



A guide on how to save a life

**CPR**



**Step-by-step**

**Performing CPR while waiting for medical assistance can greatly increase a person's chance of survival from cardiac arrest**

**CPR/First Aid Training Classes Open**

**To All OGSD Employees**

**Training Dates:**

**Friday, July 22, 2022 from 8:00 am.-12:00 pm.**

**OR**

**Friday, August 5, 2022 from 8:00 am.-12:00 pm.**

**Location of Training: Oak Grove School District - Board Room**

**Training Offered By:**

**Quan Ta, Emergency & Health Training Center**

**Cost: \$55.00**

**Payment Method Accepted: Cash Only**

**No checks or Other Forms of Payment Will Be Accepted**

**RSVP For CPR/First Training**

**Must Sign Up No Later Than July 20th for July 22nd Training**

**Must Sign Up No Later Than August 3rd for August 5th Training**

**Email: Rita Cartagena at [rcartagena@ogsd.net](mailto:rcartagena@ogsd.net)**