

Kings Canyon USD
PRE-K BREAKFAST
BREAKFAST MENU
JULY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				Jul - 1 Yogurt and Cereal Bowl Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Jul - 4 HOLIDAY	Jul - 5 WGR Muffins JUICE, FRUIT, ASSORTED Fruit Cup, Variety MILK WHITE 1%	Jul - 6 CHERRIOS & CHEESE Raisels, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Jul - 7 WGR French Toast Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Jul - 8 WGR Cinn Pancakes JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% SYRUP,PANCAKE, IW
Jul - 11 WGR FRENCH TOAST DUN JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% SYRUP,PANCAKE, IW	Jul - 12 WGR Brk Pizza Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Jul - 13 CHERRIOS & CHEESE JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1%	Jul - 14 WGR Cinn Toast Cereal JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1%	Jul - 15 WGR Muffins Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Jul - 18 WGR Cereal w Cheese Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1%	Jul - 19 WGR Brk Pizza Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1%	Jul - 20 WGR Muffins JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1%	Jul - 21 WGR Cinn Pancakes JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% SYRUP,PANCAKE, IW	Jul - 22 WGR Tornado Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1%
Jul - 25 WGR Pancake on a Stick JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Jul - 26 WGR Brk Pizza Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1%	Jul - 27 WGR Cereal w Cheese BANANAS, FRESH JUICE, FRUIT, ASSORTED MILK WHITE 1%	Jul - 28 WGR French Toast JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Jul - 29 CHERRIOS & CHEESE Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1%

WGR*: Whole Grain Rich
 Menu is Subject to Change
 This Institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.