

VIRGINIA BEACH CITY PUBLIC SCHOOLS

CHARTING THE COURSE

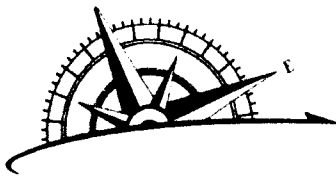
OFFICE OF PURCHASING SERVICES
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PUBLIC NOTICE

SOLE SOURCE PROCUREMENT

Date:	January 27, 2022
Vendor/Contractor:	CHKD
Contract Amount:	\$355,926.78
Description of Services:	Expand training and education around mental health needs of students and families.
Sole Source Determination:	Sole proprietor providing a system of care specific to community mental health care.
Date of Award:	TBD

J. Kevin Beardsley
Director of Purchasing
1/27/2022




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CHARTING THE COURSE

Department of Teaching and Learning

MEMORANDUM

TO: J. Kevin Beardsley, Director of Purchasing

FROM: Kipp D. Rogers, Ph.D., Chief Academic Officer 
Alveta J. Green, Ed.D., Executive Director of Student Support Services

VENDOR: Virginia Beach City Public Schools (VBCPS) and Children's Hospital of the King's Daughters (CHKD) School Based Partnership Program

DOLLAR AMOUNT: \$355,926.78 Funding from FY21 ARP Act ESSER III Award

DATE: Jan. 25, 2022

The Department of Teaching and Learning is requesting to partner with CHKD to expand education around mental health needs and strengthen systems to support children in mental health crises. Suicide is the 2nd leading cause of death for youth ages 10-24. More adolescents die by suicide each year than cancer, stroke, influenza, heart disease, diabetes, and respiratory illnesses combined. Mental health has long been overlooked as a significant risk factor to suicide and VBCPS seeks to equip those who interface with kids regularly with the tools to recognize, identify, and support kids at risk. The CHKD is the sole proprietor in our area with the ability to provide a system of care that includes emergency services, inpatient services, and a Bridge Program to address the gap in access to community mental health care as well as outpatient services.

The CHKD serves children with a wide range of medical and mental health needs. About 500 babies born too soon or sick are cared for in their neonatal intensive care unit each year. Specialty units include pediatric intensive care, inpatient rehabilitation, care for children dependent on technology to survive, and coming soon in the fall of 2022, CHKD will provide comprehensive acute inpatient mental health care, partial hospital programming and intensive outpatient programming for mental health conditions. Other children are hospitalized after injury, routine and complex surgery, cancer treatment, or for acute episodes of chronic illnesses such as sickle cell, cystic fibrosis, and more. CHKD also has Virginia's only pediatric-exclusive emergency department and is a level one trauma center.

The CHKD services extend beyond the hospital walls; care is also provided by pediatricians and nurse practitioners located who provide primary pediatric care. Multiple CHKD Health and Surgery Centers across the region prevent families from battling tunnels and bridges to come to the main hospital in Norfolk. These facilities provide diagnostic and treatment services, including pediatric urgent care. They offer a host of pediatric specialties, neurosurgery, speech, occupational and physical therapy, sports medicine, orthopedics, radiology and lab, and mental health care. CHKD's regional child advocacy center helps children suspected of abuse get the medical and mental health services they need to heal and recover. Community outreach also

educates children, parents and local professionals on various health and wellness topics.

For mental health services, CHKD offered 3,556 outpatient visits in FY15 and this number skyrocketed to more than 21,175 in FY21. This almost 600% increase demonstrates the impact of their care and the need for increased capacity at all levels. In addition, their emergency department (ED) had 321 visits in FY15 and over 1,800 in FY21, demonstrating a greater than 500% increase of children coming to CHKD ED due to a mental health crisis. CHKD is working with others who share in their commitment to excellence. Teaching and long-standing clinical collaborations with healthcare leaders like Eastern Virginia Medical School and the University of Virginia, plus partnerships with state agencies, regional public school systems, and other community organizations augment the platform for CHKD to provide a broader range of specialized mental health care services.

