

Mercy McAuley High School Track & Field
Top 10 All-Time Outdoor Performances - Updated 6/5/22
(Individual's or Relay's best mark)

100 METER DASH			
1	Abby Hoffmann	12.67	2021
2	Chloe Hamilton	12.81	2022
3	Lizzie Sexton	12.90	2022
4	Cameron Bittermann	13.20	2019
5	Mia Edwards	13.31	2021
6	Mackenzie Meehan	13.37	2021
7	Grace Thamann	13.50	2019
8	Josie Doxsey	13.54	2022
9	Bennitta Quayee	13.64	2021
10	Kenya Howard	13.72	2022

200 METER DASH			
1	Lizzie Sexton	25.40	2022
2	Abby Hoffmann	26.08	2021
3	Mia Edwards	26.84	2021
4	Chloe Hamilton	27.14	2022
5	Cameron Bittermann	27.42	2019
6	Mackenzie Meehan	27.45	2021
7	Grace Thamann	28.07	2019
8	Emma Helmes	28.09	2019
9	De'Aira Ferris	28.28	2021
10	Emma Blaut	28.65	2022
10	Josie Doxsey	28.65	2022

400 METER DASH			
1	Lizzie Sexton	56.93	2021
2	Mia Edwards	59.20	2021
3	Abby Hoffmann	59.45	2021
4	Liz York	1:01.40	2021
5	May Humpert	1:02.01	2021
6	Grace Thamann	1:04.53	2019
7	Emma Blaut	1:04.57	2022
8	Sarah Enginger	1:05.66	2022
9	Hannah Kallmeyer	1:05.84	2022
10	Emma Helmes	1:05.97	2019

800 METER RUN			
1	May Humpert	2:19.59	2022
2	Mollie Bigner	2:30.28	2021
3	Ashley Williams	2:31.34	2021
4	Keelin Elmer	2:31.62	2022
5	Ashley Albrinck	2:34.23	2019
6	Liz York	2:35.39	2019
7	Kristen Meyer	2:37.90	2022
8	Shelby Page	2:38.24	2021
9	Sophie Kemble	2:38.25	2021
10	Meredith Meyer	2:38.31	2019

1600 METER RUN			
1	Keelin Elmer	5:30.34	2022
2	Ashley Williams	5:31.77	2022
3	Kaitlyn Sansone	5:33.03	2019
4	Julia Verhoff	5:38.48	2021
5	Meredith Meyer	5:39.71	2019
6	Sophie Kemble	5:55.82	2021
7	Josie Feldman	5:58.06	2022
8	Lani Hinton	6:05.86	2019
9	Kelly Albrinck	6:08.87	2022
10	Amy Siemer	6:09.60	2021

3200 METER RUN			
1	Ashley Williams	11:50.11	2022
2	Julia Verhoff	12:14.28	2022
3	Keelin Elmer	12:16.11	2021
4	Kaitlyn Sansone	12:21.58	2021
5	Lani Hinton	12:51.30	2019
6	Josie Feldman	12:58.35	2022
7	Kelly Albrinck	13:04.60	2022
8	Meredith Meyer	13:13.31	2019
9	Anna Heitz	13:57.16	2022
10	Leah Kallmeyer	14:13.71	2022

100 METER HURDLES			
1	Katrina Draginoff	17.14	2019
2	Avi Hubbard	17.41	2021
3	Olivia Phelps	18.99	2019
4	Audrey Hare	20.16	2021
5	Chloe Wright	20.60	2022
6	Essence Hamilton	21.15	2021
7	Lovely Johnson	21.76	2019
8	Karen Kiganda	23.66	2021
9	Sylvie Wright	25.70	2021
10			

300 METER HURDLES			
1	Katrina Draginoff	50.22	2019
2	Avi Hubbard	51.83	2019
3	Audrey Hare	56.14	2021
4	Olivia Phelps	58.07	2019
5	Chloe Wright	58.30	2022
6	Maura Reilly	1:01.09	2022
7	Marina Hernandez	1:01.69	2019
8	Sam Bollin	1:02.51	2022
9			
10			

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POLE VAULT			
1	Bella Coombs	8'6"	2019
1	Gabrielle Litzinger	8'6"	2019
1	Michelle Cavanaugh	8'6"	2021
4	Emma Mastruserio	8'0"	2021
5	Kelly Albrinck	7'6"	2021
5	Noelle Kinne	7'6"	2021
7	Maddie Murphy	6'0"	2019
7	Shelby Page	6'0"	2019
9			
10			

HIGH JUMP			
1	Natalie Lorenz	5'0"	2019
2	Ariee Bess	4'10"	2022
3	Katrina Draginoff	4'8"	2019
4	Josie Penderghast	4'6"	2019
4	Sophie Roeder	4'6"	2019
6	Essence Hamilton	4'4"	2022
6	Abby Noe	4'4"	2019
8	Emma Mastruserio	4'2"	2019
9	Audrey Hare	4'0"	2021
10	Cierra Blakeman	3'9"	2019

LONG JUMP			
1	Natalie Lorenz	15'9"	2019
2	Essence Hamilton	14'11.75"	2022
3	Katrina Draginoff	14'9"	2019
4	Mia Edwards	14'6.5"	2021
5	Chloe Hamilton	14'0"	2022
6	Kenya Howard	13'10.25"	2022
7	Josie Penderghast	13'9.5"	2019
8	Bennitta Quaye	13'8"	2021
9	Sophie Roeder	13'11.5"	2019
10	Riley Sauer	12'7"	2019

