

Sky News

April 2022

A note from our Principal:

Greetings, Skyline families!

Our emphasis on kindness for March was very successful, and we had so many students sharing acts of kindness with each other! As students earn character cards (green for showing kindness, and white for being safe, respectful, and responsible), they add them to a poster in their classrooms. When completed, we announce them during morning announcements and Mrs. Teshera and I come down to congratulate each class. The class also gets to choose a fun way to celebrate their accomplishment. This has been a very positive way to recognize all the good things that our students are doing on a daily basis. For April, our school-wide focus is "Respect."

We would love to invite you to volunteer in our school. Please reach out to me if you have any questions about volunteering. There was a Parent Square message sent last week, in case you missed it. If you would like to lead a structured game or activity or visit with students on the playground, our lunch recess times are: 11:25-11:55, 12:00-12:30, and 1:05-1:35. Please contact me if you would like more info.

We will begin Spring Smarter Balanced State assessments the week of April 25th. 3rd, 4th, and 5th graders will participate in these assessments. Watch for more information to be sent out soon via Parent Square. Thank you for all of your support, and for being your child's 1st Teacher. We appreciate you!

Obadiah DeWeber

(360) 383-9450

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A Message From Our School Nurse:

I hope everyone has an awesome Spring Break! Please remember that if you need immunization updates or medication orders for next school year make sure you get those August appointments scheduled as they often fill up quickly!

Have a great Spring Break,

Nurse Chelsea 😂



A Message from our Dean of Students:





We are heading into the final part of our school year. It has been a big year with lots of changes, but our students have risen to the challenge. It is very important to end this year strong and that starts with coming to school every day on time.

It is important to know that learning starts from the minute a student arrives on our school grounds. This is a time for them to be greeted, to say hi to friends, to make connections, to prepare their minds for the day, etc. When students are late to school, they miss this very important step of their day. In addition, a lot of learning happens in the first part of our day. Every minute a student is late is a minute of lost learning. Much of this learning is not duplicated later in the day, so that time is not able to be made up in other ways. Coming to school on time is a way to make sure your child isn't missing out.

Just as a reminder:

9:00 - Students are allowed on campus (the school grounds).

9:15 - The first bell rings and students are allowed to enter the building and go to class or go to breakfast.

9:30 - The tardy bell rings. At this time, students should be in class, in seats, ready to learn. If they are not already on campus and heading to class, they will need to check in at the office.

As always, we so appreciate the support from our families. You are all amazing and make Skyline awesome!

Thank you and Happy Spring!

Karen Teshera
Email: karen.teshera@ferndalesd.org
Phone: (360) 383-9456



COUNSELOR'S Corner

Spring Greetings! April is a beautiful time of year when trees and flowers bloom and we experience more daylight and warmer weather. It is also National Stress Awareness month and I'd like to take a moment to highlight the impacts of stress and the importance of seeking healthy coping strategies to help manage stressful situations. We all experience stress and some amount can be positive in motivating us to try new things and get things done. However, stress can become toxic when it is prolonged, and we are in situations where feel continually overwhelmed. This type of stress can have physical, emotional and behavioral impacts such as headaches, stomachaches, irritability and problems sleeping. Prioritizing selfcare including healthy routines around eating, sleeping and exercising as well as making time for creative outlets and outdoor activities is an important part of combating stress. Negative effects of stress can also be minimized by seeking out social support, such as talking with family or friends or making a connection with a mental health specialist. If you are interested in talking about ways to help your child deal with stress, I can be reached at the contact information listed above. I hope you and your family enjoy a lovely spring break!

> Zoom Office Hours: 3:00-3:30 Mon-Fri Email: meghan.squires@ferndalesd.org Phone: (360)383-9458

More info: https://linktr.ee/skylinecounseling