

CENTURY HIGH SCHOOL

VOLLEYBALL OPEN TRYOUTS

2022 SEASON



**AUGUST 10-12, 2022 - 3 PM TO 6 PM
MAIN GYM**

Coach: Sarah Walton
coachsarahw@protonmail.com

Athletic Director: Randy Pentz
rspentz@carrollk12.org

Open Gyms & Practice Times TBD

WHAT TO BRING:

- Water bottle
- Volleyball/running shoes
- Knee pads
- A good attitude

WHAT TO WEAR:

T-Shirt with your name on the back:

- Freshmen: White t-shirt
- Sophomores: Green t-shirt
- Juniors: Blue t-shirt
- Seniors: Red t-shirt

WHAT I'M LOOKING FOR:

- A can-do attitude
- A true team player
- Willingness to be coached
- Be present - catch up with friends later
- Positivity
- Be yourself!

IMPORTANT INFO:

- Tryouts are open to all returning players and new players that are interested!
- All paperwork is to be completed online through Family ID
- Must have a current physical (good for 13 months) to participate in Open Gyms and Tryouts

THINGS TO DO:

- Participate in open gyms
- Attend camps & clinics
- Stay fit over the summer - be prepared!

