

ONLINE IMPACT TESTING PROCEDURES

As part of our concussion program, we will be testing all student-athletes by using the IMPACT Concussion Baseline Testing program. An IMPACT Baseline Test will be required of all student-athletes before they will be allowed to practice or participate in any NJSIAA sport in the Sayreville School District.

For your convenience, we have made it possible for the IMPACT Baseline Test to be conducted at home under the parent's supervision. We are asking that the parents of the student-athlete supervise their child while taking the online test. **Please do not help your child during the test in any way, since an inaccurate baseline score could lead to a longer return to play should a concussion injury be sustained.**

Please have your son/daughter take the IMPACT Baseline Test only if they are coming out for the Sayreville High School and Middle School athletic teams. This program is paid for by the Sayreville School District. Therefore, use must be limited to prospective student-athletes. At the conclusion of the test, please print out the receipt for your records and attach a copy to the Clearance Packet. A test type of "Baseline ++" on the receipt is unreliable and may result in the test having to be re-taken. A test type of just "Baseline" is desirable.

Student-athletes at the middle school are only required to take the IMPACT Baseline Test once during their 3-year term and must wait until instructed by their coach before taking the test. **Prospective student-athletes at the high school must take the IMPACT Baseline Test for each school year, regardless of prior sports participation or test completion. This test must be taken on or after July 1st of the upcoming school year before participation to be valid.**

To take the IMPACT test, you will need to have a computer with a working mouse.

To take the IMPACT Baseline Test, follow these instructions:

- 1) Go to <http://www.impacttestonline.com/testing/>
- 2) **Turn OFF any pop-up blockers that your computer may be using.**
- 3) Enter Customer ID Code --- **DX2W4CEB6A** (ALL CAPS), and then "Validate"
- 4) Select "Launch Baseline Test"
- 5) Select "English" language
- 6) Answer demographic questions.
 - a. **Be sure to use proper spelling for first/last name and input correct birth date!**
 - b. When prompted, do NOT select "skip additional demographics"
- 7) Select "Enter Additional Demographics" and answer the following questions
 - a. Be sure to input your child's sport when prompted; if your child plays multiple sports, input the sport for the closest upcoming season
- 8) Continue to complete the Current Symptoms and Conditions section
- 9) Take the IMPACT Test (test time 20-40 minutes)
- 10) Once the test is completed, please print the receipt so it can be reviewed by the school's staff.