

## COUNSELING CENTER

Ms. Poll—Last Names (A-L)  
Mrs. Madsen—Last Names  
(M-Z)  
Counseling Center  
801-402-6007

*The CCR (College and Career Readiness Plan): formally SEOP, is a process whereby students establish and review academic goals and options. BJH Counselors attempt to meet with students and their parent/guardians each year.*

### SPECIAL POINTS OF INTEREST:

- Check your grades online at: [davis.k12.ut.us](http://davis.k12.ut.us)

# Bountiful Jr. High

7TH GRADE CCR CLASS OF 2028

2022-2023

## Career Exploration in CTE

### CONNECTING YOUR PERSONALITY TO A CAREER

**Doer (Realistic):** Active, likes outdoors, often athletic, enjoys working with tools and equipment.

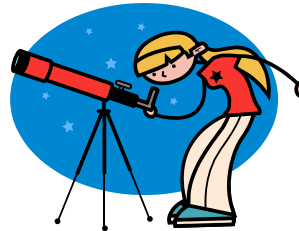
*Career types: Fixing things, playing sports, operating machinery, building things, etc.*

**Thinker (Investigative):** Enjoys math and science, likes to use the mind to solve problems, enjoys games which require logic.

*Career types: Analyzing data, thinking abstractly, exploring new ideas, interpreting formulas, etc.*

**Creator (Artistic):** Expresses

themselves through activities such as art, dance, music, writing and acting; is most comfortable with free, un-



structured environments.

*Career types: Drawing, writing, performing, photography, etc.*

**Helper (Social):** Enjoys interaction with other people; relationships with friends and family are a top priority;

good listening abilities.

*Career types: Working with others, teaching, expressing yourself, etc.*

**Persuader (Enterprising):** Likes leading others and talking others into doing things; natural sales ability.

*Career types: Selling, initiating projects, leading, giving speeches, etc.*

**Organizer (Conventional):** Likes to collect and organize things, enjoys using a planner, is able to keep accurate records.

*Career Types: Keeping records, doing paperwork, following procedures, etc.*

## 7th and 8th Grade Requirements

During your 7th and 8th grade years you are required to fulfill certain state and district requirements.

These years are very important as they are your foundation for high school and beyond. It is critical that you establish good

study habits and organizational skills so that you will be ready to move ahead each year.

### 7th Grade and 8th Grade Requirements

2 years Math

2 years English

1 year Intro to CTE

1.5 years Social Studies

2 years Science

1 year P.E.

.5 years Health

1 year Fine Arts





# Cyberbullying: Are you Aware?

Today's kids have a variety of new media technology, including cell phones, PDAs, and computers connected to the internet. Kids are connecting with friends, family and learning about a broad range of topics. But with no one watching, electronic freedom of expression has given rise to a new form of bullying, called Cyberbullying.

Cyberbullies are children who use digital technology to harass, humiliate, or threaten another child.

Cyberbullying is in violation of Bountiful Jr. High harassment /bullying policy, but we need parents help! *The Jour-*

*nal of Adolescent Health* study reported that 40% of adolescents say their parents do not impose rules around Internet use and are unaware of what their children do on the Internet. Parents need to monitor and be highly aware of their kids' use of new technology. They should encourage discussion and awareness of electronic aggression. Keep the lines of communication open so your child won't hesitate to tell you about a cyberbullying problem. Be supportive of your child, words and cyberattacks can wound a child easi-

ly and have a lasting effect. Let the school know so the guidance counselor can keep an eye out for in-school bullying and for how your child is handling things.

Parents need to understand that a child is just as likely to be a cyberbully as a victim of cyberbullying. They may not even realize they are seen as a cyberbully.

Overall be aware of your child's interactions while online and report incidents of cyberbullying.

## TIPS FOR SUCCESS IN JUNIOR HIGH

- Check your grades often
- Stay Organized!
- Talk to ALL of your teachers
- Complete homework on time
- Turn in your homework on time
- Keep your parents informed..... especially when you have BIG projects!

**youscience.com**  
*The best way to predict the future is to plan on it.*

Username: \_\_\_\_\_

Password: \_\_\_\_\_

**My.dsd**  
*Check your student grades.*

Username: \_\_\_\_\_

Password: \_\_\_\_\_

## Why is your report card important?

This year in CTE you will learn what your report card may tell a potential employer or university someday.

Often we think that the only thing that matters about our report card is the grade point average but there are many other things on your report card that can say just as much!

**Classes taken:** This can tell someone what kind of back-

ground and qualifications/skills you have. It can also let them know if you are willing to push yourself (honors classes) or try new things (band, art, tech classes, etc.).

**Citizenship:** Are you easy to get along with? Do you follow directions and/or take direction well? Are you agreeable or argumentative? Do you work well with others? Your

citizenship grade will let a person know the answers to these questions.

**Absences:** Are you dependable? Can they count on you to be there every day?

**Tardies:** Do you respect and follow the rules? Do you have good time management skills? Are you respectful of others? Can you work within a time frame?

