

Kings Canyon USD
KCUSD HIGH SCHOOL LUNCH
JULY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				Jul - 1 WGR Pizza Wedge SWEET POTATO FRIES 1 Cup Fruit Variety MILK - Variety* Assorted Condiments
Jul - 4 HOLIDAY	Jul - 5 Cheese Quesadilla SALAD Harvest 1 Cup Fruit Variety MILK - Variety* Assorted Condiments	Jul - 6 WGR Corn Dog POTATO WEDGES SEASON 1 Cup Fruit Variety MILK - Variety* Assorted Condiments	Jul - 7 Chicken Smackers Vegetable Medley 1 Cup Fruit Variety MILK - Variety* Assorted Condiments	Jul - 8 WGR French Bread Pizza SALAD Harvest 1 Cup Fruit Variety MILK - Variety* Assorted Condiments

WGR*: Whole Grain Rich
 Menu is Subject to Change
 This Institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.