

# Summer Food Program

# MENU

**June 2022**  
**High School**

**PRICES:**

Age 18 & Younger      Free  
Adult Breakfast      \$2.65  
Adult Lunch      \$4.60

**Breakfast (Blue shaded area)**

Milk and fruit or juice available daily.

**Lunch**

Deli sandwich option (32g), and wowbutter & jelly option (74g) offered daily.

There are NO a la carte purchases at this time, including milk.

\*Indicates items may contain pork

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	14	15	16	17
French Toast Sticks~43g Yogurt~19g Potato Rounds~18g Chilled Peaches~14g	Beef Hotdog on Bun~32g Fresh Vegetable Selection Fruit Selection	Beef & Cheese Taco~32g Lettuce/Tomato~3g Yellow Corn~15g Fresh Fruit Selection	Boneless Chicken Wings~22g Crinkle Cut Fries~15g Fresh Fruit Selection	French Bread Pizza~30g w/Pizza Sauce~7g Sugar Snap Peas~5g Chilled Pears~15g
Muffin~28g	Apple or Cherry Frudel~36g	Breakfast Bread~60g	Oatmeal Breakfast Bar~47g	Soft Filled Cinnamon Bar~41g
20	21	22	23	24
Breaded Chicken Sandwich~43g Potato Wedges~20g Vegetable Selection Applesauce~15g	Cheese Pizza~34g Steamed Broccoli~3g Fresh Fruit Selection	Chicken Burrito Bowl~37g Lettuce/Tomato~3g Black Beans~18g Fresh Fruit Selection	Cheeseburger~30g Seasoned Fries~20g Chilled Peaches~14g	Beef & Cheese Nachos~34g Lettuce/Tomato~3g Yellow Corn~15g Fruit Selection
Muffin~28g	Apple or Cherry Frudel~36g	Breakfast Bread~60g	Oatmeal Breakfast Bar~47g	Soft Filled Cinnamon Bar~41g
27	28	29	30	
French Toast Sticks~43g Yogurt~19g Potato Rounds~18g Chilled Peaches~14g	Beef Hotdog on Bun~32g Oven Baked Beans~29g Fresh Fruit Selection	Beef & Cheese Enchilada~50g Lettuce/Tomato~3g Yellow Corn~15g Fruit Selection Churro~22g	Boneless Chicken Wings~22g Crinkle Cut Fries~15g Fresh Fruit Selection	
Muffin~28g	Apple or Cherry Frudel~36g	Breakfast Bread~60g	Oatmeal Breakfast Bar~47g	

**For menu questions, please contact:**

Natasha Lemke  
Summer Food Program Coordinator  
Phone: (507) 328-4262  
nalemke@rochesterschools.org

Menu subject to change due to product availability and weather delays/cancellations.

**Allergy Information:**

This menu may contain one or more of the following ingredients: milk, eggs, soybeans, and wheat. It does not contain peanuts or tree nuts per manufacturer labels.

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