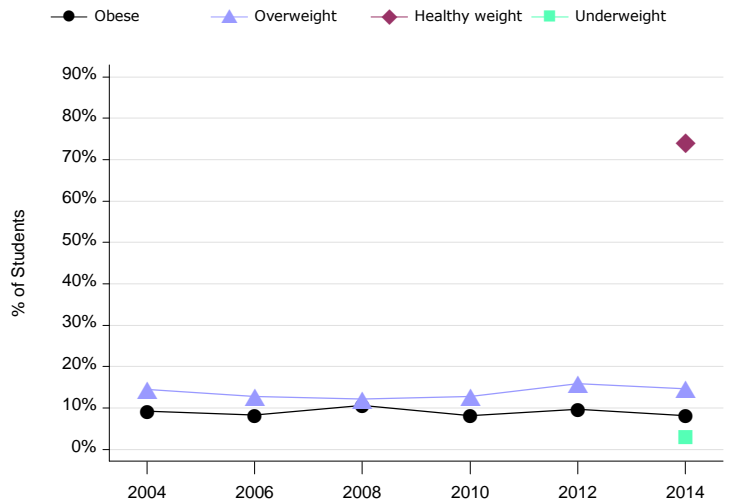
**Weight Distribution  
Grade 10, 2014**



- Obese (8%)
- Overweight (15%)
- Healthy weight (74%)
- Underweight (3%)

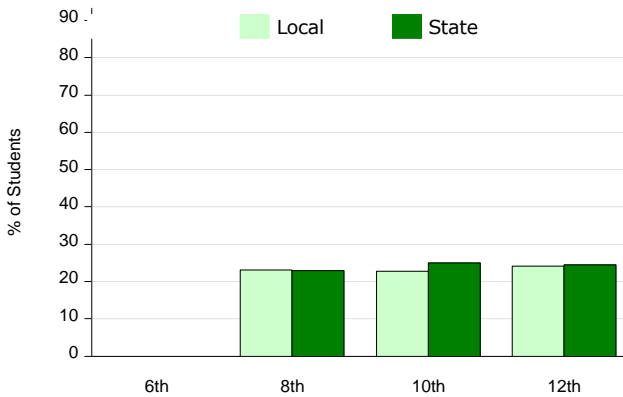
\*Note: Prior to 2014, 3 weight categories (obese, overweight, and not overweight) were used. From 2014, these 4 weight categories (obese, overweight, healthy weight, underweight) will be used.

**Weight Distribution Trends, Grade 10**



In 2014, 8% of 10th graders in our school district were obese.

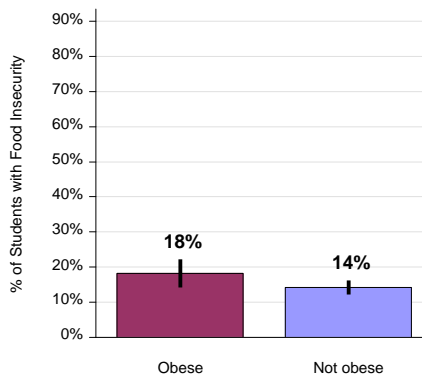
**Obese or Overweight  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	N/A	23% ±4	23% ±4	24% ±4
State	N/A	23% ±2	25% ±3	24% ±3

Prevalence	2004	2006	2008	2010	2012	2014
Obese	9% ±3	8% ±3	11% ±3	8% ±2	10% ±3	8% ±2
Overweight	14% ±3	13% ±3	12% ±3	13% ±3	16% ±3	15% ±3
Healthy weight	N/S	N/S	N/S	N/S	N/S	74% ±4
Underweight	N/S	N/S	N/S	N/S	N/S	3% ±2

**Statewide Relationship between  
Food Insecurity and Obesity  
Grade 10, 2014**



Statewide, more 10th graders who are obese report experiencing food insecurity compared to other youth.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05





# Healthy Youth Survey Fact Sheet

## Weight and Obesity for Edmonds School District

Year: 2014    Grade: 12    Gender: Both    Number of Students Surveyed: 791

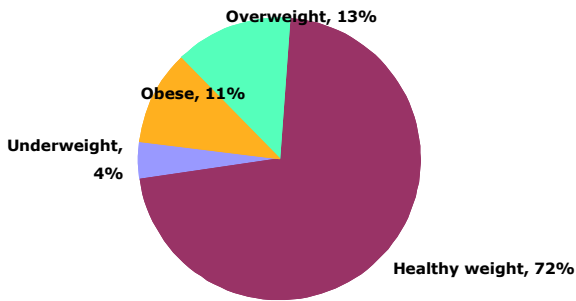
### Background:

- Poor diet and physical inactivity are risk factors for obesity and overweight among youth.
- Youth who have fewer opportunities for physical activity and increased time spent in sedentary activities such as watching television and using computers are more likely to be overweight.
- Factors that contribute to poor diet among youth include eating fewer meals at home, increased availability and affordability of unhealthy food, and increased food portion sizes.
- To be successful in increasing healthy weight among youth; governments, communities and people need to work together to create environments that support healthy diets and opportunities for physical activity.

### For More Information:

- Visit the Washington State Healthy Eating Active Living Program website: [www.doh.wa.gov](http://www.doh.wa.gov).

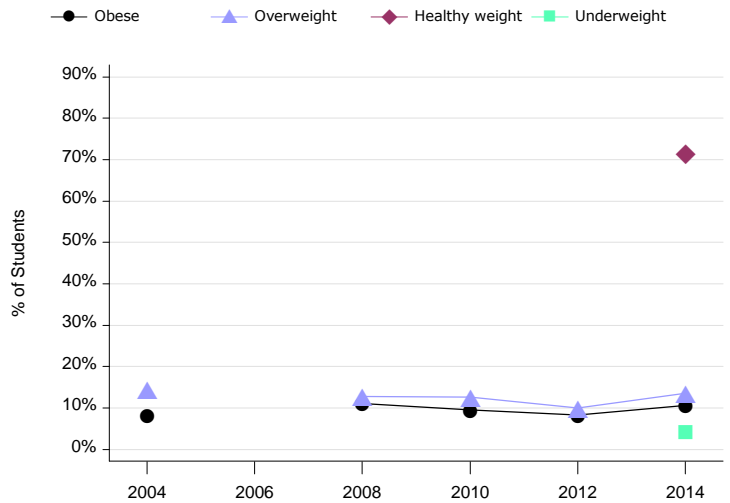
**Weight Distribution  
Grade 12, 2014**



Obese (11%)  
Overweight (13%)  
Healthy weight (72%)  
Underweight (4%)

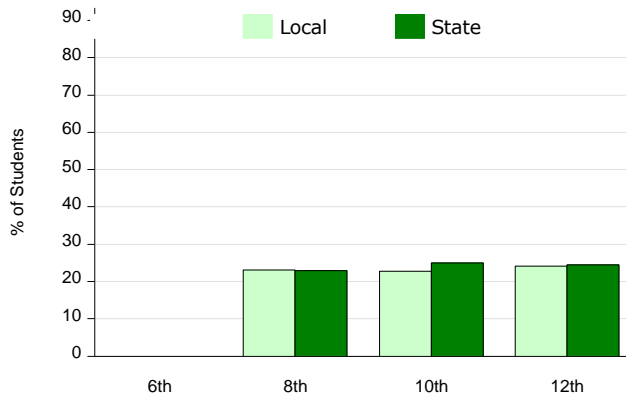
\*Note: Prior to 2014, 3 weight categories (obese, overweight, and not overweight) were used. From 2014, these 4 weight categories (obese, overweight, healthy weight, underweight) will be used.

**Weight Distribution Trends, Grade 12**



In 2014, 11% of 12th graders in our school district were obese.

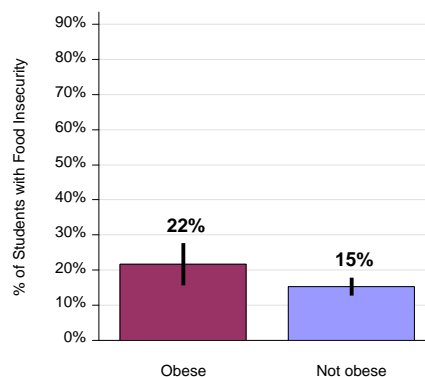
**Obese or Overweight  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	N/A	23% ±4	23% ±4	24% ±4
State	N/A	23% ±2	25% ±3	24% ±3

Prevalence	2004	2006	2008	2010	2012	2014
Obese	8% ±3	S	11% ±3	10% ±3	8% ±3	11% ±3
Overweight	14% ±4	S	13% ±3	13% ±3	10% ±3	13% ±3
Healthy weight	N/S	N/S	N/S	N/S	N/S	72% ±4
Underweight	N/S	N/S	N/S	N/S	N/S	4% ±2

**Statewide Relationship between  
Food Insecurity and Obesity  
Grade 12, 2014**



Statewide, more 12th graders who are obese report experiencing food insecurity compared to other youth.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05





# Healthy Youth Survey Fact Sheet

## Asthma for Edmonds School District

Year: 2014

Grade: 10

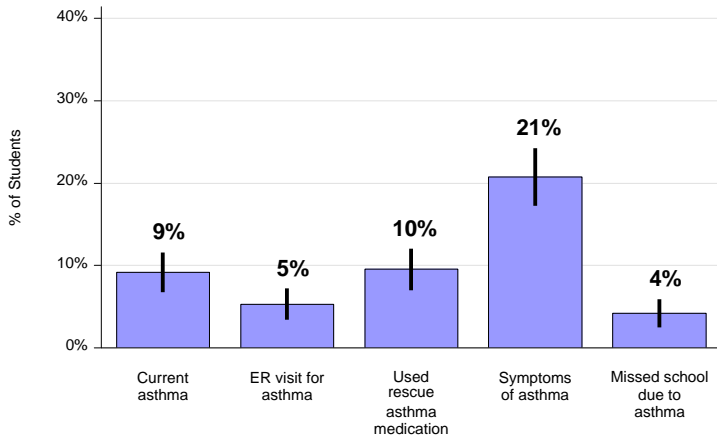
Gender: Both

Number of Students Surveyed: 1,100

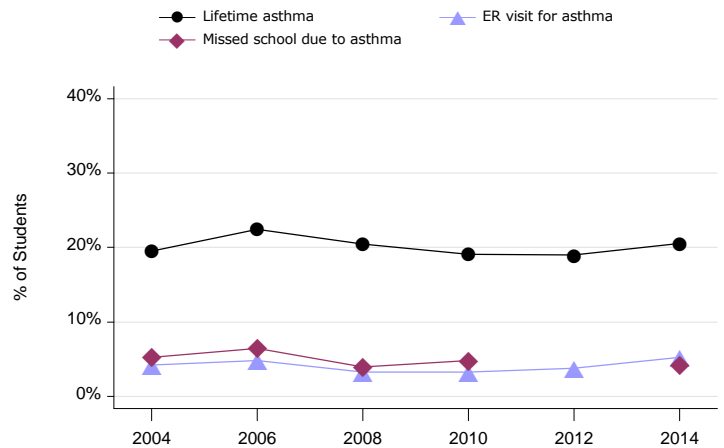
### Background:

- Youth who smoke are more likely to have asthma.
- Asthma is a lung disease that causes trouble with breathing, usually in episodes called attacks. An attack can be triggered by exercise, exposure to smoke, mold, allergens like pet dander, and air pollution such as diesel exhaust.

**Effects of Asthma  
Grade 10, 2014**



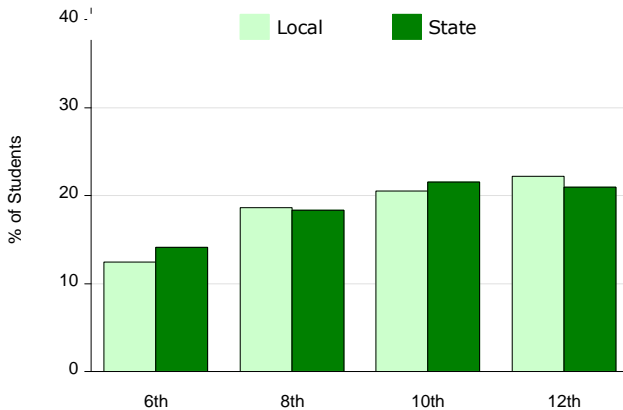
**Asthma Trends, Grade 10**



*In 2014, 4% of 10th graders in our school district missed school due to asthma in the past year.*

Prevalence	2004	2006	2008	2010	2012	2014
Lifetime asthma	20% ± 3	22% ± 4	20% ± 3	19% ± 3	19% ± 3	21% ± 3
ER visit for asthma	4% ± 2	5% ± 2	3% ± 2	3% ± 2	4% ± 2	5% ± 2
Missed school due to asthma	5% ± 2	6% ± 2	4% ± 2	5% ± 2	N/S	4% ± 2

**Lifetime Asthma  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	12% ± 2	19% ± 3	21% ± 3	22% ± 4
State	14% ± 1	18% ± 1	22% ± 1	21% ± 1

*All youth with asthma should have a written asthma action plan to follow in the event of an attack.*

Asthma can be controlled by avoidance of asthma triggers, regular health care visits, compliance with medication schedules, and maintaining appropriate weight.

### For More Information:

- Visit the Asthma Program's website at: [www.doh.wa.gov](http://www.doh.wa.gov)
- Washington Asthma Initiative's Facebook page at: [www.facebook.com/pages/Washington-Asthma-Initiative/575654545783852](https://www.facebook.com/pages/Washington-Asthma-Initiative/575654545783852)

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Asthma for Edmonds School District

Year: 2014

Grade: 12

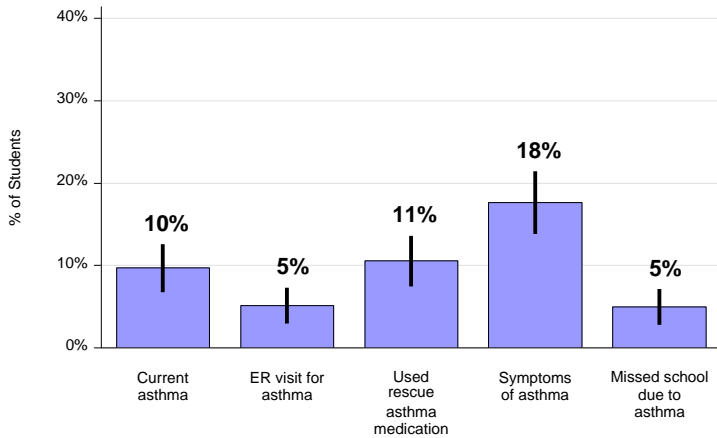
Gender: Both

Number of Students Surveyed: 791

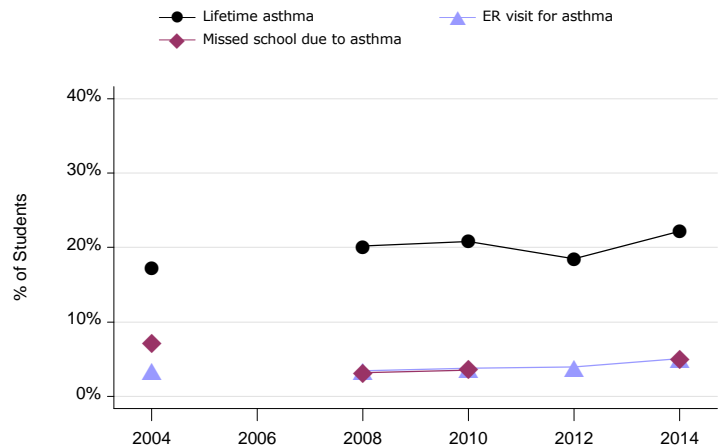
### Background:

- Youth who smoke are more likely to have asthma.
- Asthma is a lung disease that causes trouble with breathing, usually in episodes called attacks. An attack can be triggered by exercise, exposure to smoke, mold, allergens like pet dander, and air pollution such as diesel exhaust.

**Effects of Asthma  
Grade 12, 2014**

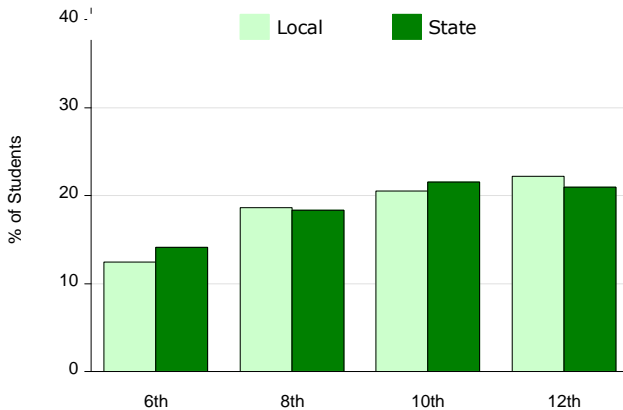


**Asthma Trends, Grade 12**



*In 2014, 5% of 12th graders in our school district missed school due to asthma in the past year.*

**Lifetime Asthma  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	12% ±2	19% ±3	21% ±3	22% ±4
State	14% ±1	18% ±1	22% ±1	21% ±1

*All youth with asthma should have a written asthma action plan to follow in the event of an attack.*

Asthma can be controlled by avoidance of asthma triggers, regular health care visits, compliance with medication schedules, and maintaining appropriate weight.

