

Frequently Asked Questions for Potential SF Boys Golfers.

- Q. What should I do if I am interested in trying out for the Spring-Ford Boys Golf Team?
- A. 1) E-mail Coach Hollingsworth at gholl@spring-ford.net to be added to the contact/try-out list.
2) Ensure your schedule allows you to be at EVERY event for the Fall Season starting on Monday, August 15.
- Q. Do I need a Sports Physical? Where can I find physical paperwork?
- A. Physical Paperwork can be picked up from the main office at the 8th Grade Center, the High School Athletics Office or online on the High School Athletics Website. Athletic Registration MUST be completed online TWO weeks before the start of the season. The Doctor's signature must be dated after June 1. Everyone MUST have a completed physical submitted and approved by the Athletics Office to try-out.
- Q. Are Try-Outs mandatory?
- A. Absolutely. Athletes must attend ALL try-outs to be eligible to play on the team. Try-outs begin on Monday, August 15th.
- Q. I am going on vacation during try-outs, can I try-out when I return?
- A. No. To ensure fairness to all athletes trying out, everyone attempting to make the team must be at try-outs.
- Q. I have never played golf competitively before, should I still consider trying out?
- A. Yes.
- Q. Do I need to have my own golf clubs?
- A. Yes, if you do not have one currently, try to borrow one from a family member and if you decide you enjoy the sport and make the team, you will want to buy your own so you can get used to playing with it.
- Q. How many players make the team? Is there a 9th grade team?
- A. There are 9 varsity players, and then we will usually keep between 16 and 20 JV players. There is no 9th grade team for golf. 9th graders can play on either the varsity team or the JV team depending on their ability.
- Q. Where does each team practice?
- A. Varsity is at Turtle Creek. JV is at Spring Hollow, Landis Creek and Rolling Turf.
- Q. What does the season look like and how long does it last?
- A. We practice and play Monday through Friday. Once school starts, we practice after school until 5:00. We usually play 2-3 matches a week. Usually, the season ends mid-October for most players. Playoffs for the top varsity athletes may last until the end of October.
- Q. What can I do before try-outs in August to best prepare myself?
- A. Play golf! Whether you attend outside clinics or lessons, play with a friend, practice at the range, or hit balls in your backyard.... it's all great practice. You will also want to exercise this summer and acclimate your body to the heat. Sitting inside in the air-conditioning all summer and then coming out to play tennis in the August heat can be stressful on your body. Be active this summer and stay fit.

If your question wasn't answered here, please contact Coach Hollingsworth at gholl@spring-ford.net

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