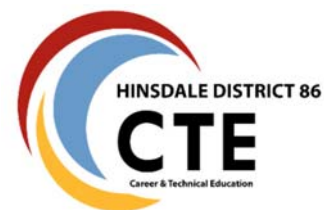


FAMILY & CONSUMER SCIENCES DEPARTMENT

FAMILY & CONSUMER SCIENCES

	2022-2023	2023-2024	2024-2025
Course offered at both schools	Exploring Family & Consumer Sciences Culinary 1 Culinary 2 Baking & Pastry Chef and Restaurant Interior Design and Housing Fashion Merchandising Clothing Construction 1 Clothing Construction 2 Childcare and Development Invitation to Teaching Personal Relationships	Exploring Family & Consumer Sciences Culinary 1 Culinary 2 Baking & Pastry Chef and Restaurant Interior Design and Housing Fashion Merchandising Clothing Construction 1 Clothing Construction 2 Childcare and Development Invitation to Teaching Personal Relationships	Exploring Family & Consumer Sciences Culinary 1 Culinary 2 Baking & Pastry Chef and Restaurant Interior Design and Housing Fashion Merchandising Clothing Construction 1 Clothing Construction 2 Childcare and Development Invitation to Teaching Personal Relationships
Central Only Courses	Single Survival	Single Survival	

The mission of the District 86 CTE Department is to provide innovative and personalized learning experiences in a collaborative environment for students to achieve their goals in the real world.



Areas of Interest	Course Offerings
Culinary	Exploring Family & Consumer Sciences Culinary 1 Culinary 2 Baking and Pastry Chef and Restaurant
Interior Design	Exploring Family & Consumer Sciences Interior Design and Housing*
Fashion	Exploring Family & Consumer Sciences Fashion Merchandising Clothing Construction 1 Clothing Construction 2 Clothing Construction Independent Study
Teaching & Education	Exploring Family & Consumer Sciences Child Care and Development Invitation to Teaching*
Family Living	Personal Relationships Single Survival

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*Indicates Honors Option Available to students

Hinsdale Township District 86 Family & Consumer Sciences Program

<p>EXPLORING FAMILY & CONSUMER SCIENCES Full year Credit: 1.0 <i>(0.5 Consumer Education, 0.5 Elective Arts)</i></p> <p>Supply fee \$15.00</p>	<p>This survey class introduces the student to all areas of Family & Consumer Sciences: consumer economics, culinary, sewing, design and human development. Projects and practical hands-on applications actively involve the students. This course will prepare students for future semester courses in Family & Consumer Sciences. Successful completion of this course fulfills the ISBE's Consumer Education requirement for graduation. <u>Students must complete the entire year to receive consumer education credit.</u></p>
<p>CULINARY</p>	
<p>FOUNDATIONS OF COOKING 1st or 2nd semester Credit: 0.5</p>	<p>This course explores foundational cooking skills and concepts that can be applied in daily life. An emphasis will be placed on safety, sanitation, reading a recipe, proper selection and use of culinary equipment, independent meal preparation and nutritionally sound food choices. Foundations of Cooking is designed to meet the needs of students with a variety of physical, cognitive, or social needs. Lab work will focus on organization and teamwork. In addition, the course offers a smaller class size to make appropriate individualized instruction.</p> <p>This course may be repeated as necessary. Prerequisite: Departmental Approval. Suggested follow-up courses when skills deemed appropriate: Exploring Family and Consumer Sciences and Culinary 1. Open to grades 9, 10, 11, and 12.</p>
<p>CULINARY 1 1st or 2nd semester Credit: 0.5 Level: 9-12</p> <p>Supply fee \$25.00</p>	<p>Culinary 1 is designed to teach basic food preparation skills utilizing various types of culinary equipment and a range of preparation and cooking techniques. The following areas of study are covered in this course: measuring, knife skills, cooking methods, nutrition and various culinary specific units. Lab periods provide practical experiences in time management, equipment use, food preparation skills and serving meals. While this course provides personal enrichment, it may also serve as a foundation for further training to culinary arts.</p> <p>Prerequisite: None. Suggested follow-up courses: Culinary 2, and/or Chef & Restaurant.</p>
<p>CULINARY 2 1st or 2nd semester Credit: 0.5 Level: 9-12</p> <p>Supply fee \$25.00</p>	<p>This course, a continuation of Culinary 1, provides training in advanced techniques of food preparation. Students prepare a variety of recipes, while enriching their personal culinary skills. Units of study include pasta, pastries, sauces and main dishes. This course serves as a foundation for further training in culinary arts.</p> <p>Prerequisite: Culinary 1. Suggested follow-up courses: Chef & Restaurant and/or Baking & Pastry.</p>