### For More Information:

- Visit the Asthma Program's website at: [www.doh.wa.gov](http://www.doh.wa.gov)
- Washington Asthma Initiative's Facebook page at: [www.facebook.com/pages/Washington-Asthma-Initiative/575654545783852](https://www.facebook.com/pages/Washington-Asthma-Initiative/575654545783852)

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Oral Health for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

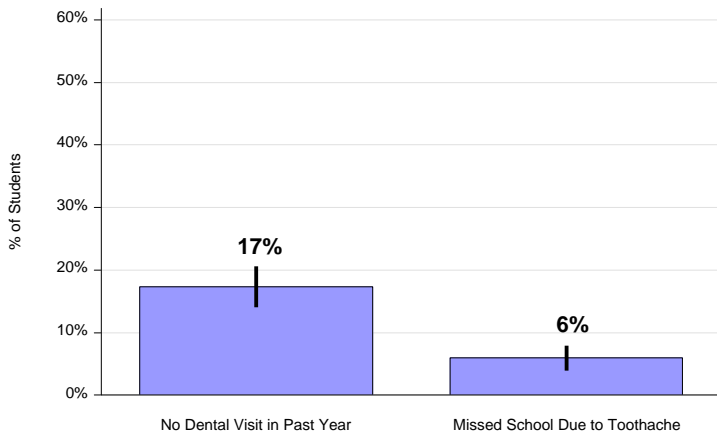
### Background:

- Dental decay affects 53% of Third Graders in Washington.
- The bacteria that causes tooth decay is a chronic condition that typically lasts into adulthood with greater costs and consequences for health and well-being.
- Dental disease is linked to broader health problems, including cardiovascular disease, stroke and diabetes mellitus.
- In the U.S., over 51 million school hours are missed each year by children due to dental related illness.

### For More Information:

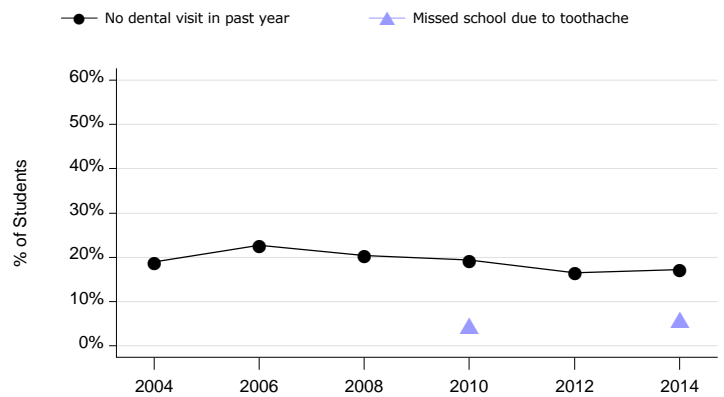
- Visit the Washington State Oral Health Program Website at: [www.doh.wa.gov](http://www.doh.wa.gov).

**Oral Health  
Grade 10, 2014**



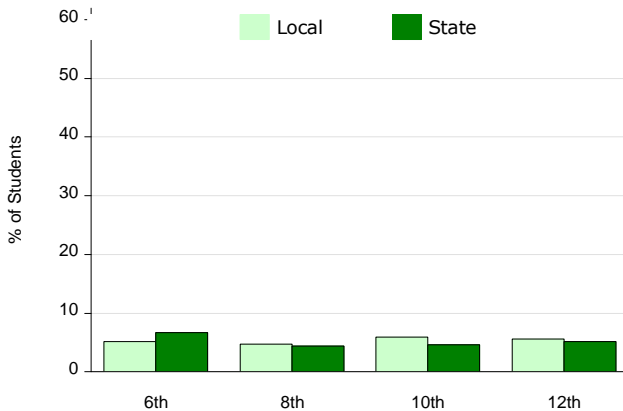
*In 2014, 2% of 10th graders in our school district reported that they had never been to a dentist.*

**Oral Health Trends  
Grade 10**



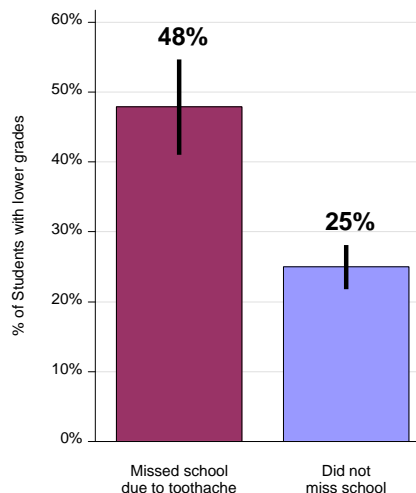
Prevalence	2004	2006	2008	2010	2012	2014
No dental visit in past year	19% ±4	23% ±4	20% ±3	19% ±3	17% ±3	17% ±3
Missed school due to toothache	N/S	N/S	N/S	5% ±2	N/A	6% ±2

**Missed School due to Toothache  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	5% ±1	5% ±2	6% ±2	6% ±2
State	7% ±1	4% ±1	5% ±1	5% ±1

**Statewide Relationship between  
Lower Grades and Missed School due to Toothache  
Grade 10, 2014**



*Statewide, more 10th graders who miss school due to toothache in the past year report lower grades in school (C's, D's or F's) compared to those who didn't miss school.*



# Healthy Youth Survey Fact Sheet

## Oral Health for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

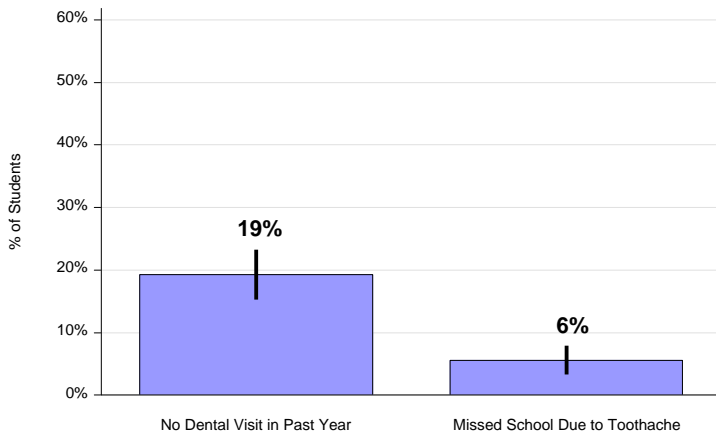
### Background:

- Dental decay affects 53% of Third Graders in Washington.
- The bacteria that causes tooth decay is a chronic condition that typically lasts into adulthood with greater costs and consequences for health and well-being.
- Dental disease is linked to broader health problems, including cardiovascular disease, stroke and diabetes mellitus.
- In the U.S., over 51 million school hours are missed each year by children due to dental related illness.

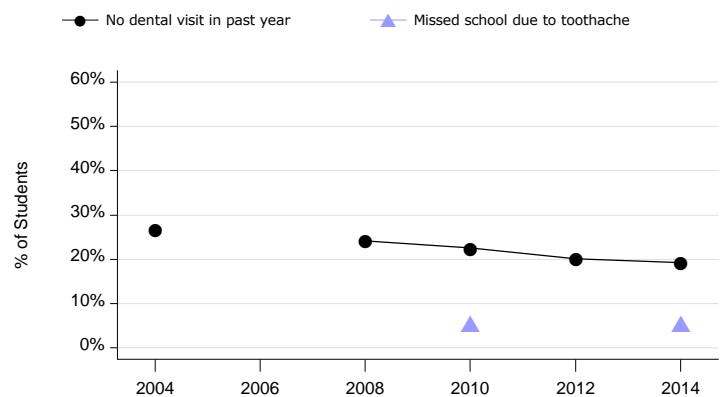
### For More Information:

- Visit the Washington State Oral Health Program Website at: [www.doh.wa.gov](http://www.doh.wa.gov).

**Oral Health  
Grade 12, 2014**



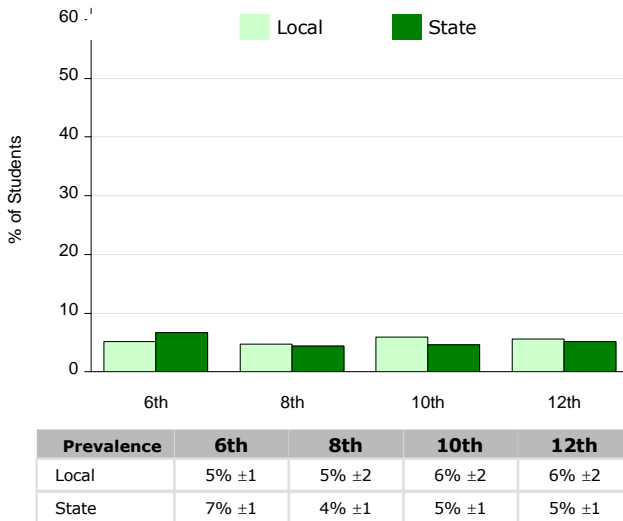
**Oral Health Trends  
Grade 12**



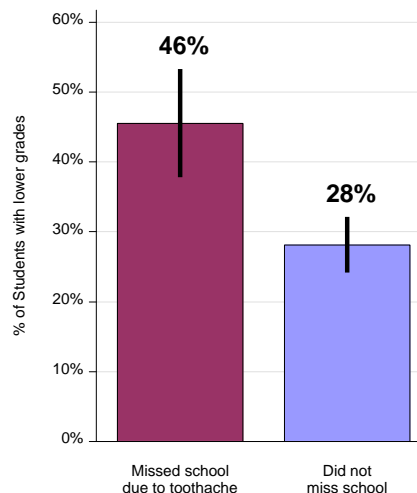
Prevalence	2004	2006	2008	2010	2012	2014
No dental visit in past year	27% ± 5	S	24% ± 4	23% ± 4	20% ± 4	19% ± 4
Missed school due to toothache	N/S	S	N/S	5% ± 2	N/A	6% ± 2

*In 2014, 2% of 12th graders in our school district reported that they had never been to a dentist.*

**Missed School due to Toothache  
Compared to the State, All Grades, 2014**



**Statewide Relationship between  
Lower Grades and Missed School due to Toothache  
Grade 12, 2014**



*Statewide, more 12th graders who miss school due to toothache in the past year report lower grades in school (C's, D's or F's) compared to those who didn't miss school.*



# Healthy Youth Survey Fact Sheet

## Physical Activity for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

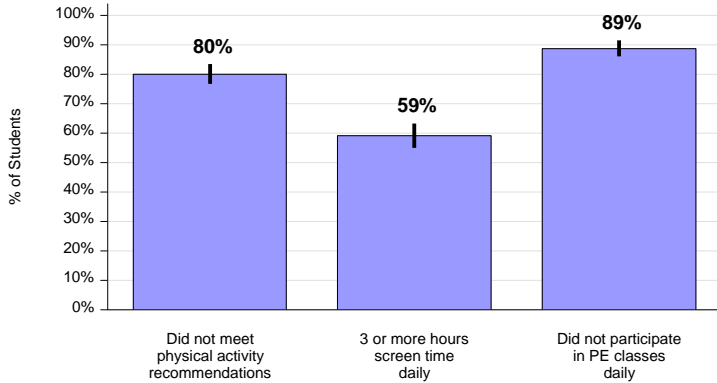
### Background:

- Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention recommends that children and adolescents participate in at least 60 minutes of physical activity daily, and muscle strengthening 3 days a week.
- One challenge to being more physically active is the amount of recreational screen time spent on sedentary activities such as watching TV, playing video games, using a computer for fun, or cell phone usage.
- Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies in schools and communities to create environments that support being physically active.

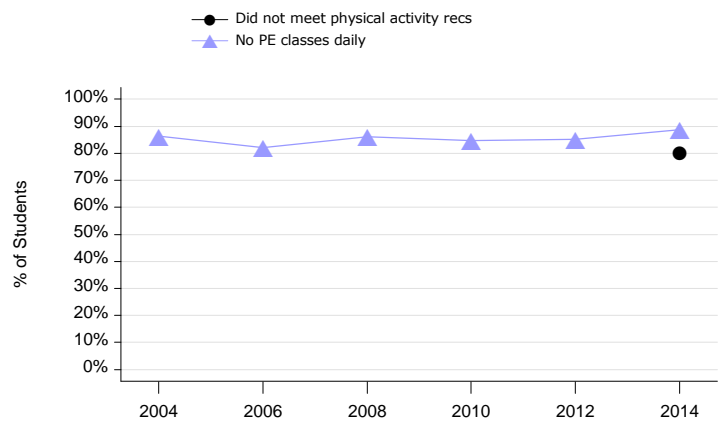
### For More Information:

- Visit the Washington State Healthy Eating Active Living Program website: [www.doh.wa.gov](http://www.doh.wa.gov).
- Visit the National Physical Activity Plan: [www.physicalactivityplan.org](http://www.physicalactivityplan.org).
- Visit CDC Physical activity guidelines: [www.cdc.gov/physicalactivity/everyone/guidelines/children.html](http://www.cdc.gov/physicalactivity/everyone/guidelines/children.html).
- Note: DOH advocates using the CDC recommendations of 'at least 60 minutes of physical activity daily.'

**Physical Activity Grade 10, 2014**



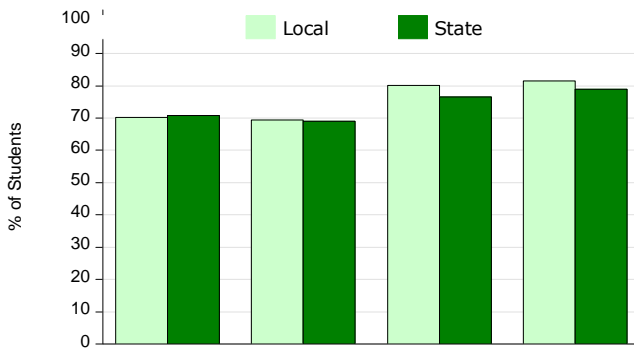
**Physical Activity Trends, Grade 10**



*In 2014, 80% of 10th graders in our school district did not meet the recommendations for 60 minutes of physical activity 7 days a week.*

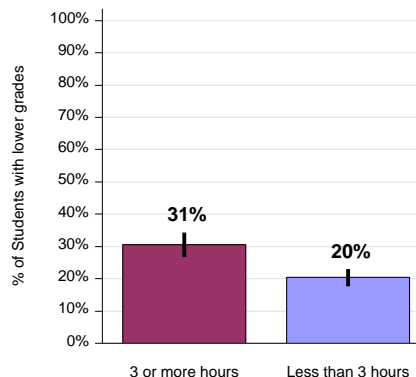
Prevalence	2004	2006	2008	2010	2012	2014
Did not meet physical activity recs	N/S	N/S	N/S	N/S	N/S	80% ± 3
Did not participate in PE classes daily	86% ± 3	82% ± 3	86% ± 3	85% ± 3	85% ± 3	89% ± 3

**Did Not Meet Recommendations for Physical Activity Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	70% ± 3	69% ± 4	80% ± 3	81% ± 4
State	71% ± 1	69% ± 2	76% ± 2	79% ± 2

**Statewide Relationship between Lower Grades and 3 or More Hours of Screen Time Daily Grade 10, 2014**



*Statewide, more 10th graders who spend 3 or more hours of screen time daily report lower grades in school (C's, D's or F's) compared to youth who spend less than 3 hours.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Physical Activity for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

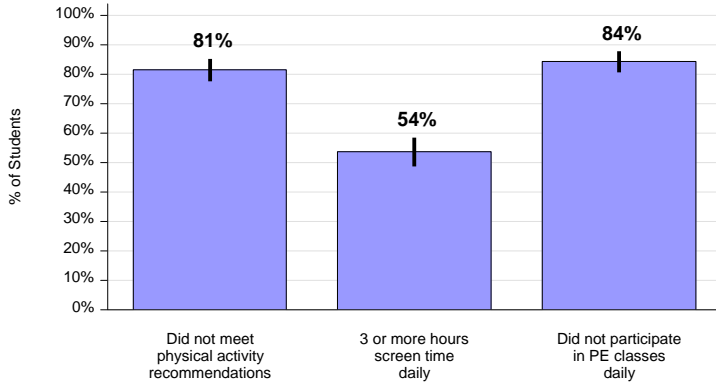
### Background:

- Regular physical activity reduces rates of obesity and serious diseases, helps people maintain a healthy body weight and improves quality of life.
- The Centers for Disease Control and Prevention recommends that children and adolescents participate in at least 60 minutes of physical activity daily, and muscle strengthening 3 days a week.
- One challenge to being more physically active is the amount of recreational screen time spent on sedentary activities such as watching TV, playing video games, using a computer for fun, or cell phone usage.
- Many social and environmental factors influence the decision to be active. Successful strategies to promote physical activity include educating individuals and developing policies in schools and communities to create environments that support being physically active.

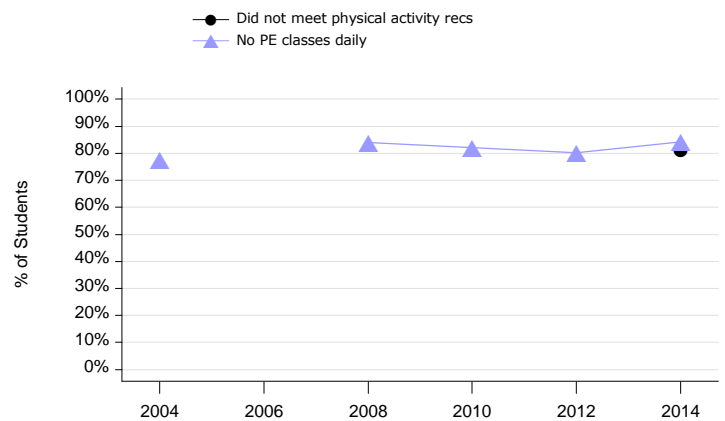
### For More Information:

- Visit the Washington State Healthy Eating Active Living Program website: [www.doh.wa.gov](http://www.doh.wa.gov).
- Visit the National Physical Activity Plan: [www.physicalactivityplan.org](http://www.physicalactivityplan.org).
- Visit CDC Physical activity guidelines: [www.cdc.gov/physicalactivity/everyone/guidelines/children.html](http://www.cdc.gov/physicalactivity/everyone/guidelines/children.html).
- Note: DOH advocates using the CDC recommendations of 'at least 60 minutes of physical activity daily.'

