

XC overcomes brutal weather in Indiana showcase

BY SEAN KELLOGG AND JOE LABARGE REPORTERS

Following a great performance at State, some of the top runners on the SLUH cross country programs decided to take their skills up to Terre Haute, Ind. to compete at Nike Cross Regionals at the Lavern Gibson Cross Country Course. Despite having just come off of a hard week competing at state, the team still ran some phenomenal races and managed to come away with the meet with some hardware.

The team left the comforts of St. Louis to go to Terre Haute late last Friday night and got a whole day in Terre Haute to train before their race on Sunday. They were met with frigid temperatures upon arriving at the famous Lavern Gibson Cross Country Course to get in a run and pick up their racing materials. Because of Nike rules, the team was not allowed to compete as a school but rather had to enter as The St. Louis Cross Country Club, sporting their Flopack jerseys and peach running shorts. After getting in a quick practice the team headed back to the hotel and ate dinner

in preparation for the next day's races.

When race day arrived though, instead of ideal conditions for a cross country race, the team was greeted with freezing rain and hail. Temperatures fell below freezing as the team was warming up and the rain made the course sloppy and slick just as the JV squad was going to the line.

Because only 22 teams are allowed in the Championship (varsity) race, many varsity teams from the region were forced into the Open race to compete against SLUH's JV squad, but despite this the team remained focused and put on a show as the race began. Lucas Rammacher had a breakout race and led the SLUH pack the whole time, earning the only PR on the day and running 17:47. Following Lucas was a pack of three SLUH runners: Will Riggan (18:01), Mason Scargall (18:06) and Anthony Zangara (18:08), who all finished within 7 seconds of each other. Nolan Meara rounded out the scoring for the Jr. Bills running an 18:26. In a race that had almost 900 runners and 76 teams in it, SLUH finished in 30th with a score of 872 points.

"I think we raced very well and it's really exciting when you think that there were very few seniors in that group in the open race, so a lot of them are getting some really good experience that can prepare them for next year and years to come," said Porter. "It was a great way to finish out the season and to get those younger guys ready to go for next year's season."

The varsity squad raced next, in the 10th race of the day, and by then the course was torn to shreds. It was hard to even walk around without sinking in mud. To further add to the struggles, the team had to be introduced then stand for almost 20 minutes in the freezing conditions and rain. However the varsity kept their goal in mind and had a day out on the course. The team packed up a little further back in the pack than normal but with the help of senior Joe LaBarge, who was having a breakout race, they moved up throughout the race and managed to finish in very good positions. Sean Kellogg led the way for the Jr. Bills and finished in 39th, running 16:42. Joe LaBarge (68th; 16:58) finished close behind, finishing as the two man for the team for

the first time this season. Baker Pashea (82nd; 17:07) and Grant Brawley (93rd; 17:16) finished close to each other and ran very well to place in the top 100. Justin Glass (130th; 17:43) rounded out the scoring for the Jr. Bills on the day. With four runners in the top 100 and a solid five man the team earned the 10th place team finish out of 22 teams, taking down both the Class 4 and Class 5 Missouri state champions from just a week before. They scored 282 points and had a scoring spread of 1:01. Despite the bad conditions, the Jr. Bills rose to the challenge and finished in one of the best team positions that SLUH has had in a while.

With the cross country season wrapped up the team looks forward to the winter off season and track next spring. With fast performances like these behind them the team is very optimistic for its chances during track and looking forward to the 2022 cross country season. With five of the varsity runners being seniors, the team is looking for some new faces to step up and the coaches are confident that they will have a very successful fall season in 2022.

Calendar

Friday, November 19 B Day

first Possible Winter Sports Contest
LUNCH Special—Baked Cod
Vegetarian—Spinach Quiche

Saturday, November 20

SLUHtique Set up Day
8:20PM Varsity Ice Hockey vs Westminster

Sunday, November 21

Service Learning Retreat
11:00AM Mother's Club SLUHtique

Monday, November 22 No Classes

NO CLASSES-RETREAT DAYS
Service Learning Retreat
Senior Kairos
Freshman Retreat

Tuesday, November 23 No Classes

NO CLASSES-RETREAT DAYS
Senior Kairos
Philia Retreat

Wednesday, November 24 No Classes

NO CLASSES-RETREAT DAYS
Senior Kairos
Philia Retreat
9:30PM Varsity Ice Hockey vs DeSmet

Thursday, November 25 No Classes

THANKSGIVING BREAK

Friday, November 26 No Classes

THANKSGIVING BREAK
6:00PM Varsity Basketball vs Fr. Tolton

Saturday, November 27

7:30PM Varsity Ice Hockey vs Kirkwood

Sunday, November 28

Monday, November 29 A Day

Adopt-a-Family Drive
LUNCH Special—Homestyle Meatloaf
Vegetarian—Spinach Portobello Cap
3:30PM JV1-1 Racquetball vs Lindbergh
3:30PM JV1-2 Racquetball vs SLUH JV2-3
3:30PM JV1-3 Racquetball vs SLUH JV1-2
7:30PM C Team (Blue) Basketball Webster Tournament vs Mehlville
7:50PM Varsity Ice Hockey vs Lafayette

Tuesday, November 30 B Day

Adopt-a-Family Drive
Advent Confessions
NIE Second Quarter Meeting
LUNCH Special—Spicy Chicken Wings
Vegetarian—Stuffed Bell Pepper
4:15PM B Team Basketball vs Cardinal Ritter
5:00PM Wrestling (JV/V) vs Hazelwood West
6:00PM Varsity Basketball vs Cardinal Ritter

