

## Local Mental Health Resources

### Crisis and Emergency Resources

Agency	Services	Location(s)	Website/Contact Online	Phone Number
ReSolve	24- hour crisis helpline Crisis Counseling and support, referrals, intervention services	Walk-in Center: 333 North Braddock Ave. Pittsburgh, PA 15208	<a href="https://www.upmc.com/services/behavioral-health/resolve-crisis-services">https://www.upmc.com/services/behavioral-health/resolve-crisis-services</a>	1-888-796-8226
Western Psychiatric Institute and Clinic (WPIC)	Inpatient services, mental health assessment and diagnosis, mental health treatment	3811 O'Hara Street. Pittsburgh, PA 15213	<a href="https://www.upmc.com/locations/hospitals/western-psychiatric">https://www.upmc.com/locations/hospitals/western-psychiatric</a>	412-624-1000 or 1-877-624-4100
Southwood Psychiatric Hospital	Inpatient - Residential - Family Based	2575 Boyce Plaza Rd, Pittsburgh, PA 15241	<a href="https://www.southwoodhospital.com/">https://www.southwoodhospital.com/</a>	1-866-245-7473
Heritage Valley Sewickley	Outpatient Psychiatry, Psychotherapy, Blended Service Coordination, Certified Peer Support Services, Intellectual Disabilities Supports Coordination, Inpatient.  Emergency services	720 Blackburn Road Sewickley, PA 15143	<a href="https://www.heritagevalley.org/">https://www.heritagevalley.org/</a>	412-741-6600
National Suicide Prevention Lifeline	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.	United States	<a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>	1-800-273-8255
Crisis Text Line	connect with a Crisis Counselor Free 24/7 support at your fingertips	United States	<a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>	Text HOME to 741741

Pennsylvania 211: Get Connected. Get Help.	Crisis lines - housing - food -utilities - employment - health - disaster - clothing- legal - transportation - veterans - many more	Pennsylvania	<a href="https://www.pa211.org/">https://www.pa211.org/</a>	211
The Trevor Project	Crisis Intervention and Suicide Prevention for Lesbian, Gay, Bi-Sexual and Transgendered Youth/Teens	Online	<a href="https://www.thetrevorproject.org/">https://www.thetrevorproject.org/</a>	1-866-488-7386

### Outpatient Mental Health Providers

Agency	Services	Location(s)	Website/Contact Online	Phone Number
Pressley Ridge	In-person and virtual: Outpatient, Individual therapy, family therapy, group therapy, psychiatric evaluations, and medication management.	530 Marshall Avenue, Pittsburgh, PA 15214, 2611 Stayton Avenue, Pittsburgh, PA 15212, 1450 Ingham Street, Pittsburgh, PA 15212	<a href="https://www.pressleyridge.org/services/outpatient-treatment-counseling/family-%e2%80%8bcounseling-center/">https://www.pressleyridge.org/services/outpatient-treatment-counseling/family-%e2%80%8bcounseling-center/</a>	(412) 321-6995
Holy Family Institute	In-person and virtual: Oupatient: Individual therapy, family therapy, group therapy, psychiatric evaluations, medication management	8235 Ohio River Blvd, Pittsburgh, PA, 15202	<a href="https://www.hfi-pgh.org/mental-health-services/mental-health-counseling/">https://www.hfi-pgh.org/mental-health-services/mental-health-counseling/</a>	412-766-9020 x1222
Pittsburgh Mercy	Outpatient: Individual, Family, Group, Psychiatric Evaluation, Medication management	1200 Reedsdale Street Pittsburgh, PA 15233-2109	<a href="https://www.pittsburghmercy.org/behavioral-health/services-children-adolescents/">https://www.pittsburghmercy.org/behavioral-health/services-children-adolescents/</a>	1-877-637-2924
Staunton Clinic	Outpatient: Individual, Family, Marital therapy and psychaitric evaluations	612 Lincoln Avenue Bellevue, PA 15202	<a href="https://www.heritagevalley.org/pages/staunton-clinic-bellevue">https://www.heritagevalley.org/pages/staunton-clinic-bellevue</a>	For Information Call: 412-749-7330  Request for Outpatient Services: 412-749-7341
Allegheny Health Network (AHN)	Trauma Treatment	501 Penn Avenue Pittsburgh, PA 15222	<a href="https://www.ahn.org/services/psychiatry-mental-health/treatments/trauma-children-adolescents.html">https://www.ahn.org/services/psychiatry-mental-health/treatments/trauma-children-adolescents.html</a>	412-330-4328