SHOT PUT			
1	Kristen Berwanger	34'1.75"	2022
2	Rachel Berwanger	33'4.5"	2019
3	Riley Sauer	29'9"	2019
4	Aaliyah Hill	28'3"	2022
5	Anna Reidel	24'11.5"	2019
6	Jocelyn Smith	25'3"	2022
7	Elaina Nadler	22'6"	2021
8	Grace O'Connor	22'3.5"	2021
9	Dior Williams	21'6"	2021
10	Damya Harris	21'2"	2019

DISCUS			
1	Kristen Berwanger	126'7"	2022
2	Rachel Berwanger	118'6"	2019
3	Anna Reidel	95'9"	2019
4	Elaina Nadler	83'10"	2021
5	Jocelyn Smith	83'1"	2022
6	Riley Sauer	82'0"	2019
7	Grace O'Connor	77'5"	2021
8	Damya Harris	63'0"	2022
9	Aaliyah Hill	55'1"	2022
10	Dior Williams	49'0"	2021

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4X100 METER RELAY

1	Abby Hoffmann, Grace Thamann, Mia Edwards, Cameron Bittermann	50.32	2019
2	Mackenzie Meehan, DeAira Ferris, Liz York, Abby Hoffmann	50.48	2021
3	Abby Hoffmann, Ava LeCount, Mia Edwards, Cameron Bittermann	51.21	2019
4	Abby Hoffmann, Avi Hubbard, Mia Edwards, Cameron Bittermann	51.29	2019
5	Mackenzie Meehan, Avi Hubbard, Liz York, Abby Hoffmann	51.37	2021
6	Grace Thamann, Avi Hubbard, Mia Edwards, Cameron Bittermann	52.26	2019
7	Mia Edwards, Mackenzie Meehan, Arieë Bess, DeAira Ferris	52.86	2021
8	Sa'Rye Davis, Kenya Howard, Josie Doxsey, Bennitta Quaye	53.04	2022
9	Arieë Bess, Emma Blaut, Josie Doxsey, Chloe Hamilton	53.08	2022
10	Bennitta Quaye, Arieë Bess, Sa'Rye Davis, Josie Doxsey	53.73	2022

4X200 METER RELAY

1	Abby Hoffmann, Liz York, Mia Edwards, Lizzie Sexton	1:41.09	2021
2	Mia Edwards, Liz York, Mackenzie Meehan, Lizzie Sexton	1:44.03	2021
3	Abby Hoffmann, Mackenzie Meehan, Mia Edwards, Lizzie Sexton	1:45.36	2021
4	Abby Hoffmann, Cameron Bittermann, Grace Thamann, Lizzie Sexton	1:46.45	2019
5	Lizzie Sexton, Liz York, May Humpert, Mia Edwards	1:48.13	2021
6	Abby Hoffmann, Emma Helmes, Lizzie Sexton, Cameron Bittermann	1:48.63	2019
7	Chloe Hamilton, Sarah Enginger, Lizzie Sexton, Emma Blaut	1:49.12	2022
8	Grace Thamann, Mia Edwards, Emma Helmes, Lizzie Sexton	1:49.72	2019
9	Chloe Hamilton, Josie Doxsey, Sarah Enginger, Emma Blaut	1:51.57	2022
10	Grace Thamann, Cameron Bittermann, Emma Helmes, Mia Edwards	1:51.67	2019

4X400 METER RELAY

1	Mia Edwards, Abby Hoffmann, Liz York, Lizzie Sexton	3:50.58	2021
2	Abby Hoffman, Liz York, May Humpert, Mia Edwards	4:03.05	2021
3	Abby Hoffman, Grace Thamann, Liz York, Lizzie Sexton	4:03.89	2019
4	Mia Edwards, Liz York, May Humpert, Lizzie Sexton	4:05.99	2021
5	May Humpert, Chloe Hamilton, Emma Blaut, Lizzie Sexton	4:06.06	2022
6	May Humpert, Chloe Hamilton, Sarah Enginger, Lizzie Sexton	4:09.74	2022
7	Liz York, Grace Thamann, Cameron Bittermann, Abby Hoffmann	4:11.55	2019
8	Mia Edwards, May Humpert, Mollie Bigner, Liz York	4:13.61	2021
9	May Humpert, Sarah Enginger, Lizzie Sexton, Bella Maxfield	4:15.01	2022
10	Cameron Bittermann, Liz York, Abby Hoffmann, Lizzie Sexton	4:15.47	2019

4X800 METER RELAY

1	May Humpert, Keelin Elmer, Ashley Williams, Julia Verhoff	9:45.34	2022
2	May Humpert, Keelin Elmer, Ashley Williams, Mollie Bigner	9:52.67	2021
3	Sophie Kemble, Shelby Page, Ashley Williams, Mollie Bigner	10:26.35	2021
4	Keelin Elmer, Sophie Kemble, Kaitlyn Sansone, Ashley Williams	10:27.82	2021
5	Sophie Kemble, Josie Feldman, Shelby Page, Kaitlyn Sansone	10:29.68	2021
6	Liz York, Meredith Meyer, Shelby Page, Kaitlyn Sansone	10:33.14	2019
7	Kaitlyn Sansone, Meredith Meyer, Shelby Page, Ashley Albrinck	10:38.09	2019
8	Liz York, Kylie Pfeifer, Meredith Meyer, Kaitlyn Sansone	10:39.16	2019
9	Ashley Albrinck, Shelby Page, Liz York, Meredith Meyer	10:42.23	2019
10	Mollie Bigner, Amy Siemer, Shelby Page, Kaitlyn Sansone	10:53.02	2021