

THE SONIC SOUND



Franklin Monroe High School

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Creative Writing: Poetry

By: Olivia Graves

You

I miss you,
More than I thought I would,
It's a problem, you know,
Because you didn't treat me like you should;

But that doesn't matter,
Now it's all in the past,
Just know that I love you,
And that it will always last.

I made a promise to you,
Which will always reign true,
So if you ever need me,
I'll be here to talk to;

But even though I love you so,
I still know my worth,
You treated me wrong and shut me out,
So this calls for rebirth.

Whether that be a relationship that blooms,
Or learning to live without you,
I deserve to be treated right,
But I can't even think to be with someone new.

Even after what you did,
I still love you with all my heart,
This shows how much I care for you,
It kills me to be apart.

I really want to make this work,
But only if you want,
Because if not, it won't matter,
I can no longer read you in this different font.

National Honor Society Inductions

By: Kerri Miller

On November 23 of 2021, Franklin Monroe hosted its annual National Honor Society induction. The National Honor Society ranks as one of the oldest and most prestigious national organizations for high school students. Chapters exist in three-fourths of the nation's high schools and since 1921, millions of students have been selected for membership. Thousands of dollars in scholarships have been awarded to senior members since 1945. Members of this organization hold themselves to high standards of leadership, scholarship, service and character, and work against negative forces in schools today.

The names of the new inductees are as follows: Skylar Bauman, Hunter Warner, Avery Hosler, Sadie Bowser, Jessica Brocious, Zoe Kellems, Layni Norris, Stephanie Dong, Zoe Brookey, Rebecca Gilmore, and honorary member Mrs. Samantha Porter. We congratulate the new inductees, and look forward to working with them in the future!



Homecoming Court and Dance

By: Hallie Aslinger

On January 7, the Jets held their homecoming game against Tri County North. The JV and Varsity FM teams both won with exciting victories over the Panthers. Homecoming court was recognized between the JV and Varsity games. The homecoming representatives were Addie Bauman and Ty Riffle (Freshmen), Keihl Johnson and Quinter Garber (Sophomores), and Avery Hosler and Brayden Cable (Juniors). The senior court consisted of Grace Beeson, Emma Hein, Chloe Wolfe, Skylar Bauman, Olivia Graves, Ky Cool, Blake Sease, Gabe Sargent, Jayce Byers, and Dylan Brumbaugh. Mrs. Ragsdale's daughter, Skylar Ragsdale, was the Homecoming princess and Mrs. Bixler's son, Brady Bixler, was the Homecoming prince this year. Last year's Queen and King, Chloe McGlinch and Ethan Fee, returned to crown this year's Homecoming Queen and King: Skylar Bauman and Gabe Sargent. Homecoming court was recognized again the next day at Homecoming. Everyone was happy to have Homecoming back to normal this year.



Upcoming Dates:

January 24: Last JH girls home basketball game v. NT 5:30 PM

January 28: NHS Blood Drive from 8:00 to 12:00 PM

January 31: Last JH boys home basketball game v. TVS 5:30 PM

February 3: Last HS girls home basketball game v. NT 6:00 PM

February 11: Last HS boys home basketball game v. TVS 6:00 PM

February 17: 2 Hour Early Dismissal, Parent Teacher Conferences

February 18: NO SCHOOL

February 21: NO SCHOOL

March 1: ACT for juniors

March 8: Band Cookie Concert 7:00 PM

March 18: Choir Coffeehouse Concert 7:00 PM

April 1: 2 Hour Early Dismissal, End of Quarter 3

Real World Issue:

A Focus on Teenage Anxiety

By: Amber Nottingham

Anxiety has always been an issue, but is becoming more of an increasing concern in teenagers every year. Teens with mild or moderate anxiety may complain about muscle tension and cramps, stomachaches, headaches, pain in the limbs and back, fatigue, or discomforts associated with pubertal changes. Chronic anxiety can lead to serious mental health problems — depression, substance use, and even suicide. Anxiety can interfere with the ability to focus and learn, causing school problems that can have lifelong impact.

The role that parental influence has in the development of anxiety is a complicated issue that has yet to be completely unraveled. Nonetheless, research has definitely opened a window that has increased our understanding of some factors that might be important in the development of SAD (Social anxiety disorder). Specifically, parenting traits such as over control, lack of warmth or rejection, and overprotection are known to be associated with the etiology of this disorder. Although most of the research has focused on maternal parenting, fathers are finally being included in the research as possible contributors to child behavior problems, especially in later childhood. Even the impact of siblings is starting to attract attention. As researchers have pursued this issue in the last five to ten years, a complicated picture has evolved illustrating that parenting is just one possible risk factor in a multitude of other environmental factors such as physical abuse, mental abuse, bullying, peer pressure, or death of a loved one.