Family Resources	Outpatient Counseling	1425 Forbes Ave Pittsburgh, PA 15219	<a href="https://familyresources.org/whatwedo/#counseling-center">https://familyresources.org/whatwedo/#counseling-center</a>	412-363-1702
STAR-Center (Services For Teens At Risk) Through the University of Pittsburgh	Outpatient Counseling, Intensive Outpatient Counseling (IOP), Survivors of Suicide Support Group	3811 O'Hara Street Pittsburgh, PA 15213	<a href="https://www.starcenter.pitt.edu/">https://www.starcenter.pitt.edu/</a>	412-246-5619
Kathleen Prince, Licensed Professional Counselor	Outpatient Counseling	1789 Pine Hollow Road McKees Rocks, PA 15136	<a href="https://kathleenprinceipc.wixsite.com/website">https://kathleenprinceipc.wixsite.com/website</a>	kathleenprince.lpc@gmail.com  (412) 443-5575
AIBDT Psychological Services	Outpatient Counseling	6000 Steubenville Pike, Suite 106 McKees Rocks, PA 15136	<a href="https://www.aibdt.com/specialty-services">https://www.aibdt.com/specialty-services</a>	(412) 329-7778
The Counseling Initiative	Outpatient Counseling	5362 Steubenville Pike McKees Rocks, PA 15136	<a href="https://www.tcipittsburgh.com/">https://www.tcipittsburgh.com/</a>	info@TCI pittsburgh.com  (412) 409 - 9169
Christian Counseling Associates	Faith Based Counseling	1040 E. Windhaven Rd., Pittsburgh, PA 15205	<a href="https://christiancounselingwpa.com/gd-home/robinson-cca/">https://christiancounselingwpa.com/gd-home/robinson-cca/</a>	412-357-2689
Stepping Stones Psychiatric Care	Psychiatric Care	1370 Washington Pike, Suite LL8 Bridgeville, PA 15017  1800 Pine Hollow Rd, Suite 3D Kennedy Township, PA 15136	<a href="https://www.sspcare.com/">https://www.sspcare.com/</a>	Bridgeville: Phone : 412-221-7770 Fax: 412-221-7773  Kennedy: Phone: 412-458-1194 Fax: 412-221-7773
Persoma Counseling Associates	Counseling Psychiatry ADHD Speciality Program Coaching Consulting	<b>Monroeville:</b> 2540 Monroeville Blvd. Monroeville, PA 15146 <b>Shadyside:</b> 401 Shady Ave., Suite B-205 Pittsburgh, PA 15206 <b>Fox Chapel:</b> 1386 Old Freeport Road, Suite 1AF Pittsburgh, PA 15238 <b>South Hills:</b> 37 McMurray Road, Suite 102, Pittsburgh, PA 15241 <b>Robinson Township:</b> 200 Hightower Blvd., Suite 11, Pittsburgh, PA 15205	<a href="https://persoma.com/">https://persoma.com/</a>  info@persoma.com	412-823-5155

Kirk Counseling, LLC	Therapy for Depression and Anxiety Therapy for ADHD Stress Management Parenting Support Relationship Concerns Conflict Resolution Couples Counseling Family Counseling Grief Counseling	39 White Avenue Crafton, PA 15129	<a href="https://kirkcounseling.com/">https://kirkcounseling.com/</a>  akirkclsw@gmail.com	412-921-3549
North Hills Psychological Associates	Individual Therapy Family Therapy Play Therapy EMDR Parenting Coaching Family Mediation	10475 Perry Highway Town Centre, Suite 110 Wexford, PA 15090	<a href="http://www.nhpa.com/home/">http://www.nhpa.com/home/</a> nhpaweb@nhpa.com	724-759-7500