

Dear Aurora Parents and Caregivers –

As a Physical Education staff, we just want to inform you that we currently grade based on the National and Ohio State P.E. standards and assessment scale – so it will look a little different than the rest of the school. We assess every unit and the corresponding standard(s). Grades are a representation of the average score for your student during the first semester. (For example, **Standard 1** is the average score of playground games, underhand throwing, soccer dribbling, and overhand throwing and catching.) You may notice that Standard 5 is blank – we just have not worked on it this semester and will cover it during the 2<sup>nd</sup> semester.

Our scale is as follows:

<b>3</b> (2.75 – 3.0)	<b>Advanced</b> Student demonstrates competency in the standard that is ABOVE what is expected for their grade level and age.
<b>2</b> (1.75-2.74)	<b>Proficient</b> Student demonstrates competency in the standard that ON TARGET for what is expected at their grade level and age.
<b>1</b> (1.0-1.74)	<b>Limited</b> Student does not demonstrate competency in the standard and is BELOW what is expected for their grade level and age.

As always, if you have any questions or concerns, please do not hesitate to contact your child's P.E. teacher directly.

Thank you for your continued support,

The Aurora Elementary Physical Education (PE) Teachers

## National and Ohio State Physical Education Standards

### Standard

Standard 1 – The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 2 – The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Standard 3 – The physical literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Standard 4 - The physically literate individual exhibits responsible personal and social behavior that respects self and others.

Standard 5 - The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

### What does this look like in the gym?

- I can move my body in many ways and patterns such as running, skipping, jumping, dribbling, dodging, striking, kicking, throwing and catching a ball.
- I can take the skills I have learned in PE like kicking, throwing, catching, dancing, dodging, jumping and tumbling, and apply them strategically in a game situation or string them together in a routine.
- I participate in my school's physical fitness assessment programs (i.e. Fitnessgram or equivalent). I value and understand how physical activity affects my body.
- I know how to control my body and keep safe when I move around the gym and field. I respect others and look for opportunities to show good sportsmanship.
- I understand the importance of movement and personal fitness and how it helps me become a stronger and better person.