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<p>BAKING & PASTRY 1st or 2nd Semester Credit: 0.5 Level: 9-12</p> <p>Supply Fee \$25.00</p>	<p>This course provides focused training in the culinary field of European baking techniques. Focus will be on ingredients, preparation methods and finishing techniques. Units will include sanitation, metric measuring, breads, pastries and display techniques. This course is designed for personal skill development as well as a base for further culinary training. Students are encouraged to take Culinary 2 prior to this course.</p> <p>Prerequisite: Culinary 1. Suggested follow-up course: Chef & Restaurant.</p>
<p>CHEF & RESTAURANT 1st or 2nd semester Credit: 0.5 Level: 10-12</p> <p>Supply fee \$25.00</p>	<p>This course is designed for students curious about hospitality related careers and/or careers in the culinary industry. Students will operate culinary businesses through various aspects of food service including front of the house and back of the house job tasks. They will apply culinary knowledge such as knife skills, cooking methods, and baking and pastry skills as they prepare, plate and serve gourmet meals in this fast paced, real world work environment. Activities include menu selection, recipe testing, cost analysis, table settings, meal preparation, meal service and commercial safety and sanitation techniques. Students are encouraged to take either Culinary 2 and/or Baking & Pastries prior to this course.</p>
FAMILY LIVING	
<p>SINGLE SURVIVAL 1st or 2nd semester Credit: 0.5 Level: 11-12</p>	<p>Will you need to know how to find an apartment, evaluate job offers, balance a budget, and provide for your own needs to be successful after you graduate? Whether you are heading away to college or into the workforce, today's young adults need these skills more than ever! Brush up on your career development, money management, personal safety and security, nutrition, home improvement skills and more! Each unit covered addresses the needs of young adults to research and evaluate the choices they will be making beginning in the next year as they leave high school.</p> <p>This course is only offered at Hinsdale Central for the 2022-2023 School Year. Prerequisite: None. Suggested follow-up course: Personal Relationships.</p>
<p>PERSONAL RELATIONSHIPS 1st or 2nd semester Credit: 0.5 Level: 11-12</p>	<p>This course is designed for upperclassmen wanting to grow on an intrapersonal and interpersonal level as they begin young adulthood. The Personal Relationship course focuses on the application of sociology and psychology concepts to a students' personal life. Students will learn skills on how to make mature decisions, understand how healthy relationships evolve, and how to cope during stressful times. Areas of study include: personality development, family relationships, crisis in the family, communication skills, and future relationships and family. Areas of career interest for students include social work, counseling, education, health field and psychology.</p> <p>Prerequisite: None. Suggested follow-up course: Single Survival.</p>
FASHION	
<p>CLOTHING CONSTRUCTION 1 1st or 2nd semester</p>	<p>This course is for students interested in sewing for practical purposes, personal enjoyment and/or to develop skills to be used in careers related to clothing construction, fashion merchandising, design and retail. Students will complete individual projects. Garment</p>

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<p>Credit: 0.5 Level: 9-12</p> <p>Supply fee \$10.00</p>	<p>construction projects will increase in difficulty as students attain skills through the use of various technologies. Sequencing of the course includes basic sewing machine techniques, fabric and pattern selection, interpreting pattern instructions, construction techniques (darts, zippers, hems, buttons, applying interfacing, etc.).</p> <p>Prerequisite: None. Suggested follow-up courses: Clothing Construction 2 or Fashion Merchandising & Design.</p>
<p>CLOTHING CONSTRUCTION 2 1st or 2nd semester Credit: 0.5 Level: 9-12</p> <p>Supply fee \$10.00</p>	<p>This course focuses on advanced sewing techniques with various projects chosen by the student and approved by the instructor. Areas of study may include textile arts, tailoring, formalwear, serging techniques and fashion design. Each project incorporates new clothing construction skills based on student preferences and abilities. Suggested follow-up class: Fashion Merchandising & Design.</p> <p>Prerequisite: Clothing Construction 1. Suggested follow-up courses: Fashion Merchandising & Design or Clothing Construction Independent Study.</p>
<p>CLOTHING CONSTRUCTION INDEPENDENT STUDY 1st or 2nd semester Credit: 0.5 Level 10-12</p> <p>Supply fee \$10.00</p>	<p>This course is a continuation of Clothing Construction 2 and focuses on advanced construction techniques through individually selected projects approved by the instructor. Students will be guided through various areas of study that may include repurposing a ready-to-wear garment, formal wear, original embroidery design, fully lined jacket or coat, and fashion design through draping on a dress form. Seniors who enroll in this course may choose to create a senior quilt for one of their projects. While this course provides personal enrichment, it may also serve as a foundation for further training in a fashion related field. This course may be repeated with subsequent projects that continually incorporate new design techniques and sewing construction skills.</p> <p>Course may be repeated up to three times. Prerequisite: Clothing Construction 2. Suggested follow-up courses: Fashion Merchandising & Design or second enrollment in Clothing Construction Independent Study.</p>
<p>FASHION MERCHANDISING & DESIGN 1st or 2nd semester Credit: 0.5 Level: 9-12</p> <p>Supply fee \$25.00</p>	<p>This course is designed to allow students to explore and understand the various aspects of the fashion industry. Areas of study include the evolution of fashion, fashion trends and design, advertising, merchandising, and retail functions. Creative projects involving fashion design/sketching, and visual displays. This course serves as a foundation for further training in fashion related occupations, as well as provides opportunities for personal enrichment.</p> <p>Prerequisite: None. Suggested follow-up course: Clothing Construction.</p>
INTERIOR DESIGN	
<p>INTERIOR DESIGN & HOUSING 1st or 2nd semester Credit: 0.5 Level: 10-12</p>	<p>This course is meant to introduce students to the area of residential designs, space planning and home decor. Students will learn how to identify housing styles and their details throughout American history. A hands-on creative approach will take place when the course content focuses on the elements and principles of design, allowing students to showcase their artistic and original decorative ideas on visual design boards. Students will spend a large portion of the class utilizing technology in the interior design fields by using computer aided drafting for projects and a cumulative student designed and decorated</p>

