

### Cline Wellness/Physical Activity Report Information 18-19

- Provide a digital copy of your 18-19 Wellness Policy if it is different from the district policy. **attached**
- Provide the name of your wellness leader/contact for your school. **David Phillips**

List any wellness/physical activities conducted by your school in the 2018-19 school year. (Provide examples and number and type of participants e.g. students, parents, community)

- **Girls on the Run – 15 Girls in grades 4 and 5 along with an adult running buddy (parent or teacher) participated in a program for 6 weeks culminating with a 5K event.**
- **Let Me Run, a similar program for boys was held in the spring. 10 boys participated for this first time to host program in our school.**
- **Track and Field day events for all students, preschool through grade 5, with approximately 40 parent volunteers**
- **15 students participated in NFL's Fuel Up to Play 60 after school program.**
- **Grades 2-5 went to Victor's Hoops for Health Day at NKU**
- **My Heart Rocks program with sponsor St. E Hospital – Grades 3 and 5**
- **NKU's Dance troupe multi cultural dance exercise program was completed with grades 3-5.**
- **American Red Cross Pillow Case Project. – Importance of Safety and Preparation theme**
  
- Did your school meet the number of minutes of physical activity as required? **Yes** / No
- How many minutes are your students provided for: **Lunch 25**  
**Breakfast- before the school day – as long as needed**
  
- Is your school compliant with the state and national competitive foods regulations concerning nutrition content, appropriate timing of food sales and fundraisers involving food sales? **Yes/No**
- What nutrition education opportunities did your school provide in 18-19?
  - **Periodic informational sharing on the morning news program from the café staff.**
  - **Farm to Table information and posters shared.**
  - **Produce Man assembly – whole school, Nurse Amy**
  - **My Heart Rocks program, St. Elizabeth Health Center focused on the importance of nutrition**
  
- Did your school conduct any assessments of your 18-19 Wellness/Physical activity environment?  
If so, please include a copy of the assessment. **Informal**
  
- Please provide any special information that you would like to have highlighted in the assessment report for the Board of Education about the Wellness/Physical Activities in your school for the 18-19 school year.