**Physical Activity Grade 12, 2014**



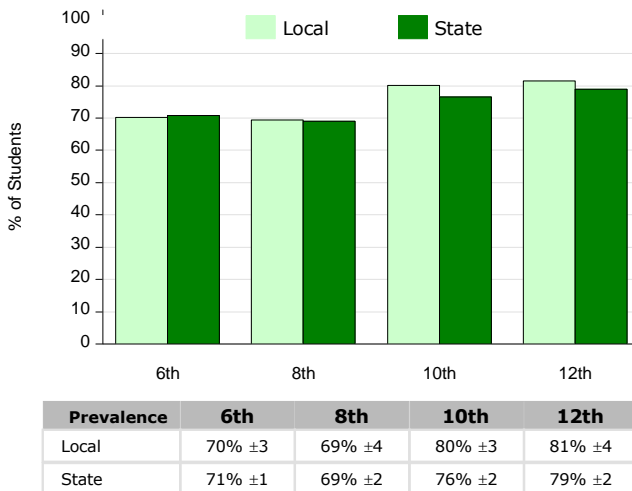
**Physical Activity Trends, Grade 12**



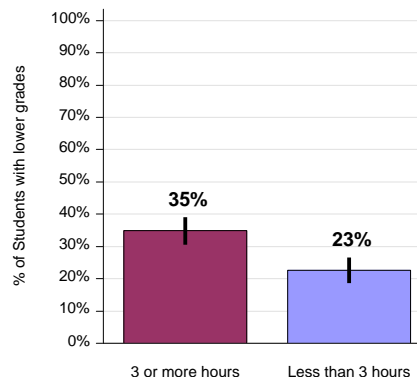
*In 2014, 81% of 12th graders in our school district did not meet the recommendations for 60 minutes of physical activity 7 days a week.*

Prevalence	2004	2006	2008	2010	2012	2014
Did not meet physical activity recs	N/S	S	N/S	N/S	N/S	81% ±4
Did not participate in PE classes daily	78% ±5	S	84% ±4	82% ±3	80% ±4	84% ±4

**Did Not Meet Recommendations for Physical Activity Compared to the State, All Grades, 2014**



**Statewide Relationship between Lower Grades and 3 or More Hours of Screen Time Daily Grade 12, 2014**



*Statewide, more 12th graders who spend 3 or more hours of screen time daily report lower grades in school (C's, D's or F's) compared to youth who spend less than 3 hours.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Substance Use for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

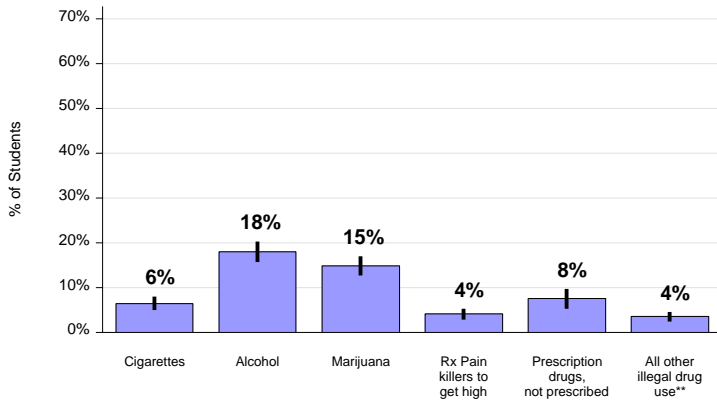
### Background:

- Parents are the primary influence on their children's decision to use alcohol, tobacco, and other drugs.
- The developing brain is more vulnerable to the effects of alcohol and other drugs. Brain development continues into the mid-20s.

### For More Information:

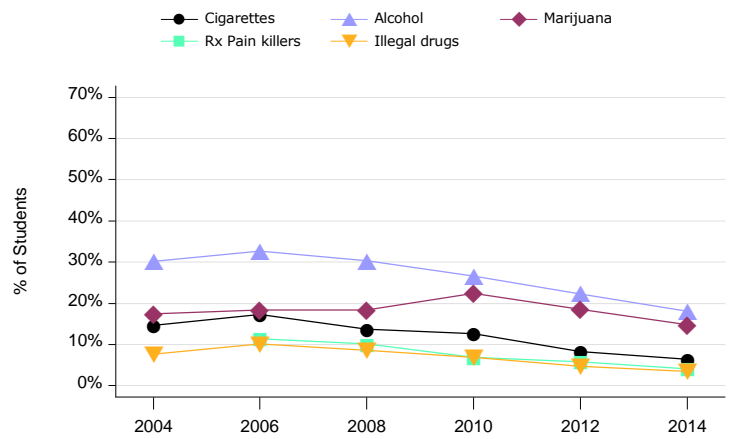
- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [www.adaiclearinghouse.org](http://www.adaiclearinghouse.org) or call (206) 221-8325.
- For 24 hour help for mental health, substance use and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

**Current (past 30-day) Substance Use Grade 10, 2014**



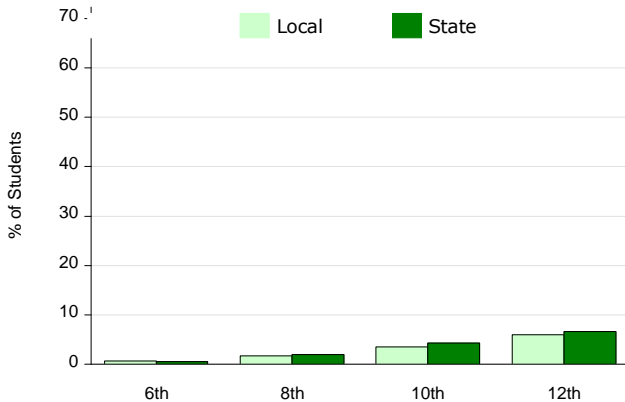
Most youth don't use alcohol or other substances.

**Current (past 30-day) Substance Use Trends, Grade 10**



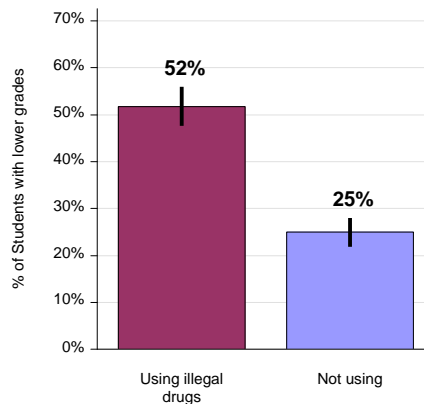
Prevalence	2004	2006	2008	2010	2012	2014
Cigarettes	15% ±2	17% ±2	14% ±2*	13% ±2	8% ±2*	6% ±1
Alcohol	30% ±3	33% ±3	30% ±3	27% ±3*	22% ±2*	18% ±2*
Marijuana	17% ±2	18% ±2	18% ±2	22% ±2*	19% ±2*	15% ±2*
Rx Pain killers to get high	N/S	11% ±2	10% ±3	7% ±1*	6% ±1	4% ±1
All other illegal drug use**	8% ±2	10% ±2	9% ±2	7% ±1	5% ±1*	4% ±1

**Current (past 30-day) All Other Illegal Drug Use\*\* Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	1% ±1	2% ±1	4% ±1	6% ±2
State	1% ±0	2% ±0	4% ±1	7% ±1

**Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use\*\* Grade 10, 2014**



Statewide, more 10th graders who use illegal drugs (not including alcohol, tobacco or marijuana) report lower grades in school (C's, D's or F's) compared to those who don't use.

\*\*All other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at [AskHYS.net](http://AskHYS.net) on 04-27-2017

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.



# Healthy Youth Survey Fact Sheet

## Substance Use for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

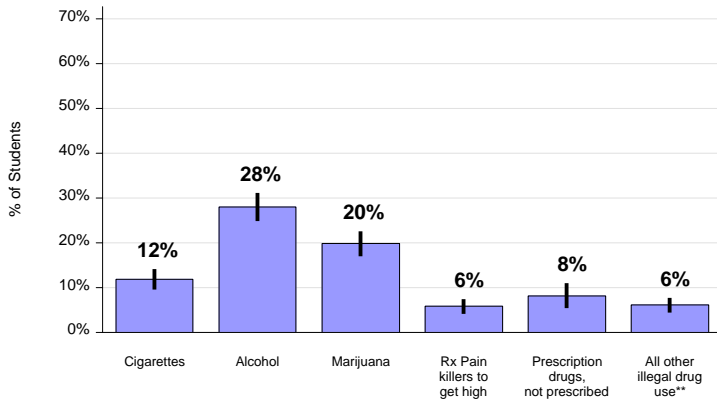
### Background:

- Parents are the primary influence on their children's decision to use alcohol, tobacco, and other drugs.
- The developing brain is more vulnerable to the effects of alcohol and other drugs. Brain development continues into the mid-20s.

### For More Information:

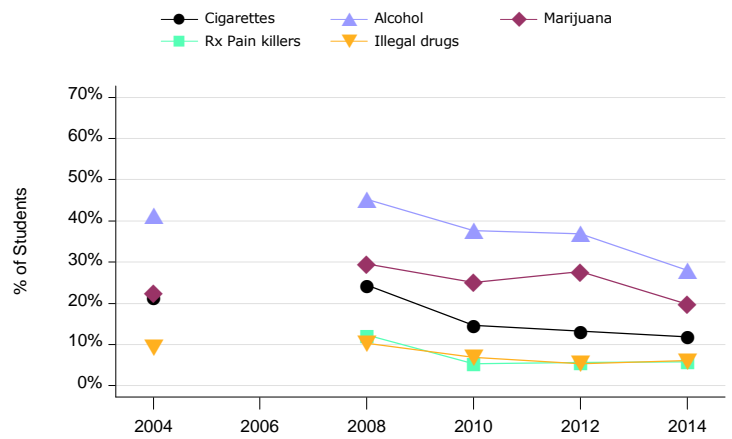
- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [www.adaiclearinghouse.org](http://www.adaiclearinghouse.org) or call (206) 221-8325.
- For 24 hour help for mental health, substance use and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

**Current (past 30-day) Substance Use Grade 12, 2014**



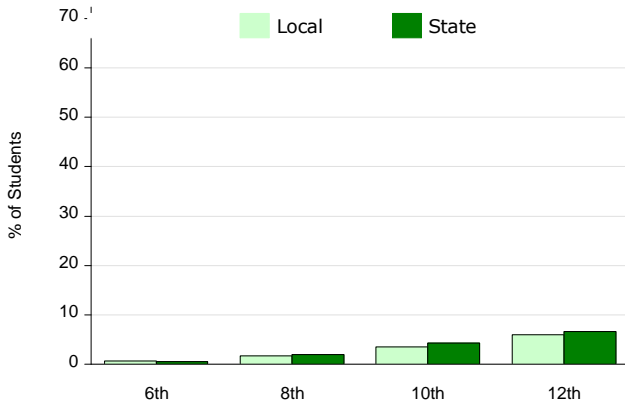
Most youth don't use alcohol or other substances.

**Current (past 30-day) Substance Use Trends, Grade 12**



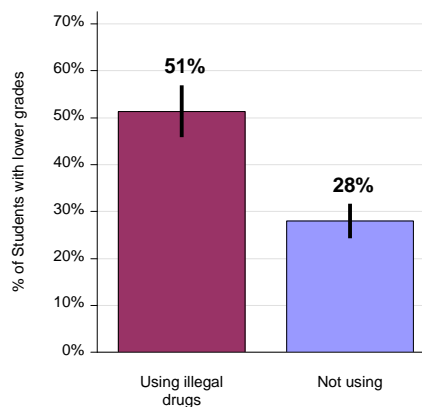
Prevalence	2004	2006	2008	2010	2012	2014
Cigarettes	22% ±3	S	25% ±3	15% ±2*	13% ±2	12% ±2
Alcohol	41% ±4	S	45% ±3	38% ±3*	37% ±3	28% ±3*
Marijuana	23% ±3	S	30% ±3*	25% ±3*	28% ±3	20% ±3*
Rx Pain killers to get high	N/S	S	12% ±3	5% ±1*	6% ±2	6% ±2
All other illegal drug use**	9% ±2	S	10% ±2	7% ±2*	5% ±1	6% ±2

**Current (past 30-day) All Other Illegal Drug Use\*\* Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	1% ±1	2% ±1	4% ±1	6% ±2
State	1% ±0	2% ±0	4% ±1	7% ±1

**Statewide Relationship between Lower Grades and Current (past 30-day) All Other Illegal Drug Use\*\* Grade 12, 2014**



Statewide, more 12th graders who use illegal drugs (not including alcohol, tobacco or marijuana) report lower grades in school (C's, D's or F's) compared to those who don't use.

\*\*All other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

Prevalence is displayed with 95% confidence intervals (as ± or black bar)

\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at [AskHYS.net](http://AskHYS.net) on 04-27-2017

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.





# Healthy Youth Survey Fact Sheet

## Depressive Feelings, Anxiety and Suicide for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

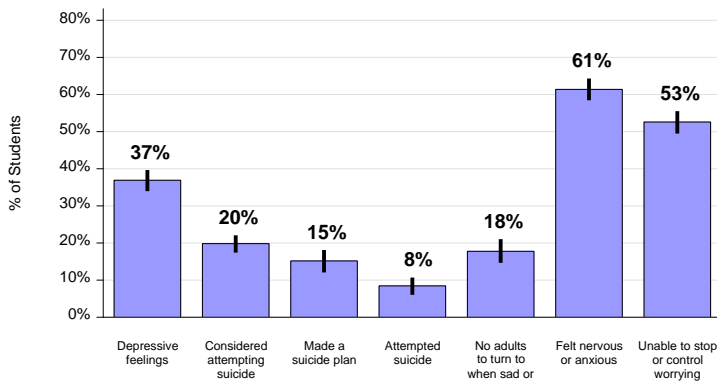
### Background:

- Suicide is the second leading cause of death for Washington teens 15-19 years old.
- Most youth suicides occur at home.
- Depression is a feeling of sadness, helplessness and hopelessness that lingers over time. Untreated it can lead to alcohol abuse and even suicide.
- Depression and anxiety are treatable mental health conditions. Professional care can help a vast majority of people.

### For More Information:

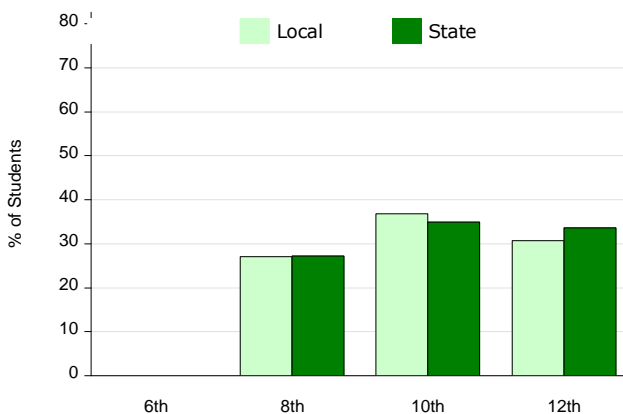
- Visit the Washington State Youth Suicide Prevention Program Website: [www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention/SuicidePrevention/YouthSuicide](http://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention/SuicidePrevention/YouthSuicide).
- The OSPI suicide prevention page: [www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx](http://www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx).
- National Suicide Prevention Hotline 1-800-273-TALK(8255) or [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).
- Care Crisis Response Services: 800-584-3578 (tele-interpreter available).

**Depressive Feelings and Suicide  
Grade 10, 2014**



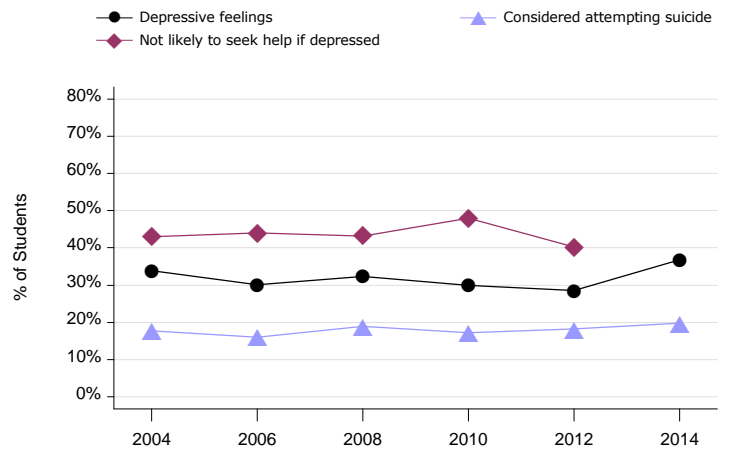
*In 2014, 37% of 10th graders in our school district felt so sad or hopeless for 2 weeks or more that they stopped doing their usual activities.*

**Depressive Feelings  
Compared to the State, All Grades, 2014**



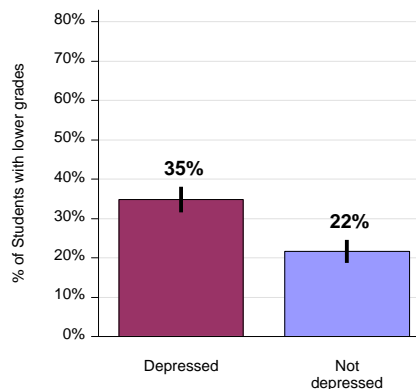
Prevalence	6th	8th	10th	12th
Local	N/A	27% ±3	37% ±3	31% ±3
State	N/A	27% ±2	35% ±2	34% ±2

**Depressive Feelings and Suicide Trends, Grade 10**



Prevalence	2004	2006	2008	2010	2012	2014
Depressive feelings	34% ±3	30% ±3	32% ±3	30% ±3	29% ±3	37% ±3*
Considered attempting suicide	18% ±3	16% ±3	19% ±2	17% ±2	18% ±2	20% ±2
Not likely to seek help if depressed	43% ±6	44% ±6	43% ±5	48% ±6	40% ±5*	N/S

**Statewide Relationship between  
Lower Grades and Depressive Feelings  
Grade 10, 2014**



*Statewide, more 10th graders who have depressive feelings report lower grades in school (C's, D's or F's) compared to youth who are not having depressive feelings.*

Note: for 2014, youth who report they have adults to turn to when sad or hopeless now include those who said they are never sad or hopeless.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at [AskHYS.net](http://AskHYS.net) on 04-27-2017

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.



