



Thoughts on Summer Homework

Instead of sending a list of activities or worksheets to complete this summer, I'd like to share some ways you can truly help your child and make the most of this time together!

- ❖ Teach your child to tie shoes. Find a fun trick, watch a video, give an incentive and don't give up!
- ❖ Keep bedtime in the routine. It may be a little later and there will be nights that bedtime doesn't apply. But overall, if we keep our bodies in a routine with sleep, August won't hit quite so hard.
- ❖ Choose a few family members and friends to write a letter to this summer. Ask your child to write in full sentences, ask questions and give details. Writing with a purpose makes it relevant and real for your child. Maybe someone will write them back!
- ❖ Sit at the table and eat together. Have interesting discussions. Really watch your child, make sure he/she is sitting correctly and eating politely.
- ❖ Encourage kindness. Find someone that your child can do something simple to bring a smile. Deliver cookies, make a card, flowers, chores, a song...something simply for a smile.
- ❖ Don't rush to the rescue. Our children need us, but they need us to let them learn to problem solve. If your child is in a situation that is frustrating, but not harmful (example: can't put together a new toy, can't open a package, can't decide which color shirt to wear) let him/her work it out. We think it saves us time to just do things

Parent Signature _____



Summer Reading Checklist Challenge

CAN YOU COMPLETE THEM ALL?



Read in Bed

Read outdoors



Read in the Car
or on a bus

Read by flashlight

Read on a blanket

Read in a tent or under a blanket

Read by a pool of water

Read in the morning

Read under an umbrella

Read in the afternoon

Read a Fantasy



Read at night



READ A SCARY STORY

Read with a friend



READ A MYSTERY

Read with a parent
or grownup

READ A HISTORICAL BOOK

Read a newspaper

READ A BOOK ABOUT SCIENCE

Read a magazine

Read a true story (nonfiction)

READ A BOOK ABOUT ANIMALS



Read a book about food or a cookbook



READ A BOOK ABOUT
A PLACE

READ A BOOK ABOUT
A HOBBY OR SPORTS

