

Lewistown Community Covid-19 Collaborative Vaccine Distribution Montana

- On January 6th, the Montana Department of Health and Human Services (DPHHS) revised the Covid-19 Vaccine implementation plans.
- The changes were made after a review of recent Covid-19 data. Montana is prioritizing vaccine delivery to those most at risk in an effort to protect the most vulnerable.
- **Phase 1A** (*estimated timeline December 15th-January 15th)
 - Frontline health care workers
 - Long Term Care and Assisted Living Facilities
 - Healthcare workers with direct patient contact/virus exposure
- **Phase 1B** (*estimated timeline January 15-March 15)
 - Age 70 years and older
 - American Indians and other people of color who may be at elevated risk
 - High risk medical conditions (Cancer, Chronic kidney disease, COPD, Down Syndrome, Heart Conditions, Immunocompromised due to organ transplant, Severe Obesity, Sickle Cell Disease, Type 1 or Type 2 Diabetes Mellitus, Others with high risk medical conditions on a case by case basis recommended by a Provider)
- **Phase 1C** (*estimated timeline March 15-July 15)
 - Frontline essential workers (First Responders, Education/childcare workers, Critical infrastructure federal employees, Food & Agriculture, Manufacturing Corrections workers, US Postal Service, Public transit workers, Grocery store workers, Child and adult protective service workers who are at risk for exposure, Inspectors of congregate care facilities or like settings, Critical infrastructure energy workers and IT workers)
 - Age 60 years and older
 - Congregate Care and Correctional Facilities
 - Other medical conditions not included in 1B (Moderate to severe Asthma, Cerebrovascular Disease, Cystic Fibrosis, Hypertension, Immunocompromised state, Neurologic conditions such as dementia, Liver disease, Overweight, Pulmonary fibrosis, Thalassemia)
- **Phase 2** (*timeline will begin after completion of Phase 1)
 - All remaining Montanans **timelines are subject to change*
- Hygiene, Masking, and Social Distancing measures remain to slow the spread!

Frequently Asked Questions: Quarantine

What are the current Quarantine guidelines for those who are close contacts? Quarantine can end AFTER 10 days *without testing* if no symptoms are reported during daily monitoring.

With testing: Quarantine can end AFTER day 7 if a person tests negative on day 5 or later, and no symptoms are reported. The earliest quarantine can end is AFTER day 7. (*Testing gives valuable information if positive in order to inform close contacts thereby slowing the spread. If negative, testing allows for returning to work or school a few days earlier.*)

If a 14 day Quarantine is optimal, why did the guidelines change? On December 2nd, the CDC published guidelines to reduce quarantine for close contacts because: 1) The risk of post quarantine transmission is very minimal after day ten 2) To increase compliance with testing and quarantine 3) To reduce mental health, personal, and financial burdens of quarantine.

The Central Montana Health District has recently issued Quarantine Guidance for Schools-what are these guidelines? During school, if both the infectious person and close contact were **wearing masks 100% of the time** and the close contact remains asymptomatic -they are exempt from home quarantine. Six feet of distance between desks remains optimal, but schools may choose to separate desks by at least three feet when six feet is not feasible. These changes apply to schools only at this time. (Contact the CMHD for complete details)

We live in a great Community! Let's work together!!