# Healthy Youth Survey Fact Sheet

## Depressive Feelings, Anxiety and Suicide for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

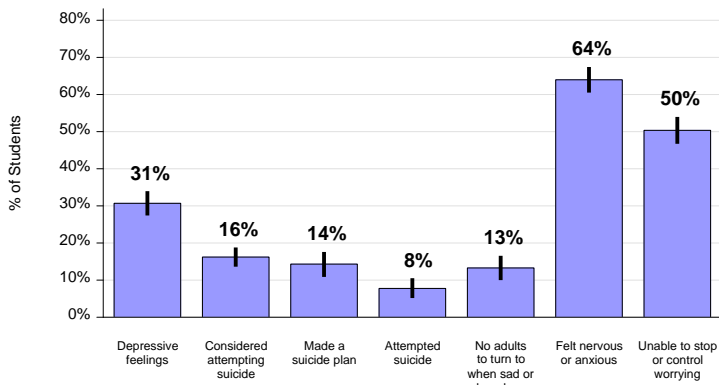
### Background:

- Suicide is the second leading cause of death for Washington teens 15-19 years old.
- Most youth suicides occur at home.
- Depression is a feeling of sadness, helplessness and hopelessness that lingers over time. Untreated it can lead to alcohol abuse and even suicide.
- Depression and anxiety are treatable mental health conditions. Professional care can help a vast majority of people.

### For More Information:

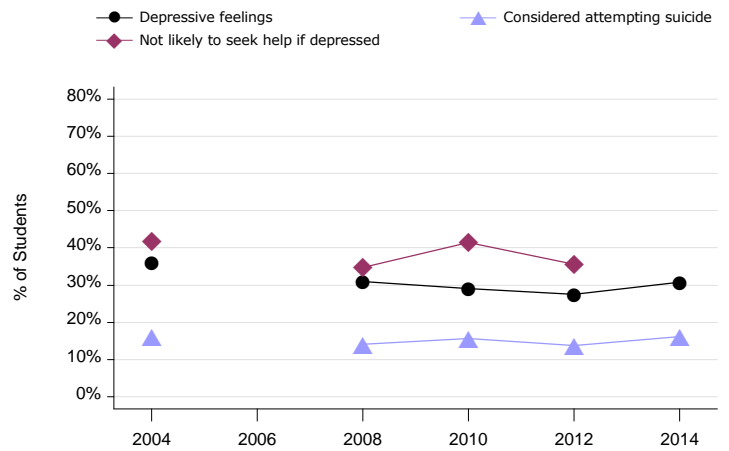
- Visit the Washington State Youth Suicide Prevention Program Website: [www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention/SuicidePrevention/YouthSuicide](http://www.doh.wa.gov/YouandYourFamily/InjuryandViolencePrevention/SuicidePrevention/YouthSuicide).
- The OSPI suicide prevention page: [www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx](http://www.k12.wa.us/safetycenter/YouthSuicide/SuicidePrevention.aspx).
- National Suicide Prevention Hotline 1-800-273-TALK(8255) or [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).
- Care Crisis Response Services: 800-584-3578 (tele-interpreter available).

**Depressive Feelings and Suicide  
Grade 12, 2014**



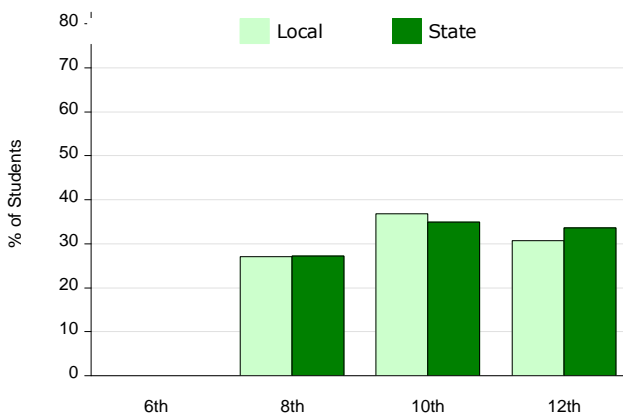
*In 2014, 31% of 12th graders in our school district felt so sad or hopeless for 2 weeks or more that they stopped doing their usual activities.*

**Depressive Feelings and Suicide Trends, Grade 12**



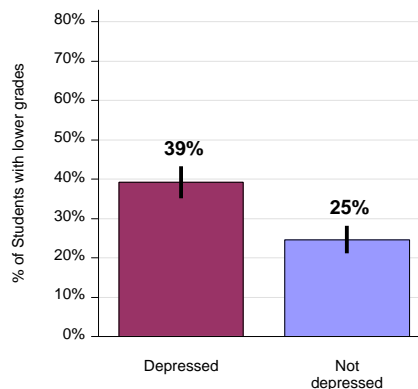
Prevalence	2004	2006	2008	2010	2012	2014
Depressive feelings	36% ± 4	S	31% ± 3	29% ± 3	27% ± 3	31% ± 3
Considered attempting suicide	16% ± 4	S	14% ± 2	16% ± 2	14% ± 2	16% ± 3
Not likely to seek help if depressed	42% ± 7	S	35% ± 6	41% ± 5	36% ± 5	N/S

**Depressive Feelings  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	N/A	27% ± 3	37% ± 3	31% ± 3
State	N/A	27% ± 2	35% ± 2	34% ± 2

**Statewide Relationship between  
Lower Grades and Depressive Feelings  
Grade 12, 2014**



*Statewide, more 12th graders who have depressive feelings report lower grades in school (C's, D's or F's) compared to youth who are not having depressive feelings.*

Note: for 2014, youth who report they have adults to turn to when sad or hopeless now include those who said they are never sad or hopeless.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at [AskHYS.net](http://AskHYS.net) on 04-27-2017

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.



# Healthy Youth Survey Fact Sheet

## Sexual Behavior and Orientation for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

### Background:

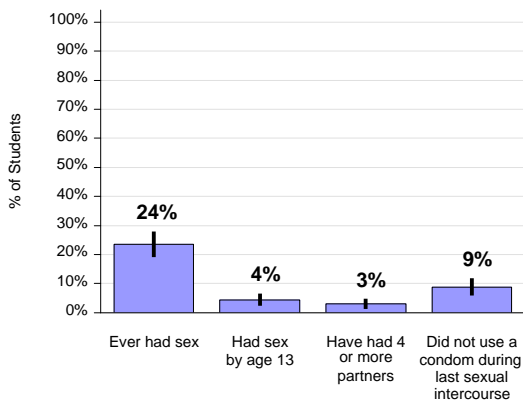
- All Washington schools must offer HIV/AIDS prevention education each year starting no later than the 5th grade. ([RCW 28A.230.070](#))
- The Healthy Youth Act provides a framework for those districts that choose to provide sexual health education. ([RCW 28A.300.475](#))
- DOH and OSPI jointly developed Guidelines for Sexual Health Information and Disease Prevention at: [www.k12.wa.us/HIVSexualhealth/pubdocs/SexEdGuidelines011005.pdf](http://www.k12.wa.us/HIVSexualhealth/pubdocs/SexEdGuidelines011005.pdf)
- Research-based and evidence-based programs can significantly delay first intercourse, decrease sexual risk taking, and increase condom and contraceptive use. <http://recapp.etr.org/recapp/documents/programs/SexHIVedProgs.pdf>
- Common school curriculum legislation requires teachers to stress the importance of good health including prevention of sexually transmitted diseases. ([apps.leg.wa.gov/rcw/default.aspx?cite=28A.230.020](http://apps.leg.wa.gov/rcw/default.aspx?cite=28A.230.020))
- Sexual health education is optional. Districts that choose to offer sexual health education must ensure it follows the Healthy Youth Act. Washington State Health Education K-12 Learning Standards allows for districts, schools and teachers to choose grade-level outcomes related to sexual health education. [www.k12.wa.us/HIVSexualhealth/pubdocs/TalkingPoints-HPEStandards.pdf](http://www.k12.wa.us/HIVSexualhealth/pubdocs/TalkingPoints-HPEStandards.pdf).

### For More Information:

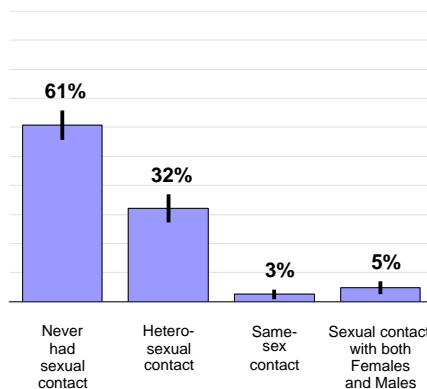
- HIV and Sexual Health Education, sponsored by the Office of Superintendent of Public Instruction at: [www.k12.wa.us/HIVSexualhealth](http://www.k12.wa.us/HIVSexualhealth).

Questions about sexual behavior and teaching STD and pregnancy prevention were included at the discretion of each school district. Therefore, local results may be missing or may not reflect a representative sample of all students in the community. In order to improve the quality and usefulness of data, it is recommended that all schools include these questions when administering the Healthy Youth Survey.

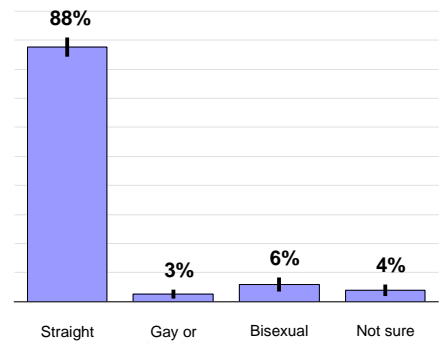
**Sexual Behaviors**  
Grade 10, 2014



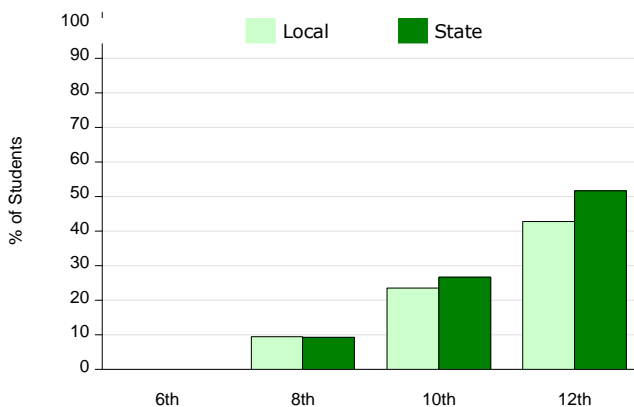
**Sex of Sexual Contacts**  
Grade 10, 2014



**Sexual Orientation**  
Grade 10, 2014

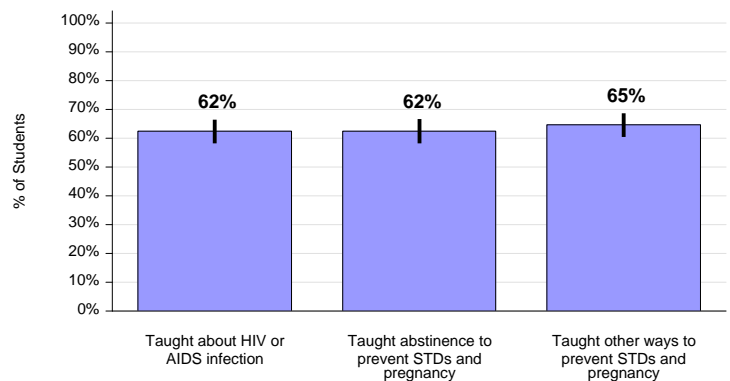


**Ever Had Sexual Intercourse**  
All Grades, 2014



Prevalence	6th	8th	10th	12th
Local	N/A	9% ±8	24% ±4	43% ±6
State	N/A	9% ±4	27% ±5	52% ±4

**HIV/AIDS, STDs and Pregnancy Prevention Taught in School**  
Grade 10, 2014



*In 2014, students who report ever having had sexual intercourse also report higher rates of being depressed and higher rates of alcohol use.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Sexual Behavior and Orientation for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

### Background:

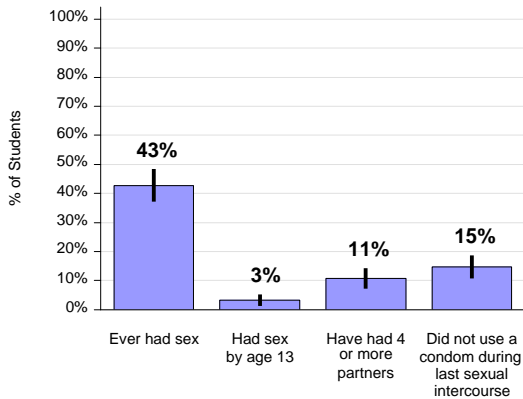
- All Washington schools must offer HIV/AIDS prevention education each year starting no later than the 5th grade. ([RCW 28A.230.070](#))
- The Healthy Youth Act provides a framework for those districts that choose to provide sexual health education. ([RCW 28A.300.475](#))
- DOH and OSPI jointly developed Guidelines for Sexual Health Information and Disease Prevention at: [www.k12.wa.us/HIVSexualhealth/pubdocs/SexEdGuidelines011005.pdf](http://www.k12.wa.us/HIVSexualhealth/pubdocs/SexEdGuidelines011005.pdf)
- Research-based and evidence-based programs can significantly delay first intercourse, decrease sexual risk taking, and increase condom and contraceptive use. <http://recapp.etr.org/recapp/documents/programs/SexHIVedProgs.pdf>
- Common school curriculum legislation requires teachers to stress the importance of good health including prevention of sexually transmitted diseases. ([apps.leg.wa.gov/rcw/default.aspx?cite=28A.230.020](http://apps.leg.wa.gov/rcw/default.aspx?cite=28A.230.020))
- Sexual health education is optional. Districts that choose to offer sexual health education must ensure it follows the Healthy Youth Act. Washington State Health Education K-12 Learning Standards allows for districts, schools and teachers to choose grade-level outcomes related to sexual health education. [www.k12.wa.us/HIVSexualhealth/pubdocs/TalkingPoints-HPEStandards.pdf](http://www.k12.wa.us/HIVSexualhealth/pubdocs/TalkingPoints-HPEStandards.pdf).

### For More Information:

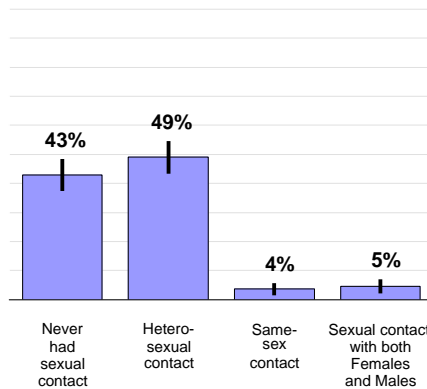
- HIV and Sexual Health Education, sponsored by the Office of Superintendent of Public Instruction at: [www.k12.wa.us/HIVSexualhealth](http://www.k12.wa.us/HIVSexualhealth).

Questions about sexual behavior and teaching STD and pregnancy prevention were included at the discretion of each school district. Therefore, local results may be missing or may not reflect a representative sample of all students in the community. In order to improve the quality and usefulness of data, it is recommended that all schools include these questions when administering the Healthy Youth Survey.

