

## 2019 Wellness Meeting Agenda

### Introduction:

#### 4 areas of our policy:

Education: Both Health and Physical activity-updates from teachers

Food Service: Updates from the cafeteria

#### School Based Activities:

Examples of activities include 'Jumprope for Heart' and Field Day for the Elementary,

Fun Run for Middle School and

Serve Arcanum/Class of the classes for the High School.

Measurement and Implementation: Evaluation completed by Mrs. Greve

### Old Business

Agendas and handouts

Birthday Treat options

Fruit Smoothies

### New Business

What more can we do to get the School Community involved in Healthy Choices?

Getting the message out

Social Media