

DEVELOPMENTAL MILESTONES

AGES

3-5

Gross Motor Skills

- Uses an alternating pattern with feet on stairs
- Stands on one foot
- Skips
- Hops on one foot
- Gallops
- Throws and kicks with accuracy and force
- Progresses to riding a bicycle

Fine Motor Skills

- Uses tripod grasp on writing utensils
- Copies shapes and lines
- Writes name
- Cuts on a line with scissors
- Begins to cut out shapes with scissors
- Dresses and undresses independently
- Completes clothing fasteners