

Sliding into Middle School

- Sponsored by Charles County Public Schools'
- Department of Student Services
- 6/6/22

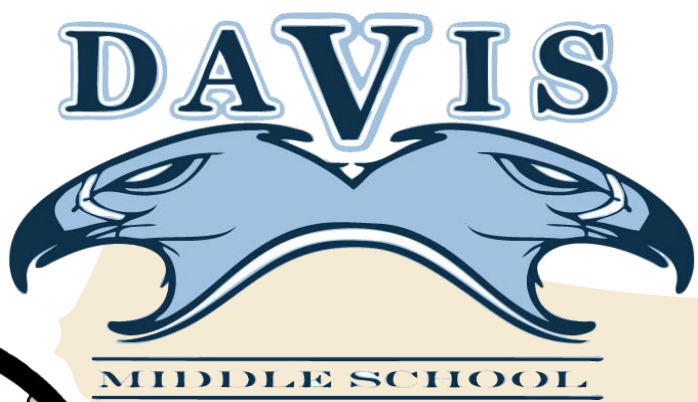


Charles County Public Schools

Presenters and Objectives

- **Katrina Spriggs**, NCC, LGPC
 - Professional School Counselor
 - Arthur Middleton Elementary School
 - 301-753-1749
- **Malik Williams**
 - School Counselor
 - Matthew Henson Middle School
 - 301-375-8550
- **Maria “Maggie” O’Connor-Buckingham**
 - Spanish Interpreter

- In this workshop, parents/caregivers will learn about what they need to know as their elementary school student transitions to middle school.
- This workshop is designed to help parents/caregivers:
 - prepare their future middle school student
 - review students' biggest challenges with the transition
 - learn how to survive the middle school years



Where are our students headed?



Magic ★



Changes for Elementary Students

- Schedule
- Academic Demand
- Size



What kind
of classes
are there?



Language Arts



Math



Science



Social Studies



Related Arts

Art, Orchestra, Band,
Gateway Tech, Music,
Chorus, AVID, Computer
Science, Spanish, Physical
Education & More

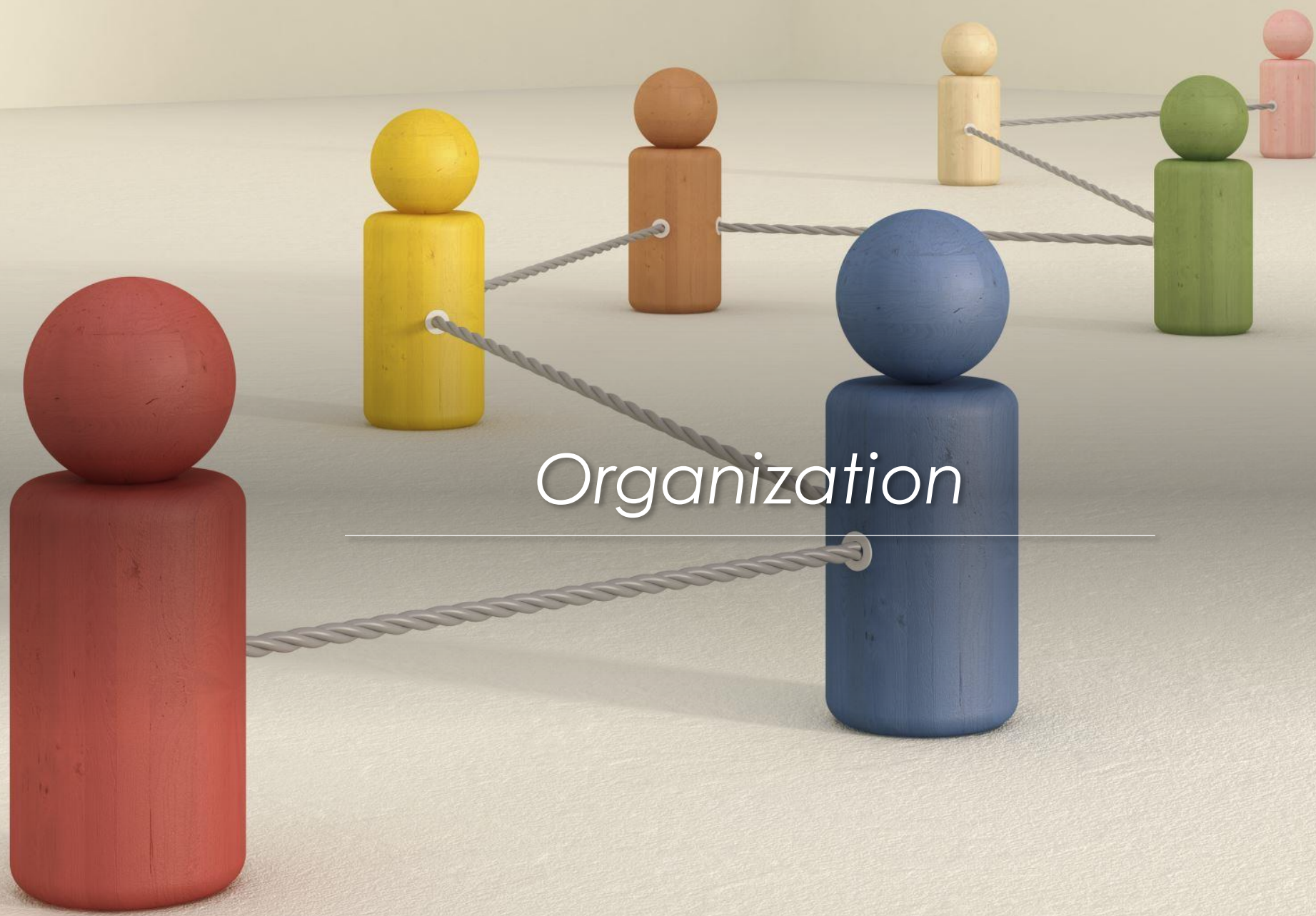
Which classes are needed to pass?

