

Sport Season Start Dates @ Post Falls Middle School

Volleyball (Girls) 7-8 Grade: First Week of School

Cross Country (Boys-Girls) 6-8 Grade: First Week of School

7th Girls Basketball: Middle to End of October

**Wrestling (Boys-Girls) 6-8 Grade: Middle to End of
October**

**8th Basketball (Boys/Girls) 8th Grade: First week after
Winter Break**

7th Boys Basketball: Middle of February

**Track (Boys/Girls) 6-8 Grade: Last week of school before
spring break**