

EMANUEL COUNTY EARLY HEAD START

SERVICES TO PREGNANT WOMEN

*NO-FEE SERVICES TO INCOME ELIGIBLE PREGNANT WOMEN, FATHERS & THEIR FAMILIES:
EVIDENCE BASED PRENATAL AND POSTPARTUM CURRICULUM*



- FETAL DEVELOPMENT
- NUTRITION
- RISKS OF ALCOHOL, DRUGS & SMOKING
- LABOR & DELIVERY
- POSTPARTUM RECOVERY
- PARENTAL DEPRESSION
- INFANT CARE & SAFE SLEEP PRACTICES
- BENEFITS OF BREASTFEEDING

*MENTAL HEALTH SERVICES
FAMILY SUPPORT & REFERRALS
FAMILY ENGAGEMENT ACTIVITIES
2 WEEK NEWBORN VISIT BY STAFF*

*FOR MORE INFORMATION CONTACT:
EMANUEL COUNTY EARLY LEARNING CENTER
308 TIGER TRAIL
SWAINSBORO, GA 30401
478-237-3434*



Emanuel County Early Head Start is a part of the Emanuel County Board of Education and does not discriminate on the basis of race, color, religion, national origin, sex, age or disability in its educational programs, activities or employment.