

Wellness/Physical Activity Report Information 18-19

1. Provide a digital copy of your 18-19 Wellness Policy if it is different from the district policy.

Same as CCS District Policy

2. Provide the name of your wellness leader/contact for your school.

Michael Florimonte

3. List any wellness/physical activities conducted by your school in the 2018-19 school year. (Provide examples and number and type of participants e.g. students, parents, community)

N/A

4. Did your school meet the number of minutes of physical activity as required? Yes / No

All Sophomore students are required to take Health/PE as a CCHS graduation requirement.

Students also have the opportunity to take the following Health/PE elective courses:

Freshman Fitness, Recreational Sports, Aerobic Activity and Nutrition, Strength Training and

Fitness, Gross Motor Development

5. How many minutes are your students provided for:

Lunch 20 mins

Breakfast 35 mins

6. Is your school compliant with the state and national competitive foods regulations concerning nutrition content, appropriate timing of food sales and fundraisers involving food sales? Yes/No

7. What nutrition education opportunities did your school provide in 18-19?

All students have the opportunity to take the following courses: Food and Nutrition, Culinary I, and Culinary II

8. Did your school conduct any assessments of your 18-19 Wellness/Physical activity environment? If so, please include a copy of the assessment.

School: Campbell County High School

Goal 1	Not Meeting Expectation	Meeting Expectation	Exceeding Expectation
School Leadership ensures the district wellness policy is implemented via a school-level wellness policy and reports annually to the district compliance with KRS 158.856 and KRS 160.345	X		

Recommendations:

- Incorporate health/physical education teachers into vertical and horizontal level PLC meetings with content teachers to improve cross-curricular connections. Have CCHS Health/PE Faculty member and CCHS Administrator serve on the CCS District Wellness Committee.

9. Please provide any special information that you would like to have highlighted in the assessment report for the Board of Education about the Wellness/Physical Activities in your school for the 18-19 school year.