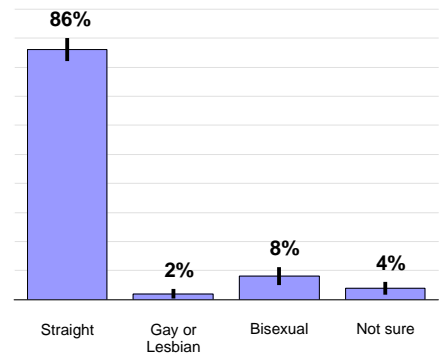
**Sexual Behaviors**  
Grade 12, 2014



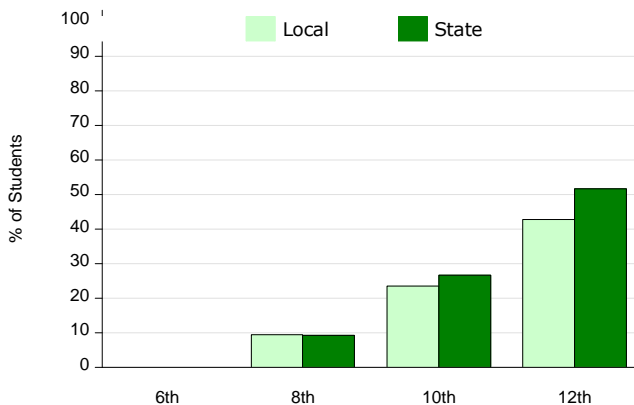
**Sex of Sexual Contacts**  
Grade 12, 2014



**Sexual Orientation**  
Grade 12, 2014

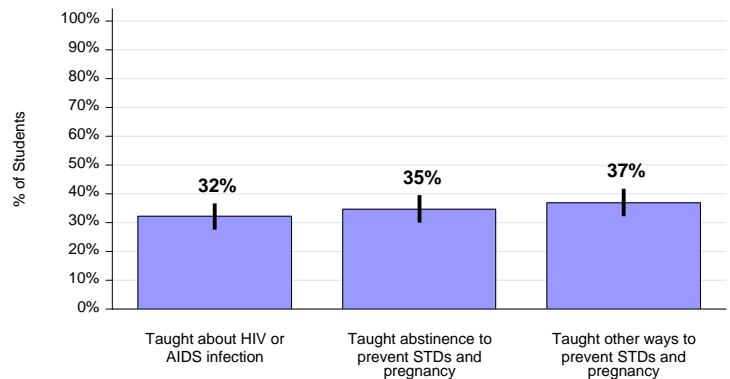


**Ever Had Sexual Intercourse**  
All Grades, 2014



Prevalence	6th	8th	10th	12th
Local	N/A	9% ± 8	24% ± 4	43% ± 6
State	N/A	9% ± 4	27% ± 5	52% ± 4

**HIV/AIDS, STDs and Pregnancy Prevention Taught in School**  
Grade 12, 2014



*In 2014, students who report ever having had sexual intercourse also report higher rates of being depressed and higher rates of alcohol use.*

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Alcohol Use for Edmonds School District, page 1 of 2

Year: 2014

Grade: 10

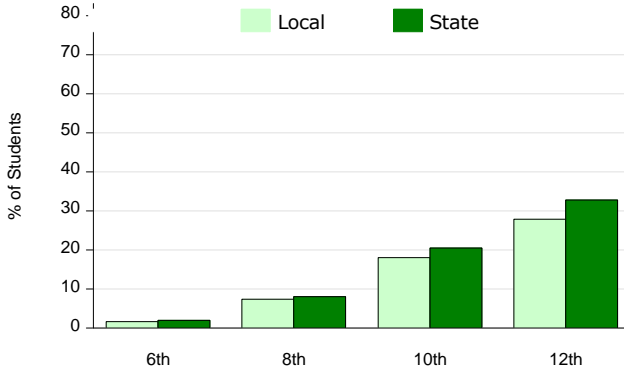
Gender: Both

Number of Students Surveyed: 1,100

### Background:

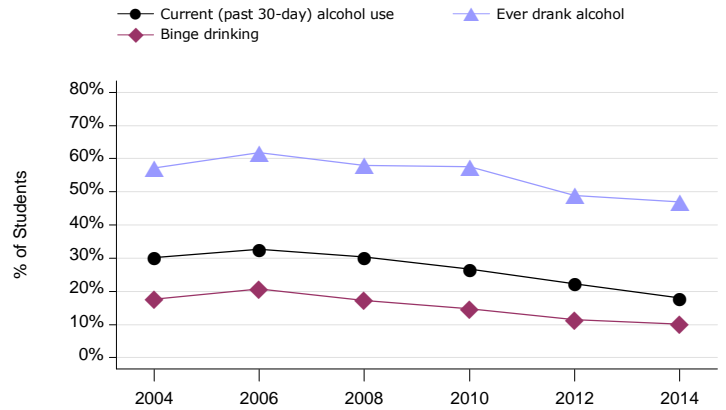
- 5,000 people under the age of 21 die each year from alcohol-related car crashes, homicides, suicides, poisoning, falls, drownings and other injuries.
- Youth alcohol use is associated with violence, school failure, and sexual activity.
- Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.

**Current (past 30 days) Alcohol Use Compared to the State, All Grades, 2014**



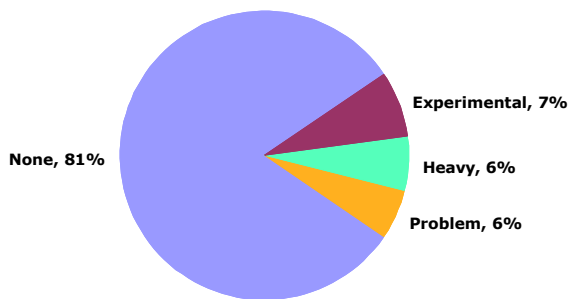
Prevalence	6th	8th	10th	12th
Local	2% ±1	7% ±2	18% ±2	28% ±3*
State	2% ±0	8% ±1	21% ±2	33% ±3

**Alcohol Use Trends, Grade 10**



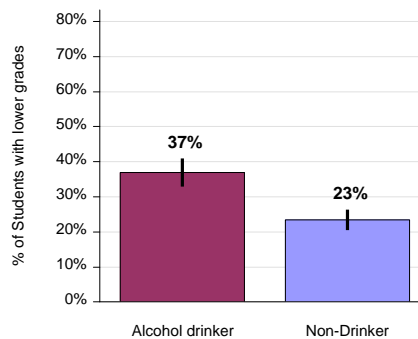
Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) alcohol use	30% ±3	33% ±3	30% ±3	27% ±3*	22% ±2*	18% ±2*
Ever drank alcohol	57% ±3	62% ±3*	58% ±3	57% ±3	49% ±3*	47% ±3
Binge drinking	18% ±2	21% ±4	17% ±2	15% ±2	11% ±2*	10% ±2

**Level of Alcohol Use Grade 10, 2014**



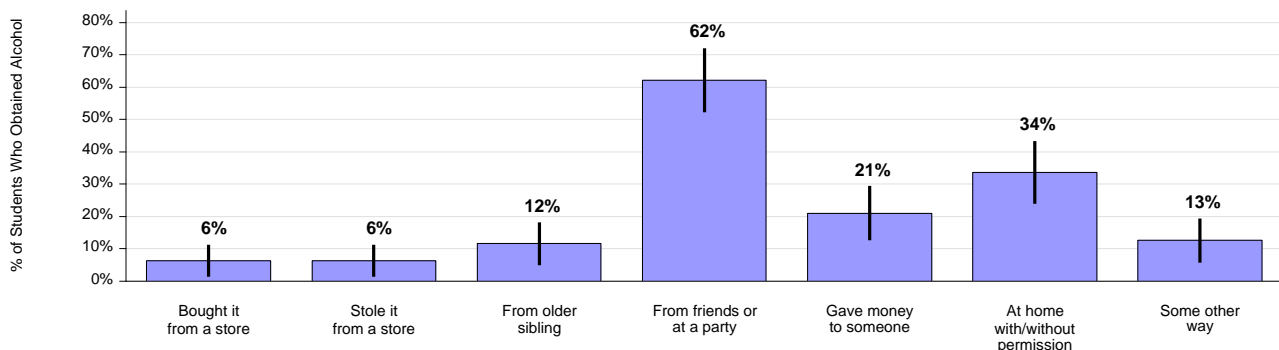
- None: no drinking in the past 30 days (81%)
- Experimental: 1-2 days drinking, and no binge drinking (7%)
- Heavy: 3-5 days drinking, and/or one binge (6%)
- Problem: 6+ days drinking, and/or 2+ binges (6%)

**Statewide Relationship between Lower Grades and Current (past 30-day) Alcohol Use Grade 10, 2014**



Statewide, more 10th graders who drink alcohol report lower grades in school (C's, D's or F's) compared to those who don't drink.

**Where Do Youth Get Alcohol? Grade 10, 2014**



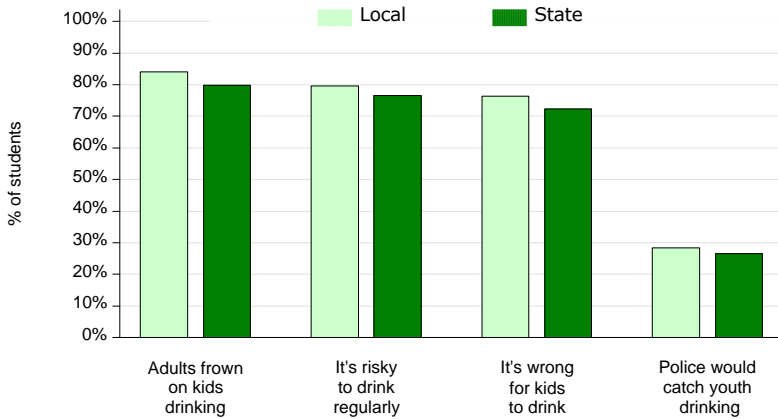
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless whether they reported drinking in the past 30 days. Students could select multiple sources.



# Healthy Youth Survey Fact Sheet

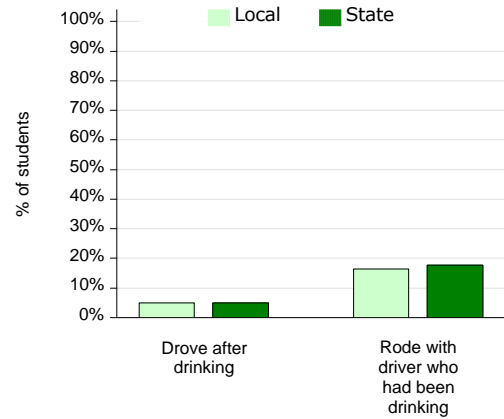
## Alcohol Use for Edmonds School District, page 2 of 2

**Youth Perceptions about Alcohol Compared to the State, Grade 10, 2014**



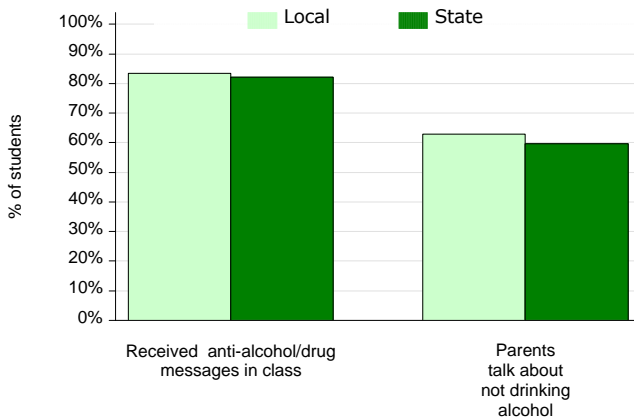
Prevalence	Adults frown on drinking	Regular drinking is risky	Drinking is wrong for kids	Police would catch youth drinking
Local	84% ±3	80% ±3	76% ±4	28% ±4
State	80% ±2	77% ±2	72% ±2	27% ±2

**Drinking and Driving/Riding Compared to the State, Grade 10, 2014**



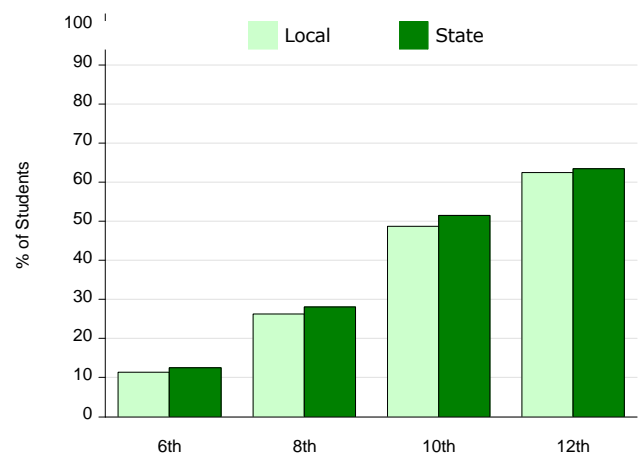
Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	5% ±2	16% ±3
State	5% ±1	18% ±1

**Received Anti-Alcohol Messages Compared to the State, Grade 10, 2014**



Prevalence	Received anti-alcohol/drug messages in class	Parents talked about drinking
Local	83% ±3	63% ±4
State	82% ±3	60% ±2

**Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	11% ±2	26% ±4	49% ±4	62% ±5
State	13% ±1	28% ±2	51% ±2	63% ±2

**For More Information:**

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [adaiclearinghouse.org](http://adaiclearinghouse.org) or call (206) 221-8325.
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Alcohol Use for Edmonds School District, page 1 of 2

Year: 2014

Grade: 12

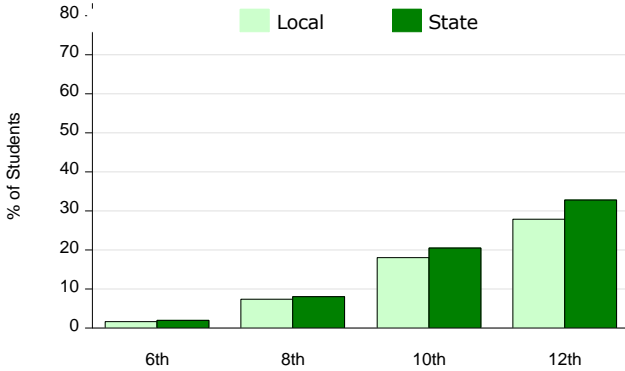
Gender: Both

Number of Students Surveyed: 791

### Background:

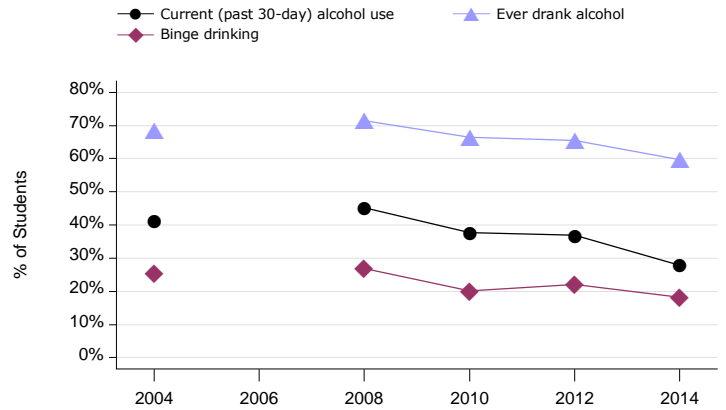
- 5,000 people under the age of 21 die each year from alcohol-related car crashes, homicides, suicides, poisoning, falls, drownings and other injuries.
- Youth alcohol use is associated with violence, school failure, and sexual activity.
- Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.

**Current (past 30 days) Alcohol Use Compared to the State, All Grades, 2014**



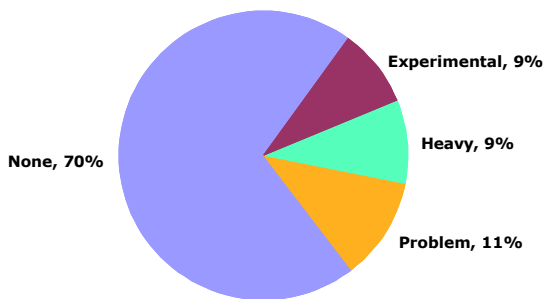
Prevalence	6th	8th	10th	12th
Local	2% ±1	7% ±2	18% ±2	28% ±3*
State	2% ±0	8% ±1	21% ±2	33% ±3

**Alcohol Use Trends, Grade 12**



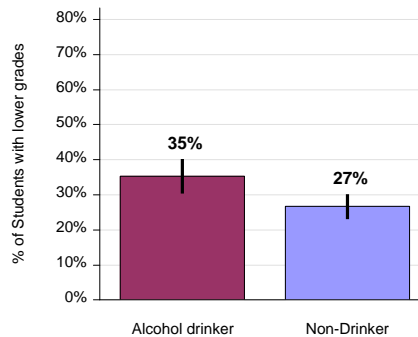
Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) alcohol use	41% ±4	S	45% ±3	38% ±3*	37% ±3	28% ±3*
Ever drank alcohol	69% ±4	S	71% ±3	66% ±3*	66% ±3	60% ±3*
Binge drinking	25% ±3	S	27% ±3	20% ±2*	22% ±3	18% ±3*

**Level of Alcohol Use Grade 12, 2014**



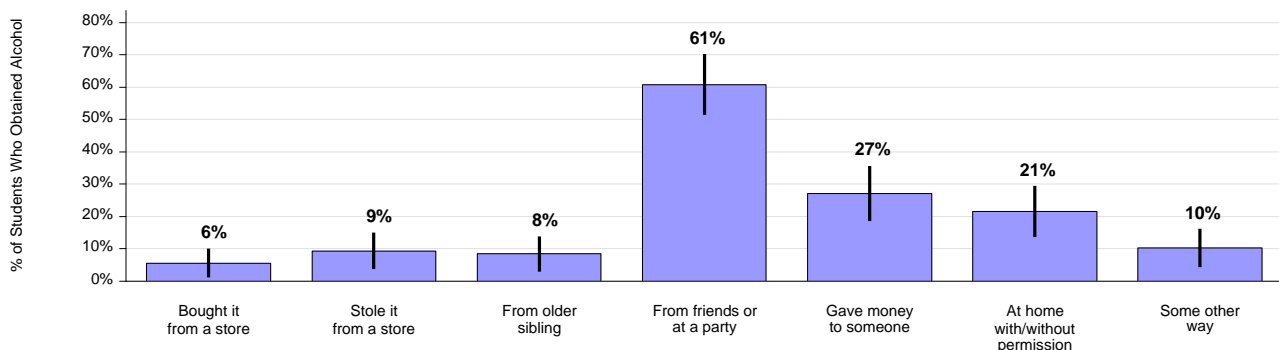
- None: no drinking in the past 30 days (70%)
- Experimental: 1-2 days drinking, and no binge drinking (9%)
- Heavy: 3-5 days drinking, and/or one binge (9%)
- Problem: 6+ days drinking, and/or 2+ binges (11%)

**Statewide Relationship between Lower Grades and Current (past 30-day) Alcohol Use Grade 12, 2014**



Statewide, more 12th graders who drink alcohol report lower grades in school (C's, D's or F's) compared to those who don't drink.

