

Sun Prairie High School
Football Handbook
Parent/Student Agreement
(2022)

I _____, have read and agree to the terms, conditions, and
(parent's name-please print)
expectations in the Sun Prairie High School INSERT SPORT Handbook.

I _____, have read and agree to the terms, conditions, and
(Athlete's name-please print)
expectations in the Sun Prairie High School INSERT SPORT Handbook.

Parent's Signature

Date

Athlete's Signature

Date

Program philosophy:

Control the Dash/What It Stands for:

When we are no longer on the face of the earth we will have a tombstone and on it will be two sets of 4 numbers

The first 4 numbers represent the year we were born

This we have no control over

The last four numbers represent the year we passed away

We may be able to have a very small influence on that date

In between those numbers is a dash

We have absolute control over what happens to us during this period of our lives

How to Control the Dash

We can control the dash in 4 ways

D- discipline- reminder to do the right thing

A- attitude- how you respond to a situation in your life

S- strength- make the right choices, may not always be the easiest or most popular choice to make

H- habits- your daily habits will decide your future

Team Rules

1. Don't Do Anything That Will Have a Negative Impact on Yourself or the Team
2. Follow Rule #1 at All Times
3. All players need to be in their spirit pack for practice whether you're practicing or not.
4. Respect everyone at all times including teammates, coaches, managers, teachers, opponents and property.
5. Maintain your eligibility at all times. Do the right thing in the classroom, on the field and off.
6. Represent the community and school in a positive way

Attendance

Everyone is expected to attend all practices and games. If there is a conflict you need to let your head coach know before practice that day.

Excused absences are when you miss a practice and you have cleared it with your coach ahead of time. Unexcused is when you simply don't show up for a practice or game with no prior communication. Unexcused absences will not be tolerated and may lead to removal from the team.

Please understand that if attendance policies are not followed, consequences could be up to , but not limited to, a meeting with coach, not starting, a suspension, or removal from the team.

Team Selection

We will not cut any players. However, if a player is not following through with a team first commitment they may be asked to leave the program. I have an open door policy with all players. If at any time a player feels the need to discuss anything they can come in and talk to Coach Kaminski or call me at 608 698 8950