



SLUH

CROSS COUNTRY

2021 Schedule

2020 MCC Conference Champions and Missouri State Runner-Up

Day	Date	Meet	Levels	Location	Time
M	8/9	First Day of Practice	ALL	SLUH	8:00 a.m.
F	8/13	Alumni Race & BBQ	ALL	SLUH Track	6:00 p.m.
W	9/1	O'Fallon Fr/So Meet	B, C	O'Fallon (Milburn)	4:00 p.m.
Sa	9/4	Granite City Invitational	V, JV, B/C	Wilson Park	9:10 a.m.
Sa	9/11	Forest Park XC Festival	V, JV, C	Forest Park	9:00 a.m.
Sa	9/18	Paul Enke Invitational	V2, JV, C	Sioux Passage Park	9:00 a.m.
F	9/24	Ed White Invitational	V2, JV, C	Arnold City Park	4:00 p.m.
Sa	9/25	Palatine Invitational	V, JV	Palatine, Illinois	9:00 a.m.
Sa	10/2	Parkway West Invitational	V, JV, B, C	Living Word Church	9:00 a.m.
Th	10/7	M.C.C. Championship	V, JV, C	Jefferson Barracks Park	4:00 p.m.
Sa	10/16	Hancock Invitational	V2, JV, C	Jefferson Barracks Park	9:00 a.m.
F	10/22	Big River Invitational	V, JV	Buder Park	3:45 p.m.
F	10/22	Clayton Invitational	V2, JV	Shaw Park	3:45 p.m.
W	10/27	Findley Memorial Invitational	JV, C	T.B.A.	4:15 p.m.
Sa	10/30	District I Championship	V	Hillsboro	T.B.A.
F	11/5	State Championship	V	Gans Creek (Columbia)	11:15 a.m.
Su	11/14	NXN Regional*	V	Terre Haute, Indiana	T.B.A.
W	11/17	Team Banquet	ALL	SLUH (Si Commons)	6:00 p.m.

Times listed are for our first race of the day. Coaches will confirm all race times and rosters at least a week in advance. Check Twitter, email, and the team website for further information. Contact the coaches if you aren't receiving team emails.

Head Coach: Joe Porter
Assistant Coaches: Brian Gilmore, Rich Esswein, Mike Lally, Walker Yane, Megan Gilmore
President: Mr. Alan Carruthers
Principal: Fr. Ian Gibbons, S.J.
Athletic Director: Mr. Chris Muskopf
XC Office Hotline: 314-531-0330 ext. 2262
SLUH XC Team Website:** www.sluh.org/athletics/teams/cross-country/
Follow us on Twitter: @sluhxctrack
Follow us on Instagram: sluhxctrack

* The team at the NXN Regional would compete as the St. Louis XC Club and will not be directly affiliated with SLUH.

