



LUNCH MENU

Week Commencing 13/06/2022

	Monday	Tuesday	JAMAICAN Wednesday	Thursday	Friday
Starter	<i>SALAD Bar</i>	<i>SALAD Bar</i>	<i>SALAD Bar</i>	<i>SALAD Bar</i>	<i>SALAD Bar</i>
Soup of the day	<i>Freshly Homemade Soup</i>				
Bread	<i>Freshly Home Baked Bread daily</i>				
International & Traditional	<i>Blanket de Poulet</i>	<i>Duo Cauliflower & Broccoli Gratin</i>	<i>Jerk Chicken</i>	<i>Spicy Pork sausage</i>	<i>Fish & Chips</i>
Vegetarian	<i>Cheesy Zucchini</i>	<i>Vegan Pasta Arrabiatta</i>	<i>Aubergine Accra's</i>	<i>Vegan stew</i>	<i>Vegetable cake</i>
On the Side	<i>Roast SALAD Bar Potatoes Green beans & Carrots</i>	<i>Pilaf Pasta Carrot & Parsley</i>	<i>Fried Rice Caribbean Veg Stew</i>	<i>Potato Mash Ratatouille</i>	<i>Chips Green Peas</i>
Cheese / fruit	<i>Continental Cheese and fresh fruit are available every day</i>				

Dessert	<i>Apple & Yoghurt Duo</i>	<i>Carrot Cake</i>	<i>Besito de coco</i>	<i>Vanilla cream</i>	<i>Fruit Jelly</i>	