

Sayreville Public Schools
Educating Today's Learners to Be Tomorrow's Leaders
EMMA L. ARLETH SCHOOL
3198 WASHINGTON ROAD, PARLIN, N.J. 08859

March 17, 2022

Dear Parent and/or Guardian:

Many parents ask, "When is my child sick enough to stay home from school?"

This is not always an easy question to answer! We hope that these tips can help!

A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff. We suggest making a plan for childcare ahead of time so you will not be caught without a comforting place for your child to stay if he/she is ill.

Our school policy states that you should not send your child to school if he/she has:

- Vomiting in the past 24 hours: **(24-hour vomit free before returning to school)**
- Diarrhea in the past 24 hours: **(24-hour diarrhea free before returning to school)**
- Strep Throat: (must have been taking an antibiotic for at least 24 hours before returning to school)
- Fever in the past 24 hours
- Very runny nose or bad cough

If your child becomes ill at school and the school nurse feels your child is too sick to benefit from school or is contagious to other children, you will be called to come and take him/her home from school. It is essential that the nurse has a phone number where you can be contacted during the day and an emergency number in the event you cannot be reached. Please be sure that arrangements can be made to transport your child home from school and that childcare is available in case of illness. If your daytime or emergency phone number changes during the year, please update on OnCourse.

These guidelines are meant to serve the best interests of all the children in school. If you have questions or concerns, please do not hesitate to call.

Sincerely,

Stephanie Morris
Arleth Elementary
School Nurse