

# OTSEGO HIGH SCHOOL INDOOR TRACK & WEIGHT ROOM

*OPEN Monday-Thursday 6:30-8:00pm*

## **COSTS:**

- Running/Walking Track - FREE for all users
- Weight Room:
  - \$2.00 In-District Residents
  - \$3.00 Out-of-District Residents
  - OPS Staff members with ID – FREE
  - Students with student ID with adult supervision – FREE  
(High School students age 16 & up do not need adult supervision)

## **RULES:**

- All users must sign in and complete the waiver form
- Must wear shoes and appropriate attire. Must wear a shirt at all times.
- Enter/Exit through back hallway at all times
- Facility may be closed due to conferences, athletic events or other school activities. Check website for any closures: [otsegops.org/communityed/](http://otsegops.org/communityed/) (click on Adult Recreation)
- Children under age 16 are allowed but must be supervised by a parent
- Any day school is not in session, the weight room and walking track will be closed.
- No strollers are allowed on the indoor track
- Room attendant will handle music - no outside users of TV or stereo in weight room
- Profanity will not be tolerated

*Fitness attendant has the right to ask anyone being disruptive to leave the facility.  
It is a family friendly area designed for community members to use.*