

# SUPPORT HELPLINES

*Confidential - Free - 24/7*

## **SAFE SCHOOLS HELPLINE**

**Report threats of violence, depression, and illegal activity that could harm students or staff in our school**

**CALL: 1-800-418-6423 EXT. 359**

## **2-1-1 LIFELINE**

**Connect to community resources & mental health resources**

**CALL: 2-1-1**

## **NATIONAL SUICIDE PREVENTION LIFELINE**

**Support for people in distress, crisis, or concerned about others**

**CALL: 1-800-273-8255**

## **CRISIS TEXT LINE**

**Text for support in any type of crisis**

**TEXT HOME TO 741-741**



Canandaigua City School District