

Overview of What We Are Learning

Kindergarten

- Skills For Learning
 - Learning to Listen
 - Focusing Attention
 - Following Directions
 - Self-Talk for Staying on Task
 - Being Assertive
- Empathy
 - Feelings
 - More Feelings
 - Identifying Anger
 - Same or Different?
 - Accidents
 - Caring and Helping
- Emotion Management
 - We Feel Feelings in Our Bodies
 - Managing Frustration
 - Calming Down Strong Feelings
 - Handling Waiting
 - Managing Anger
 - Managing Disappointment
 - Handling Being Knocked Down
- Problem Solving
 - Solving Problems
 - Inviting to Play
 - Fair Ways to Play
 - Having Fun with Friends
 - Handling Having Things Taken Away
 - Handling Name-Calling
 - Reviewing Second Step Skills
- Character Education

- Fairness
- Honesty
- Kindness
- Respect
- Responsibility

First Grade

- Identifying and Managing Emotions
 - Angry
 - Sad
 - Scared
 - Jealous
- Missing Someone
- Caring About Others
- Feeling Good About Yourself

Second Grade

- Conflict Resolution
- Using “I Messages”
- Being a Good Listener
- Compromising
- Thinking of Solutions
- Avoiding Conflict

Third Grade

- Introduction to Bullying
- Recognizing Bullying
- Reporting Bullying
- Refusing Bullying
- Bystander Power