**Where Do Youth Get Alcohol? Grade 12, 2014**



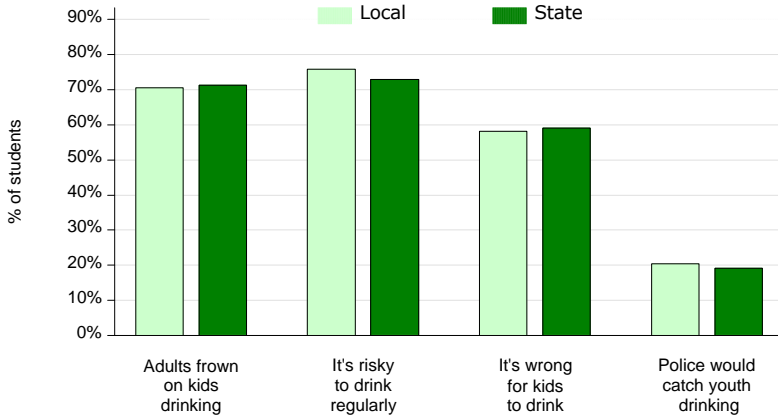
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless whether they reported drinking in the past 30 days. Students could select multiple sources.



# Healthy Youth Survey Fact Sheet

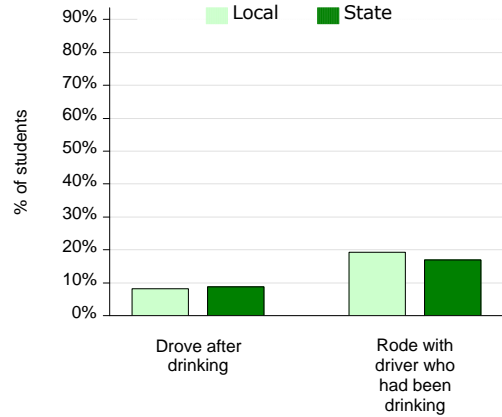
## Alcohol Use for Edmonds School District, page 2 of 2

**Youth Perceptions about Alcohol Compared to the State, Grade 12, 2014**



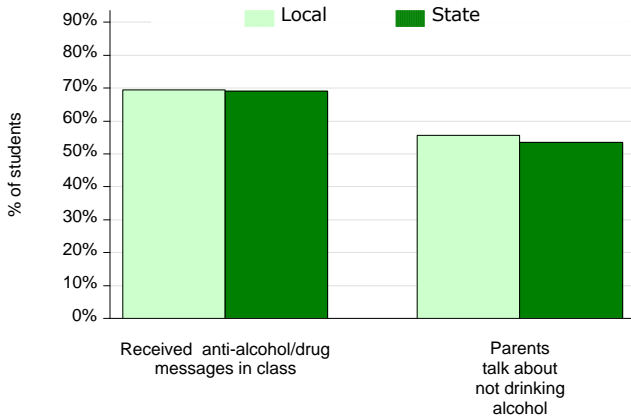
Prevalence	Adults frown on drinking	Regular drinking is risky	Drinking is wrong for kids	Police would catch youth drinking
Local	71% ±5	76% ±4	58% ±5	20% ±4
State	71% ±2	73% ±2	59% ±3	19% ±2

**Drinking and Driving/Riding Compared to the State, Grade 12, 2014**



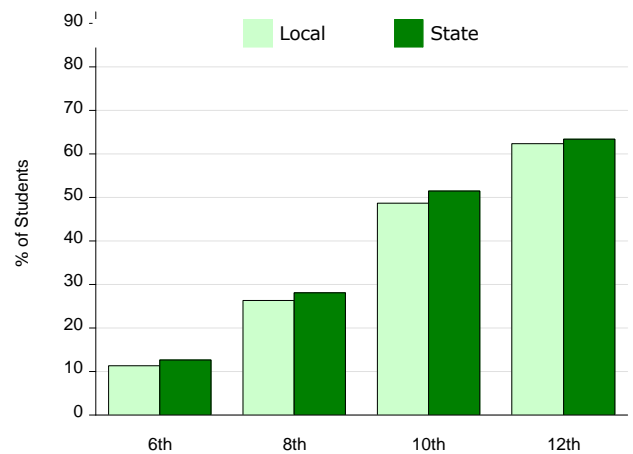
Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	8% ±3	19% ±4
State	9% ±1	17% ±2

**Received Anti-Alcohol Messages Compared to the State, Grade 12, 2014**



Prevalence	Received anti-alcohol/drug messages in class	Parents talked about drinking
Local	69% ±5	56% ±5
State	69% ±3	53% ±2

**Youth Perception that Alcohol is Easy to Get Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	11% ±2	26% ±4	49% ±4	62% ±5
State	13% ±1	28% ±2	51% ±2	63% ±2

**For More Information:**

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [adaiclearinghouse.org](http://adaiclearinghouse.org) or call (206) 221-8325.
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Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05





# Healthy Youth Survey Fact Sheet

## Tobacco Use for Edmonds School District

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

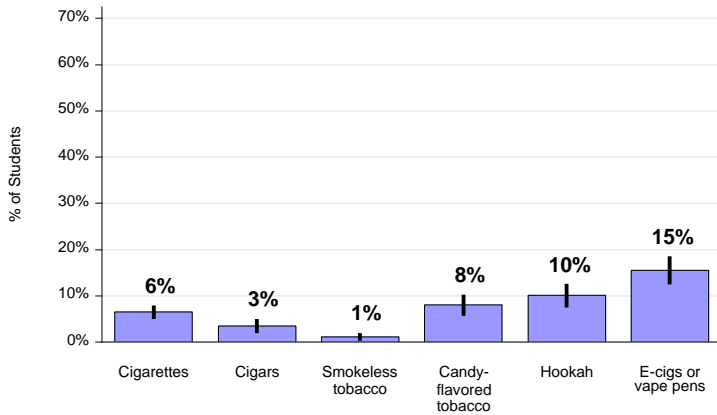
### Background:

- In Washington State, about 40 youth start smoking cigarettes each day.
- About 104,000 youth alive in Washington now will ultimately die prematurely from smoking.
- Smoking is associated with drug use and low academic performance.

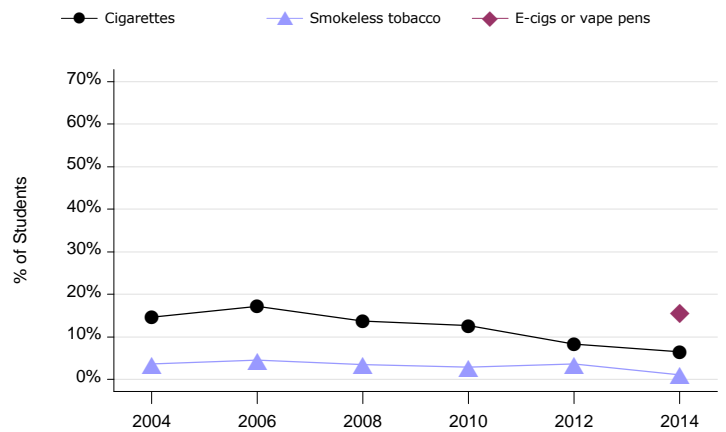
### For More Information:

- The Washington State Department of Health funds a tobacco prevention and control program to keep youth from beginning to use tobacco, to help people quit using tobacco, and to reduce exposure to secondhand smoke. Visit [www.doh.wa.gov/YouandYourFamily/Tobacco](http://www.doh.wa.gov/YouandYourFamily/Tobacco).
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

**Current (past 30-day) Tobacco Use Grade 10, 2014**

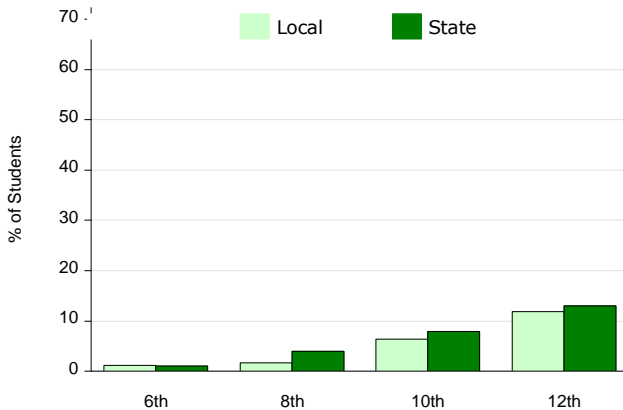


**Current (past 30-day) Tobacco Use Trends, Grade 10**



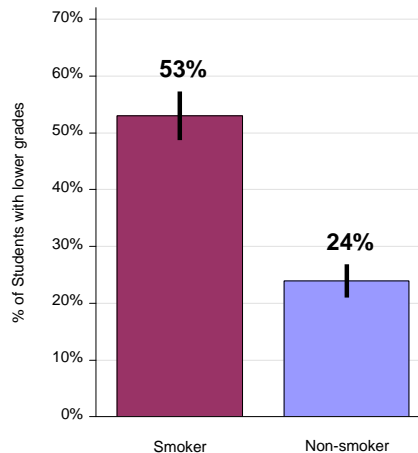
Prevalence	2004	2006	2008	2010	2012	2014
Cigarettes	15% ± 2	17% ± 2	14% ± 2*	13% ± 2	8% ± 2*	6% ± 1
Smokeless tobacco	4% ± 1	5% ± 1	3% ± 1	3% ± 1	4% ± 1	1% ± 1*
E-cigs or vape pens	N/S	N/S	N/S	N/S	N/S	15% ± 3

**Current (past 30-day) Cigarette Smoking Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	1% ± 1	2% ± 1*	6% ± 1	12% ± 2
State	1% ± 0	4% ± 1	8% ± 1	13% ± 2

**Statewide Relationship between Lower Grades and Current (past 30-day) Cigarette Smoking Grade 10, 2014**



*Statewide, more 10th graders who smoke cigarettes report lower grades in school (C's, D's or F's) compared to non-smokers..*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
 \*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05



# Healthy Youth Survey Fact Sheet

## Tobacco Use for Edmonds School District

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

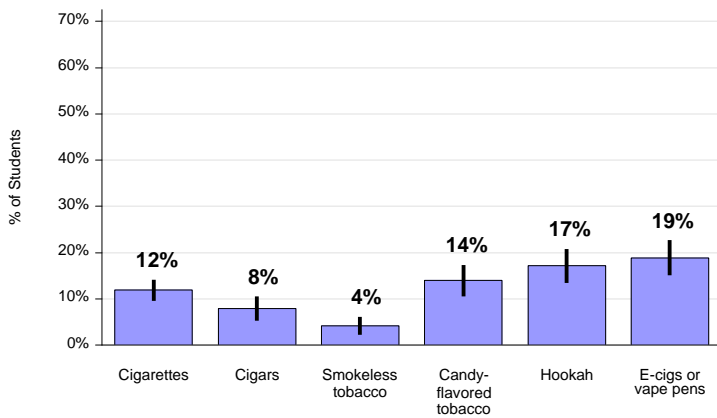
### Background:

- In Washington State, about 40 youth start smoking cigarettes each day.
- About 104,000 youth alive in Washington now will ultimately die prematurely from smoking.
- Smoking is associated with drug use and low academic performance.

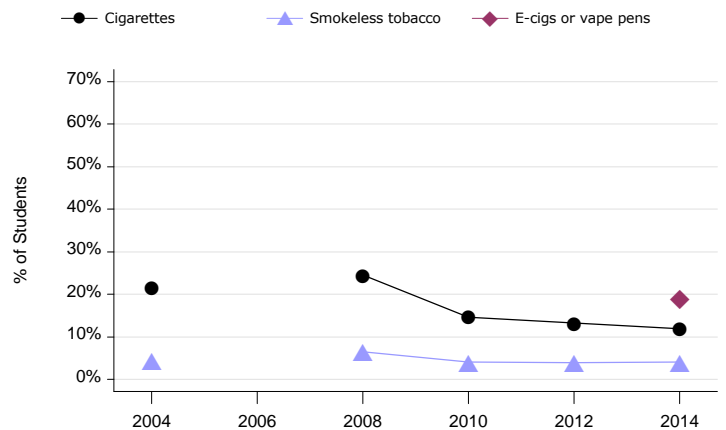
### For More Information:

- The Washington State Department of Health funds a tobacco prevention and control program to keep youth from beginning to use tobacco, to help people quit using tobacco, and to reduce exposure to secondhand smoke. Visit [www.doh.wa.gov/YouandYourFamily/Tobacco](http://www.doh.wa.gov/YouandYourFamily/Tobacco).
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

**Current (past 30-day) Tobacco Use  
Grade 12, 2014**

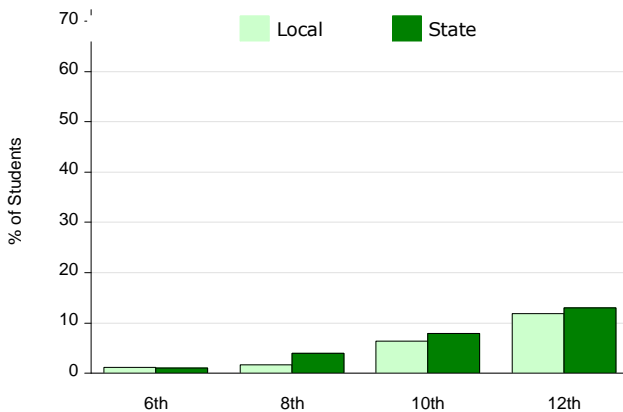


**Current (past 30-day) Tobacco Use Trends, Grade 12**



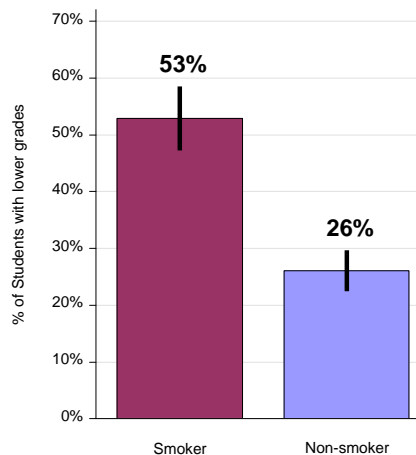
Prevalence	2004	2006	2008	2010	2012	2014
Cigarettes	22% ± 3	S	25% ± 3	15% ± 2*	13% ± 2	12% ± 2
Smokeless tobacco	5% ± 2	S	7% ± 2	4% ± 1*	4% ± 1	4% ± 2
E-cigs or vape pens	N/S	N/S	N/S	N/S	N/S	19% ± 4

**Current (past 30-day) Cigarette Smoking  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
Local	1% ± 1	2% ± 1*	6% ± 1	12% ± 2
State	1% ± 0	4% ± 1	8% ± 1	13% ± 2

**Statewide Relationship between  
Lower Grades and  
Current (past 30-day) Cigarette Smoking  
Grade 12, 2014**



*Statewide, more 12th graders who smoke cigarettes report lower grades in school (C's, D's or F's) compared to non-smokers..*

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

# Edmonds School District Healthy Youth Survey Fact Sheet

## Tobacco & Vapor Product Use

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

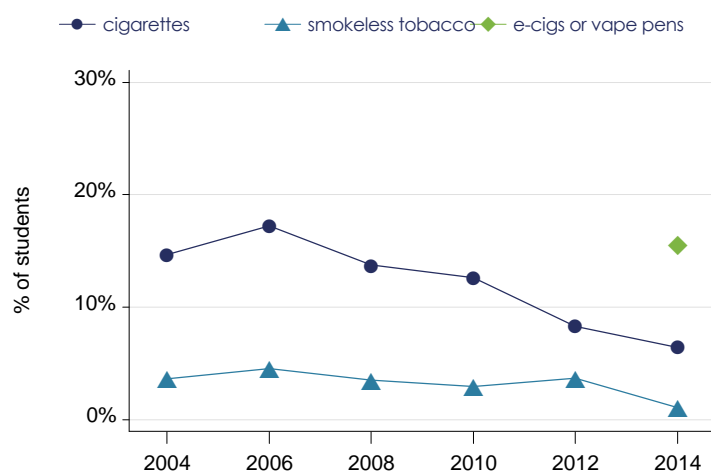
### BACKGROUND

- Tobacco use remains the leading cause of preventable death in Washington
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence
- 104,000 Washington youth alive today will ultimately die prematurely from smoking
- Electronic cigarettes and vapor products use is on the rise among youth and recent studies have indicated that youth who use electronic cigarettes/vapor products are at increased risk of cigarette smoking
- Preventing youth from starting initiation of tobacco use is the most effective way to stem the tide of population-wide tobacco addiction and population-level tobacco-related mortality, morbidity and economic costs

