



SARAH ADAMS RAINES

STRONG ROCK CLASS OF 2012

WHAT HAVE YOU BEEN UP TO SINCE GRADUATION?

I attended Shorter University to pursue a degree in History Education. Upon graduating, a position opened up in the 8th grade teaching history at SRCS in 2016 and I have been here ever since. I also got married last year to the best husband ever and we have the craziest dog on the planet.

IN WHAT WAYS DID YOUR ACADEMIC PURSUITS AT STRONG ROCK PREPARE YOU FOR THE ACADEMIC EXPECTATIONS AT COLLEGE?

The Strong Rock teachers are exceptional. I don't say that because I am one, I say that because I would not be one without them. When I attended SRCS, the teachers' passion for their subject ignited my passion for teaching also. They ignited my love for history so much so that I received a degree in it! In high school, I struggled with math and was not looking forward to math in college. (Just ask Mrs. Poole and Mrs. Rice!) When I walked in the first day of college algebra I was terrified but I walked out of the class with an "A" and one of the highest grades in the class. Talk about a confidence booster. I could give many more examples.

WHAT ARE YOUR UPCOMING PLANS?

Currently, I am at SRCS and I plan to stay here as long as God allows me to. My husband and I have some business aspirations but those will come in time. :)





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WHAT HAS BEEN YOUR FAVORITE PART ABOUT YOUR COLLEGE/LIFE EXPERIENCES?

The people, the forced independence, and the faith. You make genuine friendships in college that carry you through the rest of your life and you meet some incredible people while there. Independence is part of it because it is now dependent on yourself that you do things. If you want to go to church, you have to get yourself up and ready to go. If you want dinner, you have to cook it. If you want your laundry done, you have to do it. ☒ All of which is part of growing up. Faith is the final component. I know you hear all the time that college is where you make your faith your own but it is 100% true. You can sit there and do nothing to feed and grow your faith but you could also grow to a level that you didn't know were possible. 100% your choice.

LOOKING BACK, HOW DO YOU FEEL YOUR TIME AT STRONG ROCK PREPARED YOU FOR COLLEGE AND FOR YOUR CAREER AHEAD?

Strong Rock stretched me in ways that I did not know that I could be stretched. I tried many clubs, sports, and activities in high school that when I got the opportunity to in college, I was not afraid of them. Strong Rock taught me that it's perfectly fine to be uncomfortable, especially in your faith. If Christians are comfortable all of the time, then have we really been challenged? Or have we really been growing? Or is our faith our own if we do not experience some growing pains? Be uncomfortable. I think it makes us rely on Him and that is always the place that you want to be.