- **Except as provided in 5131.33, in order for a sixth, seventh, or eighth grader to be promoted, the student must:**
- **Pass Language Arts/Reading; and**
- **Pass Middle School Mathematics; and**
- **Meet one of the following:**
 - Pass Science and Social Studies and at least one related arts course; or
 - Pass Science and at least two related arts courses; or
 - Pass Social Studies and at least two related arts courses.
- Middle school students failing a required core subject during the school year must attend summer school to achieve a passing grade.



*What skills do you
think students will
need to be
successful next
year?*





Organization

TIPS to Staying Organized



UTILIZE PLANNERS/LISTS TO
KEEP TRACK OF
ASSIGNMENTS



GET RID OF TRASH!



KEEP ITEMS IN
DESIGNATED PLACES
WHERE THEY CAN EASILY
BE FOUND



YOUR BINDER IS
IMPORTANT

A close-up photograph of a white surface covered with numerous black pushpins. The pushpins are arranged in a somewhat random pattern, with their silver-colored needles pointing in various directions. In the center of the frame, there is a single orange pushpin, which stands out prominently from the sea of black ones. The lighting is soft and even, highlighting the smooth, spherical heads of the pushpins.

Conflict Resolution

TIPS for navigating conflict

- Think before you act
- Privacy changes the conversation
- Ask for help
- You don't have to be friends with EVERYONE
- The best solutions require compromise



Communication

TIPS for Communication



HOW YOU SAY IT IS AS
IMPORTANT AS WHAT YOU
SAY



GOOD PRACTICE IS PUTTING
THINGS IN WRITING



YOU ARE YOUR BEST
ADVOCATE



IT'S BEST TO COMMUNICATE
WITH STAFF AFTER
INSTRUCTION OR PRIOR TO
CLASS STARTING

TIPS for success

- Don't procrastinate
- Stay out of drama
- Do all of your assignments on time
- **For parents**
 - Check Parentvue twice per week
 - Check the LMS pages daily for homework assignments

Changes to expect in your student

- Moodiness
- More energy, but more need for rest
- Physical activity and sports being highly valued
- Change to eating habits, with possible over concern for dieting
- Increased need for personal hygiene
- Awkwardness and anxiety over changes to their body

Changes to expect

- Formation of cliques, increased need to belong socially
- Increased need for independence, while still having the want for the safety and protection of being a child
 - Becomes an internal struggle
- Feeling of their experience being unique
 - “No one has ever felt like” “No one has suffered as much”
- Formation of abstract thinking while not clearly grasping the concept of these thoughts

Changes to expect

- Extreme concern about their perceived attractiveness
- Minimal feedback to adult questions
- Resentment of criticism
- Resentment of parents
- Idealism
- Questioning the beliefs of others
- More consistent evidence of consciences
- Emergence of adult personality
- Interest in technology and how things work
- Experimental risk taking peaks from 12-16

Contact Information

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- Matthew Henson Middle School
- mawilliams@ccboe.com
- 301-375-8550



Your feedback is important to us. Please use the QR code to complete a survey or go to <https://forms.office.com/r/u5XUAeUYGB>