### MORE INFORMATION...

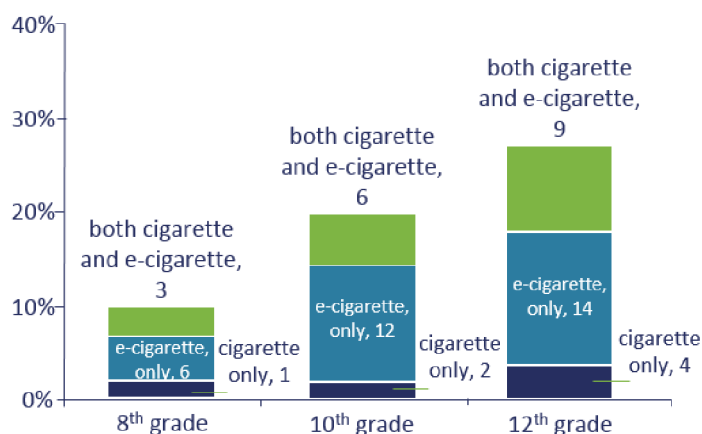
- Through key partnerships, the *Tobacco Prevention and Control Program* addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more, here: [www.doh.wa.gov/YouandYourFamily/Tobacco](http://www.doh.wa.gov/YouandYourFamily/Tobacco)
- For 24-hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.warecoveryhelpline.org](http://www.warecoveryhelpline.org)
- For resources to quit tobacco, go to [www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit](http://www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit)

### Current (past 30-day) tobacco use trends, grade 10



Prevalence	2004	2006	2008	2010	2012	2014
cigarettes	15% ±2	17% ±2	14% ±2*	13% ±2	8% ±2*	6% ±1
smokeless tobacco	4% ±1	5% ±1	3% ±1	3% ±1	4% ±1	1% ±1*
e-cigs or vape pens	N/S	N/S	N/S	N/S	N/S	15% ±3

### Statewide prevalence of past 30 day e-cigarette, cigarette and use of both among youth by grade



#### missing codes

S = result suppressed due to insufficient reporting from students of schools;  
N/G = grade not available; N/S = question was not surveyed this year;  
N/A = question was not asked of this grade;

prevalence is displayed with 95% confidence intervals (ast or black bar |)  
\*indicates a significant change from the previous year, <0.05

results generated at [askhys.net](http://askhys.net) on 04/27/2017

# Edmonds School District Healthy Youth Survey Fact Sheet

## Tobacco & Vapor Product Use

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

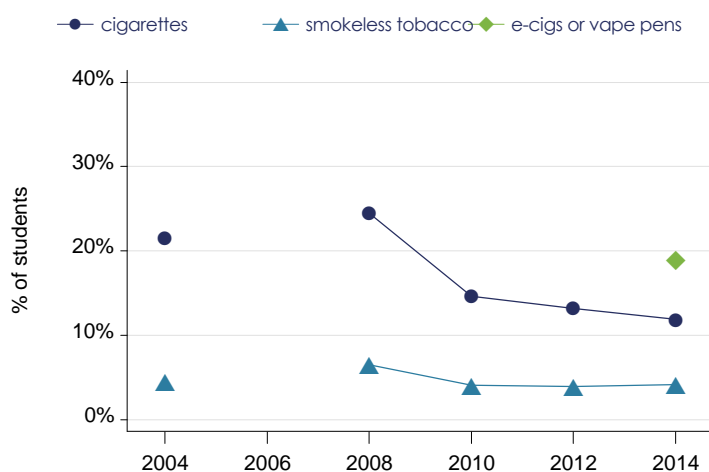
### BACKGROUND

- Tobacco use remains the leading cause of preventable death in Washington
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence
- 104,000 Washington youth alive today will ultimately die prematurely from smoking
- Electronic cigarettes and vapor products use is on the rise among youth and recent studies have indicated that youth who use electronic cigarettes/vapor products are at increased risk of cigarette smoking
- Preventing youth from starting initiation of tobacco use is the most effective way to stem the tide of population-wide tobacco addiction and population-level tobacco-related mortality, morbidity and economic costs

### MORE INFORMATION...

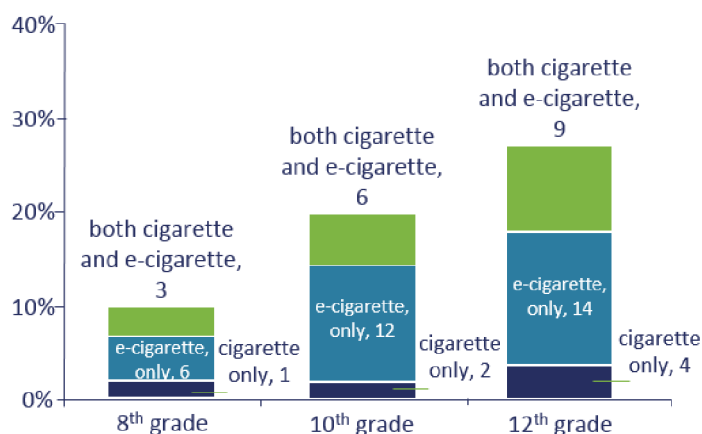
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- For 24-hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.warecoveryhelpline.org](http://www.warecoveryhelpline.org)
- For resources to quit tobacco, go to [www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit](http://www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit)

### Current (past 30-day) tobacco use trends, grade 12



Prevalence	2004	2006	2008	2010	2012	2014
cigarettes	22% ±3	S	25% ±3	15% ±2*	13% ±2	12% ±2
smokeless tobacco	5% ±2	S	7% ±2	4% ±1*	4% ±1	4% ±2
e-cigs or vape pens	N/S	N/S	N/S	N/S	N/S	19% ±4

### Statewide prevalence of past 30 day e-cigarette, cigarette and use of both among youth by grade



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S = result suppressed due to insufficient reporting from students of schools;  
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prevalence is displayed with 95% confidence intervals (ast or black bar |)  
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results generated at [askhys.net](http://askhys.net) on 04/27/2017

# Edmonds School District Healthy Youth Survey Fact Sheet

## Electronic Cigarette & Vapor Product Use

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

### BACKGROUND

- The emergence of electronic cigarette and vapor products has raised serious concern. Nicotine use at a young age may cause lasting harm to brain development, promote addiction, and lead to sustained tobacco use <sup>[i]</sup>
- Electronic cigarette and vapor product use is on the rise among youth, nationally
- About half of middle school and high school students in the U.S. who used tobacco products in 2015 were current users of two or more types of tobacco products, including e-cigarettes and vapor products <sup>[ii]</sup>
- Preventing youth initiation of tobacco use is a key strategy for stemming the tide of tobacco-related mortality, morbidity and economic costs
- In 2016, Washington State recently passed a Vapor Products bill establishing important youth protections to reduce illegal youth access to vapor products. This law applies to any vapor product whether or not it contains nicotine <sup>[iii]</sup>
- The Food and Drug Administration (FDA) recently extended its authority to cover e-cigarettes, dissolvables, pipe tobacco, hookah tobacco, and cigars as tobacco products. This rule applies to products that contain nicotine <sup>[iv]</sup>

i. Centers for Disease Control and Prevention. (2016, June). Vital Signs. Retrieved from Smoking & Tobacco Use: [http://www.cdc.gov/tobacco/data\\_statistics/vital\\_signs/index.htm](http://www.cdc.gov/tobacco/data_statistics/vital_signs/index.htm) Washington State Department of Health. (2015). Tobacco Facts

ii. Washington State 2015 Update. Tumwater: Washington State Department of Health

iii. An act relating to youth vapor product substance use prevention, and vapor product regulation, without permitting a tax on the sale or production of vapor products. ESSB 6328. (2016) Retrieved from <http://apps.leg.wa.gov/billinfo/summary.aspx?bill=6328>

iv. Food and Drug Administration. (2016, May 16). Tobacco Products. Retrieved from FDA: <http://www.fda.gov/TobaccoProducts/Labeling/ucm388395.htm>

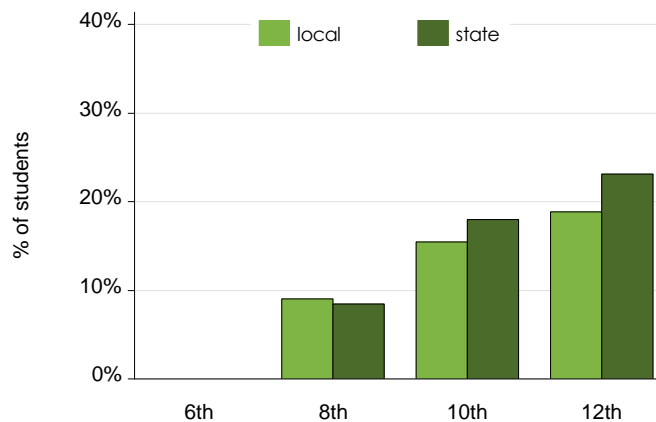
### MORE INFORMATION...

- Through key partnerships, the Tobacco Prevention and Control Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more, here: [www.doh.wa.gov/YouandYourFamily/Tobacco](http://www.doh.wa.gov/YouandYourFamily/Tobacco)
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- For resources to quit tobacco, go to [www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit](http://www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit)

### Substance used\* in electronic cigarettes among current (30-day) electronic cigarette users, Grade 10, 2014

\*Students can select more than one type of substance

### Current (past 30-day) electronic cigarette use compared to the state, all grades



Prevalence	6th	8th	10th	12th
local	N/A	9% ±2	15% ±3	19% ±4
state	N/A	8% ±1	18% ±2	23% ±2

prevalence is displayed with 95% confidence intervals (ast or black bar |)

\*indicates a significant change from the previous year, <0.05

results generated at [askhys.net](http://askhys.net) on 04/27/2017

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# Edmonds School District Healthy Youth Survey Fact Sheet

## Electronic Cigarette & Vapor Product Use

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

### BACKGROUND

- The emergence of electronic cigarette and vapor products has raised serious concern. Nicotine use at a young age may cause lasting harm to brain development, promote addiction, and lead to sustained tobacco use <sup>[i]</sup>
- Electronic cigarette and vapor product use is on the rise among youth, nationally
- About half of middle school and high school students in the U.S. who used tobacco products in 2015 were current users of two or more types of tobacco products, including e-cigarettes and vapor products <sup>[ii]</sup>
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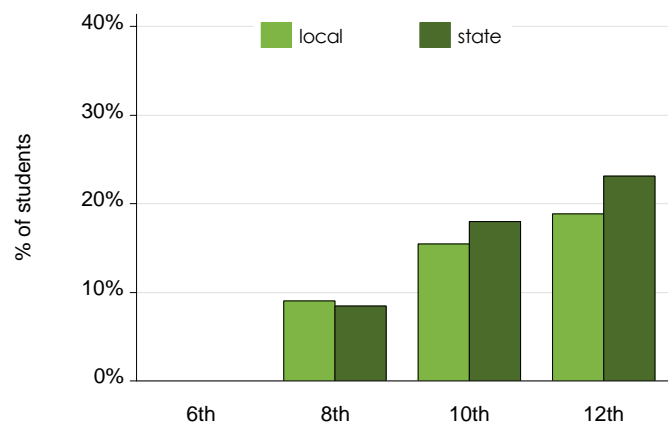
### MORE INFORMATION...

- Through key partnerships, the Tobacco Prevention and Control Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more, here: [www.doh.wa.gov/YouandYourFamily/Tobacco](http://www.doh.wa.gov/YouandYourFamily/Tobacco)
- For 24-hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit [www.warecoveryhelpline.org](http://www.warecoveryhelpline.org)
- For resources to quit tobacco, go to [www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit](http://www.doh.wa.gov/YouandYourFamily/Tobacco/HowtoQuit)

### Substance used\* in electronic cigarettes among current (30-day) electronic cigarette users, Grade 12, 2014

\*Students can select more than one type of substance

### Current (past 30-day) electronic cigarette use compared to the state, all grades



Prevalence	6th	8th	10th	12th
local	N/A	9% ±2	15% ±3	19% ±4
state	N/A	8% ±1	18% ±2	23% ±2

prevalence is displayed with 95% confidence intervals (ast or black bar |)

\*indicates a significant change from the previous year, <0.05

results generated at [askhys.net](http://askhys.net) on 04/27/2017

#### missing codes

S = result suppressed due to insufficient reporting from students of schools;

N/G = grade not available; N/S = question was not surveyed this year;

N/A = question was not asked of this grade;





# Healthy Youth Survey Fact Sheet

## Marijuana Use for Edmonds School District, page 1 of 2

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 1,100

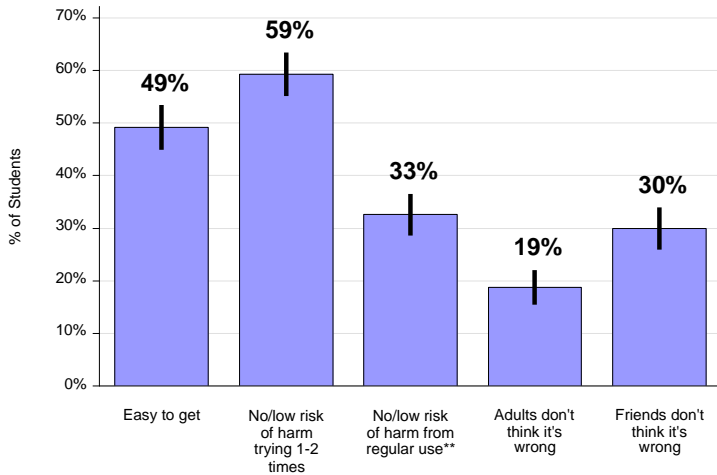
### Background:

- Marijuana is addictive. Most teens who enter drug treatment programs report marijuana is the primary drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

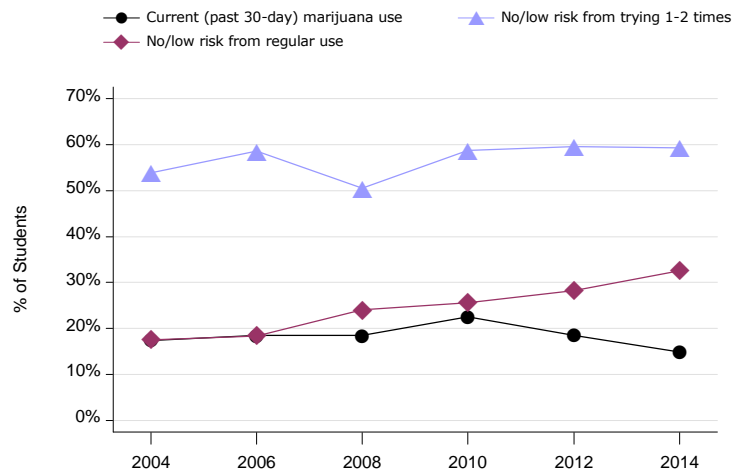
### For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [adaiclearinghouse.org](http://adaiclearinghouse.org) or call (206) 221-8325.
- For 24 hour help for mental health, substance use and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

**Attitudes about Marijuana Use  
Grade 10, 2014**

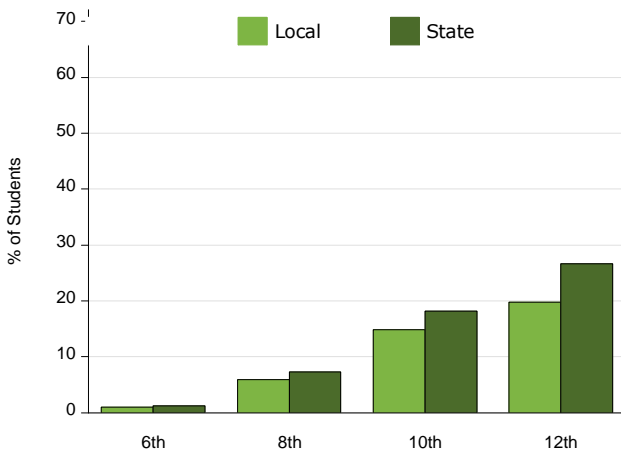


**Marijuana Use and Perception of Harm Trends  
Grade 10**



*In 2014, 33% of 10th graders in our school district thought there was little or no risk of using marijuana regularly.*

**Current (past 30-day) Marijuana Use  
Compared to the State, All Grades, 2014**

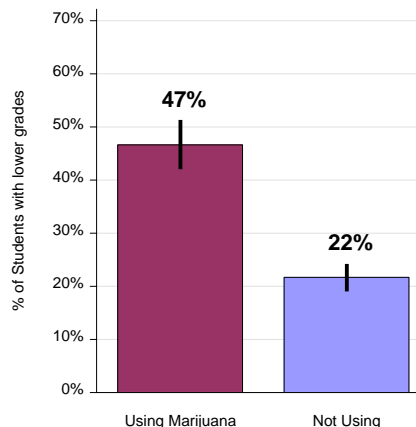


Prevalence	6th	8th	10th	12th
local	1% ± 1	6% ± 1	15% ± 2*	20% ± 3*
state	1% ± 0	7% ± 1	18% ± 2	27% ± 2

Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) marijuana use	17% ± 2	18% ± 2	18% ± 2	22% ± 2*	19% ± 2*	15% ± 2*
No/low risk from trying 1-2 times	54% ± 4	59% ± 4	51% ± 4*	59% ± 4*	60% ± 4	59% ± 4
No/low risk from regular use**	18% ± 3	18% ± 4	24% ± 4*	26% ± 4	28% ± 4	33% ± 4