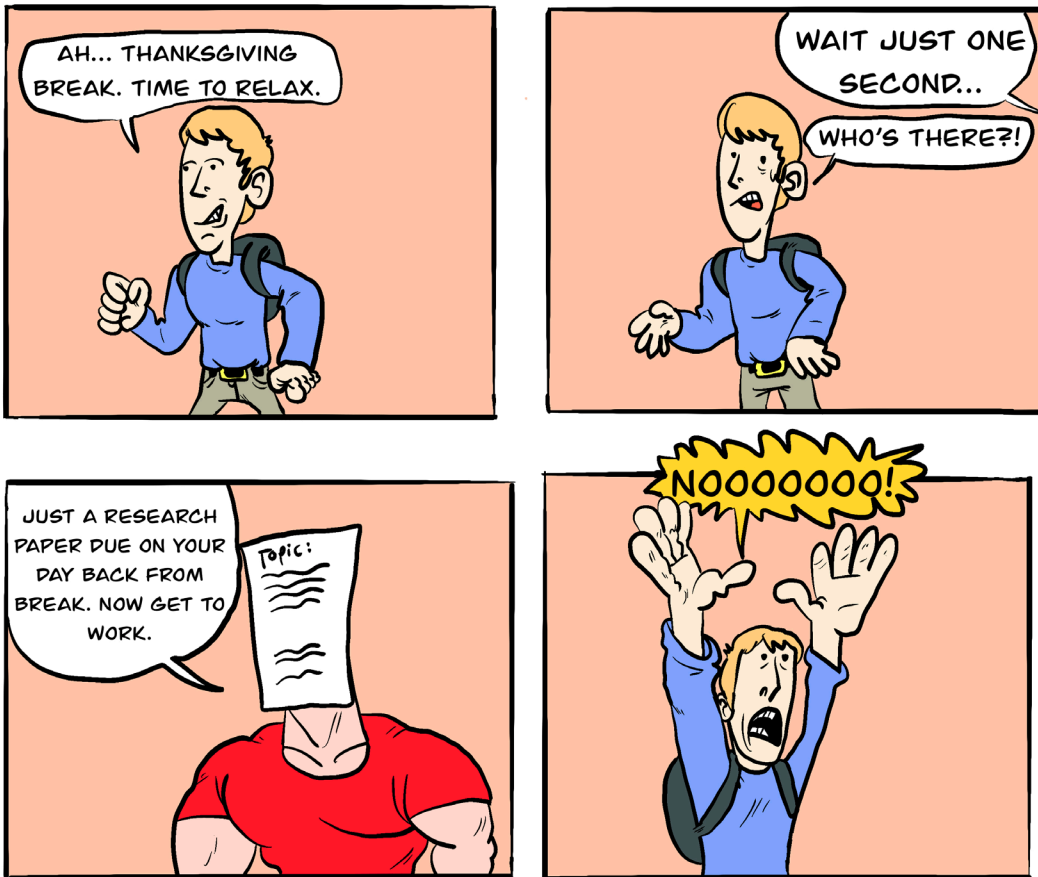
Wednesday, December 1 A Day

Adopt-a-Family Drive
Advent Confessions
C Team (Blue) Basketball Webster Tournament
Band Rehearsals
LUNCH Special—Chicken Alfredo
Vegetarian—Roasted Vegetable Pasta
3:30PM Varsity 1 Racquetball vs Kirkwood
6:00PM C Team (White) Basketball Timberland Tournament vs Fort Zumwalt East
7:30PM B Team Gateway STEM Basketball Tournament

Thursday, December 2 B Day-Late Start

Late Start Schedule
Adopt-a-Family Drive
Advent Confessions
Advent Ignatian Evening
Department Meetings
LUNCH Special—Santa Fe Chicken with Chipotle Cream
Vegetarian—Eggplant Parmesan
4:00PM JV2-3 Racquetball vs Chaminade
4:30PM C Team (White) Basketball Timberland Tournament
7:30PM B Team Gateway STEM Basketball Tournament

SLUHsERS 12: THE ILLUSION OF FREE TIME



SLUHsers | Jude Reed

Prep News

Volume 86, Issue 12

Credits:

“What are you thankful for?”

Editor in Chief
Jack “Miskey’s purple pen” Figge

Editor
Nathan “not sophomores” Rich

News Editor
Roarke “Mark Wappler” Unrau

Visual Editor
Charlie “let me think” Bieg

Web Editor
Luke “Carter J. Fortman” Duffy

Core Staff
Jackson “Alex <3” Cooper
Louis “NYC baby” Cornett
George “rmfk enterprises” Henken

Alex “my mental health” Preusser
Jack “Disappearing” Rybak
Coby “#33” Spratte

Staff
Michael “JSTOR” Baudendistel
Mark “Luke Duffy” Wappler

Reporters
Ben “Phoenix Suns” Croat
Micah “my silliness” Doherty
Lucas “J127” Hayden
Thomas “racquetball, obviously” Juergens
Sean “Rocky IV” Kellogg
Jack “vulcanized rubber” Kuhlman
Joe “good ol’ STP” LaBarge
Alex “American steel” Wentz
Charlie “Fantasy Football” Vonderheid
Andrew “the Catholic Church” Hunt

Austin “the French language” Wald
Declan “dank memes” Richards
Theo “my squirrel-killing daddy” Agniel
Jack “Jerry Garcia” Evans
Bill “still thinking” Albus

Artists
Will “Minecraft villagers” Blaisdell
Jude “cumulonimbus clouds” Reed
Leo “Mr. Powers” Smith
Alex “Digital Design” Nance

Photographers
Miles “Wii Sports Resort” Schulte
Mrs. Kathy “periodic table” Chott

Moderator
Steve “elves who grade essays” Missey