MEDICATION ADMINISTRATION GUIDELINES

All medications should be given outside of school hours, if possible. Only medications which enable a student to stay in school, may be brought to school. **All medications must be brought by a parent or guardian.** Medication can be administered at a school under the following conditions:

- 1. Medications must be in the original container and properly labeled for the student.
- 2. All medications will be checked in and secured by the nurse or her designee. Only medications for possible life threatening conditions may be carried by the responsible student., and only after appropriate documentation has been completed with the school nurse.
- 3. Medications will not be administered without specific orders from the treating physician.
- 4. If an initial dose of a new medication is given, the parent must administer the dose and remain with the student for 20 minutes after administration to monitor for adverse effects of the medication.
- 5. Only those medicines appropriate for that age child will be administered.
- 6. Medications that can be given before or after school hours, should be given at home. Should your healthcare provider feel that your student needs the medication during school hours; the medication will be administered only after receiving a written request from your healthcare provider.
- 7. It is the parent's responsibility to monitor the amount of medication sent to the school and to resupply that medication when it is low/depleted if it is to continue to be taken by the student at school.
- 8. Treatments must be requested in writing by the parent. The school nurse may request the parent to demonstrate the procedure when the request is submitted and may request written instructions from the treating physician.
- 9. Failure to comply with medication guidelines may result in disciplinary action for the student.
- 10. We do reserve the right to refuse administration of medication/treatment if it conflicts with our professional judgment.

PRESCRIPTION MEDICATIONS:

- 1. Prescription medication must be a current prescription that is being administered within a given timeframe ordered by the physician or dentist, and has not expired in strength.
- 2. Sample prescription medications given to the student by the treating physician or dentist may be administered at school ONLY if the container is labeled for content, specific dosage directions, specific time/s to be administered and contains the student's name. A note of instruction signed by the physician/dentist as well as the parent is required.
- 3. All prescription medication must be prescribed by a physician/dentist who is licensed to practice in the United States. All prescriptions must be filled in the United States and must be FDA approved.

NON-PRESCRIPTION MEDICATIONS:

- 1. Samples of non- prescription medication given to the student by the treating physician or dentist may be administered at school ONLY if the container is labeled for content, specific dosage directions, specific time/s to be administered and contains the student's name. A note of instruction signed by the physician/dentist as well as the parent is required.
- 2. All over-the-counter medicines must be of United States origin and must be FDA approved.
- 3. A student who requests an excessive amount of medication may be referred to his/her physician for further examination to rule out an underlying medical condition.

MEDICATION ADMINISTRATION GUIDELINES

ESSENTIAL OILS, DIETARY AND HERBAL SUPPLEMENTS:

Cleveland ISD nurses/employees will <u>NOT</u> administer essential oils, herbal, and/or dietary supplements. Parents may go to their child's school to administer the essential oils, herbal, or dietary supplements if they feel it is necessary for the student during the school day. Section 38.011 of the Texas Education Code prohibits school employees from selling or distributing dietary supplements containing performance-enhancing compounds to students. It also prohibits school employees from endorsing or suggesting the use of such dietary supplements.