\*\*"Smoke" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

**Statewide Relationship between  
Lower Grades and Current (past 30-day) Marijuana Use  
Grade 10, 2014**



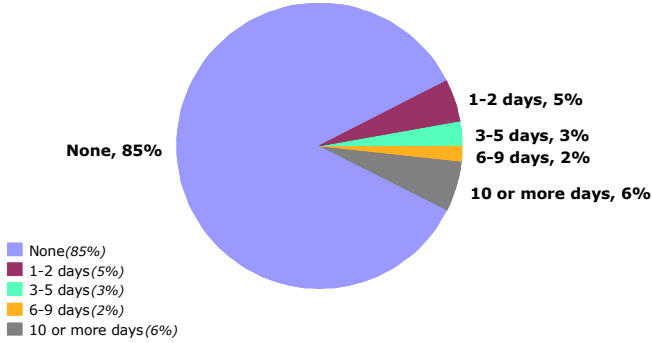
*Statewide, more 10th graders who use marijuana report lower grades in school (C's, D's or F's) compared to those who don't use.*



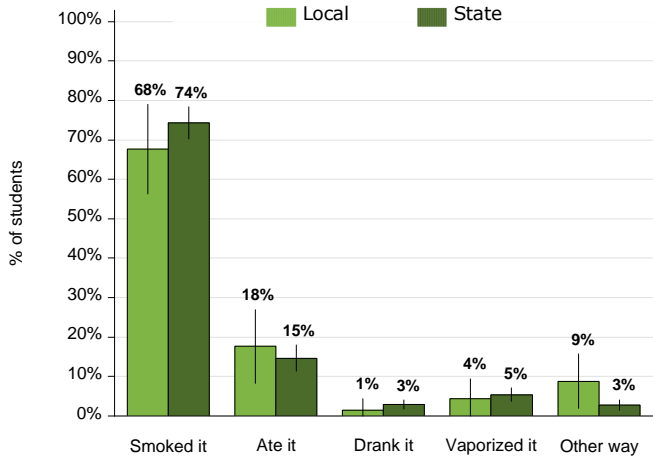
# Healthy Youth Survey Fact Sheet

## Marijuana Use for Edmonds School District, page 2 of 2

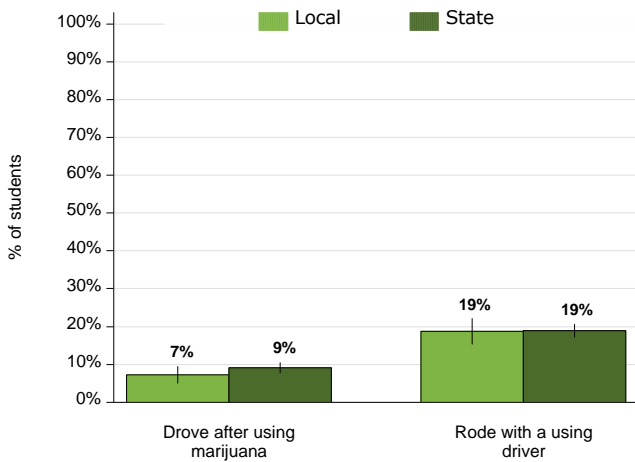
Level of Current (past 30-day) Marijuana Use  
Grade 10, 2014



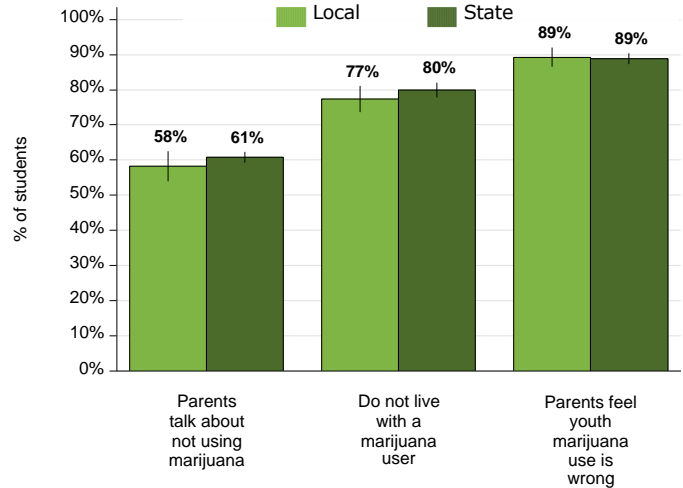
Type of Marijuana Used among Those Who Used It  
Grade 10, 2014



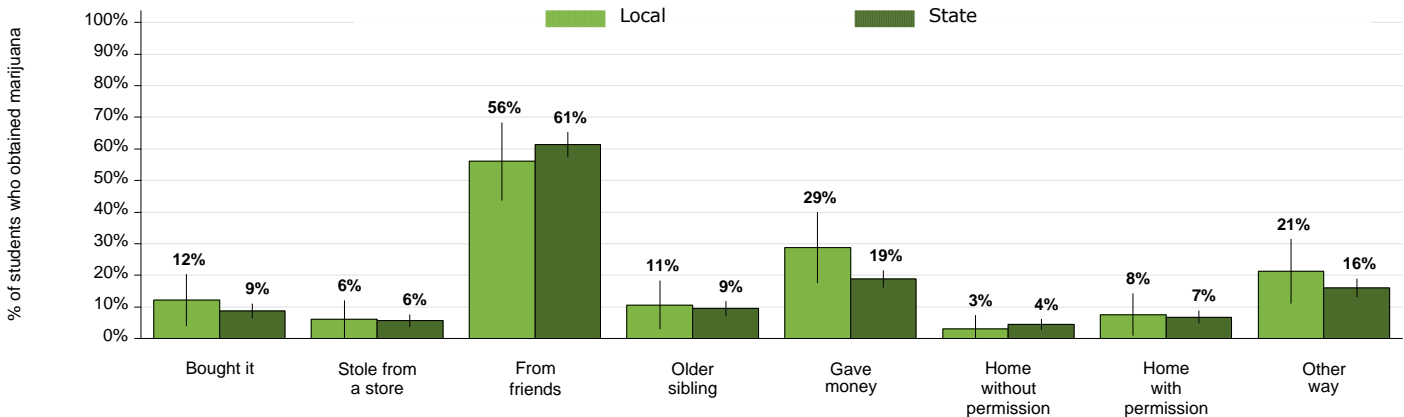
Marijuana Use and Driving/Riding  
Grade 10, 2014



Family Environment, Grade 10, 2014



Where Do Youth Get Marijuana? Grade 10, 2014



The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05





# Healthy Youth Survey Fact Sheet

## Marijuana Use for Edmonds School District, page 1 of 2

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 791

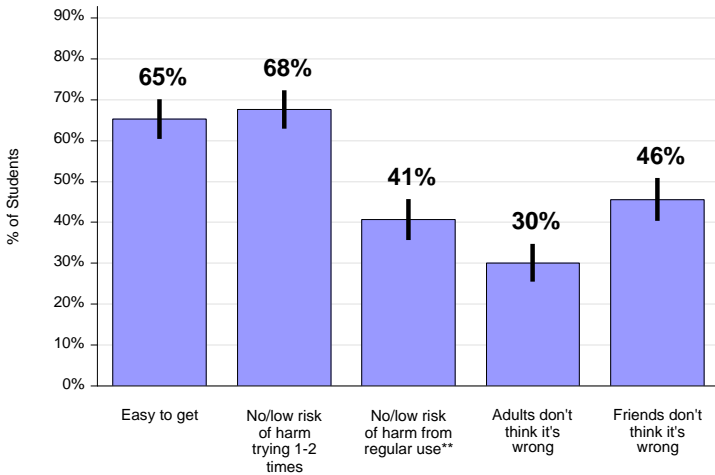
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- Marijuana is addictive. Most teens who enter drug treatment programs report marijuana is the primary drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

### For More Information:

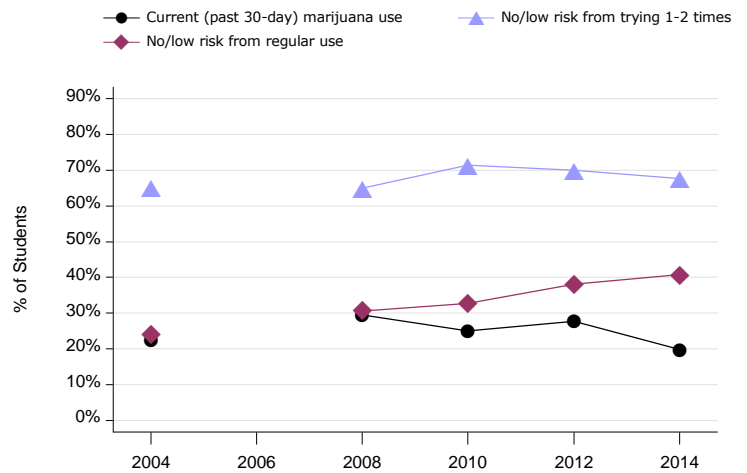
- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit [www.StartTalkingNow.org](http://www.StartTalkingNow.org).
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse [adaiclearinghouse.org](http://adaiclearinghouse.org) or call (206) 221-8325.
- For 24 hour help for mental health, substance use and problem gambling, call 1-866-789-1511 or visit [www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org).

**Attitudes about Marijuana Use  
Grade 12, 2014**



*In 2014, 41% of 12th graders in our school district thought there was little or no risk of using marijuana regularly.*

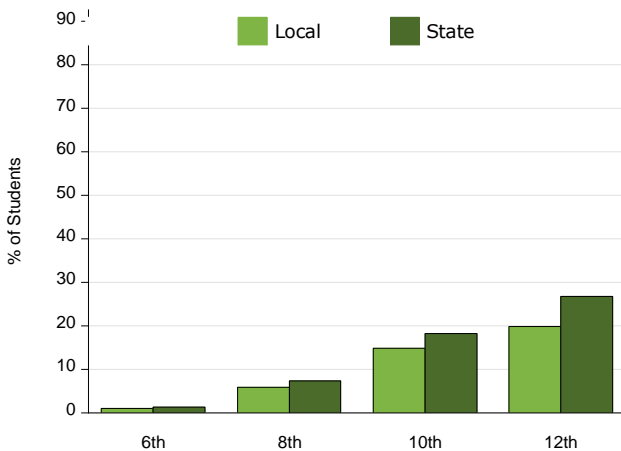
**Marijuana Use and Perception of Harm Trends  
Grade 12**



Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) marijuana use	23% ±3	S	30% ±3*	25% ±3*	28% ±3	20% ±3*
No/low risk from trying 1-2 times	65% ±5	S	65% ±5	71% ±4*	70% ±4	68% ±5
No/low risk from regular use**	24% ±5	S	31% ±5*	33% ±4	38% ±5	41% ±5

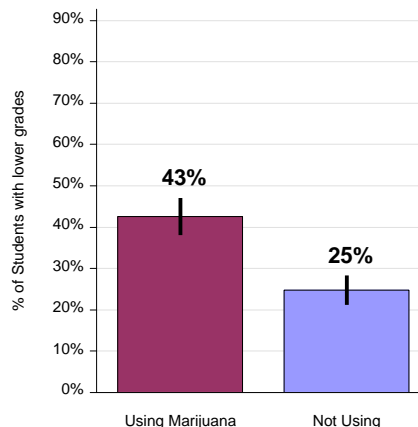
\*\*"Smoke" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

**Current (past 30-day) Marijuana Use  
Compared to the State, All Grades, 2014**



Prevalence	6th	8th	10th	12th
local	1% ±1	6% ±1	15% ±2*	20% ±3*
state	1% ±0	7% ±1	18% ±2	27% ±2

**Statewide Relationship between  
Lower Grades and Current (past 30-day) Marijuana Use  
Grade 12, 2014**



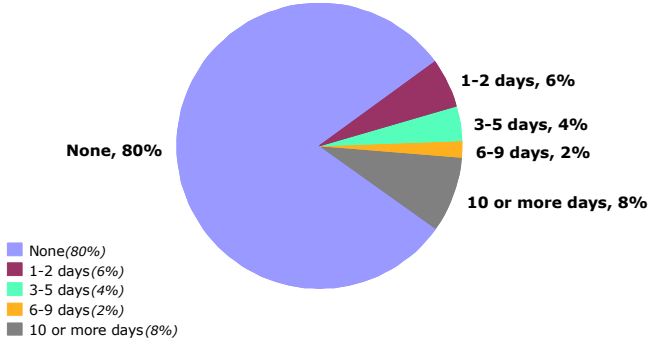
*Statewide, more 12th graders who use marijuana report lower grades in school (C's, D's or F's) compared to those who don't use.*



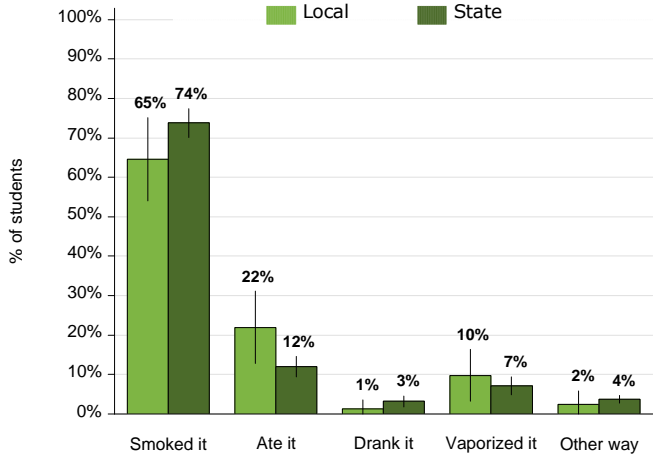
# Healthy Youth Survey Fact Sheet

## Marijuana Use for Edmonds School District, page 2 of 2

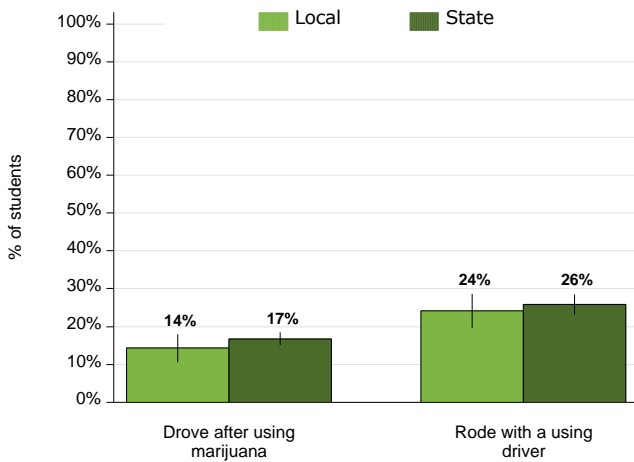
Level of Current (past 30-day) Marijuana Use  
Grade 12, 2014



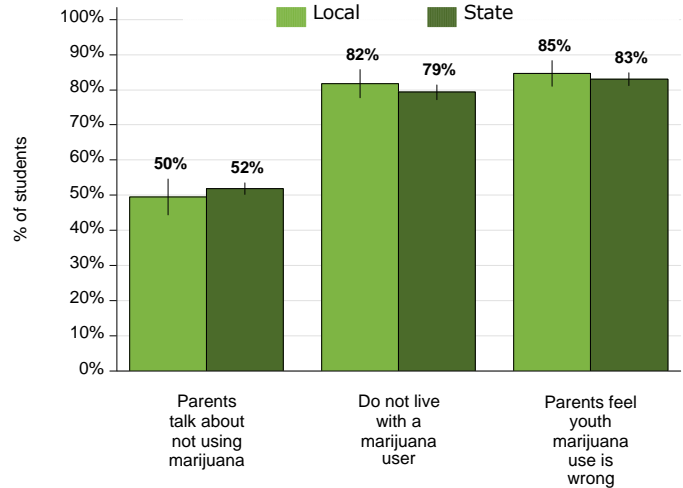
Type of Marijuana Used among Those Who Used It  
Grade 12, 2014



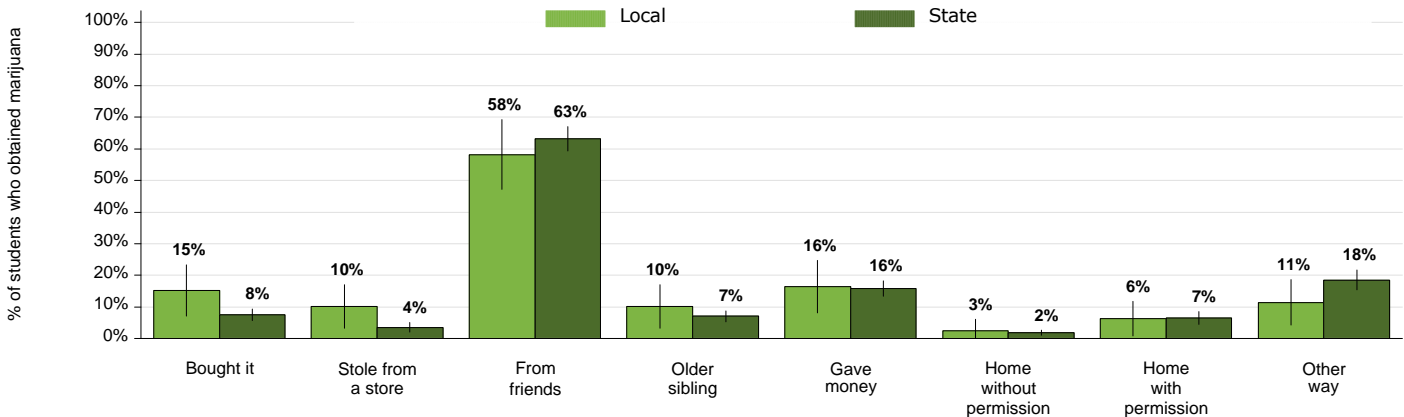
Marijuana Use and Driving/Riding  
Grade 12, 2014



Family Environment, Grade 12, 2014



Where Do Youth Get Marijuana? Grade 12, 2014



The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

Prevalence is displayed with 95% confidence intervals (as ± or black bar )  
\*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05