In conclusion, it is recommended for the teens to participate in activities that they enjoy, relax, exercise regularly, doing things with others, and focus on the positive things. For example, deep breathing helps to relax a major nerve that runs from the diaphragm to the brain, sending a message to the entire body to let go and loosen up. Exercise sends oxygen to every cell in the body, so the brain and body can operate at it's best. Doing things with those who they feel close to deepens their bonds, allowing them to feel supported and secure. If they feel worried or nervous about something, talking about it with someone who listens and cares can help them feel more understood and better able to cope. A great way to keep their minds off the worry track is to focus their thoughts on things that are good, beautiful, and positive. Appreciate the small, everyday blessings thus allowing dreams, wishes, and imagine the best that can happen.

Creative Writing: Short Story (Continuation from October)

By: Sophi Durst

...Riley and Sabrina came to a stop in the living room, with Sabrina still looking down. Riley was in awe. There in the living room were Mr. and Mrs. Luxerton. The couple looked as if they were in pain. Their clothes and faces were dirty and unkempt. The once beautiful Lilith now seemed tired and out-of-place, and her husband looked as if he had been to a hundred wars in his life. When they noticed the two friends, muffled screams came.

Sabrina looked up from her feet, and was in shock to see the two. Riley walked up to them, only for them to back away as much as they could. Riley looked back at Sabrina, "They're two ghosts who are afraid of us. Why would they be afraid of us when we can't do anything to them?"

Sabrina shook her head, "They aren't ghosts, they are alive."

Riley looked at them again, "Why are they here then, and all tied up?" Riley's question was answered when another figure ran past.

A young lady ran down the hallway. Sabrina shouted at the sight of the woman. "It's the maid, Agatha! That's who tied the Luxertons up!"

Riley nodded, "Well then we've got to help them. You call the police," Riley proposed. Sabrina hurriedly pulled out her phone and called the police. Riley started running towards Agatha. Agatha had a lead on Riley. Agatha ran through the house with Riley after her. The police were on their way and Riley needed to hurry and catch her.

Agatha made a sharp turn which forced her into a wall. Riley quickly gained speed and grabbed onto Agatha. Agatha started fighting out of Riley's grip, but Riley wouldn't let go. The police eventually showed up and took Agatha into custody. Agatha had faked the Luxerton couple's deaths and kidnapped them as revenge for not putting her in the will after she escaped prison. Agatha had been keeping them in the house for almost a year, trying to make them change their will. An ambulance took the Luxertons to the hospital for health examinations while the police questioned Sabrina and Riley.

"I guess you won't have a ghost story," Riley joked, "But we did solve the mystery of the Luxertons. I think that makes up for it." Sabrina hugged Riley once more.

"Yeah, totally." Sabrina countered happily, "Come on, I have to do something calming for a couple months to get over that."

Riley smiled, "Okay. You have to put how I tackled her in the paper. That was the best part."

Creative Writing: Short Story

By: Molly Krauss

Today was New Year's Eve. My best friend and I were going to the movies. Our favorite movie theater was hosting a midnight movie just for new years. We were so excited and couldn't wait, but eventually we were walking in the doors. Our dads were going with us, but both of our moms were not up for a late night. We bought four tickets and we walked into the room with the big, bold "27" over the top. My dad double checked the tickets after we walked in and realized the name on the ticket said "Ghostbusters." We walked back to the desk. My dad asked about the tickets and the lady told us that the tickets for the movie we wanted were sold out. We decided to go home. We walked out the doors and it started pouring down rain. We drove to the library to pick out a movie. The doors were locked and the sign said "CLOSED." From there we went to our house. We were all very disappointed. My dad grabbed a movie from the shelf. "Do you guys remember this movie?" He asked. It was one of our favorite movies when we were kids. I popped it into our DVD player. My dad brought out some popcorn and soda. It was just like old times and even though we didn't see that movie, tonight ended up being the best New Year ever!

Sonic Sound Staff

Writers and Staff:

- Olivia Graves - Senior
- Kerri Miller - Senior
- Lexi Olson - Senior
- Hunter Warner - Junior
- Hallie Aslinger - Sophomore
- Elli Earwood - Sophomore
- Amber Nottingham - Sophomore
- Natalie Suter - Sophomore
- Sophi Durst - Freshman
- Nate Good - Freshman
- Alexis Kleismit - Freshman
- Molly Krauss - Seventh

Adviser:

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SADD: Annual Christmas Drive

By: Natalie Suter

On December 8th, the members of SADD (students against destructive decisions) had their annual Christmas drive led by Mrs. Rhoades. Students arrived at Walmart in Greenville to collect items to give to families in the community in need. This year, the club helped 3 families. The members were given a list of the children's interests and favorite things as well as clothing sizes and their age. The members worked together to buy the kids things ranging from a pair of boots to stuffed animals and even fun games. They showed their compassion and helped show the true meaning of Christmas through their small acts of kindness and their thoughtful gifts.

Creative Writing: Poetry

By: Matthew Coley

Tale of Time

With eyes as beautiful as the sky, came the Tale of Time. The tale of love and the tale of lies, the tale of pain and the tale of those eyes. Filled with rage and filled with tears, came the end of years.

As a kid you learn the fears, but you don't learn the importance of tears. So show joy and put on a smile, because in the end you'll see the style. The style of happiness and joy, such as a kid with his toy. Now with those eyes as beautiful as the sky, I ask please tell the Tale of Time.

Franklin Monroe Local Schools

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