Virginia Beach City Public Schools Essential Functionality that is Unique to CHKD

The following criteria are essential to a successful social-emotional learning program as envisioned by VBCPS as CHKD is the sole source service provider that meets all of the needs mentioned below.

For all children:

Training and education for educators: Mental health literacy for educators will be achieved by offering the following areas of training in accordance with state recommendations related to mental health awareness:

1. Identifying Signs and Symptoms of Common Child Mental Health Disorders
2. Teaching Positive Mental Health Promotion Strategies in Classrooms
3. Identifying Students in Crisis, High Risk Situations
4. Improving How We Think about Mental Health and Communication with Students
5. Suicide Awareness and Prevention Strategies
6. Youth Mental Health First Aid. CHKD will train three instructors on this model to be able to deliver this to middle and high school teaching staff and school personnel, elementary on request.

For children with identified mental health concerns

- *Screening:* All children identified will be screened using the ASQ (Ask Suicide Screening Questions) Questionnaire and a brief suicide assessment will be used to identify imminent risk. Children with immediate needs would be sent to the Emergency Department.
- *Care navigation (CN):* Children with clinical needs will be offered care coordination to support linkages to community-based care, with up to three contacts with the family. CHKD will also provide afterhours care navigation support to VBCPS on school nights from 6pm to 6am and on weekends, Saturday and Sunday 24 hours (6am Saturday morning to 6am Monday morning). VBCPS personnel will be able to reach out to CN during these hours for support and guidance. CN can also interface with the family to provide resources as necessary. Evaluations after hours and on weekends would be completed by the CHKD mental health assessment team that will be available 24 hours a day in the CHKD emergency department or closest emergency department in acute situations.
- *Safety Skill Building:* Adolescents with dysregulated emotions or risk for self-harm will

have access to tele-based groups focused on skill building around emotional regulation, stress management, and safety. Daily groups will be open to up to 10 students per group and will be open to students joining at any point in the cycle of the group sessions.

- **Outcomes:**
 1. Teachers will have an increased comfort in addressing stress-related symptoms in students
 2. Middle and High school students will have access to timely brief screenings, as indicated by number of children with contacts
 3. Students' will have information and support in accessing community resources, as indicated by number of care navigation contacts.
 4. Students have access to skill building groups as indicated by number of children who attend groups and number of children in each group.
 5. Students who participate in groups will show an increase in ability to manage distress and decreased symptoms utilizing the Strengths and Difficulties Questionnaire.

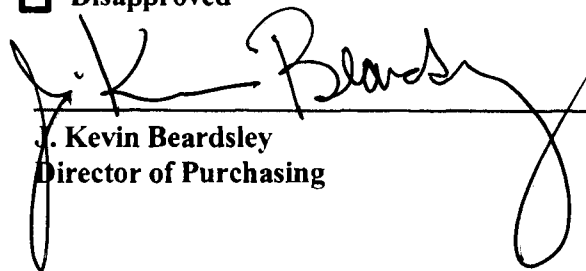
Collaboration: CHKD strives to provide as a partner to VBCPS teachers and personnel. This partnership would create an opportunity unlike any other in the Hampton Roads area. By partnering with CHKD, VBCPS educators will have increased access the highest quality of care for students and their families. This partnership would allow the CHKD clinical team to join our teachers, school personnel, and central office staff as we work to reduce risk by recognizing, identifying, and supporting kids in the setting where they spend the bulk of their time.

This program has an anticipated started date of March 14, 2022. Together, CHKD and VBCPS will save lives, foster compassion, and provide a lifeline to kids and their families when they need it most. Furthermore, this partnership and structure for resources supports Compass to 2025 Goal 2: Student Well-Being and Goal 5: Mutually Supportive Partnerships.

This purchase will be funded with federal funds. Of the \$355,926.78 purchase price, \$177,963.39 is being funded by the FY21 ARP Act ESSER III award which has an FY22 budget of \$82,443,643.30.

Approved

Disapproved


J. Kevin Beardsley
Director of Purchasing

1/27/22

Date