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<p>Supply fee \$20.00</p>	<p>home. It is recommended that students have strong computer technology skills when enrolling in this course.</p> <p>Prerequisite: None.</p>
<p>INTERIOR DESIGN & HOUSING HONORS 1st or 2nd semester Credit: 0.5 Level: 9-12</p> <p>Supply fee \$20.00</p>	<p>The core material for this course is similar to Interior Design and Housing #6451/#6452; however, projects and assessments will involve more depth, complexity, and rigor. Expectations for this course are college level and will require additional reading and research outside of class. This course is recommended for highly motivated students interested in interior design or related fields.</p> <p>Prerequisite: None</p>
TEACHING	
<p>CHILD CARE & DEVELOPMENT 2nd semester only Credit: 0.5 Level: 10-12</p>	<p>This course is designed for students who enjoy working with, or plan to work with, children. Areas of study include family planning, pregnancy and childbirth, child development from newborn through early childhood, and preparing learning activities for our preschool practicum. Students will teach and observe children in our Preschool Lab as an integral part of the program. This course helps prepare students for careers in child-related fields, including teaching.</p> <p>Prerequisite: None. Suggested follow-up course: Invitation to Teaching.</p>
<p>INVITATION TO TEACHING 1st or 2nd semester Credit 1.0 (one semester -two class periods) Level: Senior Only</p>	<p>This course offers a teaching internship, enabling students to work under the supervision of certified preschool, elementary and middle school staff. Once placed, the students will spend four days each week at their assigned schools to assist, observe and teach young children. Teaching responsibilities include journaling, observing, creating a visual display, as well as creating and teaching lessons. Classroom study is focused on related issues in education including meeting the needs of a diverse student population and classroom management technology within the classroom and current topics in education. Highly recommended for anyone pursuing a career working with children in any capacity. Acceptance into the program is based on application, staff feedback, academic standing, attendance and demonstration of character. Students who have previously completed Child Care & Development will be given preference. Applications will be available through your Guidance Counselor prior to registration. Course may be repeated both semesters.</p> <p>Suggested Prerequisite: Child Care & Development.</p>
<p>INVITATION TO TEACHING HONORS 1st or 2nd semester Credit 1.0 (one semester- two class periods) Level: Senior Only</p> <p>Supply fee \$10.00</p>	<p>The core curriculum for this course is similar to Invitation to Teach Course 6481/6482; however, projects and assessments will involve more depth, complexity, and rigor. Expectations for this course are college level and will require additional time outside of class. This course is recommended for highly motivated students interested in education or related fields.</p> <p>Acceptance into the program is based on application, staff feedback, academic standing, attendance and demonstration of character. Students who have previously completed Child Care & Development will be given preference. Applications will be available through your Guidance Counselor prior to registration. Course may be repeated both semesters.</p>
<p>FOUNDATIONS OF COOKING AIDE</p>	<p>The Foundations Cooking Aide position is offered to sophomores, juniors, and seniors who are interested in working with students with a variety of physical, cognitive, and social</p>

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1 st or 2 nd Semester Credit 0.5	needs. As an aide the students serve as role models in social norms and appropriate lab behavior. Acceptance into the program is based on application, academic standing, attendance and demonstration of character. Application may be picked up in the Family and Consumer Sciences Office in January. Prerequisite: Exploring Family & Consumer Sciences or Culinary 1, application, and department chair approval. Priority will be given to those students interested in a career in education.
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