

## **Geno Auriemma and Positive Attitude**

During Communication Time last week, many teachers discussed with students recently resurfaced [remarks](#) from UConn women's basketball coach, Geno Auriemma. He is adamant in his message, and his frustration is palpable. After so many views, it's clear that his comments strike a chord with others, as well.

What we most appreciate about his message:

- he insists on a positive, enthusiastic attitude above all else (including talent)
- he is steadfast in adhering to his values
- he highlights the importance of body language (especially, the absurdity of "acting cool")

Students engaged in some really thoughtful conversations. As parents, we may want to consider how we can support our child's development in this regard. We can celebrate not only our own child's victories, but the successes and hard work of their teammates, and even those of their rivals. We can remind them that the most desirable teammates, classmates, and friends are those who collaborate, can see beyond themselves, and are truly invested in the well-being of others. Lastly, we can model enthusiasm, camaraderie, and a positive attitude...both on and off the field.

*The Staples Resilience Project is an ongoing endeavor by the Staples Guidance Department aimed to promote the well-being of our students and foster a positive, inclusive school community.*

[shs.westportps.org/departments/guidance/staples-resilience-project](https://shs.westportps.org/departments/guidance/staples-resilience-project)