



LANE HENDERSON

STRONG ROCK CLASS OF 2020

WHAT HAVE YOU BEEN UP TO SINCE GRADUATION?

I just completed my freshman year at Samford University in Birmingham, Alabama. I am pursuing a degree in Journalism and Mass Communication with a concentration in Public Relations and a minor in Spanish. I serve as an SGA Senator for the College of Arts and Sciences, Secretary for College Republicans, Pledge Class President for my sorority (Alpha Omicron Pi), and am involved as a student leader in Samford's Office of Spiritual Life.

IN WHAT WAYS DID YOUR ACADEMIC PURSUITS AT STRONG ROCK PREPARE YOU FOR THE ACADEMIC EXPECTATIONS AT COLLEGE?

Strong Rock provided academic rigor that equipped me for the demands of college coursework. At Strong Rock, I took AP and dual enrollment classes which developed a strong work ethic and created high expectations for myself. I am so thankful for this preparation because feeling academically prepared made the transition to college much easier.

WHAT ARE YOUR UPCOMING PLANS?

I will be entering my sophomore year at Samford in the fall. I plan to continue my leadership involvement on campus. This year, I will begin researching internship opportunities as I prepare for my career in the public relations field.





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WHAT HAS BEEN YOUR FAVORITE PART ABOUT YOUR COLLEGE/LIFE EXPERIENCES?

I have enjoyed learning to live in a new city and embracing all the new opportunities that college has to offer. I have built so many Christ-centered relationships at Samford and look forward to seeing what is in store during the next 3 years!

LOOKING BACK, HOW DO YOU FEEL YOUR TIME AT STRONG ROCK PREPARED YOU FOR COLLEGE AND FOR YOUR CAREER AHEAD?

Not only does Strong Rock provide top-notch academics, but it also provides many extracurricular activities and opportunities for spiritual growth. Because of my involvement in Strong Rock's clubs and teams during high school, I understood the importance of leadership and time management as I entered my first year of college. Additionally, and most importantly, Strong Rock provided a strong foundation for my faith. I am confident in my ability to defend my faith when faced with opposition, which I believe is a lesson with eternal value.



AWARDS

- Alpha Lamda Delta Honor Society
- Dean's List (4.0 GPA)
- Samford Communication and Media Department Scholastic Award
- Alpha Omicron Pi Most Outstanding New Member