

2019-2020 School Health Advisory Council (SHAC)

April 7, 2020

Minutes

1. Welcome/Introductions - Gina Peddy welcomed those in attendance and went over the agenda.
Attendees: Gina Peddy, Karen Flexer, Eric Lannen, Charla Thompson, Colin McDevitt, Tammy Pulse, Sheri Mills, Monique Oliveaux, Jessica Coffee, Scott Walters, Holly Walsh, Jen Dooley, Neena Patel, Beth Chernik, Susan Wilson, Scott Lanier, Kandice Kapinos, David Almand, Tracy Patton, Jerod Potts, Shelby Lampley, Stephanie Richardson, Joy Angeles, and Melanie Ringman
2. Karen Flexer led discussion on district nurses and overall supplies for when school resumes. Nurses are still meeting and making sure that clinics have masks and creating new protocols for clinic management. Their priority is the safety of students and staff. Members of SHAC volunteered with help of mask creation. Nurses are checking in with families and offering assistance during this time. They are currently working on a plan for the fall. The goal is to make sure to meet the needs of all students. The most current information on Covid 19 will be found on the Tarrant County Public Health Site. Ms. Flexer shared the current definition of fever according to the CDC guidelines. A student with a temperature of 100 degrees is considered to have a fever. The discussion was to raise the definition of a fever to 100.4. No decision was made at this time. Ms. Flexer shared that Carroll ISD does not have a scent policy in place. There are people that have sensitivities to aroma plug ins, diffusers, and body odor. The discussion pertaining to this sensitive issue was tabled and will be discussed at a future meeting.
3. Tammy Pulse gave an update on district counseling services that are being offered to students and families during this time. Counselors are seeing a larger number of students who are experiencing signs of depression, thoughts of suicide, dealing with a loved one or friend who has COVID19 and they are meeting virtually with these students. There are a plethora of counseling resources available on the district webpage. Teachers are working with counselors for students that have not checked in on Canvas. Counselors and teachers are reaching out to students and families. The counselors are working closely with treatment facilities to make sure that students have access to resources. Counselors are working on a plan to help kids transition back to school.
4. Melanie Ringman gave an [overview](#) of the K - 12 Health program in Carroll ISD. In K - 4, PE and counselors facilitate lessons regarding health living and how to make safe decisions. In 5th and 6th grade, counselors facilitate the videos over puberty. Parents are able to view the video before it is presented. In 7th - 9th grade, health classes use the state standards, Big Decisions curriculum, the abstinence - plus program, and Pearson Health Textbook to facilitate learning about health and our bodies. The science curriculum focuses on reproduction and body systems.
5. Committee members would like more information/research on the following topics:
 - Research portable purifiers for the schools
 - Scent free policy
 - The use of online enrollment to pass on important health information
 - Virtual extracurricular for students - EX: PE challenges

Next meeting: May 14th – More details to come

